

Christian Meivah

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Lhani seh thuso

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Kipumkhatna hinkho

Kipum khatna hi Pathen dei ahi. Het masat ding chu, Pathen hi khat ahin, ahinla thum kipumkhat ahi. Pa, Chapa, chule Lhagao Theng thum chu khat ahi. Athuma Pathen khat-a kipun khom (trinity) ahi. In sung khat kipun khom tah-a ahinle anome. Nampi khat kipun khom tah-a apanle alolhinge. Jesu Christa tahsaa kipun khom dia Pathenin ei dei-u ahi. Jesun athisana asem doh houbung hi khat ahin, hia chu kipun khom dia eidei-u ahi. Houbung lu chang hi Christa ahi. Christa tahsa khat-a kipun khomte chu khat ahiu akhoh-e.

Leng David in, Pathen mite khat-a adinkhom diu adei-e (Ps. 133). “Sopi le sopi kipum khat a achenkhom teng, iti phat-a phaa lung lhai uma hitam !” tin David in aseie (Ps. 133:1). Hiche hi idei-u ahison, khat ihuiva na itoh khom diu ahijoi. Pathenin hichu amitea kon a angaichat ahi. Bible a kipum khat na hi houbunga um ahi. Pathen leng gam khat ahi. Khat ahiloule hi theilou ahi. Kipum khat teina ding ajeh atame. Ajeh khat chu ahile, Pathen khat seh ahi. Jesun ama tahsante kihak-a kipum khatna aum ding adei

thudol ana seinna chun, amale Pa khat ahibanga, khat a aseijuite ahin na diuvin Pa henga ana thume (John 17:11-23).

Houbunga khat a lonkhom na hi semdoh ding hilouva achama umding dol ahi. Houbung miho chu lungtheng sela akiloi khomu ngai ahi. Christa tahsa khat ahile Pakai Jesu tahsaa kipunkhom ho khat ahi diu achama um ahin, Houbung hi Christa tahsa ahin, hiche tahsaa pan laho chu sei sei ngailouva khat ahitai. Houbung khat ahinaa pangkhom ho chu mivom, mikang, michom, misao, mi nam chom chom, pao chom chom hijongle lungkhat-a longdela aumu angai-e.

Houbung hi sei ngaihoa ahi. Lhagao Theng khat in, tahsa khat a, houbung khat a dia baptise abol ahitai. Paul in, “Eiho Judah mi hui hen, Greek mi hijong leu hen, ibon chauva tipum khat ihi theina ding uva, Lhagao khat-a baptise ichanu ikiphumu ahitai, chule ibon chauva Lhagao khat idon khomu ahitai” ati (1 Cor. 12:13). Pathenin eimanah theina diuva, tohdoh nei christian ihi na diuva, Pathenin iman-u ngai ahi. Kibungkhen, kitomo kiti hi Pathen na tohdoh mona ahi jie.

Kitomonan tohdoh thei ho asumang jie. Pathenin atahsan chate hi tohmun chom chom apen, amaho hi kihe themuva na atoh khom uva, khat le khat kijen touva, Pathen ajen khom diu ahi, tin Paul in aseie (Eph. 4:13). Akipun khom ten thil ni abol doh jie. Hichu, khatnaa Christa thu hettosah-a pan ding, chule aninaa ama loupina dia pan lah ding, hi ahi (Jn. 17:23). Jesu hitia ataonaa kona ihet diu chu, houbung mite lungkhat a ahin diu adei ahi, tih ahi.

Ephesus lekhabu apumpia hin, Christa mitin mitang khat ahi, tina hi akisei doh-e. Christa lungput chu inei uva ahi tengle nunnemna le jen nomna lungthim kinei intin, chu joule Christa a kipum khatna hi van noi mite kimudoh sah ding ahitai. Chuteng Pathen kisu loupin tin, ei hoa kona mihon Pathen koimong ham ti amudoh diu ahi. Hijeh hin tu lai christian te lungkhat hitau hite.

Hinkho nijat sim theina

“Hijeh chun chihna lungthim kavop uva, kahinkhou nijat kasim theina diu neihil un” (Ps. 90:12) tin Mose anatao in ahi. Pathen thuphon a konin, mihem in ipi dia hinkho anei ham ti akihe doh thei-e (Jude 3, 2 Pet. 1:3, 2 Tim. 3:15-17). Ps. 39:4 in, “Pakai kahinkho bei ding phat neihet sah in, nikho ijat kahin nah lai ding ham ? Kahin kho chedan neihet sah in” tin David in la’n anabole. Hi che hi dei umtah vang ahi.

