

Christian Meivah

July - August, 2015

Lhani seh thuso

Private Circulation

Vaipote leh hou lamkai ho

Khopi khat-a gam vaipopa khat koma christian lamkai phabep acheuvin, christian ho akhoto jepna diuvin angeh un ahile gam vaipopa chun state pumpi ding thu joh nasei diu kadei-e, tin ana sei-e. Khankho lama lhingjep lou gam vaipo khat ana kihoupi khah jeh un, jahcha thim pumin ina ana kile tauve.

1. *Philip in Ethiopia a Finance Minister pu Baptise anabole* : Evangelist Philip chu Pathen thu lhangsam din Samaria a anachei. Sol chah hon taona, mihilna, thu sei phongna ho aboluva, Philip chu Deacon khat a panga houbung avet tup lai anahi (Acts 6). Ahinla evangelist khat hina in, munchoma thu lhangsap ding ana thanomin, hijeh chun Samaria a thu seiphong din anachen hikoma chun Revival nasa tah ana ume. Adam louho adam thei-a, mihemten lungheina anei ho jeh chun, Samaria khopia mite ana kipah lleh ui.

Chubanga thil kidang asolai in Pathenin Gaza le Jerusalem kijop matna lampia ache loina din thu ana petai. Samaria khopia chubanga alo lhin pettah-a neldi gam lama achena

ding thu ajah chun, Philip chun kidang asah maithei ahi. Ahinla Pathen thu ngai Philip ahijeh chun, achetan ahileh Ethiopia lengnu Candace sum le pai chingpa chu amutan, akihoulim pia konin amapa chu Baptise ana chansah pai tan ahi. Philip in nukiso pa chu twi-a Baptise abol jouva twi a kona ahung doh lhon leh, Pakai Lhagao in Philip chu apuimang hel in, nukisopa chun Philip chu amukit tapoi (Acts 8:39). Chutilou hileh hi che Finance Minister pu chun Philip chu hou thudola akihoulimpi nahlai a, aina aneh khompia, sum jong ana peh ding tahsan ahi.

Christian lamkaite hi Pakai in politician ho lamdih lama thumop dia adei hijon tin, politician hoa kona thil le sum lama phatchomna holna dia adei hiponte, ti akilange. Elisha chu thita dia hanat-a ana nat chun Israel lengpa Jo'ash chu aven achen, "Vo hepa, hepa" tin hakap in ana kaptan ahi (2 Kgs. 13:14). Themgao Elisha in Jo'ash chu achapa banga abola, angailut jeh ahi. Hijeh chun Jo'ash Pathenin ana kithopi. Tulai gam vaipoten jong hou lamkai ho hiti hin jabol leh achunguva Pathen lunglhai intin, malsomna chang unte.

2. *Lhagao lama lamkai Jacob* : Jacob hi tahsan dettah nei ahi. Ahin khoa genthei hahsatna tampi anato vangin, Pathen a konin alhasam deh poi. Kum tampi jouva angailut achapa Joseph ahinge, ti anajah chun mainah in akipah poi. Pharaoh lengpa governor hia Joseph in apa Jacob chu lengpa toh ana kimel het sah in ahi. Hikoma chun Jacob in Pharaoh phatthei ana boh-e (Gen. 47:5-10). Pharaoh dia Jacob chu Refugee khat ahi vangin, lhagao lam a vangbohna pethei khat anahi. Tah bah in, tulai christian lamkai dia jui thei dol mi ahi. Tulai hou lamkai ho hi politician hoa kona thil le lo mu dia akinep sanga, hou lamkai joh in politician ho phatthei aboh dia phajo ahi.

3. *Daniel a kona kihilna* : Leng Nebuchadnezzar chu Babylon a leng loupitah ahi. Ama lenggam sanga Daniel hi Pathenin athu hettosah dia ana manchah ahi. Soh Daniel hi hi che gama chun Prime Minister ana hikhai. Daniel in Nebuchadnezzar mang ana lei. Lengpa hin Pathen aja bol lou jeh in, phat khat chun angol tan ahi. Hiche kah chun Daniel in lengvai anapoh peh in, lengpa ahung damdoh phat chun aleng hina lahpeh sangin alepeh kit tai (Daniel 4). Hi jeh chun, gam vaipoten hou natong ho noise dau hen jabol uhen, chule christian natoh hileh gam vaipohna jong kichoh hal hih hen. Pathenin amani hi kihe them dia adei ahi. Ama ama hina lama kijabol lhon hen. Hi chu Pathen dei jong ahi.

