

# Christian Meivah

January - February, 2012

Lhani seh thuso

Private Circulation

## 2012 Kum Thah Leh

Rev. 21:5 “Ven, ijakai ka sem thah soh ahitai” tin Pakai in ana sei-e. Kum athah ahung lhun jeh in mihem lung jong kipana le kinepnan adime. Kum thah amu jeh-a kipah atam jon, kumthah amu theina hi Pa Pathena kon ahi ti asumil jie. Nang in jong na Pathen thangvah ding na hei khattou vem, kikholin. Nahin kum najopbe peh Pathen ahi, ti gel doh jing in. Hijeh chun kum thah mu thei jousem Pathen henga kipa thu lhut ute.

i) *Lung Thah* (Ezek.36:22-32) : Hin kho alui chu geldoh-a, umchan thah leh lunggel thah tila sanga hoijep a kivon ding ngaitou hite. Anina in, mi ha-ngai-a ngaidam ding jong kithem chuh ute. Leng Solomon lungput chu geldoh ute. Aman Pathen lungdei ana holin, achunga Pathen akipah in, chih na kidang tah Pathenin ana pei.

ii) *Lhagao Thah* (Ezek. 36:22-32) : Lhagao thah hi koi apeh ding hintem? Ama sei ngai-a, alungdei bol jouse apeh ding ahi. Pathen Lhagao in achenpi mi chu kel le chah, genthei hahsatna jousea apa Pathenin avet ding, achenna ding mun gei-a Pathen in angaito ding ahi tihi hiche Bible in kichen tah in asei-e.

iii) *Umchan chonchan* (Rom.12:2): “Pathen lungdei apha le santhei dol” tin akisune. Pathen santhei dol kahi hinam, 2012 a hi, tia eima le eima ki doh jiji ding angai-e. Pathen lungdei hinkho mangta hih le chun 2012 jong hi Pathenin namanchai sah lou mai ding ahi. Nalung gilin kistem thah un chule kikhel un, tin jong akisune. Aki dange, Pathenin eingailut danu hi, mi jouse ama kom alhun theina dia eihil jingu ahi.

iv) *Kikhin mang* (2 Tim.2:19) : Kum thah sung hin adih louva konin kikhin mang in, tin jong eihil uve. Ase apha louva kihe pou-pou donda ding tina ahi. Dumchep, khaini, zarda, judon kitiho hi adihlou lah-a pang ahi. Hi che hoa kona kidalse kikhin mang ngai ahi. Lunggel dihlu le aphilou chule satan natohna jousea kona jong kikhin mang ngai ahi. Chutengle Pa Pathen lungdei bol kihitante.

v) *Pathen dei-a um* (Lk.2:52) : Mi hem jouse dei bol ngailou, Pathen dei bol ngai ahi. Pakai Jesu chu ahin kho lhung kei-in, Pathen dei-in ana ume. Mitoh ikivop teng, kivoppi a pha le phalou hetkhen ngai ahi. Eidia khan touna lou ding mitoh kivop chu man thaina ahi. Solchah Paul dia golpha anei chu mi 96 bou ahi.

## Antioch Khopi

2

Antioch khopi hi Christian masaho kinotna munpi anahi. Sumkol veihon ahopa jingu mun khat jong anahi. Solchah Paul in apansatna muna ana lhen jong hiche jeh hi hi dia ginchat ahi. 48 A.D. a Judea gam a kel nasatah analhah chun, Paul le Barnabas in Antioch a kona sum ki dong doh ho chu Jerusalem ana lhut lhone. Hiche solchah teni Pathen thu seiphonga avalena lhon cholam ho jong Antioch tea kon ahi. Hiche kho pia konin Gentile (chidang namdang) ho koma Pathen thu ana kithejal-e. Rome a achen masang kum phabep pi (42-48 A.D.) in Peter hikoma ana chenge.

Kum 70 A.D. a Jerusalem suhchima ana umjou chun Antioch hi christiante munpi danin ahung kinei tai. Gentile mi christian hia Antioch a ahung tam phat in, amaho jong chun Judah ho banga chep atanu ngaidia hinsei loi ahung umtai. Ahinla Paul in cheptan abolu leh hichun amaho Judah mi ahivu ti aphonduh ding bou ahi. Hijeh chun Gentile te dia chep tan angaipoi, tin ana seichen tai.

Antioch hi Syria khopi ahin, B.C. 301 a ana kiseumpan ahi. 65 B. C. chun Rome ten ahin lauvin, ama ho Syria gam khopi in ahin mangui. Rome te din akhopi alen lah-a a thumna anahin, mi lakh 5 vel ana chenge. Paul le Barnabas hikoma ana pansan chule Gentile houbung masapen ana tungdoh lhone.