2

Mihem hin kumkho ache dung jui in, mihem hi lungthim lam leh thaneina thahatna lama alhasam jin, Pathena kona ama chungchang aheth nom akibelap jitai (Heb. 9:27). Leiset adalhahna ding nikho anai tai ti ahin kihet-e (Job 14:1-2, Eccles. 12:1-2). Mihem hinkho hampa to bang ahin, chomkhat ahingin, agop jin, apah jong agop jitai (1 Pet. 1:24-25). Hiche lei-a hin kum ijat nahing dem ? 20 ahiloule 30, 50, 60, 70, na hi tah em ? Kum ijat nahinbe dem ! Chingthei tah in nahinkho mangchan, hinkhoa Pathen he nahileh nakisih lou ding ahi. Pathen tahsanlou nahile nathi nileh nakisih tei ding ahi. Phaten kikholin, phaten hen !

Adam le Eve chu Eden hon hoi tah-a Pathenin ana chensah in, nom tah in ahing lhone. Jou in alhep ding, jouthu ajah lhon ding, jou in Van Gam tobanga nom muna kona anomang lhon ding ana gelpha lhon poi. Lungset umtah ahi lhone (Gen. 3). Tunin eiho henga Pathen thudih ikipeuve. “Hinna Thingphung” ga ne jouse hing ding ihuive. Pathen thu dih ja-a, tahsana, jui chan chu hing ding ahitai. Hinna thingphung ga ne jouse atonsot a hing ding tihi ahitai (Rom. 10:16-17, Heb. 5:8-9). Hiche Hinna Thingphung hi tun van gama aume (Gen. 2:9, Rev. 2:7, 22:1-14). Gospel thu tahsana jui ho chu van gama lut-a, hinna thingphung ga chu aneh diu, chuteng tonsot-a hing diu ahi. Van gam nalutna dia tua nahin dan nakisuh tup hitam ?

Noah le ainsung miten, ahin kumu akisuh tup un, huhhing in ana umui. Noah khanga ahin nikho kisim tup lou vang chu twi lenin achup un athi sohkei tauve (Gen. 6-7, 2 Pet. 2:5, 1 Pet.3:20-21). Korah, Dathan, Abiram, chule leng chapa mi 250 ho chun Pathen deilou hinkho amangun, gaosapna achang tauve. (Num. 16:1-35). Nadab le Abihu chun Pathen deilou meikou in Pathen ahou lhonin, suhmang in aum lhontai (Leviti. 10:1-2, 16:12).

Ananias le Sapphira in jou aman chah lhon jeh in, athilo lhontai (Acts 5:1-11). Akhonung hinkho a kimin phah jing ding Judas Iscariot in, a-Pakai pa ajoh doh jeh in, athiloi (Mat. 27:3-10 Acts 1: 17-20). Bible a mi phabep in ahinkho mantam dan aheuvin, Pathen loupin nan akimang un, apachang ui. Abel, David, Joseph, Paul hon hinkho lolhinna anei ui. Solomon vang akisuh a alung ahei louna lamin, apha lah a pangjou louvin aumtai (Heb.11). Kisih a lung heilou michonse ho chu ngaidam changlou ahive (Luke 13: 3). Jesun ichonset nau ho angaidam nome.

Ahileh hinkho kisuh tupna, hinkho nijat simtupna ding lampi ipi pi ham ? 1) Rom.8:28 hi na lungin kichin in, mangchajingin. Pathen lung dei-a ahinkho mangcha jing ho din Pathen in ima jouse amaho phatna din aheitoh jie. Paul in genthei hahsa athoh ho chu midang phatchomna ding anahi (Phil. 1:12-19).

2) Lamdih le thudih najuina din kiha bol in. Lunglha hih in i-toh jingle chun, Pathen tahsan mi chu Pathen in anungsun jipoi. Midang in Goliath kicha jingle David in Pathen ana songin akicha poi (1 Sam.30:6).

3) Vannoi thil tena mangchaa lolhin ding ngaito hih in. Haona le sum hi kitenan inei jiuve. Jesun mihem hin kho hi nei le gou, sum le pai-a teding ahipoi ati (Luke 12:13-21). Mihon sum angailu behseh un, achonset lo uve (1 Tim. 6:6-19). Vannoi leiset pumpi sanga, mi khat lhagao thupijo ahi (Mat. 16:26). Van a kikikhol gou bou chu tonsot-a um ding ahi (Mat. 6:19-21).

3) Pathena kingai jingin. Christian dih tah hin, Pathen hou jingin. Niseh in Bible simin. Tao jing in. Bible chang ho lungchina sei thei mi hin. Lungthoi hih in. Pathenin napanpi ding ahi. Bible lungchinna namelchih ho chu athi dia hospital a nalup teng ahiloule nathikon tengle nangaichat tei ding ahi. Nadam pet in nahinkho kisuh tup tei in.

