

# Christian Meivah

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## Christa chamna thu

*Christaa hungkon chamnan na lung sunguva vai homhen, hiche dinga chu tipum khat-a kikou na hiiuve - Col. 3:15.*

Tulai in chamna hi mu ahah leh- e. Chamna muna din mihemte akiha bol leh ui. Chamna umtheina dia pan la mi abang *Nobel Peace Prize* akipei. Mihem pehnom cham na hi *vana ga* danin aumin, ahi thei poi. Ahivangin, Christa a kona hung kipe chamna hi lungsunga ding ahin, kipana, lunga chamna, ngailutna le lhamonna akinei jie. Pathenin mitin hi chamna apenomin chule tipum khat a hingkhom ahi diu adei-e.

1. *Christa chamna hi chamna dih tah ahi* : Pathena konin chamna tah beh akimui (Micah 5:5). Jesu Christa hi chamna leng chapa chule chamna lengpa ahi (Heb. 7:2). Hiche leiset a Jesu ahung lona pen hi, chamna leh lhamonna pedia hung anahi (Luke 2:14). Mihem te hi chamna holin mun chom choma ache jin, ahiloule acha jeng jong a-pathen houna din maichama akat doh in, athat jin ahi. Ahinla chamna tahbeh chu amujou jipoi. Mi abang ahao in, nei le gou tampi anei in, aminchen, ahinla cham

na tahbeh amujou deh poi. Ajeh chu chamna tahbeh neipa hi Pathen joh ahi. Pathen phatea ahou tengle Pathenin chamna tahbeh ahin peh a alungsunga lungmon, kipa, lhamon na in vai ahom ding ahijoi. Pathen tahsan jala, ngaidam kichanga, chu teng Jesua kona kimu Pathen cham na chu ilunga busa ding ahitai (Rom. 5:1).

2. *Mihem lamdoh joulou, Christa chamna* : Christa peh chamna hi min ahekhel nom jie. Hichu chamna tahtah ahin, boina, hahsatna, lung don, lungjinna ho aumda deh jipon ahi. Amavang boina hahsatna lah-a thoh theina lungsunga kinei, Christa chamna chu ahi. Thing bah-a um vacha bu sunga vanou aneo lai-a, huisen thingbah chu anuh lonle le vanou hinkho tobang chu ahi. Vachanou chu alung linglao deh pon, olmo louvin aum jie. Ajeh chu akoma anu in aumpin, alhamon jinge. Ilungu hi Pathena dettah-a aum tengleh atah tah chamna chuinei jiuve (Isaiah 26:3).

3. *Christa chamna hi nalung sunga cheng tam* : Christa chamna hin mi asutheng jie. Hitia sultheng sa hiho chu, ahinna, alhagao, chule atahsa abonchan nolna bei ahiji tai.

Jesu Second Coming nikho kipah thanomin angah ngah jitai (1 Thess. 5:23). Aumna vel jouse tuisah thei chi (salt) ahi jin, avela ho toh aki ngailun akisa thei lleh jitai (Mark 9:50). Christaa kon chamna chun ilunguva vai ahin hom tengle, cham na neilou leiset mihemte lah-a cham na homjal thei mi ihi diu ahi (Isaiah 52:7). Ilunguva chamna lhamonna ineina diuin, Pathen lung dei-a ama tahsante ihina diuin kiha bolu hite.

## Christmas hi kilungset bena

Pathenin achapa alungset tah eiho huhdohna, lhatdohna din lei a ahinsol in, along ahung toh-e. Thu sim khat ngai ute. Mipa khat hin na hatoh in atong in, a-insung mite mi toh kibahsahna din, sum aholin pon tho tah in ana pange. Christmas kon cha chun, achanu kum nga bep chun Christmas thilpeh chunna dia akoi lekha pol, ana mandoh tah jeh in, voh-e tin anavon, achanun kipah tah in Christmas ana mang jou tapon ahi.

Kengkoh khum khat hi lekha pol a chu anachuna, Christmas Tree noi-a anakoi ahi. Mivaicha ahi uvin, apa'n Christmas thilpeh chun na dia ana kikoi chu, achanun aman doh peh ahi. Chuleh kengkoh khum sunga chu thil umtei ding ahin, hoi lam sum akilah-a achoh-a hichu ama lekhaa chu anatom hitan tem, tichu jong apa boina ahikit-e. Christmas nikho jingkah in, achanu chun hoi tah a atom kengkoh khum chu ahin

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choi in, apa apen, "Hepa, hiche hi nangdia kachun *Christmas Gift* ahi" anati. Apa'n amanu ana jepna chu kisih thim pumin, ahong doh in asung chu avet leh imacha aumpoi. Chuphat in achanun, adaina danin alan, alung ahung hangdoh kit tan, "Ipi dia hiti ngol lomlom nahim, mi ima khat akipeh tengle thil khat beh aum angai-e, ti nahet lou ham" tin ana phoh kit in, abengphe khatvei abeng kittai.