Antioch a pansan, Paul in thumvei missionary kholchena ana nei-e. Tulai hin Turkey gam-in ahop tan, amin jong Antakya tin akihetai. Christian kiti minhi Antioch hou bunga hung kimin vopan ahi (Acts 11:26). Missionary soldoh masapen jong ahi (Acts 13:1-3). Antioch hi 37 A.D. leh 115 A.D. a linglen kiho a konin athupina ahung lhasuh tan, chujongle 542 A.D. a natse khat Ethiopia-a ana kipanin, Antioch ahin phan, chuin Constantinople gei ana phai. Natse hin mi 5 lah-a ni anathat in ahoise lhev jengin, hitiho a kona Antioch thupimo cheh cheh hidia tah san ahi.

526 A.D. chun Antioch kho pi sahlam pang van chungu mihon cross lim khat pung khat sungin ana muve. Amuho chu anakapla gam tauve. Hiche jou hin amuna munuva mol Mount Silpius kiti chu Mount Staurin (or, Mountain of the cross) tin ahung kihetai. Chuin Antioch mi te munchom choma, Italy gei-a a hung choudoh tauve. Tunin Antakya (Antioch) a mi lakh khat vel bou acheng tan, Turkey gama Hatai gam khopi ahitai. Alexander the Great lal lai-in, Antigous in khopi hi ana sa doh in (307 B.C. a), ahin Babylon mi Seleucus Nicator in 301 A.D. a hikom ahinloa konin, apa Antiochus minin ahin kheltan ahi. Hiti chun kho pi hi Antioch tin ahung kimin sah-e. Orthodox church miho atam chenin, linglen in asuhset jouva Russia a houbung ten ana thah semu ahin, Russia te khutnung aumin ahi. Chu le museum nasatah jong aume.

## Ngaidam Kachan Dan

Jabalpur, Madhya Pradesh a Christian insunga peng kahi. Kum li vel kahin kapa anathin, kanu chu akum 21 bou anahi. Kapa amathina chu kapa nun keinu amounu chu ana ngoh-e. Hijeh chun kanu le achate keiho mili chu mitheng louvin eina koi tauve. Kapa athi chun akum 27 bou anahi. Kanu nute henga kacheng un, kanu nu kapi chun lungset tah ei na vah un kana vaicha leheh ui. Kum ko kalhin lai-in, Pathen thua kikhop na khat a kanapangin, hia chun Jesu kana kisane.

Lekha sim kangah in, Alla habad Agriculture Institute a Research Assistant kahin, chuin Air Force a kana lut-e. Pathen ging mi kahin, kahinkho chu kitup keichan kana koi jinge. Ahinla chonset ngai damna kanei hitam, ti kalunga ana ging jinge. Kum ko kahia pat in ni khat-a pung nile akeh Bible simle taona phat in kahin mang peh in ahi. Air Force a kapan lai in, ju kadon pon, laam leh mot chon chon ho jong kabol hih-e. Sunday seh in hou-in kakai jinge. Lo kasana konin Pathen peh ding dol kitup tah in kana pejing in, chule ka chenna ina jong miho kana khomjin Pathen thu kana gelkhom jiuve. Ni khat hi michonse lah-a jong chonse chung nung danin kana kigelin, kap le lhi long pumin Pathen henga ngaidam kathume. Chuin ogin khat in Isaiah 44:22 simin, eihinti. Hichun nachon setna jouse chu hui-in meilom asem

3

mangjel bangin kasem mange, na huhhinga keima kahi, kahenga hung kilen, ati. Hichu kasim jouvin, chon set ngaidamna kachan kahetan, ka jangkhai leheh tai. Nili sung chun hui lah-a leng jinga kabange. Ahinla ka lung sunga itobang Pathen hia, ka chonsetna bai tah-a angaidam jeng ahitadem, tin kahin gelpa tai. Hiche donbutna in 1 Peter 2:24 eiki sim sah kit-e. Jesu in nakhut theng lou tah-a chu chonset nabol ahin, ka khut thengtah hi nangma hinna dia cross a thingkil in akhet beh ahitai, ati. Nachonsetna neocha ho gei-a katahsa hin aman apeh ahitai, tin eihin seipeh-e.

Hiche nikhoa konin katah sa ahung jangkhai cheh in, kalunga chamna aumin, kathi jongle van gam lhung ding kahi, ti kahechen tai. Hi che sima sopi, nangin jong nachonset geldoh inlang ngaidamna Pathena konin kithumin, lung mong in natin, lhamong tan nate. Eima thilpha bol jeh-a ngaidam kilam doh ahipoi, Isai. 64:6.

