

Christian Meivah

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Lhani seh thuso

Private Circulation

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Jesu lei hinkho khang lai in, thing cross hi deimo umtah leh thet umtah anahi. Midang kikhaina cross chu thet umtah hijongle Jesu cross vang, eiho din hinna ahi. Cross chu Jesu din ana umhah tale Jesu thisan thu kisei ponte. Cross seh hilouva eiho dia Jesu thisan jong loupai ahi. Jesu cross leh Jesu thisan akikhen theipoi.

Jesu thisanin eidop sangu ahi. Gal. 3:13-14, danthu thaneinaa kona Christa'n eilhatdoh soh-u ahi tai. Hijeh chun Judah ho ding seh hilouvin, gentile (chidang namdang tichu Judah hilou) ho din jong lhat damna kot akihongin, nang le kei jong eihop tai. Lhatdamna hi Jesun eichoh doh-u, ithi nadiu man eiho khela eipeh peh-u Jesu ahi tina ahi. Danthun nakaanna-a kona Christa'n nachoh doh-a hinna napeh ahi. Jesu thilona jeh hi kipapi ngai ahi.

Migenthei nahinaa kona na puidoh-a phatthei naboh ahi. Nanat naa kona na-onthol sah ahitai. Lhagao hinkhoa athisa nahinaa kona hin kho thah neidia nachoh doh ahitai. Michonse nahinaa kona nasuh theng ahi. Tua, Jesu thisanin, chamlhatna

lhingset napeh ahin, danthun tha ima cha nachunga anei tapoi. Hichu thi san thahatna itiu chu ahi. Soptheng na, damsahna, lhagao hinna ho thisan chun eipeh-u ahitai. 1 Pet. 1: 18 in, "Napu napateu hinpehson, chonna homkeova kona mangthei sana le dangka kilhatdoh nahi lou-u naheu ve" ati.

Mihem hi Pathen lim le mel pu ahin, Pathenin angailu valin, sana le dangkaa choththei sanga loupaijo ahi. Pathenin Jesu thisana eichoh-u ahijoi. *Khatnaa*, Jesu thisan loupai danhi, athisana lhatdamna aumin ahi. Heb.9:22 in, "Thisan solouvin ngaidamna aumdoh poi" ati. Jesu thisan in ichonset nau akhukhum ahipoi. Ichonsetnau jouse lhagao savon hia asoplheng doh ahi. Hichu Jesu tah san jeh-a bou hithei ahi.

Ninaa, Jesu thisan aloupina hi, thisana hin chamna, bitna aumin ahi. Themmona, danthu hatna mun hoa Jesu thisanin chamna apolut jie. Col. 1:20 "Thisan jala leiset chungu um jouse le vanlai jola um jouse kah a, chamna asem ahitai" ati. *Thumnaa*, Jesu thisan aloupi, ajeh chu atah san tapou haanna, le kisonna apen, thina ging talou ahi (Heb. 10:19).

Nahinkho leh Jesu Cross

Mihem hi athi teng lei-a aki vui-in, leiset asoh jitai. Ajeh chu Adam chu Pathenin lei-a kona ana sem ahi. Jesu hinkho chu apena kon aban banchaa akivet leh cross lam jon ahi. Eiho jong cross lam jona iki gel ule, cross kiput puma hinkho mang ihi cheh ui. Nangin naput na cross chun Pathen kom nalhut ding ahi. Mi abang din tahsa dammona chu a cross ahi. Mi abang din aji in ju adon don jeng chu ama cross ahi. Abang din avaichat chu a-cross ahi. Abang din thina, manna, ahiloule chenna gena kitup lou tiho hi ahi. Hitia hi leiset hinkhoa thohna, gentheina hahsatna jatchom chom cross a inei-u ahi. Cross kiput pum puma Pathen lam jot ngai ahi.

Thohna hi kipai theilou ahi vanga, Jesu akivet leh Jesun ipohgih a-olsah tei ahi, ajeh chu Jesu hi gal jona ahi (Mt. 11:28-30). Genthei hah satna hi mihem hinkho toh kilhon jing ahin, tulai hin sei joulou hahsatna in eijui ui. Jesun athini gei-in phun lou helin Calvary cross anajone. Ajeh chu apa thua nung ahi. Them-mona bei ahi vangin, Jesun Calvary lam anajon jinge. Eihon vang cross lam ijon nom ji pouvin, leiset nopsah na joh ikilhen jiuve. Mi abangin a-cross kiput-jeh chu midang joh anogh jie. Cirene gam mi Simon banga, mi cross put-hu aphai, vana isan diu aume. Koi tobang in a-cross putdi ngaito louva, adalhah joh-a ahileh

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leiset hinkho kichai-a, thupi tan ni khoa ipi ato ding ham kihet maihen. Koitobang, a-cross gih behseh saa cross neojep kilhena poloi aumleh thupi tan nikho leh ngaidam chang ponte. Itoh dung jui uva ichung thuu kitan ding ahi (Rev.22:12). Pathenin ihinkho a vai ahomna dia kiphaldoh ding ikinu ahi. Pakai Jesu thing cross geldoh jingute. Eihon jong Jesu tah san pumin eima eima cross lunglhai selin kiput uhite. Hichu satan gal jona leh van gama ikipana diu ahi.

