

Christian Meivah

November - December, 2013 Lhani seh thuso

Private Circulation

Jesu Pen Thu

Mi tinin pen nikho anei-e. Chapang hon apen nikho akisei peh tengle akipah un, minu ten acha khat pen nikho leh apen dan ho asumil jipoi. Leiset-a mi khat ahung pen dan hi igelleh abai poi. Lung luttah-a igel leh Pathen thangvah angai-e. Mihem lei-a ijat anapeng nan jong, Jesu pen banga kihahet, chule vannoii thang aum hih lai-e. Kum seh in December tengleh Jesu pen thudol seilou in ium pouve.

Jesu ahung pen chun, amahi eiho toh umkhom Pathen, Immanuel ahi (Isaiah 7:14). Amahi Pathen ahin sun tengle meilhang chule jan tengle meikhom a kilang chu ahi (Exodus 13:21-22). Amahi Mose toh hampa meikhouva koihoulima chule Joshua apanpia Jericho khopi suchim chu ahi (Josh. 6). Hiti phat lai hin Jesu eiho toh ina umkhom polai ui.

Mihem khat-a ahung pen jouvin, ama toh itoukhom thei un, akithamkha thei in, chule athusei aki ngai thei tan, akivahle khom thei tai. Til sangin ihechen jep jou tauve. Eiho din thempu chungnung ahin, panpi ngaicha jouse apanpi (Heb. 4:15).

Pathen (Jesu) hi mihem ahunghi a, ithoh diu teho ahung thoh hi na phatchomna ding hilou ham? Tua hi ama ahi banga ithiuva, ama ahin kit banga ihin thei-u ahitai. Ama ahin jing banga, eihong hingjing thei ding ihitauve. Jesu lei-a ahung pen hi, vannoii leiset-a mihem khat punbe ahina sangin, gamcheng in achungnung jon, aloupi joi. Nangle kei ichana ilungset hinam, ti Pathen in ihung musah nau ahi. Pathen hong sunga lut thei dia naum tah jeh in ki pah in, chule Jesu koiham phaten nangma din hetan!

Herod lengpa henga solam miching hon Jesu pen ding ahungsei uchun, Herod akicha tan, chapang kumni leh anoilam pasal jouse ana that-e. Chapang chujat lai nule pa ka-na lhisona moh in amang poi. Pathenin ahei. Hijeh chun Herod insunga thina ahung lhunge. B.C. 35 chun Herod in ajinu naopa twi-a alhahlut sah in athat tai. B.C. 34 chun, Herod in ajinu (Herod jinu) Mariamme athat-e. Chuin, ajinu nu Alexandra ana that-e. B.C. 25 in, ajinu naopa Costabar athat-e. Aban in achapa teni athat-e. Athi masang nili nin, achapa Antipater athat kit in ahi. Thisan so aphantna aumpoi.

Kipana Christmas

Bethlehem a Jesu penna mun ahisah nauva chun hou-in neo cha khat akisai. Dec. 25 nikho leh khoilu thaomei (candle) tamtah ade jiuvin, mi adimset in akikhomun, la asauvin, taona amang jiuve. Hiche nile hin mi atam valjin polama jong thopam le thosunga mi adimset jin ahi. Phalbi daplai ahi vangin miho akikhom tei jiuve. Hou-in neo hi 4th. century lama ana kisa ahitai.

Bethlehem hi Jerusalem noilam km. 10 vela um khopi neo khat ahi. 1967 a kona Israel ten West Bank ahin touphajouva konin, Israel ten Bethlehem chunga thu ahin nei-u ahitai. Christmas nikho leh hou in polama mihon cha le nehthei ajoh un, olive thinga kisem cross le adang ho jong ajoh jiuve.

Christmas hi miho thil kipeh tona, kipa khomna nikho ahi. Leiset a hou dang ho lah-a jong thil kipeh to hi aume. Santa Claus (Saint Nicholas, Sinter Klass, Christmas Father) jong hi thilpeh kihetna ahi. Aman Christmas nileh chapang ho nehthei ahoppeh-e, akiti. Santa Claus hi hoi-a chenga, koi hia, iti dana eiho Christmas to kikanbeh ham tih aki holdoh joupoi. Malai thusim khat ahitoh-e. Benglam thu sim tobang himai inte. Amahin Dec. 24 nia chapang phaho thil ahoppeh ji danin akisei-e. Thusim khat in ama hi North Pole a buhbang lah-a cheng

2

danin asei-e. Thusim khat in ama hin vannoii leiset-a chapang ho apha loi leh ase loi *list* akisemin, hiche dung jui chun chapang apha loi chu thilpeh ahoppeh jie, tin jong akisei-e. Athil peh ho chu mombat (candle), ki chepna thil, neh thei ho ahijie akiti.