(Dr. V. K. Williams)

### Chonse Nahim ?

Michonse jouse Pathen mitmun akibange. Chonset kiti hi thilse ahi. Bol khel khat hi bolkel hijeng ahi. Pathen mitmun bolkel hi bolkel ahi jenge. Hijeh chun Jesu chonse jouse ahop-e.

i) *Bible hildan* : Pathen thu dihtah a jui ding ahi tia Mose in asej jouvin, adih-a najui loule chonse nahin, na

4

chonset in nahin holdoh ding ahi tin ana sei-e (Num.32:23). Mi koiman ama chonsetna asel joupoi, kiphong doh thou jia ahi (1 Cor.4:5). Chon set bola chu chonset in soh-a anei ahi, tin Jesu ana sei-e (John.8:34). Chonse chu thi ding ahi, tin Pathen in ana seitai (Ezek.18:4,20). Paul in jong chonset man thinaa kisading ahi, tin ana seitai (Rom.6:23). Athi nom louhon tonsot hinna Jesu kona kilah angai-e, tin jong ana sei-e. Ei ho chonset jeh-a Jesu thilo anahi.

ii) *Chonsetna apun dan* : Chonse maimai mi ijat nahet em? Judon ho mithat ho akigam tapoi. Natna khat bangin akigelin, chonset in akisim tapoi. Paul in, lhez in lha hih un, ju kham hih un, hiho chu van gama lut lou diu ahi, anati (1 Cor. 6: 9-10). Achonset kihet dohlou mi jong aum in ahi. Hiho lah-a tulai christian ho tampi jong apange. Ngaidam athum ule Pathenin angaidam diu ahi (Num 15:25-26). Mihon achonsetnau ana kihet ule Jesu chu cross a anakhai lih lou diu ahi (1 Cor.2:8). Paul chu ama ana kikhola ahile chonse ho lah a jong achonse penin ana kigel tai (1 Tim.1:13-15). Ahet lou kah-a chonse manchai jong chu mi chonse ahi. Pathen henga ngaidam akithum angai-e.

iii) *Guhthima henasa-sa chonse* : Labolpan Pathen henga, neikhol in, kalungthim hinven, kasunga setna khat tou kavop nahlai em, neihin kholin, tin ana sei-e (Ps. 139:23-24). Eihon jong hiche taona hi iman

uva phalou ding ham ? Pathen san thei dol ihina diuvin kihabol ute. Pa Pathenin guhthim chonset ibolu aum leh ahei (Ps.90:8). Ngaidam akichan louva ahile nikhat Pathenin guhthim chonsetna inei ho ahin tahlang ding ahi (Eccles.12:14). Hou natong hon guhthim chonset anei hou Jesu ahen hijeh chun kama kiphong doh jouse adih ahipoi, lungsung joh athu pie, tin ana seitai (Mt.15:8). Guidup kibeloi sah, chu beloi hideh lou ahi. Mt. 23 a Jesu guhthim chonsetna sagi ana minphah-e. Pathen henga taona nanei masang leh nachonset naphon doh lou khat tou um em kikhoh masaji le chun, Pathenin na taona asan joh ding ahi.

Paul toh Pathen na tong khom Demas jong chu Pathen ngai lut sanga leiset thil ngailu ana hikhai (2 Tim. 4:10). Pathena kingai jing louten lhagao gal ajou jipoi. Ning lhinna Pathena bou aume (2 Cor.3:5, Phil. 4:13). Eima lungsung kikhoh ji angai-e. Paul in mi jouse chonse ahi ati (Rom.3:10,23). Mi chonse ho lah-a chonse chungnung pena kigel Paul bon Pathenin angaidam jouva ahile nang le kei jong isetna jousea kona ingaidam ding ahi. Ngaidam kithum jingin. Pathen thun asej bang a ahinkho mangcha ho chu huhhing huiua, achonsetnau jouse kingaidam a, chule sohcha ding ahivu (Acts. 2:41,47). Hiche sima sopi, Pathen a kona ngaidam nakithum louva ahi leh Pathenin nahin moh ngaidam din tahsan hih in.

## Nachingpa Pathen ahi

Ps.23 hi David in Pathena lhamonna ineina diuva anasut ahi. Tukum 2012 in hiche hi simjing utin ihinkhou kipuisah ute. Van le leiset sempaa kona peng kahi, ama khut a hing kahi ti het ngai ahi. Kelngoi te chu amaho le amaho akiching jou poi. Achingpau aume. Inu ipan bon ilungset-a ahile eisempa Pathen chun eilungset johte ding ahi. Ama kelngoi chingpa ahi. Aman nahinkho achina ahile “Keima lhasam ponge” tia nagel ngam ding ahi. Ajeh chu ima jouse amaa ahi (Phil.4:19).

Kelngoi ho chu akichat uva ahile noma lum joulou ahi. Kelngoi chingpan aumpiuva ahile lungmonga hamhing dum lah-a koljiu ahitai. Kelngoi ho chu khat le khat akinah uva ahile noma lumlou helu ahi. Kelngoi chingpan avetup in athua nungho chu kina ngailou ahi. Thousi vaisi aumle jong kelngoi ho chu noma kol theilou ahi. Kelngoi chingpan thousi vaisi hat louna mun ahen, hia chun akol sah jiuve. Pathenin nangle kei jong thou si vaisi, ei-engbol thei, eisuse thei-a konin igamlat sah jiuve.