Palm Sunday, April 13, 2014

Lk.19:28-34 sunga Jesun seijui teni chu kho khat-a lut din ana sole. Seijui teni chun, khomin chu ipi ham? Ichana gam lam? Sangan chu itobang ham? Nang toh phatea kihoutohsa nahiuva hinam? Sa nei pan eipe lhon nantem? Keini mi gucha eihi sah lou diu ham? tiho ana dong lhon poi. Tulai mihem kihile vang hiche ho hi Jesu kidong mai inte. Tulai hin lekha them atamin, akihet sah atamin, nungkhoh makhol tho nom jong atamin, aseise ding jong atamin, hijeh hin lamkai thusei jui jeng nom kitam mulou ahitai.

Pathen din vang, sangan hi mihem sangin aphachom joi. Seingai Baalam sangan chu, sei ngailou them gaopa, Pathen thu dona seploupa sangin aphachom joi. Sangan chun Pathenin hilama chun achesah nom poi, ti ahei. Tulai hin miho achinglkeh danin aumun ahileh achihnau khokal

a um Pathen thu chu adon pouve. Mihem chihna leh hetna khokhela *tahsan* hi uma ahi. Mihem khat het na le chihnan Pathen boltheina ho atejou lou ahi. Mihemin na tampi atong thei jin, chule aseï thei jin, ahin la Pathen sem ahi ageldoh jipoi.

Seijui teni jotna kho chu gamla hen nai jongleh, sangan um hen umhieh jongleh, sangan nei pan apeh lhon ding hihen hihieh jong leh, miguchaa min agel lhona ajep lhon ding hihen hihieh jongleh, Pakai in eisol pouleh che ding atilhon ahi. Sei angailhon danhi athupi ! Imasanga ipi um em ? Jing nikho itobang ahung hidem ? tihoa lungkham ngailou ahi. Pakai sei sei chu kajui ding ahi tia Jesu tahsan jeng hi ihamphat nau ahi. Jesu katahsane, amasei kangai ding ahi, tia pan lah jeng ding ahi.

Thoudoh kit Jesu

Jesu hinkho mandan athen jeh-a ama chungu kinepna nei nahi leh nachamkim polai-e. Jesu thinaa kona athodoh jong hi kinep pi um tah ahikit-e (1 Cor.15:19-32). Paul in thinaa kona thokitna umlou ana hileh itahsanu hi achamkim poi ati. Thokitna hi Paul kinepna ahijeh in, twi lah-a toset atona, gucha toh aki tona, miten abolsetna, gentile te suh longna, gamthip-a toset atona, twi khanglena hahsatna, mihil dihlohuo a kona hahsatna, ho jouse Jesu min a hangtah-a kiphah tah-a anathoh jeng ahi (2 Cor. 11:26).

Kanung jui ding mi chu, ama kisu mil jou, a-cross niseh-a kiput ahi angai-e, tin Jesun ana sei-e (Lk.9:23). Hijeh chun Paul in, keima hi niseh-a thia kahi, tin anasei ngame. 2 Cor.11:22-28 sunga hin Jesu dia athoh gentheina ho asune. Ephesus a gam satoh anakibon danin jong aseï in, hichu samong hei, mi phalou ato ham jong vang akihe chenpoi (2 Pet. 1:10, Jude 10).

Phat seh-a Jesu mina thilse ato dingleh niseh-a athisa banga aki ngaitona ho chule athohna hahsa ho hi, eiho dia kihilna phatah ahi. Paul in Jesua kinepna anei-a, leiset hin khoa athoh tuntun banga eiho jong Jesu thodoh jeh-a, kithi jingle kihing ding ahi, tia kinem ihuive. Thi-a hin kho kichai ahile nehnem neh-a, don nom dona, jinga kithi tading, tia inop nop-a hintei ahi, tin jong Paul in ana sei-e (1 Cor.15:32). Jineimo ahilou vangin, Jesu dia thoh gentheina ho thoh-a, khonung ding joh kinepna anei jeh in, jinei ding jong anatipoi (1 Cor.9:5). Thokitna kinepna hin Paul hinkho achup jeng anahi.