Jesu Nu Mary

Catholic hon Mary hi adam sang lheh uve. Numei kitah tah ahi jeh in pachat aume. Phaten ana jinei in, akisih poi. Numei phatea jinei lou ho vang, ahinkhouva alhing lel khat um bangin ahejungun, hinkho lhum kei in akisih un, anavah jou pouve. Numei mihet louva alung sunga kisih ho hi adeh in :

1. Dan thenga jinei lou ho,
2. Ajinei masanga Abortion bol ho,
3. Suicide attempt bol ho,
4. Angai chungnung pasal in alhep lhah ho,
5. Pathen helou to kicheng ho (i.e., non-christian or christian without Christ)
6. Chamna bei insunga lutkha ho, hi ahinome.

Jesu nu Mary ajipa Joseph in ana-thisan vangin, insung phaten aven, achate mi pasal nga le chanu ijjat ham chu, ajipa thinungin a vetup in ahi. Jesu hi anaoten, Pathen cha pa ahina atahsan pouve (Jn. 7:5). Mary in Jesu ahong bit jinge (Mt.12:46). Mary in Jesu akhohsah dan hi Cana a kichenna ana pangin, Cross a athinna apangin, chule Jerusalem indian chungnunga jong ana pange.

Jesu nei chamna ham ?

Tulai hin gam leiset jousea chamna abei tai. Kichatna, kiginto na, kivetdana, kiseisetna, kithana ho akija jinge. Gam vaipoten chamna semtei agouvin, ajou pouve. Eden hona Pathen thilsem ho lah-a cham na ana ume. Adam le Eve chu sa le gul ho lah-a achen lhon vangin aki cha lhonpoi. Humpi le kelngoi ana lha khom in, Pathen jong Adam le Eve ana vil jinge. Chamna mun ana ahi.

Jou leh phatmona jouse pu pa Satan chu Eden hona ahung lut a, Adam le Eve alhep lhah jouva konin, Pathen Lhagao apot tan, chamna apot doh tai. Pathen umlou naa chamna aumpoi. Lk. 2:10-14 a, Jesu hi chamna leng chapa ahin, ahung penge. Mihem ten chamna aneina diuva Pathenin Jesu lei-a apensah anahi (Lk.1:29, Eph.2:14). Chamna eihoppeh ding pau, Jesu chu mihon adeipon, chamna neipa chu cross a athat tauve. Pilate in Jesu le Barabbas khat joh kalhadoh nome, ati chun mihon “Jesu that in lang, Barabbas lhadoh in” atijo tau ve. Barabbas chu mithat, galbol, mi chonse ahin, amajoh chutoh chen khom ding, mipin ana kilhenjo tau vin ahi.

Jesun eilungset danu hi aki dange. Leiset adalhah-a apa heng ajot kon chun, hitin ana sei nalai set in ahi, “Chamna kadalhah peh na hiuve. Vanno mi peh tobang ahi poi. Na lungu donsah hih un, ki-jong ki

cha hih un. Nadalhau jong leng na henguva kahung kit ding ahi” anati (John 14:27). Jesun chamna eipe nom tei tei-uve, itahsan uva chamna ichanu ngai ahi. Jesu beina muna chamna aumpoi. Hiche chamna hi mihem hetna le thepna chungvuma um chamna chu ahibouve (Phil.4:7). Chamna lengpa kisan lou jouse chu chonset kisan ahiuvin, chonset-a thi ding ahiuve. Christan apeh chamna hin miho alamkai ding, van gam alhut diu ahi (Col.3:15).

Christmas in, Jesun chamna ahin polut dan, chule Easter in, mi hon Jesu iti adeimo uva, cross a athau ham ti igeldoh sah ui. Sopi, nangma chu Jesu nahsah lou lah-a napan khah em ? Kidong temin ! Jesun ei peh-u chamna neina thei lampi khat seh bou aume. Hichu Jesu gela, kun a, ichonset phondoh a, eisuhtheng na dia ahenga taova, ama chamna nei ding hi ahi. Na chung gihna jouse bei intin, naphon doh joulou kipana amaa kona na chan ding ahitai. Vanno kichai vah tante. Gei sang dan, laplel in nate (1 Pet.1:8).

Tehsepu khat in, keihi leng thum vaipohna noi-a hing kahi. Leng masa vaipoh lai in, gal kisat tonna ata min, akigenthei-e. Leng nina vaipoh lai in, kisatpi ten eina jouvin, asoh uvvin kapange. Ahinla, leng nina vai hop lai hin, leng athumna in eihin vilin, ama (Jesu) hi lengpha, chamna leng, lungset them leng ahin, gal jouse ajouvin, kalung sunga achenge, ati.