Kelngoi chu agil akel leh noma imu joulou ahi. A-oi valou kelngoi chu vahle lea neh akihol ji ahi. Hijeh chun kelngoi chingpan avahva set jiuvin, jan teng nomin alumthei uve. Christiante Pathena kingai Pathen song aumle akhan khou Pathenin avei (Rom.8:28).

Kelngoi in twi thenglou adon leh adammo jie. Christian te jong lekhabu phalou sim, nop le eltol bol, judon, kinopsah, neh lou ding nea aumle adammo jie. Hijeh a chu kelngoi china eichingpau nung ijui jingu ngai ahi (Mt.5:6). “Thina phai cham jinglah jotpa jong leng, neilhon pi jeh in, ima kaging tapoi” (Ps.23:4). Pathen tahsan te chu nipi lai hi hen phalbi lai hijongle lungdon lung gimna mun hijongle lung linglao lou ahi. Ajeh chu kelngoi chingpan aki lhonpi jingu ahi.

“Nateng golin neihong in, namoljol in neilhamon nai” hiteni bou hi kelngoi chingpa khut-a um ahin, kelngoi chinna dia lhingset ahi. Teng gol hi thahatna le thaneina ahi. Hi chun gul, sahang, humpi, ngei hoa kona ahondoh diu ahi. Tenggol hin kelngoi ho tichunga natna, avun uva tina ima um em tijong amulkah ho athailea ahol thei ahi (Ps. 139:23-24). Hitibangma chun ima jouse muthei Pathenin tahsan chate ahong jinge. Tenggol chu kelngoite lamdih a chintupna kimang ahi. Tenggol chun amaho phatea akijot sah ding ahoitup diu ahi (Heb.12:10-11). Acha kituh gah lou chun, avetda ahi (Thuchih 13:24). Hijeh chun Pathen in athu hinga kona eituhgah nom jingu ahin, athu tahsan jing ute.

Moljol hin kelngoite aki thopi ahi. Hiche moljol hi asaovin, alhouvin, chule aleh lam chu akonin ahi. Lungset vetsahna moljol ahin,

hichun kelngoi ho chu ahoitoh leleji ahi. Christian te din Pathen Lhagao toh tekah thei ahi. Pathen Lhagao in, eipuile lou uva ahile satanin eipui diu aumsa ahi. Hijeh chun Pathen Lhagao in eipui jingna diuvin taona mang jingute. Moljol hin thingbah neo ho akai jin, ana ho chu kelngoi hon ane jiuve. Kelngoi chingpan kelngoi nousoh ho chaneo ho chu mol hin akai jin anu kom alhut jie. Atoi mang dingsa ho jong moljol hin ahin lekai jie (2 Tim.4:18). Hitia hi kelngoite achintup ji ahi (John 16:13).

“Kaneh ding dokhanga nei lui peh in” (Ps.23:5), tichu nipi laile mol chung dunga hampa hingdum aumjin, hichu dokhanga neh ding ei kilui peh tobang ahi. Kelngoite hi tho kigen sunga akikol sah in, akicholdo jiuve. Aneipan alungset dan akihei. Pathenin eiho atahsante nehdin do khanga nehthei eikoi peh ui. Ahinla eihon midang dokhanga neh thei ki lui ho joh chu iducha jiuve. Iduchat midang dokhanga setna thei, HIV natna thei, khamna thei aume, ti iheji pouve.

Pathenin dokhanga danthu phatah ni eilui peh ui. Khatchu, Pa Pathen ingailutna diu ahin, chule anina chu, mihem ngailutna ahi. Hibanga eilungset uva ahile, “Kahin kumkhoha Pakai ina kachen ding ahi” tia kitepna inei thei-u hilou ham? Kelngoi chingpan akelngoite alung set tah jeh hin, kelngoi ten jong athu ngai ule phante. Nalungset jing na Pathen hi nangin jong na ngailut nom lou ham, kigel phan?

## Thile Thi Hinle Hin

*Kathilo jongle kathi ding hijeng hen.* Esther lengnun hitin ase-in, Judah te jousen ni thum sung in anle twi ngolun lang, chule keima Susa khopia chengting danto kitoh lou hijongle kathi le kathi, lengpa anga gading tange, anati (Esther 4:15-16). Esther lengnun hitia ase hin kalung asuna lneh-e. Ijeh inem itile nam ngailutna athupi dan, eigeldoh sah in ahi. Esther in anam mite huhdohna dingin ahinna itcha louhel in akipedoh jenge. Leng inpia nom satah-a um sangin amite toh thi khom ding akilhen jotai.