Sana hi donda thei ham ?

Pune, Maharashtra a Datta Phuge tia kihepa khat in sana adei lleh in, hijeh chun angonga sana khimu 6.5 Kg. aki-o-in, chule 3.5 Kg. gih sana akhut tenia chao bu'n akibui. India ten sana adei val jeh in, vannoi-a kum seh-a sana migam a kona chotam pen India ahi. India a sana kijoh lah-a, akeh khat cho hi

jinei ding ho ahi. India a mi atam jeh in, kum seh in akicheng jong atamin ahi. Tulai sana bilba, sana khi saa-lhah peh mi atamin, sanaa kivon jong hi kichat umtah thei bailam ahi. Numei ching thei hon sana tahbeh chao, khi, bilba mi ja lah-a amang tapouve. Sana lhem joh amangui. Achenna veluva kin ima aum tengle bou sana tahbeh in akijem jo-tauve.

Tulai hin song mantam jong atah tah tobang asem doh tauvin, mi hon jalhanga hiche joh chu amang tauve. World War I masang chun vannoi gam atamjon, Gold Standard kiti hi ana mangui. Amahon sana anei jat utoh kitoh sum asem jiu ahi. Hichu Gold Standard tia kihe anahi. Ahinla World War I jou kalse koiman Gold Standard hi adon tapoi. Pope Francis in jong sanaa kistem cross amang tapoi. Ama ma sanga Pope ho chun ana mangui.

Bible a nivei seh sana aki minphah-e. Khat chu, Jesu pena solam miching ten Jesu apeh uchu ahi. Hichu ijat hija, ite phan tem ? Tam ponte, amina dia apeh-u hinte. Ajeh chu sana atampeh lou jeh-un, Jesun ahinkho kum 30 sungin apa toh thingthem abol lhonin hichun ana kivah uve. Sana kimin phanna ani na chu, Peter le John in hou-in mai a a-elbaipa atokhah lhon chu ahi. Peter in, "Nang peh ding sana le dangka la kanei pon, peh ding kanei sun hi, Nazareth mi Jesu Christa

min in, ding doh in chule lam jot thei tan" ati jengleh khudopa hi chupet tah in Jesu minin adamin, ading doh in lam anajot paitai (Acts 3:6). Sum le pai sangin damna aloupi joi. Khudopa chu sum kipe hileh aneh chai tengle khut ado tilouva sum amu na ding umlou ahi. Atahsa adam phat in aman sum akilo thei in, ache na nom noma ache tan, hijeh hin sum le pai neile gou sangin Jesu hi eiho din ngaichat ahijoi. Jesu hi het tho ding ahipon, nei tho ding ahijoi. Kikhol phan, Jesu nanei mong mong a hitam !

Christian jousen hetchen ding

Kukite lah hihen, namdang ho lah hijongle Pakai Jesu itahsan machalnaa hetdoh tei ngai chu, mi khat christian ahi tengle ipi jeh-a hi khoh ngai ahi hetchen tei ding ahi. Christian hitei angaina akihet doh tengle ipi pi bol ding hitam tijong het be ngai ahi.

1. Christian kiti min hi Acts 11:26 lai-a kisei banga Pakai Jesu tahsan ho chu christian hung kiti pan ahive. Koi hileh Jesu tahsan mi, christian akihi sahna hi amachu kidong leh ase dia kilom chu 'Christa tobang akihitai' tia adonbut dia kilom tah ahi. Ahile Christa tobang ahitah jeh uva, christian kiti ahile Christa hi itobang ahi hetdoh ding akhoh tai.

Jesu Christa hi Pathen cha pa ahi. Christa tahsante Christa tobang ahi diule, amaho jong Pathen

5

chate hidiu ahitai. Jesu Christa chungah hi Pathen Lhagao pansa ahi. Christa tahsante jong chu Christa tobang ahi diule achung uva Pathen Lhagao pansa tei ding dol ahi.

Jesu Christa chungah Pathen hi lunglhai sel ahi. Christa tobang hina dingah chu atahsan ho chungah Pathen lung lhaisel ding ahi. Ajeh chu Jesu twi lut jouva chu van kikehsoa Pathen Lhagao hung kumlhaa alu chungah chua, chule vana kona ogin khat in, “Nangma kachapa deitah nahin, nachunga kalung alhai tangei -e” tia aseipeh ahi (Mt. 3:17). Jesu Christaa hina ding adang tampi um jongle abul pipen chu, Pathen cha hitheina dingah chonset kisop thenga, Pathenin Lhagao apeh a, chule Pathenin achaa akisema, achunga alung lhaisel ding hi angai masapen ahi.