Messiah Pendan

Isaiah 9:1-7. Christmas iti iman um ? Amoz chapa Isaiah thu sei ho, Ahaz leng phatlou dan, Baal houna dia achapa gei-a ana phaldoh khang lai-a, Isaiah themgao in leng pha, chamna leng, ana ngai chat tun tun lai uchun, Isaiah in, “Eiho dingin naosen khat apengin, alengkouva vaihomna apun, amin jong Thumop them kidang tah, tha nei tah Pathen, Tonsot mipa, Chamna leng chapa, akiti” (Isa.9:6) tin anasei-e. Pathen in eiumpiuve, tina ahi (Isa.7:14).

Isaiah themgao pan, leng gilou vaihom pet-a chamna leng khat angaichat tuntun hi ngaito kham set ahi. Eiho jong ichung uva vaihom te kituplou jalin chamna ingai cha tuntun jeng ui. Isaiah themgao banga hinkho iman lai-u ahi. Tun, amasan, Messiah (Jesu Christa) min hi ngai tou hite :

1. *Immanuel*, Pathenin eiumpiuve, kiti hi gelu hite. Pathen umpi nam mite ihiu hi, anunnom ihiuve. Achuti leh tunia eiho hi nam nunnom ihi nah um. Ohe, ahinla ada ihi tauve.

2. *Messiah* hi, Pathen thaonusa, leng dia thao kinusa ahi. Leiset chu nga min lengpha aneile agam khang touva, amite hoidohji ahin, lengpha neite anunnome, akiti.

3. Amin tonsot mipa, chamna leng chapa akitin ahi. Christa lenga nei mite anunnome, alah uva Pakai in vai ahomin, agamu asemphan, adam

sah in, nomtah in agam sunguva vai ahomin, khantouna machal nan anei gam tauve. Tu tuhin vanno in cham na angaichai, adeh in nam neo, nam lhom leh gam neilou ten chamna ingai chauve. Immanuel, Pathen um pi ingai chauve. Masanga ama ana gaosapte Zebulun le Napthali gam, lunggimna ana umtasa, muthim lah a vahle mite chunga kho avahtai, aki ti. Itihle eiho chunga kho hungvah ding hitam ! Gentile, chidang nam dang mite chunga, khovah hung lhun ding thu Isaiah themgao in ana sei chu agui lhung tan ahi.

Ahile eiho chunga itihle hung lhung tan tem ! A-Pathenu Pakai hikha mite chu anunnome (Ps. 32:12). Jesu Christa Pakai Pathen hi, Pakai-a inei-u hinam ? Namdang hokhu Pakai nei nam mite ahiuvin, chamna lengpan vai ahomin, anun noma ahiuve akiti. Eihon Christmas iti iman um veu hite ?

Pasal khat pan, tukum a Christmas anom behsek in, Pathen um lam kahepha tapouve, ati. Hou bung khat a hin, Christmas meeting anei un, amijat a dangka jathum kidong hen atiule mi khat in jathum chun vohsa kichoh leng ni-ni kane thei in, tua khatvei neh-a Rs. 300/- kaneh doh ding kanompoi, ahinti. Chuin Chairman pan, aphai sumselsel chu aumnai, tukum neh pang louvin Christmas mangute, tin akilol tauve. Hitia akilol jouvun, mi aphun sao sao tan, keivang sa akineh lou ding

leh Christmas kaman lou ding ahi, kho danga gamang tange, tia atam tai. Christmas teng houbung hi ipia kiboi am, ti ivet leh neh le don chule sum iboi piu ahijon, Christa kiboi pi talouvin, alhase amuisse joh aki dime.

1. Houbung ho lhagao lama boi louvin, vohsa le bongsa, sum donna le sum holna joh in akiboi jie.
2. Insung lam ivet kit leh sangkhol thah, nihchen ponsil, kengkoh, von in minu mipate alungvai un, kinah kibau adime.
3. Mihausa neijou ten vaicha te thang set thei thei-in, achateu ajep hoi kit ule migenthei chate chu lhase leh jahchan mitlhi alonsah kit uve.

Hichea isei nomu chu ahile chamna leng penni chu, eih dia lung hesohni, kani, lungjin-ni, boini, hijo talou ham ? Ohe, ada chu ihi uve ! Ilah uva chamnan vai ahomlou phat in, anei joute ahau hon jong chaga genthei te atonom tapon, thil peh Christmas a kipeh tona imacha aum thei tapoi. Genthei te kani ahi dohtai. Bethlehem sangin Calvary mol lam joh akigel doh jotai.