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3. *John Baptist a kona kihilna* : Herod lengpan numei chung a chon setna anei chu ahen, John Baptist in ana phoh-e. Gam vaipopa chu aki chat-a, apho sanga athipsan dinga kilom joh anahi (Mt.14). Ahinla John gel dana chu, lengpa chonchan phatlouna chu suhdih-a aum loule nam pumpi dia minsetna leh man thaina hidia agel jeh chun, akisuhdih na dia ana pholeh Herod thusah in John Baptist lol akitan lon ahitai.

Hitibangma hin, David leng pa chonsetna chu Nathan in ana sei peh in ahile, David in hatah in kisah na ana nei-e (2 Sam.11-12). Christian lamkaiho hi Pathen khela pang ahijeh in, hou lama suhdih dia lomho chu asuhdih diu dol ahi. Leng Ahab in aleiset letsah be ding adei in, hon lei khat bolna din, Naboth gam ana thum leh Naboth chun apu-apa gam ahijeh chun a-ittai. Chuin Ahab jinu Jezebel in lungthim phalou abolin Naboth ana that in, chujouvin Ahab koma Naboth athalih tah jeh in, gam kehbe tan, anati (1 Kgs.21). Ahab henga themgao Elijah in hichu ana seipeh in, ana phoh-e.

Pathen mite Pathen dia apan diu Pathenin adei ahin, tulai-a christian lamkai ho phabep hi amei san tan, thudih-a dindet ding ati tapo uve. Thudih-a pang dia Pathenin adei nau ageldau tauve. Pathena hat hou lamkai ngaichat ahitai. Bible in, amasan Pathen gam le chonphatna hol masauvin ati (Mt.6:33).

Pathen mingailutna

Acts 10:34 a, Pathenin mai pha avepoi, tin akisune. Pathen mi ngailutna in, eiho toh ding jong apei (Titus 2: 11-12). Pathen mingailutna hi ichanna diuva eihon ipi ibol diu ham, ti aume. Paul in, “Tahsan jala lungset mana huhhing chang nahi uvin, hiche hi nanghoa kon hilouva, Pathen thilpeh ahibouve. Natoh vanga ahilou jeh in kisonna thei jong ahipoi” ati (Eph.2: 8-9). Pathen mi ngailutna hi tahsan jala kichang jou ahi, natoh vanga kichang ahipoi, ati. Tahsan hi iti ivet sah thei-u ham, akiti le lungset vanga ahikit-e.

Phailei-a chang akitu teng tahsan vanga kitu ahi. Hungkeh doh ding, aga kine ding ti tahsan le kinep na ahi. Kitahsan hih le chang kitu naisai ponte. Leiset hinna lama kisei leh, tahsan hinna ahi. Pathen milungsetna chun muchi akesah ahin, lungset in ahinpeh a chule tahsanin akisan ahi. Lhagao hinkhoa jong chutima ahi.

1. *Lungset in Noah ahuhhinge* : Hiche lai mihemte aphantmo dan aki dange. Hijeh chun Pathenin chulai vannoi leiset-a chengho thigam sah ding anati ahi (Gen.6). Pathen tahsan Noah vang hi Pathenin alungset in, ahinna ding lampi anapei. Ama sanga hung lhung ding, manthaina chu Noah in amamu poi, chule iti kihinsoa pham, tijong ahepoi. Noah in Pathen atahsanin, aseipeh ho ana ngai-e (Gen. 6:22). Tahsan jala sei

ana ngai jeh chun, Pathen mi lungsetna chun ahuhhing tai (Heb. 11:7).

2. *Lungset in Abraham them achan sah-e* : Pathenin aseipeh pou pou chu atahsana aju jeng ahi (Heb. 11: 8). Atahsan ahat behseh jeh in, ama hi ‘Pathen golpa’ tin akihei. Aman atahsan chu natoh-a avetsah-a, hi chun themchanna afeh ahi (Jacob 2:21-24).

3. *Israelte huhhing channa* : Egypt a soh anahia genthei tah-a hingho chu Pathenin alungset jeh in, Mose amangchan ana huhhing uve. Pathen apan loule asochatna diu lampi um louhel anahi. Tahsan jeh-a sei ngaina ananei-u chun Israelte chu ahuhdoh anahi (1 Cor.10:1-3). Mose in aseipeh sei Israel ten ana tahsan un, aju jeng uvin ahile Pathen hinsolpa atahsanu chun Pathen atahsanu akilan doh sah tai.