Achanun alhi kithem pumin, apa mai chu aven, olchan, "Hepa, asunga hi ima umlou ahipoi. Ken nang kalungset behseh jeh-a, asung a thil chohna ding kanei lou phat-a, asung jouse kachop (kiss) dimset a nang kapeh nahijoi" ahinti. Apa chu akisih valin, akap in, achanu akoi in, hethem louva amoh lunghan khum jeh chun ngaidam ana kithum in ahi. Hiche jou chun achanu kichem dia leitola alhai doh le gari khat in atang lih tai. Apa chun, achanu thilpeh chu athini gei in, ajalkhun koma ana ki koi jinge, atiuve. Tulai minu mipa ten, icha teu mohpho pho, moh jep jep bol louvin apha. Chapang neo ho lungthim asepoi.

Christmas jong hi Pathen mi lungsetna, mit-a muthei lou eikipe cheh-u chu ahi. Christmas hi muthei lou ngailutna le kipana nikhoa man din apha. Pathenin achapa nangma nahin peh tah-a ahile nangin ama hi ipi nalepeh ding hitam ! Kigel phan, phat homin Jesu bel-in, geisang khan nate. Pathen phatna mutheilou aum -e, tihi sumil poute, geldoh jingute.

### Ahsi lekha them alina-pa

Bible them hon ahsi lekha them hohi mi thum hinte, ajeh chu Jesu naosen avet uva chu thil thum bou kipea ahi, tia agelu ahi (Mat. 2: 1-12). Thusim kisei sonah, ahsi lekha them ho alina um danin akisei jin, ama min hi Artaban ahi. Akho hi Ecbatana ahin, a-in vela thingga phung le pahcha tamtah aumin, hiho chu vadung neo khat in twi apei aki tin, chule ama hi lenglen Augustus Caesar lal lai mi ahin, Augustus noi a leng dang tampin vai apon, Herod leng pa jong khat ahin, Jerusalem ana poi.

Artaban in a-in le agam ho ana joh in, leng Jesu peh ding song mantam thum anachon, hiche pum chun Jesu penna mun lam ana jone. Amasanga ahsi lekha them thum kijot ho phah loi ding tia adel lai in, lampia mi khat thideh deh-a lum ana toh in, agalvet a dalhah jeng ding akigot chun, amapa chun neiki tho pin, tin kho ahin samtan ahile kho ngai tadi leh mithum adel ho chutoh kiman pel ding ahitan, ahinla moh dalhah leh amapa chu thijeng ding in aumin alung anadong tai. Artaban in midamloupa chu ajenin, ama dia ahin kipoh neh le chah ho chu apen, cheding tia akigot chun, adamloupa chun ahenga, “Ken nangma lepeh ding ima kaneipoi. Ahinla thu khat nasei peh inge. Keiho themgao sei dan ahile Messiah chu Jerusalem a peng ding louva Bethlehem a peng ding ahijoi” anati.

Artaban in kingahna mun a phah chun, mi thum ho chun, nel di lampi hi hinho jingin, nang kangah jou tapouve, tia thu ama dia adalhah -u ana jai. Neldi lampia chena thei ding sangong sang (camel) anei lou jeh chun, Jerusalem lam jonta louvin, Babylon lam joh a ana chetai. Song mantam thum apoh lah-a khat chu ajoh in neldi lah jotna din sangong sang (Camel) khat achoi. Neldi gam chu ahin jot in, Bethlehem ahung lhun chun, aloi ahsi lekha them thum ho akinungle kallu nithum ana hitai.

Ahung vailhun geitah jeh chun, Jesu le Joseph chule Mary jong chu Egypt lama ana jam mantai. Hiche thu hi Jesu penna vela cheng nupi khat in amapa hi aseipeh-e. Hiti a akisuh lungdong pet hin, Herod sepai ten chapang ahin that pan tao vin, nunao chapang akap amao alhul den jeng tai (Mat. 2:16-18). Aheng a Jesu jamdoh thu seinu chun, acha pa akidop in insunga alut kigot leh sepaipa khat in nao chu anachu’n, hipat chun Artaban kotbenga chun alhailut jelin, sepaipa chu song man tam khat chu apen, apot sah tai.