Christa dia thoh hi mohseh ahipoi, ti ihilchen ui (1 Cor. 15:58). Hijeh hin Paul in leiset haona le khan touna jouse anungsune. Ding det un, pangdet un, eitiuive. Sopi, Jesu tho kit kinepna hin nalo tah em ? Nasuh ling louhel lai ham ? Kinepna bei Christian nahi dan ham ? Kinepna bei christian chu amin bep-a christian ahi, apha chompoi.

Jesu Hindoh Kipapi

Gen.32:22-32, Lk.24:13-35. Christian ten Pakai Jesu hindoh kipapi ding ahi. Athi-a kona Jesu ahindoh kit hi, amasapena ahindoh a akimupi ho seinnaa kona pan sat ding ahi. Lk.24:13-53 sunga hin, Emmaus kho jonte ni, Jesu sei juite henga akilah, ahinga vana akal tou, hicheng thum hi kipapia lung monpi ding ahi.

1) *Emmaus jonte ni* : Cleopas leh aloipa chu Emmaus kho jona che lhona, lungdong tah-a kihoulima, Jesu akineppi aseï lhona chule min atha tah jeh-a thia, aban umta lou dia akihoulim pettah lhona, Jesu amani toh hung chekhoma, thil um chan dol ahilchet lhon ahi.

Jesun alungdongna lhon hil chet agotnaa aboldan chu : akihou na lhon (henasaa) adohchet, alung donna lhon ahetteh (Lk.24:19-24), chule Messiah chu thoh tei ding ahi dan chu Mose leh themgao lekha bua kiseisa, ahina ahetsah lhon chu ahi. Cleopas leh aloipan, lhunkhom pi din Jesu anajol lhonin, Jesu anom tai. Anneh phat-a, Jesun changliah ahebala amani apeh chun, kho ahe doh lhonin, Jesu ahi ahelhon tai. Ahinla, Jesu akom lhona kon chun amang paitai. Jesu ahing doh tai, ti seijui tenin aphot chet lhon tah jeh chun, seijuite koma thu galhut pai din ana cheloi lhone. Seijui ten jong Jesu hindoh kit thu anasei un, ama ni thusei toh ahung kitoh-e.

2) *Seijuite achaina akimupi* : Van a akaltou kona Jesun seijuite akimu sah-a, kichen tah-a akhut akeng, thingpela akhet behnau avetsah-a, ahindoh kit kichen tah-a, aphot chet sah-a alungu anavah sah ahi. Mose danthu le themgao ho lekha bu chu le Labu (Psalms) a achung thu kisun jouse chu guilhung tei tei dia, ama thia hingdoh kit ahina ahilchen tai.

Achung thu Pathen lekha bua kisun doh jouse ahet chetna diu vin, alung giluh ahondoh peh tan ahi. Tun, Pathen thusei guilhunga ahitan, chonse lunghei jouse chu ngaidam changta ding ahi. Chule Pathenin atepsa Pathen Lhagao mihema kon a kiladohsa, hung kisolpeh kit ding thu jong Jesun ana sei-e.

3) *Jesu vana akaltou* : Seijui ho koma Jesu tahsaphe le vou, pua amatoh alenkhom uva, achunga aki ngai-u phat akichai tan, atahsante amichang cheh-a lamkai peh dia, Lhagao hung kuma, koima danga kingai louva, Lhagaova kingai ahitah diu chu ahedoh tauve.

Lungdong le lunggima aum laitah uva Jesun availhah nau gel puma, kipah thanoma inlama kile uva ana hitai. Pakai Jesu vana akal tou hin, aseï juite le atahsan te dinga, leiset damlai sung jenga jong, vana kona hin-panpi jing Pakai chu aheu vin, chule ama hung kit-a ahung pui diu kinem pumin, hinkho amang cheh tauvin ahi. (Dr. T. Lunkim)

Lengpa golvah loup

Luke 14:15-24 ah, lengpa khat in golvah loup tah khat ana bolin, asoh ho henga, cheuvin lang ka-kousa ho chu gakou khomun, golvah ankong akipan tai, tiuvin ana ati. Soh ho acheuvin, agakou un, ahinla miho chu ana thuphouvin, akiseilep cheh tauve. *Khatpan*, lou khat kachon kagavet lou akhoh-e, hung jou ponge, ati. *Aninapan*, bongchal to-nga kachon kaga pa tep ding ahi, hung thei ponge, ati. *Athumna* pan, tule tua ji kanei-a ahin, hung thei ponge, atitai.

Hiphat chun lengpa alung hangin, nangho cheloi un, khopi sung lamlena le daipama um genthei chaga, tibukim lou, mitcho elbai ho gakou khom tauvin, kamikou ho vang chu, khatchan jong kei golvah an hi atekhah lou diu ahi, ati. Golvah bolpa hi pa Pathen ahi. Vana galjona golvah ahi. Mikouva kisol hi Pakai Jesu le solchah ho ahi. Akikou masa ho chu Israelte (Judah mite) ahivu. Akikou nunung hohi Gentile te chidang namdang, mitcho elbai, ati-bu kim lou, vaicha genthei ho ahi.