2. Pathen cha hina dia Jesu tahsan ding ahi. Mi chonse ten Jesu hi chon sete akihen nau chonsetnaa kona lhatdoh dia mihema hung penga, chonset jala ithilona diuva aman ei thiheh ahi itahsan tengle, ichonset Jesu thisana kisop theng ding, vet sahnaa twi kilut a, Pathenin Lhagao eihin peh-a, Pathenin achaa eikisem uva, chule ichung uva lung lhaisel ding ahi phondohnaa, Jesu tahsanna iphondoh tengule twi kilut jia, Pathenin Lhagao eipeh-a, chaa eiki semu chule Jesu thina jala ichung uva Pathen lunglhai ahi.

Pathen chapa Jesu chu mi

hema ahung pen, min atahsan tengle atahsanna chu akam cheng tah-a ahettohsah-a, midang koma aphon doh a, hing jing Pathen Chapa chu ama chonset jala thi ahitan, Jesu atahsan le mangthah louva tonsot hinna anei ding ahidan aseipeh ding ahi.

Mi khat in, Jesu hi hing jing Pathen chapa ahina aphondoh-a, ama chonset jeh-a thi ahi aseidoh tengle ama chu Pa Pathen, Chapa Pathen, chule Lhagao Theng Pathen mina twi kilutsah ahi. Tahsan kicheh tah-a twilut ho chu Pathenin Lhagao apeh a, hiche Lhagao chu asunga chengpan ding, niseh hinkhoa lamhila pang jing ding, Pathen deilam, ama dia jong leiset hinkho damlai sung hihen, tahsaphe thinung hijongle tonsot hinna dia apuile jing ding ahi. Pakai Jesu tahsan jala twi lut-a, Pathenin Lhagao apeh chu asung uva cheng, Lhagao jeh-a chu Pathen in cha lamthua akisem doh ahitauvin, achate ahitah jeh uva achung uva lung lhai ahitai.

3. Christian tia hung kiminvo ho chu Christa tobang ahina diuva, chungah kihil chen ho jouse chu abulhit soh kei uva, niseh ahinkhouva Jesu hin kho man banga Lhagao chun ahin sah ahi tauvin, Christa tobangin mi hon amu tauvin, Christian tin ahin minvo uvin, chuti ahile ahin minvo banguva Christa tobang hidiu dol ahi.

‘Christian’ kiti min hi giltah a geltoh ding ahi. Hetoh louva min

6

asei mana moh-a christian kiti mai mai ding ahipoi. Tahsan kicheh tah phongdoh a, hetoh a twilut, Pathen in Lhagao apeh a cha lamthua aki sem doh a, asung uva cheng Lhagao chun Pathen lung lhaina jeng aholsah hinam, ti kikhol toh jing ngai ahi.

Min Jesu atasanna aseidoh jeh a twi kilut sah jia, ama chu Pathenin Lhagao apeh apehlou koiman akihe poi. Hetdohna thei vang chu ahinkho mandan le anatoh athilbola kona kilang doh thei ahinai. Chule mihem ama kikhol toh cheh ding, Pathen Lhagao chenpi ahile ahilou kikhol toh ding ahi.

Christian jouse niseh le Bible sima chule tao jing ding hi, min asunga Pathen Lhagao cheng ahileh ahilou akihetdohna ding ahi. Sunday seh le phat nei chana hou-in kai-a Bible thu kihilna ngai jing hi Pathen Lhagao hinkhoa kihilna ahi.

(Dr. T. Lunkim)

Japan te leh nga

Japan hon nga athah ho adei ui. Ahinla Japan gam vela twi hon nga aumsot sah joupoi. Hijeh chun Japan ten nga matna kong alen domho asemun, hichun lithuh lama nga agaman jiuve. Lithuh lama aha lut chanun, ina ahung kilenau phat asot sah cheh cheh jie. Nga amat jou uva, inlam ahin phah nau phat aluttam tengle nga ho chu athah ta pon, anaang avoi gamji tauve. Hiche hi suhbeina din amahon, konga

nga votdenna *Fridge* jong asemtha tauve. Nga matna kimang kong ho chu *Freezer* nei ngen ahung hitai. Hi tia abol uhin, twi khanglen chungah gamla tah tah-a nga man uhen, nini nithum vaitham jong leu, ngaho chu ase tapoi.

Ahinla Japan ten nga hi athah ham alui ham ti ahe thei thouve. Nga aluisa mong mong anenom hih ui. Hijeh hin, freeze a kikoisa ngaho man hi alhom sah uve. Man lhoma joh sanga phajo lampi ahin hol kit un ahile, konglen sema asunga twi kul jong umсах in phante, tin ahin gelun, hitia chu nga amat hou chu twikula akoi kit ule asot teng nga ho chu twikul neova aumu chu achim un, achol un, anaang gamji tauve. Hijeh chun, amaho din nga athah le alui atuina kibang louvin aum kit tai.