Sepai pa chun aloiho henga, “Hia koima aumpoi, mun choma che tau hite” atin aloiho ana pui doh tai. Nupinu chun aka pumin, “Ka chapa nahuhdoh jeh in, Pakai in phat thei naboh hen lang, chamna nape jing hen” ati. Artaban chun, Jesu peh dia song mantam thum kahin poh lah-a ni achetan, Jesu kamu teng khat bou

### Christmas iti iman diu

peleng eisan peh nantem ! tin alung in ana gele. Akal kum 33 sungin Bethlehem a ana vahlen, Jesu ahol hol in amupon, amala ateh tan, hijeh chun Jerusalem lam hol dia achele, mihon mi-thupi khat tunia thingpela kikhai ding ahi, ti thu ana seipeh tan, ka Pakai chu amahi hiding baham, ama ahileh song mantam khat kanei nah lai hin galhet doh inge, tin Golgotha lama chun ache tan ahile, sepai phabep in, nungah khat khao a ahin kai-u atoh in, nungahnu chun ahenga, “Hepu, neihudoh tei tei in, hiho hin soh a johdoh dia eihin kai u ahitai” tin ahin same.

Ahsi lekha them alina pa hin, kintah in asakhaova konin song mantam aneicha sun athumna pa chu, anapen nungahnu chu ana lhat doh tai. Chuin hou-in sunga adin pet in, chungu konin songpeh khat ahung chimlhan alu avoh peh in, thidia akijam pet chun ogin khat in ahenga, “Hiche kasopi te lah-a, aneopen khat nabol nau chu, kei neibolnau ahi” (Mat. 25: 40), “Tah beh a kasei peh nahi, tunia keitoh choldona gam noma (paradise) ium khom ding ahi” (Luke 23:43), tia kisei ajan, chuin athitai.

Artaban hinkho lampi aki chai tai. Athil pehho sanpeh ahi pum in, alengpa jong akimu tai. Lung mongle kipah tah in athi tai. Ama bangin eihon jong chaga genthei, ana asaho kithopia, christian dihtah hinkho nei ding tup uhite.

Kho khat in Christmas iti man ding ham, tin Committee abol un, chairman upa naolhang pa chun, mi tinin jathum toh-ute, tin ahin same. Tehse lukang khat in, kei vang teh se kahi tan, kajo lou ding ahi, ahin tin, chuin chang khat pan, dangka ja thum chun vohsa kichoh leng nili beh nejonge, tua khatvei anneh na dia jathum peh ding chu sumsel aum -e, ahinti. Chuin Pastor pa ading doh in, ahile tukum hin ankong neh khom bol louvin christmas mang taute, ahin tile mi phabep in, kon sabei in christmas mang hih inte, gam danga ga ki mang tante, ahin tin ahile, chairman pa ahung ding doh in, aphai sa bei a christmas man theilou ahitah le, an nethei jousen dangka jathum thum peu tin, sa ineh tei diu ahitai, ahinti phat in, aphai koi lukang lu vom thu um louvin sa nethei sesen sum chu tohtau hite, tin akilol tauve.

*Kichih sahpa* : Christmas man hi akiboibehseh jenge, manda aphai, ajeh chu houbung lamkai ho jong lhagao thua boi talouvin, sum le pai neh le chah-a kisalel ta, insung ho jong sumto dingle vonthah choh na dinga akiboibehseh in, aneijou chate von hoi hoa akivon tengle vaicha genthei chate akap kit un, christmas man jeh-a boiboibehseh sangin manda leu hen, insung le houbung sunga cham na umjonte, ahinti. Evangelist pan, sopite, ilunggel danu leh christmas iman danu adih tapoi, tahsa lam lung

gel vang thina le manthahna bou ahi lhagao lam lunggel vang hinna le lung monna ahijoi, ijeh inem itile, Pathenin hibanga hi vannoi mite angai lut ahin, koi hile ama tahsan chan chu mang thah louva tonsot hinkem lou anei theina dingin achapa chang khat chu apetan ahi (John 3:16) ahinti. Ei ngailut jeh uva Jesu van innom dalha bong ina hung peng hilou ham, La thah Bu No.198 in, “Ngailutna along let-e, leiset chung a hin, van khopi ten it jongleu nang jou deh lou diu” atih ngaito leuhen, naosen Jesu lem da thei pou hite. Solam miching ten nikho 12 vel, lampi ahinjot uva, naosen Jesu ahung lemu ahi.

Kelngoi ching hon, akelngoi u dalhan, Jesu ana lem jouve. Eihon jong i-in lumu dalhan, itap kongu dalhan, hou-in joh jonu hite. Vantil chun kelngoi chingho henga, kicha hih un, nangho le miho jouse dinga hachangpa kipana Thupha kahin pohpeh nahiuve, ajeh chu tunin nang ho dingin David khopia huhhinga khat apenge, ama chu Pakai Christa ahi, ahinti (Luke 2).