Louchopan louthah achoh vang chu mukal ngahlel ji nante. Hin khoa kivahna, neh muna ahin, kilep na thei jong ahi. Ahinla, hiche lou khat choh vanga lengpa golvah gel dao jeng vang chu, vangset um tah ahi. Lou chu nehkhom jouva vet thei hintin, kilepna kham ahipoi.

Bongchal to-nga (kop-nga) chu bong som tina ahin, thanom tah a mukal leh patep kal ngalel umlkeh ding vang ahi. Ajeh chu aneipa tha khelding ahitan, kilepna thei tah ahin, ahinla lengpa khat golvahna sanga bong ho ngailut joh vang hi, vangset umtah ahi. Bongchal ho chu ola patep thei ahi. Kilepna dih lou tah khat a kilep ahitai. *Jinei thah pa* kilepna jonghi, kilepna thei chu ahinan, Pathen lekhabu in jinei thah ho hi sepai-a pang lou diu, toh hahsa atoh lou diu, kum khat ajitoh nom tah-a umkhom diuvin aphasah-e (Deut. 24:5). Ahinla lengpa golvah na chaan leuva, kilepna nei vang hi vangset aume. Kilepna dihlou tah ahi.

Kelngoi nou jinei ni, kelngoi nou moupui golvah loup tah ahi. Hi che nia kikou ho chu, vangpha nun nom tah ahivu, tin sunin ati (Rev. 19:9). Hiche thu hi Lk. 14:15, leh Mat. 22: 1 akiseinaa jatchom jep jep in kisun doh jingle, adoi atup chu thakhat ahi. Vana galjona loup tah ahi. Thuphon 19:11-21, leh La Thah Bu No. 85 “Aw khopi thah, nahoi gei-e. Nasunga galjoute leng jo lathah ngei asah diu chu, leiset manni dingin, tin akheh ui” tihi mel chih in.

Vana galjona ni loup nia ki kou ho chu anunnome, ati. Eiho jong hiche galjoni, kelngoi nou jinei nia lha dinga Pakai Jesu eihung kou-u anahi. Hiche nikhoa jo lathah sah dinga eikou-u ahi. Kouna ngaisah lou aumleh, Houbung Laa, “Kouna

ngai louva kilep mang ho chu koi man koukit talou hel ding” kiti la hi kichin ngai ahi. Kilep them ho, lou cho, bong cho, jinei-a kilep ho bang a tulai eiho ipi pia ikilep jiu hitam ! Tulai hou natong ho, akilep them them chu miching lungthim pha, ading kihet them, tin pachatna le sei phatna ipe jiuve. Ahinla akilep them lou ho chu, mingol ading kihet lou, tin akiseise jie. Hijeh a hi Jesu tekah thu anasei ahi. Akilep them ho kou kit dauvin lang, lamlena leh daipama genthei lengvai, mitcho, elbai ho gakou khomun lang ka-in mi dim hen, ati.

Kisei lep-a jou pangtei teiji ahi. Kichat tijatna muna aki umpet leh kiseilep pha saloi aume. Peter jong thutanna muna akiseilep tai. Ei ho jong boilai chun mi tamtah akisei lep aum khan, thutah sangin thujou chu hinna danin angaito uve. Tekah thu chih in kisei tadi leh, joule kilep hi ucha ahi, kikhen thei lhon lou ahi. Amanin kho khat abol-lhonin, kho pi hoitah akhomin chu *lungsung khopi*, asah lhone. Hiche khoa chun pacha ni gamlengin anache lhone. Apa chun achapa henga, ‘*kadecha sakhi khu*’ tia ajouva alhep-a ahile achapa chun, ‘*ahinai hepa anoute ni jong ahi*’ ahinti tan ahile apan, hoiham atileh achapan jong hoiba ham sakhi chu ahin tipai jenge.

Pacha kijou lhep kop bang in, kilep them cheh kiloi khom ho chu kimmel khuto jiuva ahi. Sakhi api asan leh anou jong asane, iti jiuve.