Vana vantil ten, “nangho dia hachangpaa kipana thupha kahin poi ati (Lk.2:10). Ahile eih dia ha changpaa kipana hinam ? Lhagao bei-in koima akipah theipoi. Sopite, kingaito temute ! Chung nung pena Pathen loupi hen, lei chunga alung lhaina miho lah-a cham leng hen, ati. Pathen lung lhaina nam mite chu

anun nomuve. Kicham del delin ane khom un, adon khomun, chaga gen theite deh deh din, noppni le kipani ahi. Chule muthim lah-a touho, thina gam le alima tou ho, genthei te kipani ahi. Pathen umpileou nam mite boini lunghanni, kinahni, chaga genthei te nohni ahijo tan, da aume.

Durga Puja manghon kitoh tah-a cham dela, lung lhaisela aman uva ahile, eih chamna lengpa, ton sot mipa nei, mite iti ihiu hitam ! Ajeh chu vaichat gentheinan ejou ahitai. Tahsa vaichat le gentheina hi Pathen in eiumpi louvu danin akilange. Mt. 5:3, Lhagaova vaicha ho anunnoma nahiuve, ati. Lhagaova chimtih neilou ho anun nom nahiuve, lung genthei te anunnom nahiuve, ati.

Lhagaova chimtih neilou ho anunnome ati bangla lhagao a kipana nei mite din Christmas hi kipani ahi. Chamna lengpa lamto din kigou hite. Lathah Bu No. 198 in, *Akidang in aloupi-e chamna lengpa chu, ngailut na alonsah-e leiset chung a hin, ngailutna along let-e Calvary a chun*, ati.

Eih amangsate holdoh din van khopia ten it jongleu, nangjou deh lou ding, ati. Vannoii in eipeh-u chamna leh kipana chom kah-a ding bou ahi. Tonsot Pakai in bou tonsot chamna eipe thei ui. Pathen ngai lutna ilah uva hung long lut taken. Chamnan ilah uva vai hom taken. Amen.

(Rev. Seikhollen)

Jipaa Kona Ngaichat

Numei jousen ajipa hi ama lungkimna ahi ding adei-e. Ama dei tah (ideal husband) ahi ding adei ma mai. Adeh in noi-a liho hi ajipa a kon in adei uve.

1. *Jabolna* : Eikinoise bol sangin ejaleh ti agelui. Akidei lai-a pasal in numei dei dei asuh bulhit chu angai chauve. Ajapananoise bol tngle bai tah in akikhenpi ngamui.

2. *Lungsetna* : Ajeh bei-a lungset na eipele tijong adei ui. Ajia kona lungsetna hi phattin angai chauve. Themmona, hoimona, phatlouna, lung kitomona ho melchih louva lung setna adei uve. Amanu ahina banga angai lut a, vannoii leiset-a mi kipah pennu ahisah dingu adei-e.

3. *Tahsanna* : Ajipan atahsana ason ding adei ui. Kitahsan tona bei a inchen, hithei louhel ahi. Ajinu ging cha loule gingmo jing akichen asot joupoi. Jipan ajinu aginchat-a, ason poule amanu jong kisempha thei jia ahi.

4. *Kihet-themna* : Kihoumat jijia, kihet them ji ngai ahi. Nupa teni lah a khatchan jong insung setna ding gel ponte. Mihon, numei hi hetchet hahtah mihem ahi, atiuvin, achutile pasal chun amanu tuhje le het-them je ahet angai-e. Numei lungchom ahi. Alungchom dung jui-a kivoppia het them ngai ahi. Jipan, kum sottah kichen jou nungin jong ajinu 40% bep bou ahedoh jou jie.

Sonia Gandhi Koi Ham ?

Sonia Gandhi (amin tahbeh Edvige Antonia Albina Maino) Dec. 9, 1946 nin Italy a ana penge. Kho neo khat a peng ahin, Catholic ahin Catholic school a kai anahi. Apa hi cheh natong mi (mason) ahin 1983 chun ana thitai. Apan adalhah phat un, anule anao numei nitoh aumui.

1964 kum chun Cambridge a English sim din anachei. Cambridge a college chom khat a lekha sim Rajib Gandhi toh 1965 in Greek te hotel khat-a, amanun kihinsona dia na atohnaa ana kimuto lhone. Chuin Rajib toh ahung kicheng lhon in, aninu Prime Minister, Indira Gandhi toh ahung chengkhom tauve.

Sonia Gandhi nu min hi Paola Maino ahin, apa min Stefano Eugene Maino ahi. Sonia Gandhi hi numei ching tah khat ahi.