Esther hi amatah kipedoh louvin, amite henga an-ngolun tin, thupeh neile vang lolhing jou ponte. Alolhinna le agal jona hi amatah akipeh doh jeh hi ahipene. Pakai Jesu toh katekah nome. Ajeh chu Haman in Judah te thagam hel dinga thupeh abol bangin, satan in jong vannoi mite thagam hel dinga athu neina noi-a koi ago jinge. Themgao ho le vana vantil ten jong ahuhdoh joulou phat-a Pakai in alaltouna leh lallukhuh ahin dalhah-a, amatah hung kipedoh jenga ahitai.

Thempu chungnung Caia-phas in Pathen chapa nahim, nei donbut lou ding ham, nang lhadohna thei tha kanei nahet lou ham? atin, ahinla Jesu adonbut poi. Ijeh inem itile Jesu chu eiho jouse dia kipedoh anahitai. Hitibangma chun Peter leh Paul in jong Rome khopia ahinkho

apedoh lhon tan ahi. Mihon aseil tengu le Pakai dingin ahinkho ape lhontai atiuvin, ken kasei teng Peter le Paul in michonse te dingle christian ho din ahinna apelhon tai, kati jie. Ajeh chu Jesu hi huhhing ahilou jeh-a Peter le Paul in aga huhhing lhon ahipoi. Pakai Jesu lhat damsa satan soh-a um nalai michonse ho le christian ho dia ahinna agato doh lhon ahijoi. Amani hi akiseilep lhon poi. Christian teho dia hinkho ngai lutna le satan bol genthei ho ngai lut jala ana kipedoh ahilhona.

Esther kipeh doh dan chule Jesu kipeh doh dan, chukitle Peter le Paul hinkhoa kona ihet diuva dei um chu :

i) Missionary le Evangelist tamtah aum vangin, Pathen lenggam ginchat bangin amachal poi. Hinkho phala kipe jou aumlou jeh-u hinte. Sum lo na natong mai-mai jong tama hinte. Hijeh hin ilolhing jou pouve.

ii) Eiho jong Esther lungput bangin nam ngailutna in kipedoh thei leuhen ibola ilolhin lel diu ham ? Nam lam kai, nam ngailu kahi tijousen, Esther lungput bangin hinkho phaldoh jeng leu hen ilolhin tei tei diu ahi.

iii) Jesun alal touna le aloupina hin dalhaa nangle kei huhhingna dia aki pehdoh banga, nampi dia eiho jong kipedoh hileu hen nampi ihuhhing jeng thei-u ahi. Inamu hi seitho mai mai-a huhhing jou ahitapoi. Pathen idalhah nau asot tan Pathena konin igamla tauve. Sum lona le sum ngai

7 lutna mai-a nam ngailu ihiule vang kilolhing jou ponte. Missionary ho jong sumloa vaikon ahiule vang lo lhing lou diu ahi. William Carey in Calcutta a pansa Pathen na iti ana toh em ? Saint Thomas in India noi lama Pathen na iti ana toh em ? Chu le William Pettigrew in Manipur a na iti anatoh em ? Genthei tah-a na anatoh cheh-u ahin, tuni gei-in igel doh ui. Mission natoh hihen nampi natoh hijongle ngailutna bei-a natoh chu lolhing theilou ahi.

iv) Ngailutna in jolel anei poi. Ngai lutna in thohhatna anei-e. Chutobang ma chun taona in jong thil jouse aki khel sah thei-in, lejong akiledoh sah thei-e. Jesun taona tailouvin hichu ahi theipoi, ati. Thupeh lah-a chungnung pen chu nalungthim apumpin na lhagao apumpin, nahinna apumpin, na Pakai na Pathen chu ngailun tihi ahi (Mt. 22:37). (Rev. Seikholen)

### Kut Sagi Ho

Old Testament a Kut sagi ana kimange. Lev. 23:4-44.

1) *Kalchuh Kut* (Passover) - Pesach hi lhamasa Nisan lhaa ni 14 lhinnia kimang anahi (tulai April): Lev. 23:5. Egypt a Israelte sohchan na kona chamlhatna ahetsah ahi. Nisan lhaa ni 14 channi hin Israelte indong tinin, kelngoi athat un athisan chu ama ama kotpi achunglam leh asih tenia anujiuve. Hiche kelngoi kithat leh athisan a lhatdamna hi christian te din Jesu toh tekah ahung hi. Jesu hi kalchuh kut kelngoi ahitai.

2) *Cholsolou changlah kut* : Hag Hamatzah (Lev.23:6-8), amaho lha masa pen nikho 15-21 sunga ki mangji (eiho April) : Pesach nikho jou lima hiche hapta hi kimang pei ahin, Israelte din kisuh thengna le asea kona kichomkhenna hetsahna kut ahi. Chol in chonset ahetsah-e. Hiche kut sungin mihon ain cheh uva konin chol kitipou pou chu apai jiu ve. Eiho christian te din, Christa in hiche kisuh thengna hi eihung bolpeh tauve (1 Cor. 2:30).