6 Hijeh chun leiset jou khopia hin, Jesu mun anei poi. Meeting, Committee ahiloule Council touteng, maipha vea mi dei dei seinom, chule jousei thema akitam jie. Jesu seilep phat, eima kisei lep phat, agomkom akihol jitai. Tulai hin thutah in mun anei ji tapoi. Ajona isei nom penu chu ahileh kisei lep, maipha vet kitihou aum louna dia ikihilu ahin, Pakai thupi tan nikho leh koima cha kilep thei lou hel ding ahi, ti ihetna diuva hung kisun ahi. Pathenin athu phat thei boh taken. (Rev. Seikholen)

Bible Thuleh Science Thu

Bible hi science lekhabu ahin pon, ahinla Bible a kisun leh science thilmu doh ho akikalna aum pon ahi. Bible a thu ho hi Pathen haikhum ahi (3 Tim.3:16). Bible lekhabu ana jih ho chu Lhagao Thengin ana sut sah ahi (2 Pet. 1:21). Jesu pen ma sang kum 1500 vela Mose in Bible lekhabu masapen Genesis ana jih chun, Pathenin twi sese akoikhom in chule tolgo sese achomin atumin akoi in, tolgo chu leiset tin aminvon chule twi se-se chu twikhanglen tin aminsah in, hichu aven pha anasa leh-e, tin akisune (Gen. 1:9-10).

Pathenin hetna apeh-a asut sah jeh in, Mose lekhasut Bible a lekhabu masa nga-ho a konin, eihon thildih tampi ihedoh thei uve. Mose chu leiset chungu mun abehneo cha khat-a ana hing ahin, i-atile vannoi leiset pumpi a ipi um ham tiho ana

7 het hintem, amusoh hel banga dih chet-a asut doh jenghi, Pathen hil tilouva lampi dang ahipoi. Jesu pen masang kum 800 vela anahing them gao Isaiah in jong, vannoi leiset hi abemin, achunga tou Pathen ahi, tin ana sune (Isa.40:22). Ama khang lai-a miho chun, vannoi leiset hi apheng hidana ana tahsanu ahin, hi chelai tah-a aman leiset hi alume tia anajih doh ahi. Iti ahet hintem ? Hi che lai miho chun, leiset chung a jang pet-a akichea ahile leiset mong aki phah tengle kilengla jeng dia ana tahsanuva, ana kichat-u ahi.

Tunia kona kum 500 vela Columbus le Magellan amanin twi chung a kong atol lhona leiset ana khol soh lhon chun, leiset hi abeme ti ahin hedoh bep lhone. Isaiah them gaopa jih toh akitoh-e. Tunia kona kum 3000 vela Job in lekha anasut naa chun, Pathenin vannoi leiset hi akhom nei louvin hui lah-a akhai-e, anati (Job 26:7). Tunia kona kum 3000 masanga Job kitipa hin, leiset alumpa hi hui lah-a moh uma ana sut hi kidang lou ham ? Tulai a science them hon leiset nisa vela amoh um amudoh-u toh kitoh chet jeng kit ahi.

Tunia kona kum 200 ma sang chun, Matthew Fontain Maury kiti Pathen tahsan tah leh Bible sim jingpa chu hanat in ana nan, aman achapa henga Bible hin sim temin, atile achapan, Psalms 8:3-8 ahin sime. Phatea angai jouvin, adih-e, chang 8 na in, twikhanglen in jong

7 alampi anei-e, tia kisun ahin, hichu kahung dam doh jouleh twikhanglen lampi hi kahol doh angai-e, ahinti. Ahung damdoh jou phat in Matthew Fontain Maury in, twikhanglen lampi (ocean current) umdan ana holdoh in ahi. Ama holdoh dung jui-a, tulai kong tol hon kong kilep lhuh louna dia, itobang muna kong tol ding ham, ti ahet doh thei-u ahitai. Twi-a kong ho twi in aveilluh louna ding lampi dih hol doh sah a hi Bible ahi. Hijeh hin Bible thudih ahi. Psalm hi Pathen jih sah hilou hileh hiti ho hi mihem lungthim in hedoh jou ponte, mihem koima achamkim poi.

Numei-a penkhah

Eiho thinghang mi numei khat touvin, numei-a kapen hi ka vang asenah-e, ati akija kha behseh poi. Ajeh chu eiho Kuki te lah-a numei le pasal hi kikhe behseh in akikoi poi. Ama ama toh ding akitoh ding, kinoise bol lou ding, nupa jong golcha banga kivop ding, tihi ichon nau ahi. Ahinla jinu phabep in alung thima, kajipan eingailu poi, einoise bole, soh bangin eibole, tiho agel uvin ahi. Agelu hi amaho din muna kona dih thou ahi, ajeh chu numei le pasal lungput kibang lou ahi.