*Miching pan* : December 25 hi Jesu penni mong bon hilouva, kilem dahan, ahinti kit leh Evangelist pu chun, anikho kilema ahipoi, huhhingpu penni kilema ahijoi, apen nikho mong hi Judah, thempu, Phari-see ho koiman ana sundoh poi, kho nunga 336 A.D. lama hung kimang pan joh ahibouve. Anikho hin eihuh hing diu ahipoi. Hijeh chun, kipah in

lemute, van lal leng pah ute, asoni hin vannoi kipanan losoh hen, vanmi janel ho lasah bangin sau hite, ati. Tahbeh a seidin, Pathen thu ngaichim ho, hou-in kai kikhen kal ngahlel ho khu, tahsanna dihtah neilou laiho ahi jiuve. Alung sung uva satanin thei chimna, chimchahna, apeh ho ahiu vin, Cinema avet tengule pung thum vel tou jongleu chim loulai ho, ada ahiiuve.

Hou-ina min la asah tengle akhut ajah a lamji ho khun abolthu ham? Bolthu vang ahipoi, ikipa loule akilam theipoi. Kipaje ihet lou teng thingkul kibang jia, khut jong chat nomlou ahijie. Keivang athu le alan kalung sung ahinsut teng mei-am chonkha kabang jin, kakhut kakeng ahung chat jin, kahung lam jitai. Ka ban teni jonghi, asao theina chanin sao hen lang, Bethlehem le Calvary kisoh pha jengle kati jie. Pakai vah choina dia khut le keng kanei hi ham pha kakisai. Ajeh chu khut le keng neilou ho kageldoh teng, “Ohe, kei bangin khut le keng nei-u hen lang, Gospel thu ajah teng khut beng hen lamle leuleh tin kagel jie.

Golseh-a hatman sangho akipah un, alam jiuve. David lengpa chu analame. Van khopia mitheng te lamlam ho khu bolthu ahipoi. Kei ma jong van khopi kalhun teng lal touna kimvela kipana la sang ting laminge. Van khopi lhunkal kangah lelle. Kum khat-a nikhat seh ni lou pi Christmas nia kinei ahi. Sah tah in mangute. (Rev. Seikholen)

## Christmas nahet hitam ?

Christmas kiti hi ‘Mass of Christ’ tina ahin, hichu achomloma ‘Christmas’ hung hia ahi. Hiche sanga chomchek chu, “X’mas” hi ahi. ‘X’ hi Greek lekha jem ahin, Greek paova Christa hi ‘Xristos’ (Christos) kiti ahi. Amasa pen pena “X’mas” kiti achompenpa hi kum 1500 A.D. vela chu, Europe gama hung kimang pan anahi. December 25 hi Christmas nikho ahi tia, Rome a 336 A.D. a hung kimang pan ahi. Houbung kipat tillai a hou lamkai len ho lah-a ‘Origen of Alexandria’ chun, Jesu pen nikho nit lou ding ahi, Bible a apen nikho nit chu, Pharaoh le Herod bou ahi, anati. Tulai hin Jehovah Witness, in jong apen nikho leh Christmas anitpoi.

1) *Christmas Carol* : England a ana kipan masapen in, mihao ten la sa them ho agoi un, lamlena akijot un la anasauve.

2) *Christmas Card* : England a ana kitat doh masa pene. Sir Henry Cole hi mi kisalel tah ahi jeh in, Christmas lekha thot ho sut-a phat suhmang sanga, tia Card joh hi kum 1843 A.D. a anataa ana hom ahi.

3) *Christmas Tree* : 16th. Century a German gama thusei minthang tah, Martin Luther hi Christmas ni masangin, jan khat gam janga ana vahlen, thingbah lah-a vana ahsi ho chun thingbah ho akhoa asalvah chu hoi anasa lleh jengin, chule Jesun van ahsi lah ahin nusea, lei-a ahung

pena genthei hahsatna ahung thoh chu alunga ana kilange. Hijeh chun Christmas nikhon ‘Christmas Tree’ kiti hi a-ina, ana sem masa pene.

4) *Christmas Gift* : Tulai hin Christian hon Christmas nikho leh thilpeh kipeh tona phat amang jiuve. Ahung kikhom michang cheh in, thilpeh khat cheh hoi keichan ahin chun un ahin choi un, akoi khomum, chu in *lottery* in mi chang cheh ahoppeh jiuve. Hiche hi Jesu pen kipanaa ahsi lekha them hon, thilpeh thum Jesu ana peh-u chu geldohna, mel chihnaa kibol ahi.