4. *Lungset in Naaman asudame* : Syria mi Naaman hi Aram gam leng pa army captain ahin, amahi leprosy nat ana vei-e (2 Kgs.5). Israel nu mei chapang khat soh-a akoinu-u chun, Naaman jinu henga ajipa chun Israelte themgao Elisha gakimupile daminte, tin ana sei-e. Naaman in Samaria a um Elisha heng alhunin, Jordan vadunga sagivei kisilin chuti leh dam tan nate, tin Elisha hinsolpa khat in Naaman ana seipeh tai. Kimupi louva thujoh ahinpeh jeng chu Naaman in alunghan pin, akinungle a ahile asohpa khat in Pathen them gaopa sei chu bolpou pouvin, atin, Jordan a sagivei akisil leh adamdoh

tan ahi. Pathena kona thu kiseipeh chu Naaman in atahsan a aju jeh in ana damsel tai. Hia hin, lungsetna in thu aseipeh in, aman tahsanna in akisan in, atahsan-a sei angai jeh chun lolhinna ana change.

5. *Pathen milungsetna in mitcho pa adamsah tai* : Apenna kipat mitcho ahi. Jesun kho anamu sah tai (John 9:6-7). Jesu jalin Pathen mi lungsetna chu mitchopa ana change. Mitchopa chun Jesu thusei atahsanin, aju in, achen Siloam twi kula amit asoplhan kho anamutai. Jesun bolin tia aseipeh chu tahsan tah-a aju-a ahile kho amulo ahi. Pathen mi lungsetna chu tahsan tah a aju leh kho mulonaa anei ahi.

6. *Pentecost nikhonin, lungsetna thu ana kisei-e* : Pentecost nikhoa Jerusalem a um Judah miho chun, Pathen mi lungsetna jeh-a amaho kijah sah sochatna thu chu anaja tauve (Acts 2:21). Hiche Pathen phatthei bohna chu amahon atahsan uva, akilah lut diu dol anahi. Hiche sochatna thu chu atahsan uva ahile sohcha diu ahi. Peter thu lhangsap chu atahsan uva, ipiba kabol diu hitam, ahintiu chun Peter in, alung ahei uva, baptise achan diu angai tai, tin ana sei-e (Acts 2:41). Atahsanun, sei angai un Baptise achang tauve. Hichun achonsetnau angai dam soh ahitai.

7. *Lungset in Samaria mite ahuhhing* : Samaria a Philip achea Jesu thu ana lhangsap chun, mihon lung ahei un Baptise ana changui (Acts

8:5-12). Pathen mi lungsetna chu Gospel a kona kiseipeh uva, akiseipeh thu chu atahsan uva, akisan uva, chule aphatchom piu ahi (Mk. 16: 16). Philip in lungset thu ana lhangsap-a, Samaria miten akisan uva, Baptise chang uva, hijeh a chu huhinga um ahivu. Atahsan jeh uva, lungsetna chun ahuhhing uva.

8. *Ethiopia a nukisopa chu lungsetna achange* : Jerusalem a kona ama inlam Ethiopia jona chepa chu Pathen lungsetna ana kipei. Aman Isaiah lekhabu 53 na chu anasim pet ahi. Philip henga hiche Pathen le khabu thu chun ipi aseipeh ham, tiho ana kihil sah in ahi. Philip in Jesu thu ana seipeh-a ahile nukisopa chun atahsan tan, Baptise ana change (Acts 8:35-38). Gospel thua kona lungsetna thu kihetsah-a, Ethiopia nukisopa chun atahsana, Baptise changa, chule so chatna chang ahin, akipah lhez-e (Mk.16:16).

Mi chonsete huhhing chan na hi, Pathen mi lungsetna thu atahsan uva kon ahin, atahsan chan chu huhhinga um ahivu. Pathen itahsan ule aseipeh akingai jin, athu ngai-a konin chonsetna jouse ngaidam in aumin chule sohcha akihi tah jeh in, lungsetna nasatah-a kipana akinei jie. Sopi, Pathenin na lungsetna hi tahsanin, hichun nachonsetna angaidam ding, huhhing nahi ding chule van gam a nalut ding ahi. Hiche tilou van gam lut theina lampi dang aumpoi. Kigelphan, geisang hih in, laplel in nate.

Mark sut Kipana Thupha

Gospel lekhabu liho lah-a Mark lekhabu hi akisun doh masa pen ahi, tin Bible them hon ase i ui. Rome khopi mei-a akihal lhah jou (A.D. 64) a chu anajih ahi. Rome a cheng christian ho genthei hahsat pet tah anahi. Nero lengpan Rome kho pi mei-in akah chu christian ho ana ngoh-a, Colosseum a keipi bahkai ho lah-a ana lelut lai-u ahi. Hitia ana kibol genthei-u chu Mark in kidang ana sadeh poi. Christian chu Jesu seijui ahin, Jesu bon Rome te danthu noi-a akitha theile anung jui ho jong thi ding mong ahi, tih Mark in agel anahi.