Jipa khat hin ajinu koma, “Nanghon insung kolkah nagelu ahin keihon vannoi pumpi kagelu ahi” ana ti. Jile cha vah ding pasal, ahi jeh a hitia ase i ahin, adihmo poi. Tulai numei ho lekha them atam tan, hitia

8 numei le pasal lungput kikkeh dan hi, hethem tauvinte, ti tahsan ahi. Ito bangin lungkhoh hihen, itobanga lekha them hihen, itobanga ching numei hijongle aji neisa jousen, “numei kahi” ti hi agel doh jing loule insung kitona umthei lou ahi. Kolten (vaiten) numei hi adei phat le adom sang lleh un, alung hilou tengle atah ngam jengui. Eihon vang angaina mongin numei (jiniu) hi igol phatah bangin ikoinom jingui. Hiche hi eiho le kol ikibah lounau ahi. Hijeh hin eiho numei kol le vaito kicheng ho ahinkho lhumkei un, aning akitel jie.

Kol ten a-pathen limu atam jo numei ahisah ui. Durga, Laxmi, Saraswati, hohi numei ahi. Ahinla numei adomsang nomji pouve. Tulai a numei hi, anungah lai-a apa thua nung ding, ajinei teng aji thua nung ding, chule aji athi teng acha thua nung ding, kol hon agel lhu nomui. Kuki te lah-a hiti behseh-a numei kibolna aumpo lai-e. Confucian tia kihe hou miten, numei hi akun kun (sei ngai ngai) jeng din bou akoi uve.

Kum 1100 B.C. a Assyria te chun, numei (nungah) hi apa thu thu nit din ana koi-un, ajipa jong apan anahol peh jie. Middle Age (medieval) khang lai Germany jipa ten ajinuu hi ajipa thu thua nung din ana koi-ui. Khang masa lai-a chu, numei hi apa thuthu, chule ajinei teng ajipa thu thu hidanin ana kigele. Kuki te lah-a jong kum 60 masang in, apa le anuten achanu jipa ding anangaito

8 jin, ainsung thu thun nungah anajinei jie. Tulai hin “engage marriage” hi “love marriage” sanga lhoujoa tah san numei atame. Sri Lanka teho pao cham tuh khat in, “Numei lhoh in thih khe khut in atuhna lang khu akhokhel poi” tin ase i-e. Hichen aseina chu, numei in lungpi agelji poi, tina ahi. Numei ding in mun ni bou ahi - khat chu insung chule khat chu lhanmol ahi, tia gel muslim atam -e, akiti. Ahimong in jong, amaho hou dung jui a ajinu-u hi, kada nahi tai, tia thumvei pasal in ase i poh joule ajinu hi ada ahiji tai. Hijeh hin muslim pasal toh kicheng numei pao poh ngam lou ahijie. Chujongle amaho houdan dung jui-a, pasal khat in ji li gei-a akop thei ahi.

India a Telugu paochamtuh khat in, “chanu khat vah doh kiti hi, koiham khat leitola pahcha phung khat leipha kisun khuma, twi kichap tobang ahi” ati. Adan hi, mi khat toh kicheng ding bep kivah ahi, atinau hinte. Tulai a pasal tehon numei hi, mihema gela Pathen mitvet a numei le pasal lhagao hinkhoa khat ahi, tihi suhmil lou ding, numei dop sangna dia thilgon nei apha i.

Damtheina ding phabep

* Sutjou (ai-eng) kisudi thihkhe neo khat, leh khoiju thihkhe neo khat, chule curd (yoghurt, dahi) thihkhe neo khat, chohala hichu meikahna muna akinu le a-ole. Ahiloule khoiju seh seh chu meikahna mun soptheng

jouva, khoiju chu twi themcha toh hala nuthei ahi. Hiho hi akimu joulou jong leh ahtui khat suhkeh-a, asunga akang tuinaang chu nuthei jong ahi. Mat bei lam pen chu ahile, tooth-paste (ha-lou) hi ahi. Mei-in them cha akahna muna toothpaste (adeh-a fluoride jaoho) khu akinu leh anat a-ole. Thingchang mai-ga ki-atpan (ki-atneo) ho meikah na muna aki beh jongle aphachome.

Dumchep, Jachep phalou

Masang lai chun, mi khat in dum achep leh ana kija leh jin ahi. Tulai hin mi khat touvin ja (dum) achep leh akimel-khit tai. Masang in, Cinema film tho hon ja achep jiu akiphai in, tulai hin akiphai peh ta poi. Ajeh chu dum (ja) chep hi mi hem thina thei ahi, akimudoh tai. Ei ho India a mi 10 khat thilah-a mi khat hi jachep jeh ahijie. Meikhu hin thin le chop asusen, thiche dan asu lhomin, chule lungchang natna jong asosah-e. Dumchep ho lhai kitetna apang jou pouvin, nomin ahai jouji pouve.

Thisan lungchanga alhailut na thajung ho ahom asubing jin, mi tha alhahsam sah jin, lungchang nat na ape jie. India, Canada, U.K. a kona scientist hon akhol-un ahile ei ho India a kum seh in mi lakh 9 jachep jeh in athi, atiuve. Niseh a dumchep miho hinkho kum gup in achom jep-e, ti amudoh ui. Jachep phat lou dan het-a, eima thina thei meikhu hi chep lou ding ahi.