5) *Santa Claus* : Jesu pen lema hung, ahsi lekha them ho chu Jesu kom ahung lhun chu, apen jou ni 12 ni ahi akiti. Hijeh hin leiset gam abanga Christmas nikho jou ni 12 nin chapang ho thilpeh akihoppeh jie. Chule Europe gam phabep-a vang, hiche Christmas thilpeh kipeh tona nikho hi, Christmas nikho ma sang hapta thum masangin abol jiuve. Amaho tahsan dan chu ahile, Saint Nicholas in December 6 nin neh khom anabolin, aman hiche nikho hin thilpeh jong ana home, tichu ahi.

Saint Nicholas hi 4th. Century lai Bishop khat ahin, aman chapang ho ana ngailun, chapang ho dia golpha khat ahi, tin akisei-e. Saint Nicholas hi kum seh in chapang ho thilpeh hoppeh din, Holland, Belgium, Switzerland, Austria ah ahung jie, tia jong ana tahsanu ahi. Dutch

miho New York a ahung chenu chun, hiche tahsanna jonghi ana polut un, bishop pa min 'San Nicolaas' tin ana minsah ui. Hikom mihon amin hi 'Sankt Klaus' tin ana khelun, hichu khonung in 'Santa Claus' tin ahung kihetai.

*France* : gama Christmas hi 'Noel' tin akihei. Insung jousea 'Christmas Tree' aum cheh jin, amahon Christmas Nehkhom jong anei tei jiuve. Khosunga dukan ho in ho aki jem hoi in, meivah akivah sah sohkei jie.

### Mihemin huhhingna adei

Rome 1:18-3:20 sunga hi chonset a thisa mihem in huhhingna angaichat thu akisei-e. Isaiah 3:14-20 sunga Israel te huhhingna ngai chat kisei leh Rome 2:17-29 sunga jong Judah ho kihuhhing joulouna Paul in asehi hi seimat thei in aume.

1) *Israelte huhhing ngaichat* : Isa. 3:14-20. Assyria ten lenggam min thang ho asuhmang soh-a, chule Israel lenggam suhbei dia agot akimui. Assyria sepai lamkai pipun Assyria kumpipa lekha hitia anathot, "Natah san Pathen chun kei khut' a nachu lhah dia asehi chu kilhep chatvei sah dan" ati lekha chu asim khum tai. Namdang pathen jouse ahalvam soh banga Israel Pathen jong abol din ahin seitai.

2) *Judahte kihuhhing joulou* : Rome 2:17-29. Israel te huhhingna

7 dinga Pathenin Judah te Danthu apeh, Pathen Danthu jui bukim jouse huhhingna aum diu, huhhingna um dia Danthu Pathen peh chu mihem in ajui bukim jou tapon, aki huhhing jou tapouve.

3) *Jesu tahsan nan* michonse ahuh hing jou : Leiset lenggam tamtah sumanga, ahou-u pathen jouse hal vam peh Assyria mitea konin Pathen in Israel te ana huhhing jouve. Chule huhhingna dia Pathen Danthu nit jou lou chonse mihem koi hileh Jesu tahsan chan huhhingna um diu ahitai. Adam le Eve a kona, tonsot hinna Lhagao akilah doh jeh-a Lhagao-a thisa, Lhagao lama bei hon Pakai Jesu atahsan ule Pathenin tonsot hin na Lhagao apeh-a asunga achen pi chan chu huhhingna um ahitai.

Paul in Bible aheth gilpen dan kilang doh chu, huhhing ngaicha mi chonse ten Jesu atahsan leh Pathenin tonsot hinna Lhagao ahin peh-a huh hingna aum ding thu hi, aha seipeh ahi. Hijeh chun tulai christian ho kigel phauvin, huhhingna nahi hitam ! Nahi louva ahile, Paul thusei hi phaten gel phan !

(Dr. T. Lunkim)

### Melchih ding thudih

- Nei le gou tampi khol doh sang in, sottah kidam thei jole aphajoi.

- Mobile phone mantam tah kichoh a, a *function* 75% bou kimang ji apha chom poi.

- In lentah khat hoitah-a kisah-a asunga indan atamjo kimang lou sum

leusah ahi.

- Pathenin mi khat thepna, hetna, bol theina talent apeh jakhat lah-a 75% manlou in aki umisah jie.

- Nadang chah hih jongle, kahvah vah in twi donjin, damin nate.

- Hao lleh in lang, thanei lleh jong le chun nunnem in.

- Mihao khat nahi lou vangin, nanei kham khama lunglhai in.

- Nakhonung hinkho man ding dan nadei bang in tun khel jou hih jong le chun, nanun le nakhan vang na khel theiyin, chule nanun le nakhan chun nakhonung hinkho nakhel peh nante.