Nahinkho Nangma Thu

Jingkal khat Office khat-a natong ho office ahung kai-u leh, kotzia lekha hitia kisuna kitah khat amuve. “Hiche company a natoh ma chalsahmo kei sahpa chu athitai. Gym room a hung kikhom un, ama thi vailhahna kin ibol diu ahi” tihi anahi. Atoh khompiu khat athi jeh chun, asim doh jousen nommo ana sauve. Chule koimong hia ham, ti jong ahedoh nomui. Gym a chun amaho ahung kim soh tauve.

Koipen chu hita ding ham, khantouna sumo hi, tin ahenom lheh tauvin, thikong chu a-umsoh tauve. Khat khat in akitol un, thikong sung chu aveuvin, thip beh in, ache che tauve. Ima khat seidoh-a jong aum hih ui. Thip beh in kikhopna in a chun ading tauve. Athilmu uchu imadang anahipoi. Thikong sunga chun, phat vet (mirror) lenthim khat aumin, hia chun aveho chun ama ama lim akimu cheh uvini ahjoi.

Phatvet sihlama chun hitin jong akijih-e. "Mi khat bouvin, nang hi namachal sahmo jing ahin, ama chu Nang nahi. Thil kikhelsah ding chu nangma bou nahi. Nasappa ki khel jongle nangman nalungput na khel loule ichom hiponte. Naloi na gol ijatvei kikhel lele jongle nangma nakikhel tokah sen, company khang tou ponte" tin akisune.

Hiche hi adih-e. Nangma aphalama nakikhel tengle nahinkho kikhel ding bou ahi. Nang hi nang man nakisem phat angai-e. Vannoi leiset hi phatvet khat ahi. Leiset hin nangma koimong nahi, namudoh sah ding ahi. Nahinkho chu phatvet a hin ven lang, nangma kisem phan, athisa thikonga lum bangta hih in. Mi thisa banga ima tongnom lou chun khantouna nei lou ahi. Toh hi ihol le aumin, ihol loule aumpoi. Moh uma phat suhmang sanga ima khat beh tohdoh ji ding, Pathenin eidei peh-ui. Nathi teng natha chu lei-a kivui-a leikha neh ding bep ahi.

7

Vot-pe hi damtheina

Vot (Leech, *Hirudo Medicinalis*) hin, mi khat thisan 5-15 ml. ajopdoh jie. Hiche hi ama tahsa gih dan 4-6 vel ahijie. Vot in mi apelim a anat het louna ding gu alhalut masat jeh in, aman ape mi chun anat ahepoi. Vot pehin - gout, tina dam na, blood pressure, sam pul, kitiko adamsah-e. Votpe damna hi India ten ana pohdoh masat penu ahi. Vot jat thumin damtheina hi anei-e. Ama ho chu - Vot apong dom (brown), vot avuna asan lam-pi kijih (red striped), chule vot eng-dum (olive colour) hi ahi.

India a votpe damna hi kum 5000 masanga kihe anahitai. Tuhin gam danga jong akimang tai. 2008 a India, Union Ministry in jong ahet peh ahitai. *Eczema, gangrene, vascular reconstruction and vascular surgery in chronic wounds, rheumatoid arthritis, skin disorder* hoa jong aphae atiuve. Ahinla people suffering from bleeding disorder ho pesah lou ding ahi, ajeh chu asuhset cheh thei ahi, atiuve.

Jinei kipa - boina

Nungah, gollhang jinei kaal ngahlel atam thouve. Amaho gela hi anop-a nom ding, ki-kipah jing tadia agelu hinte. Jineisa nupiho khat chan jong kajinei, anom tave ati ding tah san ahipoi. Ajinei jouva hahsatna toh aumin, kum phabep jouva boina

tohpan jong aume. Nupi hon vang kajipa toh kakitoh theiji poi, atinom ui. Abang in, ana jineida leng phajo dinga, tin jong asei-e. Ahivangin kei vang kajinei nom hih beh-e, tia ding chahkheh aum hih lai-e. Ajeh chu Pathenin jinei hi adei ahin, numei le pasal kideito kingaito ahisah jie.

Jinei jouva boina, hahsatna mi jousen atoh-e. Thoh hahsa tah khat-a nei jong aume. Hinkhoa hah satna akito teng Pathen het ngai ahi. Hahsatna muna jong Pathen toh aki um khom jileh aman, ahah jouse chu eima phatna dia aheidoh thei ahidan tahsan ding ahi. Old Testament a Joseph chu, kokhuh khat-a a-uten asonhan, abana songkul a akikhum ho chu hahsa salheh inte. Daniel chu, keipi bahkai ho anga akiselut chun hahsa salheh inte. Shadrach, Meshach, Abednego meikou lah-a akiselut uchun, kihing nalai inte tihi gelpha pouvinte. Chule Abraham jinu Sarah in cha aneilou hel phat chun, ana lungjing nante. Isaac le Rebecca in cha aneilou phat chun lunghem lheh lhon nante.