Kiletsah eidia luhna

Mi akiletsah tengle aluh na ding nikho nai ahiji tai. Luh jouva thah dinkit abaipoi. Thusim khat veute. Vacha lentah ni leh ukeng khat thusim ahi. Amaho thum hi kingailu tah ahiuvin, kum lhung lha lhungin, dop khat a ana umkhom ui. Nipi lai khat hin, dop a twi chu ahung kangsuh suh tai. Amaho thum hin hikom chu dalhah-a, dop twi tam na khat-a um dingin kinoptona anei tauve. Nipi ni asat dung jui-a dop twi chu ahung kancheh phat chun, vacha teni chu alenthe thei jeh in ima akhoh tapon, ukeng lengthei loupa ding chun ahah tai.

Ahinla ukeng chun thing kang neo khat ahin choi in, vacha teni henga chun, alang lang chu amuh-a apelon ding, chule aman thingkang lailung chu hapea apea vacha tenin alhohna lhon din akinop to tauve. Vacha tenin ukeng hi hitia alhoh pet in, pasal khat in anagal mu in, “Hiche ho thumcha khu aki jen nah uve. Koipen lungthima kon ahita dem !” tin apeng tai.

Ukeng chun hichu ajan aki pah leh in, “Vo lou lhouna, hiche hi kei lungthima kon ahi” tia akam kat-a asap jeng leh mol chu apet tahih in, tola aleng suh jengin, song chungu alu akhet leh apet in athilo tai. Kiletsa hi eima thina ahin, Jesun jong kiletsah hi adei poi. Miching thil hethem ho akiletsah jipoi.

Nui-ji-ji Damna ahi

* Upapu khat in ajinu henga, “Ka gollhan lai chun ji akinei louleh hin kho hi achamkim poi, tin kanagelin, ahinla kajinei jou hin kahinkho abei hel danin kahedoh-e” anati.

* Uicha khat intom lama kona apen a ahile kot akihon peh-a insunga alut teng athip jitai. Inneinu vang intom hihen inmai lam hijongle apen teng kot akihon peh-a insunga alut jouvin jong apen atang jipoi.

* Golcha ni car sunga atou lhonin gari chu atol lhone. Pasal ho school khat aphah lhonin, “School aume, ol tolin” tia kisun signboard lampam a anakitah-e. Akitol nahlai lhona ahi leh numei ho school khat atohkha lhonin, hia chunla signboard akitah pon, gari tolloupa chun agolpa koma “Ipi dia numei school a hi signboard kitah lou ham” atileh, aloipa gari tol pa chun, “Ipi nadatmo ham, numei school a signboard umhij jongle atol pa chun avet ding tamin tin, gari a oltol tei ji ahi” anati.

* Onpao : “Golpa, janhia school a kona in nalhuna ipi nabol em ?

Luntil : “In kalhun lhunin kanu toh cricket kakichem lhone. Kanu khut chu cricket *bat* ahin, keima cricket *ball* chu kanahi.

* Numei ho toilet-a junthahna mun baanga hitin akisune, “*Najun thah pet-a hiche hi nasim thei leh hi kom chu pasala ahipoi, ti hen.*”

* Sepai kilhenna khat-a eiho lam pasal khat kolpau (Hindi) hahet lou ahin, sepai lamkai pu chun, sepai khat koma “Jawan, idhar ao” atileh sepaipa chu amani koma ahung tai. Tun pasal pa henga chun, ahung pa chu tila aumna muna nungsol tan, atileh gollhang pa chun Hindi atam seithe thei lou jeh chun alung chomkhat aboi tan, ahinla amasaa jawanpa ana dinna muna chun acheloi in, sepaipa henga, “Jawan, idhar ao” atileh, jawan-pa anungchen, pass ahitai.

* *Ojapun* : “Thangboi, ahtui ni nang kapen, chuin nima kape kit in, chu jouvin nima kape kit in ahi. Agoma nakoma ijat hitam ?”

Thangboi : Agomin 7 ahi.

Ojapun : Ahile Thangboi, tun nang ma hi ken uinou ni kapen, chuin ni ma kape kit in, chujouvin ni kape kit-e. Agomin ijat hintem ?

Thangboi : Agomin 6 ahi, ojapu. *Ojapun* : Iti dana amasa sagi natia tua gup nati ham ?

Thangboi : Ojapu, ahtui khat ka nei sa aume.