Jesu hilna leh umdan ajui diu ahile *martyr* chang dia lom tah ahi uve. Thusim kija dung jui in Mark jong hi leng Trajan lal lai-a *martyr* ana chang ahi. Paul hi missionary hinaa akholche masat penna chun Mark in Paul le Barnabas nung ana jui in ahi. Peter in Mark hi 'chapa' tin ana minsah in, ahimong in jong Peter hin Mark insung mite baptise anabol hinte. Peter hi A.D. 65 vel a anathi ahin, Peter martyr hia athi na hin atilkhovu, Mark in lekha Gospel hi ana sut doh hidia tahsan ahi. Peter hinkho a kona, Jesu nung jui ding dan ana kihet doh hinte.

Hiche lai Rome te gama ki tho Greek paova Gospel hi Mark in ana sut ahi. Chule Aramaic leh Latin paocheng themkhat jong ana

mangchan ahi. Hichen ahilna chu, Mark hi Judah mi ahin, Aramaic pao athon, chule Rome te lah-a acheng in ahi, tihi akihedoh thei-e. Ama het Greek paohi chuti dihchet lou ahi. Ahinla alekha sut dan hi ahoi lleh in thanei tah ahi. Alekha sut dan hi akivet leh ama hi *journalist* khat a pang thei din akilange.

Rome te chubanga asoset laitah ahi vangin, aman Jesu thusim ana holchil in, adihna thei chanin ana sundoh in ahi. Aman adoi pipen hi Jesu thidan hetsah ding tihi anahi. Alekhabu achaina lam bung thum ho hi seichetna dia lekhabu amasa lam bung 13 hi anajih ahi. Jesu hinkho kichailam phatechan asunin, hia chun athodoh thu themkhat jong ana sune. Apatna bung 13 ho hin, achai na lama Jesu hinkho ito hung bang ding ham ti amuchen sah ahi. Jesu hi itobang miham ti photchetna dia, alekha bua thusim ho jong analhen doh ahi.

Alekhabu kipatna lama Jesu hi 'Pathen Chapa' tin ana minsah in chujou amin hi aseipoh tapoi. Asim hon, koipa thusim ham, tia angaito na diuva asel hintin, chule chulai Rome te soset jeh-a amin hi asel hithei jong ahi. Gospel kiti hi mi khat hinkho thusim kisun doh ahidih poi (biography). Hiche hi Mark in, Jesu atahsan dan christian ho ahetsah joh ahi. Thusim hin suh genthei-a umho henga Jesu hi Messiah ahi monge, ti ahetsah ahi. Mark in Gospel hi adih na thei chana ana sutdoh ahi.

Leiset-a ahatpen le alenpen

Lhaitet golseh a khu mi jou se lhai-a ahin, ahinla khat bouvin hat man asan ahi (1 Cor.9: 24-25). Ki chep golseh-a ahatpen hiteina dia mi kihabol imu jiuve. *Gold medal* muna dia mi kihagot dan, ipi neh ding ipi ngol ding, thahatna dia kithu nun a, kihabol jiu ahi. Leiset miten ase i phat ding, a-ochat ding adei un, hin kho kivahna thei dia sum tamtah mu ding jong atup un, hitia hi miho kilhai tet jia ahi.

Ahinla leiset chung a ipi ki muhen, kinei jongle nipi noi-a thil um jouse hi abona pannabei ahi. Nikhat seh pah ji pahcha tobang bep ahi (Eccl. 2:22). Pu, Solomon in, mihem khat in achihna, athepna aman chah a, atohdoh jouse jong hi atong lou hel khat kinop sahna dinga kidalhah peh teitei ding ahi, ati. Alenpen hi ding dei Jacob leh John in, Pakai Jesu henga aloupina nikho leh khat ajet a chule khat avei-a, atousahna din ahung thum lhone. Let pen ding ol pen ding mi jousen adei cheh-e (Mk. 10:35-40). Ima tong louva, boldoh jong nei louva, letpen ding hi mi jousen dei inte. Pasal khat in, 'leiset-a mihaopa kihi hen, van gam a khutdo Lazarus kihileh ka dei-e' ati. Jesu seijui ten, koihi van gama alenpen ihi diuven, tin kidoh hum helna anei tauve. Jesun, alenpen hi noma chu mi soh in pang hen, cha pang neo banga kineosah ho chu van gama alenpen hiding ahi, tin aseipeh ui (Mt. 18:1). Leiset-a kiletsah ding

hi mi jousen adei ahi. Hatna hi ipi hintem ! Solchah Paul in, eihatsahpa vanga ijakai bolthei kahi ati (Phil. 4:13). Ahatsahpa hi Pakai Jesu ahin Jesu nei bou chu hat ding ahi. Mi tamtah in ama chihna hetna bol thei na vanga hat ding atin, ahinla Pathen a kon louvin koima ahat thei poi.