3) *Gathah Kut* (waving of first fruits) - Yom Habikurim, lhamasaa Kalchuh Kut hapta sunga kimangji ahi (Lev. 23:9-14). Israel ten ama ho chaang khoztup jouva Pathen henga thangvahna le kipehlutna anamanu ahi. Kalchuh Kut jouva Sabbath nikho masapennia kimangji ahi. Saturday nikho nilhum jouva kimangji ahi. Mihon amaho gathah ahin choi-un, thempu pan Pathen apen chule nolna bei kelngoi khat jong pumgo thilton ana kikatdoh jie. 1 Cor.15:20-23).

4) *Pentecost* : shavuot (Lev.23:15-22) : lha athum channa a akimang jin, shavuot hi anthah lop jou ni 50 ni ahijie (eiho June). Gathah kikhop tup sohkei melchihna ahi. Suhlou chaang (wheat) chol sosa a kistem changlah phengni Pathena akipe jin ahi. Israelte din suhlou chaang khop tup jeh-a Pathen thangvahna le vah choina nikho ahin, loulho jou suti ni-in ana kimange. Hiche nikho ni le hin Judah miten Ruth lekhabu hi ana simui, ajeh chu Ruth thusim hi louga

8

athah kikhoplai thusim ahi. Ruth lekhabua hin Gentile mi khat kilhat damna aume, ajeh chu Ruth hin Israel mi hina alungin anavop in, hijeh chun Naomi le Naomi Pathen chu ana jabole. Pentecost hi tulai eiho din Pathen lhatdamna igeldoh nau le Jesu tahsaa chan inei nau ahi (Eph. 2:15).

5) *Sumkon Nikho* - Yom Truah, lha sagina nimasani (Tishrei) Lev. 23: 23-25 (eiho Sept - Oct. sung) : Hi che nikho lehin sumkon akimut jin, hichun Thutan Nikho anai tai ti mi ho ahetsah in ahi. Thoh hahsa nikho hung lhun ding kiginna dia hetsahna kut ahi. Tulai eiho christian te din Sumkon Nikho hin Rapture igeldoh sah ui. Pakai Jesu sumkon gintoh ahung kitnia bulhing ding ahi. Rev. 3:10.

6) *Lhatdamna Nikho* - Day of Atonement - Yom Kippur, lha sagina (Tishrei) nisom lhin nia kimang ( eiho October) : Lev.23:26-32 : Mipi ho chonsetnaa kona lhatdam nikho ahin, Israel ten an ana ngol jiuve. Kum khat sunga hiche nikho nile bou Thempu Chungnung chu hou-in sunga Muntheng Pen (Holy of Holies - Muntheng Chungnung) a lut ahijie. Hiche niteng chule aman Hepi Touna (Mercy Seat) a gan thi san anathejal jie (Exod. 37:1-9). *Bible kile masa King James Version a 'Mercy Seat' (Hepi Touna) kiti hi eiho Bible a 'ahusin' tin akisun tai* (Exod.37:6, 26:34), anin adih-e (Rom.11:25-27, Heb.9:11-14).

7) *Lhambuh Kut* (Feast of Tabernacles) - Sukkot, Tishrei lhaa 15-22 sung ahin (eiho October), Lev. 23:33-43 : Israelte din Sukkot hi kum 40 jen gamthip-a avaleu gel dohna ahin, amaho lhambuh-a ana chengun, ana kichou lele jengui. Tu lai eiho din Jesu kum sangkhat leng gam dia ahunga eiho lah lham-buh a ihung chenpi diu geldohna a neithe ahi (Rev.21:3). Hiteng chule nam jousen Jesu aheth ding ahi (Zech. 14:16-19).

Hiche kut sunghin thempu chu mol chungu um hou-in a konin Kidron Phaichama Siloam Twikul a ahung in, bel tampia twi chu akithal dimin, hiche twi chu mol chungu hou-in vela hampa kithaap (laver) hoa akithekhum in ahi. Rabbi hon hiche twi kithekhum hi Isrelte chung a Pathen Lhagao hung cheng ding chutoh tekahn ananei uve (Jn.7: 37-39). Eiho christiante hi Christa Tahsa, Christa Lhambuh ihuive (1 Cor. 6:19). Christa kum sang khat lenggam anaitai, kiging phaute (Rev. 20:1-6).

### ***Damdoi Phabep***

Heart Attack atamjo jing kah matahle asoh jie. Mi khat in, nilhah alup kona twi khon khat ham khon ni ham adonji le ahoidoh thei dome, tin aseui. Twi don jing hi aphantna atame. JINGKAH jingtho teng twi khonni akidon jile sunglama na tong dingho asulip in, damchenna asoh jie.

An nehkon minit 30 seh-a twi khon khat akidon le neh ho asu min thei-e. Kisil masanga twi khon khat akidonle Blood Pressure asu nem jie. Nilhah imut kona twi khon khat akidon le stroke chuleh heart attack akihoi dome. Twi don jiji hi nat phachompi olna jong ahi.