* Italy a Baptist mi khat athin, khomi hon a pastor pau ahol ule a-ina suti in anachei. Hichun amahon Roman Catholic pastor pa chu anakou ui. Roman Catholic pastor pa chun, ama Bishop pa henga, “Tunin Baptist khat athin, kavui peh ding ham, ahiloule eiho dan toh kitoh lou nasah leh kavuida ding hitam” tin adonge. Catholic Bishop pa hin, “Vuitan, vui loitan, ahitheile Baptist jouse ana vui soh hel loi tan” ahinti.

Het-a Phachom Ho

* 2014 *Nikho loupi ho* : April 13, Palm Sunday, ... April 18, Good Friday, ... May 11, Mother's Day, June 8, Pentecost Sunday, ... June 15, Father's Day.

* Pathen thu sappao-a, TV a ngai nom hon, hia veuvin :

- Z Cafe, Zee Cafe : Mon-Friday
7 a.m.

- Zee Tv : Mon-Fri, 7:30 a.m.
Sunday, 6 a.m.

* Changnam (Onion) melah-a aki nehtha jingle cancer nat tampi adal doh-e ...Figgs (theiba) a potassium aumin, hiche hin blood pressure asu lhom thei-e. Theiba 6 vel a, potassium umhi mot (banana) lentah nia umtoh akibange. Theiba a gu, chang hatna Calcium jong phabep aume. ... Long (Hindi), clove (sappao) hi science paovin *Syzygium Aromaticum* ahi. Ha anat teng akimom le a-olin, kamsung namse jong asu-ol in, buhse veihon amom jingle aphan, chule "inflammation in pharynx" in jong apha.

* Chapang hi insunga akihakhum leh khonung in, amit in thil amusao joupoi. Hichu sappaovin, *myopia* ahiloule *short-sightedness* akiti. Hi jeh in ahung let tengule musaona tha aneiji pouve. Hijeh hin polama che doh vadoh ji thilpha ahi.

* School chapang ho hi a-school kaiteng akenga minit 15 tobang ache jileh alhoh-u aphaioi, tin research bol

hon aseiuve. School a ache teng aloi agol toh achehom le lung kipa na jong asung uva aume, tin jong aseiuve.

* Na thisan "blood group" in itobang mi nahim ti aseidoh thei-e :

= A (+) lamkai dan atheme.

= A (-) natoh pontho ahi jie.

= B (+) thohhat, midang kithopi,
doile tup len nei.

= B (-) misei-a nunglou, amading kivet keo, mi asuh gentheile nomsa

= O (+) midang panpi nom.

= O (-) lung neo.

= AB (+) itobang mi ahi het hahsa

= AB (-) miching, thil hethem.

* Eiho gam lama mi ama kithat (suicide) apung cheh cheh-e. Tripura a atam pene. India .. 1,35,585. Sik kim .. 184. Tripura .. 703. Meghalaya .. 156. Arunachal .. 134. Mizoram .. 90. Nagaland .. 33. Manipur .. 33 ahi.

* Guwahati, Gotanagar (Maligaon) ah, Five Star Hotel, amasapen room 196 nei amin "Radisson Hotel" kiti akisah lai tah ahi.

* Japan te mudoh danin, chatui san (cha-san, green tea) akidon leh lhoh aphajon, cholestrol asulhomin, heart disease adal-in, cancer jong phabep atinge, tihi ahi.

* Sydney (Australia) a numei khat nao apengkop in, khat chu ahingin, chule khatpa chu doctor hon athisan apenge, ati. Anu hin athisa chu akoi in, lungset thu tampi aseiuve khumin, pung nivel akoilum jouvin, ahung hai doh in ahing tai. Doctor ho atijauve.

Christian Meivah - sim ho taona akiman peh jinge. Kum 2013 a kona sumto Rs. 100/- ahitan, asim nom jousen hin peuvin, sum napeh lhaa kona kum nakisim peh ding ahi. M.O. hinthot hon Editor kipe ding lekha beh a namin le address suntei un. Editor pu Mobile No. 94355-51080. Manipur le Nagaland a sumto pehna thei ho :-

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8) Mr. Seikholun Singsit, Kohima.

Nov. 2013 a konin Editor pu address akikhel tai. Jet lama kisun address hi phaten vetauvin.

Hetsah nom ho

* Tulai hin Rural Management course kiti athah khat aumin, hia graduate/ post graduate ho chu, company, bank, NGO hon agoi nom l'eh uve. Khosung veng sunga natong ding ahiuve. Alo-ujong kum khat-a lakh 5 lam ahi. Simtheina mun ho :

- IIM, Ahmedabad; XIM, Bhubaneswar; KIIT, Institute of Rural management, Bhubaneswar; XISS, Ranchi; IRM, Jaipur.

* Tulai hin company, bank hon mi akilhen tengu leh lekha thepna chungu "holistic personality" nei ho agoinom jo tauve.

Christian Meivah
March - April, 2014

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