Jesun, kei louvin nanghon imacha nabol thei pouve, ati (John 15:5). Keima eitahsana chun kathil bol chengse hi aman jong abol ding, asanga lenjo jo abol ding ahi, ati (John 14:12). Peter in, keiman ima cha kanei poi, kanei sun Nazareth Jesu minin lam jot tan, anati (Acts 3:6). Peter in Jesu thaneina aman chah ahi. Seijui ten ana adamsah uva, thilha anodoh uva, mithisa akai thouvu chu Jesu thaneina amanchah u anahi.

Hat kiti hi Pathen peh ahi. Samson chu Pathenin ape i, Pathen asonlou phat in genthei tah in athi. Saul leng chu Pathenin thahatna anapei, aman Pathen thu peh anit lou phat in athilo tai. Philistine te dia mihatpa Goliath chu, ama thahat na akisonpi jeh in athilo tai. Pathen in thahatna apeh phatea mangcha ho chu -- Jephthah in Ammon mite a konin Israel te ahuhdoh tai (Judg. 11:33). Gideon in Midian mite a konin Israel te ana huhdoh tai (Judg. 7:19). Philistine te mihatpa Goliath a kon in khangdong David in Israel te a huhdoh-e (1 Sam. 17:50). Khang dong David in, Goliath alet-a lenpa chu Pathen ason jeh in atahat tai.

Mihem pankhom hi hatna ahi. Mose baan chu Joshua leh Hur in adop peh jeh in, Amalek te ajou uve (Exod.17:12). Mordecai chu Esther in akithopi jeh in Judah te ahuhdoh-e (Esth.4:16). Mihem le mihem pankhom hi galjona ahin, ki pumkhat hi hatna ahi. Akipumkhat loute vang hatlou ding, khat le khat kihutoa kidopto ding thu Pakai in asei in, koima achanga hat jou aum poi.

Nang nahat nom leh : Koi hileh akisonga chu Pakai-a kisong hen (1 Cor.1:31). Min hat inge atile, ahinkhoa Pakai lamkai sah hen, Pakai-a kisong hen. Doile tup nei ding ahi, doi neilouva mi bol jouse thang set chu hatna ahi poi. Lekha simna hihen golseh bolna hijongle tup le doi neiho bou chu lolhing ding, atha jong alung jong hat ding ahi. Pathen na tong hon jong tuple doi nei-a toh ding chule mi seiphat le mi ochat ding deina bol hon lolhinna aneipoi. Huh hingna hi tup-a, van gam lam chu doi jangpet ding ahijoi. Chuti leh huh hing kipana amu ding ahi. Penthah thu sei hon kicheh tah in doi le tup nei in sei hen. Thil danga kisalet hih hen.

Jesun, nangho Lhagao Thenga kona nahat dingu ahi, anati (Acts 1:8). Vannoi leiset-a mihem namkim jah-a hiche kipana thupha hi gahil lhang leuvin, ati (Mk.16:15). Pathena kona thahat mangchan, sei juiten adam lou adam sah un chule thilha jong anodoh un, athisa jong akaithou un ahi. Peter in, Pakai jan

⁷ khovah in len kasep un, imacha ka man pouve, tun nangma thusah in len sep tange, atin len aseu leh nga atama tam aman tauve (Lk. 5:5). Pakai thupheh bangin na tong leuhen, ahahat pen ihuiva, lhagao mangthai tamtah Pakai anga ipuilut uva, Pakai aloupi nikho leh ajet le avei a tou lah-a ipan thei diu ahi.

La khat in, Pakai thahat pan un, hat un athu gingchan, imatih chan a athutep thon ngailou, ati. Leiset-a ahahatpen le alenpen hisanga, vana Pathen anga ahahatpen le alenpen hi theina ding joh idel diuvin apha. Athupheh nit a aman isolna chu ijuu a ahile kipaman san ding tamtah aume. Paul in golseh phatah chu kaseh joutan, kilhai tetna kachai in, tahsan kamolso tai, tukala hi keima dinga chonphatna Lallukhuh chu koisan aumtai, ati (2 Tim.4:7-8). Jesun hitin asei-e, “Veuvin keima kahung vah ding ahitai, chule athilbol achonna dung jui cheh-a kapeh ding toh phat man kakoma aume” (Rev. 22:12).

(Rev. Seikholen)

Nupa kilungsetna

Kum 5 kichengta nupa khat ana ume. Nikhat ajinu chun ajipa henga, “Thuso khat-a insung nupa akiha lungset theina ding kisun khat kasim doh in, hiche dung jui chun, eini jong lekha beh khat khat-a ei man iji chungalunglhai louna ijat inei em, ti sundoh hitin simkhom lehen ikisemphat lhon ding ahi” anati.