Ahinla, Pathenin ima jouse ahen, amun, ama phat alhin teng aki thopi jie. Pathena kingai insung chu hahsa tampi thoh jongle vangse lou ahi. Nupa chun insunga kilung setje ahet pouva, Pathena kingai hi asuh mil louleh hahsat gentheina jouse athoh jou lhon ahi. Pathenin thoh jouna tha ape jie. Nupa dia jinei hi pohgih pohippana ahijie.

8

Nupan thil hahsa atotengle toukhoma, lunggel khoma, iti kimai topi ding ham ti agelkhom angai-e. Nang jeh ahi, tia kingohto lele chu aphantna ahipoi. Asoh ding sojou nunga kinah-a, kingohtoa, kihoulou toh kop chu insung setna hijo ahin, insung phatna ding gel cheh ngai ahi. (Mt. 5:18).

Nupa hi kilungset to, kingai dam to kithemchuh ngai ahi. Khat chu khat chunga alung phatmoa ahi leh aphant chomna aum poi. Insung hi semdoh ding ahin, suhset ding ahipoi, ti ahelhon angai-e. Insung setna dia jinei, ahilou dan kihet cheh lhon tahan ! Pangkhom, kithokhom dia Pathenin ajanggop ahijoi. Aman aumchan akhel tengle ken jong khel nange, tia kidinte louding ahi.

Pathena kipah lhon hen, chu le phat-thei achan lhon chu simjing lhon hen. Set kitoh ho sanga Pathen in phat-thei eibohna tamjo tei ahi. Setna melchih sanga, phatna ho jeh a kipaa Pathen thangvah ji ding ahi. Tao seh-a Pathen phatna ho geldoh a, Pathen thangvah ngai ahi. Iji phat na ho chu het-a, asetna ho suhmil ki them chuh ding ahi. Kipachat to vala pha aumpoi. Taokhom vala pha jong aumpoi (Phil. 4:19). Pathen toh in cheng khomlou, Pathen athupi pena koilou chun jinei phatchomna mu doh ponte (Ps. 127:1, 128:1-6). Ei ma eima kisemphat-a, eimale eima kisuhdih ji ding ahi. Jinei hi hinkhoa hisah ding ahi. Pathen jang-gopsa, mihemin sukhen hih hen (Mk. 10:9).

Nui hi damna

Akinui tengle tahsa akilham in, lunggim akisumil in, akijangkhai dome. Haina hu jong asuthengin, tah saa oxygen jong tipum muntina asol lut thei in ahi. Akinui teng ogin aja loule vang aphachom poi. Lungna chima nui, hanui-a nuilhah, tina ahi. Hospital a midam lou tamtah nuilou a aum jeh in, adam lheng yah pouve, tin jong akisei-e. Doctor in nui ding aphalpeh ho nuiji jileu, dambei unte.

Nuimei ho pasal sangin anui bailam jouve. Numei nuihat ho adamsot jiuve. Ahin kumkho asao jep tei-e. Nui in kivetdana, kimuda na lunggel jong asumangin ahi. Mi amoh nui nui ho vang mingol bangin akigel jie. Alungthima pohgih neiho alungkot kihong louho chu anuithei ji pouve.

Tulai a doctor hon eiho hi iha nui uva, inui sot ji diu adei ui. Nui lou helna nikho chu, eidia pha chom lou nikho ahibouve, tin asei ui. Idam theina diuvin, nuitei goute. Ajeh bei-a nuilhahna thei aum jong le kisem thua hanui-a nui, asetna aum poi. Khopi len hoa nuina club tampi aume.

Hut-vei damdoi

Insunga uicha, ahcha, gan cha ho akichele akivale sah-a ahile chapang ho hut avei nome. Chapang ho kengkoh bei-a akenga avaleuva ahile jong tolla kona hutsi, hut, kitii ho baitah in asung uva alut jie. Hiti

bangma chun hospital hoa midam lou vea akiche tengle chapang neo akipui jia ahile nat phalou lou akilah son nomui. Ajeh chu chapang in nat alabai-e. Hut vei hi chapang jong mi len jong hithei ahi. Changnam kaang (Garlic) til 4, 5 jingkal seh-a akineh a twi themkhat akidon ji leh oi sunga hut athat thei-e, akiti.