Anga mat-u athah banga tui sah teina ding lampi chom ahin hol kit tauve. Hijeh chun nga ho thase tah-a twikul a aumleh tui jou talou, ajohmanu alhom jep louna ding tin amahon kong sunga tuikula chun, ngaho nedoh thei Shark tia kihe nga khat khat twikul twi lah a chun akoi un ahile, nga amat uva twikula alelut ho chun Shark chu amuvin, akichau vin alhaile leuvin ahitauve. Thase tah a umthei talou ahijeh un, ngalen in anehdoh louna diuva twikul sunga alhaile leule nga thah bangin aum jing thei tauvin, atuimo tapouve. Gin le kichat neihi lipna ahi. Eiho christian ho jong satan a kona ikihon jingule ilip un, Pathenin eingailu cheh uve.

Niseh a nakikhol hinam ?

2 Corinth. 13:5, Tahsan-a um nahi nahilou nangma kikholin, photchenna dingin, nangma kikhoh in phochen in. Pathen natahsan dan chu dihnam, Bible to kitoh nam ? ti naphotchen ji nah em ? Kikhoh chila kiphot chen ngai ahi. Ajeh chu tah san hi ahing aumin chule athi jong aume. Aching in jong angol in jong katahsane, ati cheh ui. Chule satan in jong atahsan in ahi. Mi atamjon katahsane, ati jiu hi atahsanu hilouva ahethou ana hijin, amahon Hinna anei louvu ahi.

Bible in, 'Javang jauvin natin, angaina je nahet lou ding u ahi. Muchu muvin natin, nahet doh lou diu ahi' ati (Mt. 13:14). Ngai ngai un lang hekhen thei louvin umun (Isa. 6:9). Nanghon Pathen lekha bu thu hi, asunga tonsot hinna uma nangaito jeh un, nahol toh jiuve. Hiche ho chu keima thu hettosah na ahibouve. Hinna naneina dingun kahenga na hung nom pouve, tin akisune (Jn. 5: 39).

Hilchetna : Pathen thu hi jahtho, mutho aumin, ijah mana ki nei lou, imu mana kinei deh lou, ihet mana eima dia phachom lou ahi jie. Tekahnan, Bank khat-a sum tamtah um chu, kahen ahin, Bank Account kanei loule he nilhum ing, he khovah jong leng ipi kaphat chomna umlou ahi. Bank hi Account neiho dia hin na twinah tobang ahi. Hiche bang chun Pathen chu hinna bulpi ahi, ti

⁷ he nilhum ing, he khovah jong leng lhagao hinna kanei lou leh ipi pha chom ding ham, satan toh ucha kishi thou thou bouvinte. 'Kei vang Pa then lungset a ginchat louva huhhing akihi khat tou leh tia hing kahi' tia christian aume. Amaho chu lungmon na neilouva ginchatna mai-mai-a Pa then hou ahivu. Mi bol mana bol ham-ham akiume. Huhhingna lung mon pia, kineppi thei lou hohi lungset umtah ahivu. Ajipan thaang gave tadinge, ati mana ajinun me ahonda jeng thei ham ? Sa a-o a-olou bon kihe louva !

Ahile, ajinun nganse theilou nahi dingle thaang chu gavet da mai tan, tileh ajipan, 'Ginchat louva a-o khat touleh gave pou pou inge, hin ti tei inte. Hichepa banga ginchat lou a aki sochat khat le tia hou-in kailoi jong umda ponte.

Hinna nei dan : Pakai Jesun, hinna nanei uva nanei be chehna dinguva hunga kahi, atin hinna tamtah inei diu vin aseie (Jn. 10:10). Chule hinna changlah le hinna twi kahi tin jong aseie. Hinna changlah le hinna twi chu hettho ding ahipon, kihil chet tho ding jong ahipoi. Changlah chu neh tho ding, twi chu dontho ding ahin, chuteng gilkel le dangchah pha ding chutile hinna kinei ding ahi. Jesu sol chah ho jong, kum thum val jen Jesu toh akivop un, thil kidang abol ho ana tahsan un, Pathen chapa ahi jong atahsan un, ahinla thina ding dinmun a Jesu ahung um phat chun, ameisan

un, ading jou tapouvin, aseilep un, adalha tauve. Ajeh chu amahon hin na ana nei lou lai-u ahi. Ahinla Pentecost nikho nia Pathen Lhagao achung uva ahungchuh jovin hinna dihtah anei tauvin, atahsan tho, ahetho mai-mai hitalouvin, Jesu chu aneitho tauvin, hijeh chun hangtah tah in thu aseie un, Pakai din thi chan gei in apang det tauve.