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Akinopto lhonin ama ama lekhabebeh a asut nom nom asun lhon tai. Chuin atoukhom lhonin, numeinu chun ama sut ho chu aban chan phat sot tah ahin simin, pasalpa chun thipbebeh in ana ngai in ahi. Ima jong anel poi. Ajinun “Adih lou kasut ima um em ?” tia adoh leh ajipan, “Ima seiding kanei poi” anati. Chuin ajinun, “Tun nang sut ho hinsim in lang chujoule athudol seikhom hite” ahintin, pasalpa chun ama lekha chu numei nu chu apen, “Nangin hin sim temin” ahinti. Ajinun simdoh din ajipa lekha chu alan aphoh doh a ahile imacha ana kisun tapon, le kha beh chu pum onin a-ong.

Ajinun, “Idia ima nasut lou ham ?” tia adoh leh ajipan, “Ken sut ding ima kahedoh poi. Kadei kangainu nahi jeh in, nasei jouse le nabol jouse pha kasai. Nang hi kana kilhen khah monge. Naumchan nakhan chan, khat cha kakhelsah nom aum poi. Napha soh keinai” tin ahin don but jenge. Chuphat in ajinu chun ajipan angailut jeh-a, aseikhel, atoh khel jouse angaidama alungset jing chu ahin geldoh in, kishih tah in, ana kaplha jengin, hicheni kalse chun nu meinu chun ajipa ajabol in, onem heochan akihoupi in, tila sangin ana lungset tan ahi.

Jesu tahsan hinna

Gen. 20:8-18, Acts 16: 19-40. Chonse mihemin achonsetna aki hetdoh a, tu hinkhoa abolkel teho

Pathen deimo hoa kona kishih lung hei-a ngaidam achan theina dia Pakai Jesu atahsan leh huhhinga um ding ahi. Hia Abimelech le songkul ngahpa thusima akimudoh thei-e.

1. *Abimelech in Abraham jinu Sarah akipui* : Abimelech hin jinu dang jong anei tei ding ahin, achung chona Abraham in ajinu Sarah chu anaonua asei jeh in Abraham jinu Sarah chu Abimelech in akipui jeng tan ahi. Aman amol jong pelou, peh dia jong gonglou, Abraham kholjin pa chu ama thu thua anun ding ahahat jeh-a pumhat-a akipui hithei ahi. Sarah akipui vang chun, Abimelech hin aluppi masanga Pathenin, “Nangin mi jisa numei nakipui jeh-a nathi tei ding ahi” tin Abimelech henga ahin seitai.

2. *Philippi khoa Paul le Silas songkula hengpa* : Paul le Silas chun Pakai Jesu huhhingna thupha asei phong lhonin, Philippi kho miten Pakai Jesu ahin tahsan tauvin, chu jongle amanin lhagao boh vop nu meinu sunga konin satan jong ano doh lhone.

Lhagao boh vop numeinu gaothu seisah a sumholna nei apute alung ahang doh in Paul le Silas chu Rome mite dou danin ahahat un, Paul le Silas chu songkul a alutsah tauve. Paul le Silas chu jan khang lai-in, songkul sunga Pathen henga atao lhon leh songkul kot ho ahung ki hong in, akihenna lhon khau ho ana kilham tai. Pathen henga lunglut a taona Pathenin ajan adonbut tei-e.

3. *Abimelech kisahna* : Abimelech in photoh masa louva Abraham jinu Sarah aji dia akipui akisih in, Pathen in atha louna din atao tai. Pathenin ataona ana sangin, ahing hoi jeh in, Abraham le Sarah koma jum lhau nan sum le gancha chule soh ho ana pen ahi.

Rome miten Rome mi mama hia Paul avoh uva, songkula ahenu akisih un, alhadoh dia mi asolu chule songkul ngahpa chun huhhing ding deina-a atao leh Pakai Jesu tahsana huhhinga um din Paul le Silas in aseipeh lhontai. Chule Paul in Rome mi ahivanga avoh nau adih lou ahijeh chun avohon ngaidam akithum diu ana ngeh in ahi. Hiche hin, mihemin achan ding lom achan na dinga akisei ding hi lomtah ahi, ti ahetsah-e.

Hiche thusima konin Pathen mi huhhingna thu Pakai Jesu seiban sei jousen hahsat genthei atotei ding, chule Pathen in ahahsat nauva kona ahuhna ding phat aum chana ahuh ahei uleh Pathenin huhhingna Lhagao afeh thei ahi, tihi akimudoh thei in ahi.