Abanin, chmapra (nimbu, lemon) twi don ding dan veute :-

Champra-a vitamin C aumin, hichun buhse adoudalin, chule Potassium jong aumin hichun lhoh le thajung ho asudamin chule blood pressure jong asulhom jie. Niseh-a champra twi don hin tahsaa acidity alhom sah-e. Pectin Fiber jong aumin, hijeh chun mi athao ho suh gongna din jong apha.

Tahsa dia panna neilou ho jong anodoh jin, thin (liver) in thinkha (bile) asembe thei-in, hijeh chun neh jong asumin jep jie. Oi-a neh amina ahile sungatna (heart burn) leh neh minlouna ho adoudal jouve. Champra in jun jong ihathah sah un, tahsa asuthenge. Jun long (urinary tract) jong adamsah jie. Chapraa um vitamin C hin, mihem vun kinna asulhomin, vun jong ahoi sah dome. JINGKAL jingtho thoa twi luma champra twi chohala donji hi damna tah ahi. Bazar a semsa atui hai-a kikhum hoa chini atamin tahsa din apha. Champra theihi eiman ikhut tah-a ikihal leh damna ahijoi. Asthma le allergy neihon jong adon le aphatchom pi jiuve.

### **Melchih-a Phaho**

\* Insunga thousi vaisi umlouna din, belsha (mei-a kisatsah) chungu Karpoor (Camphor) themkhat koi in lang akhu kithe thaang sah le chun, thousi vaisi lengdoh tante.

\* Vonna thao amat leh champra beh neo khat hi chia sulut in lang, hichun thao maatna mun chu jut in, chule savon in sopthengin.

\* Dangkaa kisem bilba, chao, khi mu ho sopthengna din, hanotna lou (toothpaste) in not in, sop thengin.

\* Refrigerator sunga ima-ma anam se ho suhmang ding nadei leh slice bread (double roti) beh khat imaa chunlouvin Fridge sunga koile chun anamse jouse sutheng tante.

\* An hon pet a khut ham mei-in akah-a ahile chile twi kihal, akinu le aphadome. Toothpaste akiloi den jongle aphan, ahiloule Glycerin leh toothpaste meh-hala nujong apha.

\* Thinglhang miho ima khat-a aki sukhah-a, avun koh-a thi aput-a ahile Marigold (lhaan pah, joujam, meilhei paova sanarei) ana phabep akinoi-a atui chu akinu le thi asukang in chule a-olsah thei-e. Antiseptic jong ahi. Sutjou (ai-eng) akinu jong le apha.

\* Ikita-khah ikisukhahna mun anat le champra tui le ai-eng ihalla mei-a isatsah-a, inule anat a-ole. Kamsung ham lei ham ahile vang chini nun.

### ***Nuihat Damna Ahi***

\* Tulai hin Mobile-phone inei bang un Bible hi kibolle, ichena chana kiki choilele leh van gam killhung soh kei mai inte.

\* Kenga chele vale damna ahimong leh vang postman ho hi hingsot pen inte. Ahinla sumkong (tortoise) hi chat behseh lou, lhai joulou, moh um um jeng ahivang in kum 450 gei-in ahing jou jie.

\* School a ojapun Tonglet lama amol chun akoh in, "Hiche molin ako pa hi manthei lou mi ahi" atia ahile akopa chun, "Ojapu, mol hoilamin akopa chu naseina ham" tin aledoh kit-e.

\* Chapang thum hin ama pa cheh hitin apah chauve: Khat in, "Kapan lekha beh-a ipi-pi ham asun doh in aman laa kasut ahi atin ahile mihon dangka 50 ape jiuve." Anina pan, "Kapan lekha beh-a lekha asumin, lou ahi atin ahile mihon dangka 100 ape jiuve." Athumna pan, "Nangni a chu ima ahipoi. Keipan vang lekha beh khat asun jin hichu sermon ahi atijin, mi li in sum ahin donpeh jiu vin ahi" anati.

\* Nupi khat in gari sempa henga agari adalhan, "Ka garin thao atam neh vale hinsem in" tin adalhai. Gari sempan nini jen aven ahile thao atam neh chompoi, aphaselin ahi. JINGKAL matah in gari chu aneinu henga aga thah tai. Chule ka-ina neihung thah tadin atile amanun gari chu start abol in, a-choke chu aloidoh in, hia chun a-bag chu akhai in ana tole.

Editor :  
Rev. M. Haakhothong, C/o, Kim  
Emmanuel Hospital Association  
CBCNEI Mission Compound,  
Panbazar, P.O. Guwahati-781001,  
Assam.