Ahiloule thing changmai (papaya) mu ago kigoidi thih khe khat leh twi khon khat hala jing kal seh a akidon masat penji leh oi a hut vei aphi, akiti. Ahiloule, mai (pumpkin) akikhan lhitsa mu ho khe a asunga pa goidia, jingkal sungkeo pet a, thihkhe khat twisa phabep toh chohala, adapdom teng donji jong oi-a hut phatna ahi, akiti.

Apple theiga

Apple kiti gamdap theiga hi mihem damtheina dia nehjing pha ahin, aman vang atame. Apple a tah sa damna ding thil tamtah aume. Vitamin C, lungchang nat ho, cancer jong phabep ahoi sah in, chule cholestrol aphaho jong mi apen, ha jong asuhat in tichu ha suse thei bacteria jong 80% vel athat jouvin, chu le mihem lhol a nat phalou lut ding ho jong adaldoth thei-e, akiti. Hapta khat a *Apple* pum 5 vel nejing ho ahai-danu anomjep jin, Asthma jong aphatdom sah-e. Nikhat a *apple* pum khat khat akineh chai le mihem tahsaa natna tampi asudam jie, tin jong akisei-e.

Nui-jiji Damna

* *Court a judge pan* : Idia police in nahin mat ham ?

Akimpanpan : Christmas thil chodia jingkal matah-a dukan a kache jeh ahi.

Judge : Matah-a dukan che vanga namat-u adihpoi. Ichana maa nache ham ?

Akimpanpan : Ma-vala, dukan ki hon masanga kalut nah nah jeh ahi.

* *Pastor pan* : Christmas a Santa Claus (Christmas Father) kum khat beh numei napanthei louvu ham ?

Numei khat in : Numei hithei ponte. Numei in kumseh Christmas teng, von khellou hela abang bang ki-ah nom ponte.

* Christmas jingkal matah hou-in kai phat chun, adaptoh daibang tam toh ahile bongching chapang khat le Pastor pa seh hou-in aanche lhone. Pastor pan chapang pa henga, "Hou in kaida ding hitante, ina kiletahite" atileh chapang pa chun, "Pu, ken vang, bong-an kapeh teng, bong khat seh hi jongle kape jie" anati.

* Bus accident na khat-a pasal khat akap in, "Vo Pathen, kavangse tave, ka khut khat aum tapoi" anati.

Tehsepi khat in, "Idia chapang kaa naka ham ? Hichepa khu vetang, alu beita kisana kaplou khu !" anati.

* Christmas thil choa dukana nu mei khangdong khat achele dukan

inpaa touna chunga, Santa Claus ana touvin, chapang nu chu ama phei chunga chun aga touve. Chuin Santa Claus in, kei-a kona ipi nadei um em, tia adoh le kanu din thil khat ka ngaichai anati. Santa Claus in ito bang thil nachoipeh nom em, tia adoh leh amanun, "Atupa (amahpa, son-in-law) khat kapui peh nome" anati.

* Nupi khat in agolnu henga, "Ka loipan kuga (tamul) atamneh beh seh in aha jouse asan san jenge" ati leh akoma nun, "Najipa vang chu Calendar hile suti atamna dinge" anati.

* *Anu* : Thangpu, tunia school a ipi nahilu vem ?

Thangpu : Lekha jih dan eihilui.

Anu : Ipi pi najih em, simte.

Thangpu : Henu, ajih dan eihilu ahin asimdan vang eihil polai ui.

* America ten vei asan ule, "Excuse me" atiuvin, British ten vei asan ule, "Pardon me" atiuvin, Japan ten vei asan ule, "Forgive me" atiuvin, eimiten vei asan ule, "Kei kahipoi" atiloj jengui.

* Thinglhlang upa ni kihounaa khat pan, "Sopi, Twipi Thi (Dead Sea) nahet em ?" atile aloipan, "Koi twi pi thi malah, twipi damlou jong kaja khapoi" anati.

* *Lamchong* : Mihem lhol hi thil kidang tah ahi.

Apinu : Idia hitia chu nasei ham ?

Lamchong : Jingkal itho lim lim lhol in na atong panin, ojapun thudoh ahin nei tengle bou ataangchot jie.

Het-a Phachom

* Tillai-a cinema tho lah-a nungah minthang, Mala Sinha, chu Nepali mi ahin, Roman Catholic ahi. Apa min chu Albert Sinha chule achanu min hi Alda ahi. Ahinla aloihon tot nopnaa amin hi “Dalda, dalda” tia akou jiule ajahdaa “Mala” a anakhel ahi.