- Ahin lai-a sum nei lou banga hinkho mang mi phabep hi, athi tengle Bank a sum anei jin ahi. Ahinlai chun sum katam neipoi, tin agel jie.

- British pasal khat athin, ajinu in Bank a ajipan sum anakhol dangka cror som amudoh in, akipa lot in, ajipa natoh khompi pasal khat toh ahung kicheng tan, ajithah pa hin, "Kum hijatpi hi ka sappa dia na ka natoh ahin, tuhin ka sappa joh in keidia thilpha aboldoh kahin hei" anati.

- Kivetdana insunga hung khang doh chapang, mi toh kinah dan athem jie. Chapang chu aneo lai a min anoise bol jinga ahile jahcha tah in hinkho amanlo jie. Genthei hahsat na hinthoh jing changpang in, thoh hatna aneilo jie. Anu apan atilkhoh jing chapang in, kisonna aneilo jie. Chapang akiseiphat jinga ahile ama le ama ahung kingailu thei-e. Atoh ho ikipapile hinnomna anei jie.

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### Vana ipi soh intem ?

*Mi khat in hitin anasei-e* : Jana kamangin, van gama kanachei. Vantil khat in eipui len thil ho eina vetsah-e. Indan khat kalhun lhonin, asunga vantil tampin na anatongin, "Hiche indana hin taona ho akikhol -e" ati. Vantil ho chun taona jatchom chom ho chu abu-bun anakoi khom uve. Indan abana chun, vantil ho ana kisalel sao sao in, eipui vantil chun, "Hikoma hi taona kidonbutna ho jouse, alom loma kikankhoma chule lei-a thotliah dia kigong ahi" ati.

Anukhah penin, indan khat a kalut lhonin, hia chun vantil khat thase tah in ana touvin, atoh ding jong aumlou tobang ahi. "Hilai hi a taona kisan peh ho kipa thuphonna ho kikholna ahi" tin vantil chun asehi in, ken jong, "Iti dana vantil hi thase tah-a toh ding helou banga touva ham ?" tia kadoh leh eipuile vantil chun, "Mihon taona akisan peh jou leh hikoma hi akipanau thuthot ahin lhut diu dol ahin, hitia kipana hinsei mi lhomcha bou ahi" ati.

Ken jong, "Ikipana iti phondoh ding ham ?" tia kadoh le eipui vantil chun, "Kakipah-e, Pakai" ahin tiuleh ahijenge, tin eina donbut-e. Hiche mang thusim in ei ho eihil nau chu, ithumu khat Pathen in eisanpeh uva, imu tengule eihon kipa phonna (acknowledgment) Pa henga ilephon nom jilou hi adih poi, tia eihil nau ahi. Kimel-chih ute.

### Damtheina thu phabep

\* *Lotus Flower* ( eihon Lily pah, kiti hinte, Meilhei paovin, Thambal tin akihei). Twi veina mun (pukhri, lake, pond) hoa twi lah-a ahingin, apah jong kangset ahi. Ana jong chule apah jong nehthei ahin, dam na tah ahi. Louthem hon, damdoi semnan jong amangui. Apah hi ahoi in, insung jep hoina, pathen houna neiloj jong aume. BJP te lamkai pu M. M. Joshi le lamkai dang hon hi che pahcha hi amaho BJP symbol din ana deilhen un ahile L. K. Advani le A.B. Vajpayee tenin anop peh lhonin, tuni gei in amang ui.

Malai a Egypt miten Lotus pahcha hi thilsem ho le penkitna mel chihnan amangui (creation and re-birth). Nisa toh atekah un, ajeh chu jan tengle pahcha hi akising tup in chule twi noi-a alut in, jingkah teng le twi chungga ahung dondoh in twi chungga hoitah in apah jin ahi. Twi noi bonlah a kona hung pahdoh ahi vangin, athengsel in, hijeh chun then vetsahna mangloi jong aume. Ajung akineh leh tahsa asutheng in, ehkho aphan, lol nat aphan, vun hoina jong ahi.

Aga, ajung, apah ho abona lou ahi. Kal, la, damna ahin, twi chungga kilap ana lentah hi nipi lai a lupna a akipha leh adap chome, atiuvin, nehthei ho chunna akineile anam atui-e, atiuve. Pahcha hi ahoi jeh in lasem tamtah in, hiche pahcha a konin la tamtah asemboh tauve.