Paul jong Damascus kho pama Jesu toh akimuto nia konin Jesu toh hingkhoma ahitan, hinna dihtah anei phat chun thi chanin apang det tai. Christa lhagao neilou chu Christaa ahipoi, tin Paul in ana sei-e (Rom. 8:9). Tulai mi atamjo hin natoh phat le thilbol hatna jala huhhing hiding angai touvin, ahinla huhhingna hi thilpha bol leh natoh vanga ahipoi (Eph. 2:9). Pentah tah jeh-a thilpha bol leh natoh hi Pa then in ahei (Mt. 7:22).

Jesu neilouva natoh phat a van gam lhung dia kitahsan ho chun Jesu ahung kit tengle 'namina thu kasei louvu ham, namina thilha kano doh-u hilou ham, namina bolmo kidang kabolou hilou ham' ati diu, chuteng Jesun, 'nangho imatih chan in kahe khapoi' atipeh diu ahi.

Hinna neidan vetsahna chu : Tah san kiti hi ahinga ahin, achat thei na tong thei jong ahi. Tekahnan, lhaset kiti hi iseie thoa, ihet tho le i-imacha alou poi. Imithi jong apot jou jipoi. Lhaset tahtah ilung sunga ahunglut

8

tengle min kap hih-o, kap hih in ti jongle mit lhin nachup a, naka jeng ding ahitai. Ki-imjou ponate. Lhaset natoh ahathdan hetan nate. Hiche bang hin, tahsanna ahing lung sunga ahung lut tengle kitim joulouva, tao thahatna le thusei thahatna hung ki pan jenga, aban chu mitlhin ajui-a, mihem lungthim pumpi hung kikhel a kap kap jeng jong umda lou ahitai. Tekahna ninaa chun, lunghan thang tom jong hi iseie thole ihet thole i-imacha aloupoi. Lunghan tah tah chu mihem lungsunga ahung lut teng, mi koima akitim jou jipoi. Tuhtang jou jong ahiji tapoi. Mi chu akisen jah jah jin, olin paovin, olin thu sei in iti jongle angai tapoi. Atha ahinje teng le ituh vangin akituah jou jipoi.

Ajeh chu ama chu lunghan na dimset ahin, apuma achup ahitai. Hiche banga chu hinna lhagao theng mihem lunga alut teng, koima akitim joupoi. Thu aseie teng akisen jin, atao jongle olin taovin akiti thei jipoi. Alunga meikong banga hung kong kitim jou talou ahi. Malcha pom hi athah dan iseie-a ihet thole i-imacha aloupoi. Ineh tho teng koima akim jou, akitim jou aumpoi. Umthim to tithei ahitapoi. Malcha aneh teng, namuh kihup-o, lhipsa hih in, kitile ahaithei koi umin tem ! Athah pet a twi hollou koi umintem !

Hitobanga chu, mihem khat lung sunga hinna lhagao ahung lut teng koima aum thim joupoi. Pung (konta) nakhut a nakibu chu achalou

teng pung thisa nakibu hinte. Humpi ahing itokhah leh aki kicha jin, athi sa ahile vang aki-kicha poi. Thing phung jong ahing ahile hui-in amut teng achatle lei. Thing thisa vang achatle ji tapoi. Sopi, natahsan chu Lhagao mutling thei hinam ? Natahsan chu ahinga ham, athisa ham ki kholchen loi in, Pathen chu nahet tho ham ahiloule natahsan tho ham ? Ki photoh loi in, kistem phan, ajole gei sang in natin, van gam nachaan lo ding ahi.

(Rev. Seikholen)

Christian Insung minu

Christian insunga minu khat in Bible in ipi adei em, ti ahiet angai -e. Mi sei jouse tahsan sanga Bible sei tahsan apha joi. Jinu hi jipa thu noi-a um hen (Eph.5:22-24). Jesu houbung luchang ahi banga jipa hi jinu luchang ahi angai-e. Vannoi in vang numei le pasal akibange, numei chamlhat sah ding ahi, atin Bible toh akikal heove. Christian ten vang Bible vala ijui diu aumpoi. Jinu hi ching hen, them hen, hat hen, bol thei hen hi jong le jipa thu noi-a aum ding Bible in adei ahi.