* Mizoram a pasal khat hin taodam na tha anei in, nungah neo damlou khat taopeh inge, dangka sangthum kalah ding ahi, atile nungahnu pa chu anomin, ana taopeh tai. Ahinla atao naa chun Jesu le Pathen aphapoh hih beh in, inneipan agingmon police amatsah-a, police in akholchil leh Satan Hou ana hikhai.

* Police in Dimapur khopia numei kijoh ho aman jinan apungin akijai. Thuso khat in numei kijoh sangli (sex worker) lhing inte anati. Hiho lah a chun agam mi 50 % hinte jong ati. Christmas laile atam cheh ui, ati. Assam a kon mi phabep aman doh un, alesol uve ati. Jingkal jingpi 2 a.m. vela lampia morning walk bol ho phabep ginmo aume ati. Ching thei ute.
(a.t. 23ix2013)

* Tulai hin natoh kiholnaa, MBA, BBA ho sangin Graduate phatah ho thu seije hea leh ching ho agoinom jo tauve.

* Dengue nat hi ahung laangse lheh tai. Kichih thei ute. Tuni gei-in alou akimudoh hih lai-e. Thoukang pol ho pea kon ahin, adeh in sun tengle

mi apenom jiu ahi, akiti. Thoukang a konin ching thei ute.

* Mizoram a nungah kum 18 vel hon ahoijepna diuvin, Parkinson nat lou, Pacitane kitipa khu ane jiuve. Amaho het dana hi, Pacitane (Pepe, tia jong kihe) lou hi akinehle limso, maiso angou jep-e, tih ahi. Ahinla hiche lou neho mel hi adang jep joi, akiti. Lou hi anehval jeh un, nungah 4 athitan, 30 vel hospital ageitai, akiti.

* Japan te company Blest Co. Ltd. kiti khat in thil choilena plastic sa khao kipai ho achomkhom in, hichea konin gari tolha thei thao asosah tai. Plastic Kg. khat-a konin gari lhaina ding thao litre khat asem doh ui.

* C M J University, Meghalaya leh Naba Bharat Siksha Parishad, Odisha, chule Bharatiya Siksha Parishad, Uttar Pradesh, hon apeh B. Ed. certificate *invalid* ahi tin Gauhati High Court in asei tai.

* Union Health Ministry in kum thum le makhai sim ding B. Sc. course khat patdoh-a, hichu MBBS noiheova hiding, *simple injury hole infection* ho jong ajen thei diuvin, tha kipeule tin agelpan tauve.

* America a Florida khopia thou kang alet-a len amudoh tauve. Khat hi eiho thoukang 20 kigomte hinte atiuve. Amin hi *Gallinipper* ahi. Mi apeleh chema kisun bangin anai. Ama hin adeh in sunle mi apet-e. Gam dang dang jong ahinphah loi ding ginchat ahi.

Christian Meivah - sim ho taona akiman peh jinge. Kum 2013 a kona sumto Rs. 100/- ahitan, asim nom chanin hin peuvin, sum napeh lhaa kona kum na kisim peh ding ahi. M.O. hinthot hon Editor kipe ding lekha beh a namin le address suntei un. Editor pu Mobile No. 94355-51080. Manipur le Nagaland a sumto pehna thei :-

- 1) Mrs. Neijathem Haokip, Haokip Veng
- 2) Ms. Lhingjanem Haokip, KBC
- 3) Mr. Douzahlen Guite, Dewlah Land
- 4) Mr. J. Manchong (Lunpu), KCC
- 5) Rev. Lhoukholal, Kangpokpi Missn
- 6) Mrs. Veikholam, Ideal school, ccpur.
- 7) Rev. Seikhollen, Medziphema, Nagld.
- 8) Mr. Seikhollen Singsit, Kohima.

Hiche thuso konin Editor pu Address akikhel tai. Jet lama kisun address hi phaten vetauvin.

Hetsah nom ho

* Numei lhoh phatah Shakuntala Devi, chu akum 80 ahilai in, hai samna jeh in athitai. Aman century achesaa mi khat pen nikho jong agel doh thei in, kum achesa hoa mi khat pen nikho jong aseidoh thei in ahi. Apa hi circus tha pang mi anahi. Mathematical genius & human computer, tin jong akimin sah-e.

* Jharkhand state a Christian hi lou mi 20,000 val church khat bulu din ahung un, ajeh chu church compound a Mary lim chu amaho sari akichen peh-e. Convert eibol nom jeh-uva hitia avonu ahi tia ajahdau ahi. Police in acepaei sah tapouve.

Editor :
Rev. M. Haokhethong,
C/o, Tingjanem, Headmistress
Nichols High School, Satribari, K.C. Road,
P.O. Relhabari-781008, Guwahati, Assam.