\* *Mot* (Banana) : Mot hi neh jing dia tahsa dia damna ahi. Oisung asu damin, athenglou ho asutheng in, haemoglobin apunsa in, anti-oxidant jong ahi. Potassium atamnei in lhoh din aphan chule B.P. jong asu nem-e. Phatea neho tahsa agih chom -e. Nikhat a khat ahi loule ni nehji apha. Vitamin A. B. C. aum in, *Fat* aumpoi. Lu-a samma akinua chom khat jou-a akisop lhah le samdin hin nopna ahin, mai-a akinua chomkhat jou-a akisop lhah le mai ajol-e. Lu chang nat, *migraine* lunat jong aphant sah thei-e. Ahinla Diabetes nat neihon angolu apha.

\* *Champra* (Lemon) : Theithuh hi tahsa din aphantna atame. Vitamin C atamin, *antibacterial*, *antioxidant* chule adang dang jong aume. Pum keh khat tui le twi phabep akihala nikhat a khatvei akidon jile oi asu damin, buhse aphan, natna dang dang to jong akisat jin ahi. Tahsa dia ngaichat umtah vitamin B jong eipe jiuve. Atui hi twi toh hala lu sopna akinei le lulip a-olsah in, sam jong ahoi sah-e.

\* Phalbi kipan a ahitan, vutvai leng ding mi buhse vei ding, alu na ding ahitai. Chapang ho vutvai le meikhu, gari meikhu hoa konin ki hongu hen. Hiche hoa kona buhse kivei thei, T.B. kilason thei, asthma (khut-go) kivei thei ahi. Nachate munthenga aumuvin apha. Neh le chah jong lampama kijoh ho mohneh sah sah hih un, atheng lou atam tai. Akijoh nehthei ho sang in, insunga thengsela kistem ho neh sah jouvin.

### Nui hi damna

\* *Pastor* : Idia Joseph le Mary chule naosen Jesu chu Egypt gama ana jamu ham ?

*Numei chapang* : Bethlehem chu sabeh seh-a, amaho room bong ina chu Fan umlou, chule thousi vaisi le thoukang tamjeh ahi.

\* Khutdo pa khat hi lamlen pama alumin, sum kholna kohkang chu akoma ana koi in, akoma chun le kha khat ana tah-e. Lekhaa chun hitin ana jih-e : “Hepi mana sum hi che kohkanga lehlha hon, sum-nong nalelhah-ule ging ding ahin, aging lou din dangka *Note* joh lehlhauvin.”

\* Nupi khat hin, ama Birthday jing kal ahung kitho doh chun, ajipa kom a, “Tujan ka-mang in, nangin sana khimu khat neina pei” atileh ajipan jong, “Tunia namu ding khat tou hinahta !” tin ana donbut-e.

Nilhah-a ajipa office a kona ina ahung lhun chun, ajinu chu thil chun hoitah khat anapei. Amanun jong sana khi hitei inte, tin ahong loi jengin ahile lekhabu neo khat ana hin, alekhabu min chu, “Jan mang thudol hilchetna” kiti hi anahi.

\* *Ojapun* chapang ho henga : Tua thudoh kanei donbut dih pen chu, a-ina kasol ding ahi, anati. (Boipun, asakhao alehlha pohsot in).

*Ojapu* : Koi sakhaio haimo ?

*Boipu* : Ojapu, kei-a ahi. Ina kache thei ding hitam ? anati.

\* Pilot pan, lenna sunga touho jah -a, “Engine Number One, hi apha tapoi. Katha mit ding ahi, ahinla ol mo hih un, ilhunna diu themkhat gei jep tante.” Chomkhat jouvin Pilot pan, “Tuhin Engine Number Two, a konin thao ava lhan, katha ding ahi tai. Ahinla olmo hih un, ilhun gei be jep diu ahitai” ahinti. Mipi alung ling lao tai.

Pung khat vel alen jou un, Pilot pan, “Engine Number Three jong hi aboi tai. Olmo hih un, gei thim tah-a iga lhun diu ahitai” ati. Chuphat in passenger pa khat hin, “Engine Number Four, hung thi kit tale vang ibon chauva, tola chuthei louva van hui lah-a ikilap den diu ahi mai-e” anati.

\* Thing tanpa khat hin, vadung lilai chungga thingbah khat atanna ahile twi lah-a aheicha akhelut tai. Aka kaa ahile lhangnel khat ahung chom doh in, “Idia naka ham” atin, aman jong, “Kaheicha twi-a akhelut tai” atile lhangnel chu twi-a alut in, sana heicha khat ahin ladoh in, “Hiche hi ham” atile amapan, “ahipoi” atileh lhangnel chun twi-a konin, dangka heicha khat ahin ladoh in, “Hiche hi ham” atile aman “Ahipoi” ati. Chu in, lhangnel chun twi-a konin amapa heicha thih-a kistem chu, ahinvet sah in, amapan “Hichu kei-a ahi” atia ahi leh lhangnel chun, “Milung theng na hi jeh in, sana le dangka a kistem heicha jong hi kilah tan” atin, heicha thum ina ahin kipoh tai.