Jipa hin, Jesun a-houbung angailut banga ajinu angailut ding ahi, hichu Bible sei ahi. Hijeh a hi jinun ajipa ajabol ngai ahin, hiche lethuhna a chu jipan ajinu alungset ngai ahi. Lungset sunga hin ngailut, ngaidam, kithopi, khoto tiho aumin ahi. Jinei kiti hi imopohna kihet a ponpanna ahi. Jinu toh ding, jipa toh ding um

ahin, kihet cheh lhon hen. Jinu hi ji pa thunoi-a umhen, tina hi hetkhen angai-e. *Khatnaa*, hiche hin jipa sei jouse anop ding tina ahipoi. *Ninaa*, nungah chu ajinei nileh alhoh le alunggel jouse ajipate in ahin lhut lou ding tina jong ahipoi. *Thumnaa*, jinei jou teng jipa semphat louhel ding tina jong ahipoi. *Linaa*, Christa lungput chu jipa lungput bana umseh ding tina jong ahi kitpoi. *Nganaa*, jinu chun tahsa lamle lhagao lama ajipa um bang banga um ding tina jong ahipoi. *Gupnaa*, jipa kichat mana jinun insung naa-ho atoh ding tina ahipoi.

Jinun imalam jousea Pathen adoh angai-e. Jinun jipa don louva insung achanga poh agot teng satan kot ahonpeh jin, Jezebel lunggel anei lo jie (1 Kgs. 21:25). Tulai nupi tam tah in Jezebel chonsetna hi anei tai. Ajipa leng Ahab chu Jezebel in athu noi-a ana koi-e. Paul in jinu hi jipa thu noi-a aum dinghi Pathen dei ahi ati (Col.3:18). Thu noi-a um kitia hin, Pathen dei ho aseina ahin, ama vang jipan Pathen deilou lama ajinu manchah agot le ajinun Pathen joh ginghen.

Pathen lungdei suh bulhit vala pha aumpoi. Mihem thumopna sanga Pathen hilna ngai joh ding ahi. Pathenin insung phatthei aboh chana insung dama ahi. Insunga kinah, ki pho, kitiho hi satana ahin, chamna le kipana joh in vai ahomna dia Jesu tahsana Pathen henga panpina ki thum jing ding ahi. Insung mi jousen chamna le kitona sem jing uvin.

Nui temute-tuhin

* Hou-in kaipet in, pasal mihao tah khat pulpit a ama testimony sei din adingin, “Kei hi tun karor-pati kahi tan, hiho jouse hi Pathen phatthei bohna jeh ahin, Pathen kathang vah -e. Ajeh chu, sum kalo masat pen hi dangka som khat anahin, hou-ina hiche nia chu kaga kaileh sumdon phat in, som khat *not*, bou kanei chu Pathena kapen, ina khut goh keuvin kana kilei. Hijeh chun Pathenin ei lungset in, phatthei eiboh jing tan, tun karor-pati kahi” ati jouvin thip beh in atouna ajonin ana toutai.

Akoma chun tehsepi khat jong atouvin, amanu chun ahenga, “Tuhin jong nanei sun pele chun ka ti” tin ana sei-e.

* Upapu khat doctor pa kivet sah in ahungin, “Kamit a kavet ho khat cha athengin kamu jou tapoi” atile doctor in, “Tehlam nano tah jeh ahi” anati. Chuin “Neh thei ho jong ka duchat aum poi” atile doctor in, “Hi che jong chu nateh tah jeh ahi” ahinti kittai. Chuin aman, “Kakong jong hi ana jin, abang teng ahanat jie” ati leh doctor chun, “Nateh dom tah jeh ahi” ahinti kit leuve. Alung ahingin kisen jah jah pumin, “Aphatna ding khatcha sei louva, abona teh thua nei donbut kaja chime, ima nabol thei lou leh phaten sei inlang, doctor chom koma cheleng phajo ahi” ahinti. Doctor pun, “Nalung han bai jong chu nateh tah jeh ahi” ati kit’e.

* Pasal khat in anu kivuina lhana, lhan song chungah pahcha agakoi jouvin, inlam jon din ahung kihei in ahile akoma pasal khat hin, lhan song khat akoi-in, “Idia nathi khoh ngai-a ham, nathi lou hile kati vale, ipi mongin nathisah haimo” tin ana kap kap tai.

Ama hin anai lut in, “Sopi, nakhosap dan chu, nadip damma ma ahin, thohlel naume. Nacha thia hai, na napa thia ham ?” tin adonge. Pasalpa chun ahinven, “Kajinu jipa masapa lhan kaka ahi” ahinti.

* Nupi khat in phatea achunsa Bible khat achapa thot din Post Office a Post Master pa anapen, chuin Post Master pan, “Asunga hi akeh thei ima um em ?” tia adohle amanun, “Mose Thusom vang hi akeh thei ahi” tin ana donbut-e.