(Dr. T. Lunkim)

Jubi dong twi don

Kolte gam hi gamsa ahijeh in amahon jubi dong twi donding lam pama ajoh un ahi. Jubi (Cocunut water, assam hon *narikol* atiu) dong nalai asunga um atui hi, akidon leh mihem tahsa din damna tah ahi. Hia hin calory leh sodium lhomcha,

calcium, chloride, vitamin B le C, zinc, selenium, iodine, sulphur aum in chule akidon leh akihat doh jie. Chule a-twi a hin cholestrol aumpon, *Fat* jong lhomcha aumin, anti-aging le anti-carcinogenic, anti-thrombotic jong ahi. ORS khela jong don thei ahi. Immune system jong ahah sah in, kidney stone neiho song jong ajun mang thei sah-e, atiuve. Mihem vun jong ahoi sah thei-e. Apatna tampi anei jeh in, donji din apha.

* Gotoi (Bamboo shoot, bamboo sprout, science a amin *Bambusa vulgaris*, *phyllostachys edulis*) hi mihem tahsa phatna ding thil tampi nei ahi. Toithuh sangin gotoi apha joi. Gopum phung hi *fertiliser* leh *pesticide* ho ngailou ahi jeh in theng sel jong ahi. Protein, carbohydrate, calcium, phosphorus, iron, thiamine, niacin, vitamin A, B6, E chule zinc, copper, chromium kitiho aume. Chini (sugar) lhomcha aume. Blood Pressure jong asulhomin, numei lha thiche asem hoi in, nao pen kona numei in aneh leh nao anei vah-e, jong akiti. Ahinla mi athaonom hon nehinh hen, gotoi in mi asuh gong joh ahi.

* *Tahsa jihpol* (Tattoo) : Khang thah hon atichungu lekhajem ahiloule milim hon ajihpol nomui. Tulai hin colour lekhatui jong amang ui. Ahin la ahethem hon, akijihna mun ho kahvah vah le thah jia, pomdoh jia, ahung hijin, hitengle chun surgery angai-e, atiuve. Nat phalou kivei thei ahijeh in tichung jihpol apha.

Nui temute-tun

* Chapang khat in apa henga, “He pa car khat neichoh peh in” atileh apan, “Nakhamul le nanemul naho ngim joule chonange” ahinti. Chapang pa chun apa nelkhup agon, “Hepa, Moses nemul asaovin, Elijah nemul jong asao thouvin, chule Jesu a jong asao thouvin ahi” ati. Apan jong. “Ipi pi jong nasei ham, amaho jouse chu akenga lamjot ahuiwe, gari angaipoi” ahinti.

* *Mi thum taona* :

Amasapa : “Pakai Pathen, sana a dimset indan khat neipen.”

Aninapa : “Pa, Pathen, song man tam a dimset indan khat neipen.”

Athumnapa : “Hepa Pathen, ama sa teni inden teni kot-chabi keijoh neipen.”

* Chapang apa henga, “Hepa, idia doctor in mi khat operation bolding agot tengle amuh akikan ham?” ati leh apan, “Doctor ho hi ameisan behseh un, operation abolkhel khat tou aum khah teng, koibol ham ti akimatdoh joulouna dia amai aselu ahi” atipeh-e.

* Kum lhun Exam. abol pet un, oja pin, “Seimang, idia chuti lungjin nahim, *pen* nahin haimila hitam?” atile Seimang in, “Ojapi, pen kahin keng nai.”

Ojapi : “Ahile, pencil nahai ham?”
Seimang : “Pencil jong kahin kiken nai, kalung gimna hi, Exam. pet a eipanpi ding ka *note* kakihai jeh a lungdong a kahitai” anati.

* Sunday school Supervisor khat in, chapangho henga, “Kon, Jericho tho asuset ham?” atile, chapang khat in, “Ojapu, kei kahipoi” ahinti. Supervisor pa chun, ama adaina danin akilah in alung hang thimin, chapang ho hilnu henga chun, “Hitia hi nachapang hon mi adonbut jiu ham?” atile, ojapin, “Chapang hi milung theng ahi. Tua chapang pa chun tho chu suse ponte, kati” anati. Supervisor pa chu Sunday school mopopa henga achen, akibolnau ho chu anahetsah tan ahile, mopo pa chun, “Hiche chapang chu kei het dolin alung athengin, chule ojapi jong chu milung theng ahi. Amahon Jericho tho chu suse pouvinte” anati.

Chuin supervisor pa chun houbung chairman pa akimu pin, aki hil danu ahoilou thudol ana sei-a ahi leh chairman pun :

“Pu, hiche thu hi letsah poute. Ase abel ho chu houbung in sempha le phajonte, aban seibe datan” anatin ahi.

* Pasal khat nom tah a atouva dum achep (cigarette) nupi khat in amun ahenga, “Ni khat-a khum ija nachep doh em?” atile khatpan, “Khum thum bou ahi” ati. Nupinu chun, “Na kum ijat hitam?” aman “Kum 40 kahitai” atin, nupinu chun, “Achutile kum hijat nahin chepdoh na sum a hi Maruti Car khat nakichoh jou ding ahitai” ahinti. Pasalpa chun, “Ahile nangla dum nachep em?” amanun, “Kacheppi” ati. Pasal pan, “Ahile, nang Maruti Car hoiche baham?” tin adong jeng tai.