Nikhat amapa hi ajinu toh vadunga twilung loh-a ache lhon leh

ajinu twi lah-a akhelut in, vapama atouva aka kaleh, lhangnel mama chu ahung doh in, “Ipi dia naka ka ham?” tin adongin, aman, “Kajinu twi-a akhelut tai” atile lhangnel chu twi-a alut in, “Madhubala” ahin pui doh tai. “Amahi ham” tia adohle amapa chun, “Ahinai, ahinai” ahinti. Chuphat in lhangnel chu alunghang in, “Nang hin najouva neilhep got ham, najah cha lou ham?” tin ana phoh in ahile, amapan, “Hepi, jou sei kahi poi, nei ngaidamin, nei het khel joh ahi. Ken ‘Madhubala’ chu ahipoi tileng, ‘Meena Kumari’ nei vetsah in natin, ahipoi tileng, kajinu nahin pui doh-a, athum uva jia kanei ding chu kagel leh, kei mivaicha din hahsa kasan, vahjou ponge, hijeh a chu ji khatbou vahtheina dia tia ama sapan chu kana lhen ahitai, neingai damin” anatin ahi.

### *Het dia Phachom*

\* Gan-hing ho chungchang jilna hi English in ‘Entomology’ ahi. Olympic Games amasapen hi, 776 B.C. kum chun ana kichemui ... Mount Everest hi ‘Gauri Shankar’ tin jong akihei.

\* India sunga mi avaicha behseh hon, ajinu naobu ajoh un, sum akilo uve. Hitia bol nupi ho hi English in, “Surrogate Mother” tin akihei. Nupi khat in niseh a, miho in ateh lelea kongho alhep uva, thil asop peh uva sum themcha cha alojiu, sanga mi khat dia nao avop peh a, lhako jou tengle naocha chu penga, sum lakh

nivel lhako sunga amu-u chu amaho dia laapjo ahi jie. Ahinla, mi dia nao avop-u chun, kisuhmona anei leh sum amuji pouvin, alunglhaji uve. Chujongle naocha chu ahung pen lhah le avopnu chun naomai munom jongle amusah jilou-u ahin, nao vop hon nommo asauve.

Hitia naovop ho hi insung khat a agol changin lupna adopeh un, alum jiuve. Hospital a naovop ho agol changa alupsah-u abang jie. Ahivangin, mivaicha ho, hitia sum loa insung vah hi atam thouve.

\* America ten Electric Car amang lleh tauvin, gam danghoa jong aki mang lleh tai. Petrol gari sanga atol na man lhomjo ahi. Guwahati khopi a Electric Rickshaw akiha man lleh tai.

\* St. Augustine, Florida a vannoi dia Cross sangpen khat 1966 chun ana tungdoh uve. Foot 208 asang in, stainless steel ton 70 alut-e.

\* Assam a Naharkatia le Margherita a, Tai (Thai) tia kihe mi loi khat achengin, amaho hi 2000 vel bep ahiuve. Budhist hou ahouvun, apao ujong Thailand gam pao toh aki bange. Tai Phakial nam mite tin aki heuve. Achon akhan nu jong Thailand gam mitea toh akibange. Assam a amaho chenna khoneo khat aum in, akhomin hi Namphake ahi.

\* Manipur a Thoubal District a National Sports University, phudoh na ding phatsah ahitai.

*Christian Meivah* - sim ho taona akiman peh jinge. Kum sumto Rs. 100/- ahin, asim nom jousen hin peuvin, sum napeh lhaa kona kum nakisim peh ding ahi. M.O. hin thot hon Editor kipe ding lekha beh a namin le address suntei un. Editor pu Mobile No. 94355-51080. Manipur le Nagaland a sumto peh na thei ho :-

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### *Hetsah nom ho*

\* Tua Jordan vadung solam a um Bethany hi malai-a Jesu Baptise ana channa Jordan vadung lonna mun chu ahi, tin UNESCO in aseidoh tai.

\* America a Illinois a um Baptist Church, 30,000 Sq. Ft. area hi, Sikh mite Gurudwara din akipe doh tai. Sikh te houmun ana gamlat behseh jeh-a hikom hi kipea ahi.

\* South Korea ten gari keng jat chom khat asemdoh tauve. Hui thal ngailou ahi. Lhoujo chule nom jo, rubber sanga son umjo ahi.

\* Passport Re-issue akibol tengle Police Verification ngaitalou ding ahi, akititai. Achutile akisem chai na phat jong sao taponte.

*Christian Meivah*  
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