*Christian Meivah* - sim jingte taona akiman peh jinge. Kum sumto Rs. 50/- ahin, asim nom chanin hinpeuvin, sum napeh lhaa kona kumkhat naki sim peh ding ahi. Kunnia din Rs.100 peleu chun agomjoi. M.O. hinthot hon Editor kipe ding muna chun na min le address suntei un. Sumto peh na thei ho :-

- 1) Mrs. Neijathem Haokip, Haokip Veng
- 2) Ms. Lhingianem Haokip, KBC
- 3) Mr. Douzahan Guite, MBC
- 4) Rev. Seikholen, Medziphema, Nagld.
- 5) Mr. Seikholun Singsit, Kohima.
- 6) Ms. Kholneilhing Manchong, KCC
- 7) Rev. Lhoukholal, Kangpokpi Mission
- 8) Ms. Veikholam, Ideal school, ccpur.

#### Het a Phachom Ho

\* France gama numei 30,000 henga breast implant PIP company a, ana kibol hou alah doh louna diu thu akipe tai.

\* Assam a tugei in 6121 HIV positive akimudoh in, 1560 AIDS vei ahiuvin, pasal 1158 le numei 402 ahi. Manipur a HIV positive natvei mi 38,016 ahin chapang 2578 le numei 10109 ahi.

\* Buhse khosih nat teng Paracetamol lou ine jiuve. Akitam neh le thin atong khai. Pung 8 kikhah-a neh ding, nikhat a gram 4 bou neh ding, nehsot lou ding ahi.

\* Petrol man America sangin India a atamjoi, America a petrol litre khat man Rs. 45.45 bou ahi.

\* Vannoi leiset a sum muna ahah jep jep in, thilman akal jinge. Jacob 5:1-6 in aseisa ahi. Rapture hung lhun maa hitia soh din Jacob 5:7-8 in ana sei-e. Satan lungdei le chonsetna lam a ikipeh louna diuvin chingthei ute.

#### Het-a Phachom ho

*(Nuijatna banjom) :-*

\* *Mihem phatchom dei* : Pathenin sangan asemin, namin sangan hia ni lhum lhuma na natoh-a, chihna nei lou nahia, kum 50 nahin ding, atile sangnan in, “Kei din kum 50 asao vale, kum 20 neipen” atile Pathen anom in kum 20 hin kumkho apetai.

Pathenin uicha asemin, na min uicha hiding, mi in ngah-a na pana, amaho nehmo nanah-a, chule kum 25 nahin ding atile uicha chun, “Kum 25 hin ding kangap poi, kum 10 bou neipen ati leh Pathenin kum 10 hinkho apei. Chuin Pathen in *jong* (monkey) asem in, thingbah lah a nakichop le-lea hinkho naman ding chule kum 20 nahina, namin *jong* hiding atile, “Pu, kum 10 bou neihin sah in” atile Pathen anom tai.

Pathenin mihem asem in, “Mihem nahia vannoi-a lhoh neipen nahia, gancha jouse nalam kai-a, leiset hi nathu noi-a nakoi-a, chule kum 20 nahin ding” atile aman “Pu, thunei le thaneina phabep puma kum 20 hin ding achom vale. Sangan dei mo kum 30 leh uicha deilou kum 15 chule *jong* deimo kum 10 jong chu neipe ben” atile Pathen anom in hi che nikhoa kon chun, mihem hi mi hem khat bangin kum 20 ahingin, aji nei in kum 30 chu sangan bangin atungtuna pohgih pon ahingin, chu leh achate ajinei soh in, chu in kum 15 chu uicha in-nga bangin, ain alou akivet in, tehnung hinkho *jong* khat bangin kum 10 amangin, atu achate henga achele len, neh akiholle tai.

\* Kerala a hung um USA Pastor William Lee chu houlam kikhopna apan jeh in a-visa akah un Oct. 2011 in, anungsol tauve. Hia christian hon Tourist-a hung christian hilou ho kol te hou-ina ache leh akinung solpoi, tin aphun ui.

\* August, 2011 in North East Working Women’s Hostel, lupna 500 nei khat Delhi a Jasola Vihar a aki hong tai. Eiho lam numei Delhi a natong, alhalo Rs.30,000 noilam hostel a hi cheng thei ahi. Koitobang numei kum khat gei-a dia training bol jong cheng thei ahi.

\* Emirates Airlines a hostess a pang Nagaland numei Thethem Khongsai in, Air Hostess hinom ho hitin aseipeh-e : “First let them focus on their studies, be at least a graduate. Chuteng leh tulai Air Hostess Academy abol hou khu suggest vang kabol peh hih beh uve, ajeh chu Airlines hoto jong fully affiliate hilou, job oriented jong ahi pon, Industry akhan jeh-a mi attraction na dia kibol jong atamin, innocent miho lheplah theina dinga run abolu jong umlou ahipoi. Degree achai ule any customers related industry or company, be it hotel, or call centre hoa hin experience na dingin at least 6 months to one year exposure na dingin tongu hen lang chujong leh certificate jong muthei leu or diploma in travel and tourism full time ahiloule correspondent beh through in lathei leu hiche chu advantage anei nao hiding ahi.