Het dia Phachom

* Numei paa (papah) ne matchet ho *breast cancer* nat avei lhome. Papah (mushroom) nehji ji hin, *immune system* asuhat in, natpi ho tahsaa alut ding teng akisat pi jie.

* Chapang kum khat lhing loulai ho khoiju peh lou hel ding ahi. Khoiju a um alhumpa ahin bacteria jat khat aum jin, chapang in hichu aneh le botulism kiti nat avei thei in, hiche nat hin chapang chu akon sah thei ahi (paralize). Chapang chun kum khat akhokal tengle ahatdom tah jeh in botulism nat chu athisan in akisat pi thei jitai.

* Pacific Ocean, twikhanglen noi a volcano lentah khat aum science a them hon amudoh tauve. Itih le poh keh ding ham, akihe poi. Lei chung a volcano (mol pohjal) lenpen hi Hawaii a um Mauna Loa atiu chu ahi.

* India sunga Mughal Lenggama ana pandoh, Babur in, achapa Humayun henga, India hi hou tampi chengkhom na ahi jeh in hou ho jouse ajabola, koima hou-in asuhset louna din anahile. Tulai vang hin, christian hou in akiha suhset dehset-e.

* Kum 1999 a kona tukum March gei chun, Nagaland a mi 7,54,787 chengho lah-a mi 18,069 in HIV nat anei-e, ti ahedoh tauve. Adeh in khangthah ho lah a atame, atiuve. Nat neiho tamna pen hi, Dimapur, Kohima, Mokochung, Kiphire ahi atiuve. Adamna umthei lou nat-a kon hin kichih thei ute. (AT, 19v15)

* Rail a tou kholche hon, genthei hahsatna nato tengule 'Govt. Rly. Police helpline, phone no. 1512 hi kouvun.

* Tillai chun chanu ten anu-u um chan athouvin an tuitah tah in ahon thei ui. Tulai hin chanu ten apau um chan athouvin chingthei tah-a ju don ding atitauve. Dih nam ?

* *Numei khat geography :*

- Akum 15-20 ahi lai in, Africa to bang ahin, alungthim themkhat aki hen, themkhat akihedoh poi.

- Akum 20-30 sungin, America to bang ahin, aumchan abon in akihe thei in, alungput atamjo akihei.

- Akum 30-35 sungin, India le Japan abangin, kihetsah, kichih sah chule amel jong hung hoidoh ahi.

- Akum 35-40 sungin, numei khat hi France to bang ahitan, alunggel akeh khat ahop tan chule dei thei in aum nalai-e.

- Akum 40-50 sungin, Germany to bang ahin, gal alel vangin, kinepna anei nalai in ahi.

- Akum 50-60 sungin, Russia toh abangin, alet-a len, thipbeh, koima ahenga chelou ahitai.

- Akum 60-70 sungin, England to bang ahin, ahinkho anunggel leh ana loupil lehin in, ahinla akhonung ding ahethei tapoi.

- Akum 70 aval tengle, Siberia toh abang tan, hoikoma um em, ti min ahen, ahinla koima hikoma chun ache nompoi.

Numei hinkho hi vannoi gam ho to kitekah ahin, dih nasah maithei ahi.

Christian Meivah - sim ho taona akiman peh jinge. Kum sumto Rs. 100/- ahin, asim nom jousen hin peuvin, sum napeh lhaa kona kum nakisim peh ding ahi. M.O. hin thot hon Editor kipe ding lekha beh a namin le address suntei un. Editor pu Mobile No. 94355-51080. Manipur le Nagaland a sumto peh na thei ho :-

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- 8) Mr. Seikholon Singsit, Kohima.

Hetsah nom ho

* Satribari Christian Hospital, Guwahati a Chaplain, Thensem Singson, May 24, 2015 ni chun Nagaland Baptist Association in Licentiate Pastor apetai. Ama hi chate 7 lah-a angana ahi. Anun hahsa tah-a anavop ahi jeh-a, amin hi 'Thensem' (Pathen sem) tia asah-u anahi.

* Khangthahte chingun natin chu le them nauvin nate, ahinla upate *experience* noise hih un.

* Mihem hinkho hi sum to bang ahi. Idei dei-a khatvei seh manthei ahi. Nungkou kit theilou hinkho hi chingtah-a man ding ahi.

* Igam sunguva mivaicha, mi gen thei apung pung jengin, hijeh chun migucha apunge, ching thei un.

Christian Meivah
July - August, 2015

PRINTED MATTER

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