* Chapan apa henga ‘BIBLE’ hi ipi tina ham, tia adohle apan nangin nahet le sei temin, ahinti. Chuin achapan, “Basic Information Before Leaving Earth” kitina ahi, ahinti.

* Minu khat in achanu kum thum bep chu Sunday School a anache sah in, ina ahung kile phat in, “Tunia ipi thu nahung kihilu ham ?” tia adoh leh achannun, “Lung linglao hih un, phalbi douna ding Blanket hung loi ding ahitai, ti thu ahi” ahinti. Anu chun ahe chen pon, Pastor pa aga doh leh aman, “Lungkham hih un, lhamon sah Lhagao Theng hung ding ahitai, ti thu ka kihiluve” ahintin anu chun ahechen thei tai.

Het dia Phachom

11

* 'Fast Food' tia kihe nehthei ho akiha neh le lungchang nat jat chom chom akivei thei-e, ajeh chu amahon neh thei man-gang tah-a asem jeh un, amin duhdah jipoi.

* Syria gama Druz tia kihe mi nam khat aume. Amaho khu kum 1000 masanga Islam houva kona atum a pot a hou chombeh Druz kiti phut doh ho ahiuvin, ahou uhi Islam le Christian hou a kona kisemdoh khat ahi.

* Tulai hin theiga joh hon amin loulai theiga ho chu 'Calcium Carbide' ki ti lou twi-a jankhat adeu le theiga chu jankhat kah in amin jin, Bazar a aminsa danin ajoh jiuve. Mot, apple, hai, lengthei, lamkhong (jackfruit), jamun (black plum), donkho (water melon) chule adang dang ho hi che louhin aminsa jie. Acho hon ima ahedoh thei ji pouve.

Louva kimin sah thei hohi akineh leh mihem tahsa atongkhai. Louhin, mouth ulcer, gastric problem, diarrhoea, skin rashes nat ho mi ape jie. Gov't in "Prevention of Food Adulteration Act, Section 44 AA" a nehthei-a lou manlouna dia akha vangin, guhthimin akivei mihon amang jingui. Theiga bazar a na choh ding tengle lou panlouna nahol jep ngai ahitai.

Louva kimin sah theiga ho veleu chun amin danu kitoh lou min pol chep chup ji ahi. Tekah in, hai thei louva min ho chu mun khat eng thimin tin, akom vel engthim (green)

amindan kibang lou ahi. Theiga lou naatna ho hi, alou soplhahna thei lampi aumpoi. Bailama hetna thei khat chu ahileh Baltin (bucket) len khat a twi adimin sungin lang asunga chun theiga chu de-le chun, louva kiminsah (aphat lhin masanga louvin aminsa ho chu) twi-a kilap doh intin, aphot llinga min ho vang chu twi to lama (agih jeh in) uminte.

* Tukum January-June sung chun Mizoram a mi 52 suicide anahi (ama le ama kithat). Lhakhat a mi 9 thi tina ahi. Athiho lah-a numei 19 ahi.

* Naosen hi lha 7 alhina kona ina kihon bu pehthei ahitai. Malcha thahda le apha. Kum ni alhin gei-a anu noi acheple apha. Thei nehsah jing apha. Chapang hi nikhat a bu 3 vei, 4 vei vel neh sah ding ahi.

* Nupa'n lung mongin ki-incheng hen atileh amanin Thusom hi sumil da hen :-

1. Kinah, kiphun kit tah lou ding.
2. Khat thusei khat in ngaipeh ding.
3. Kipachat to ding.
4. Ngailut alem bei hihen.
5. Bolkhel kihet them to ding.
6. Thohhat, kihetthem, kihapi ding.
7. Lungthenga nuikhom ji ding.
8. Kingaidam to ding.
9. Kiginmo to lou ding.
10. Niseh a Pathen thangvah khom a taokhom ding.

* Pena kipat mi khat mit hi alet aneo akibang peh in, nakol le nahhom ho vang khanlet dung jui in alen jep jie.

12

Christian Meivah - sim ho taona akiman peh jinge. Kum sumto Rs. 100/- ahin, asim nom jousen hin peuvin, sum napeh lhaa kona kum nakisim peh ding ahi. M.O. hin thot hon Editor kipe ding lekha beh a namin le address suntei un. Editor pu Mobile No. 94355-51080. Manipur le Nagaland a sumto peh na thei ho :-

- 1) Mrs. Neijathem Haokip, Haokip Veng
- 2) Ms. Lhingjanem Haokip, KBC
- 3) Mr. Douzahen Guite, Dewlah Land
- 4) Mr. J. Manchong (Lunpu), KCC
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- 6) Mrs. Veikholam, Ideal school, cipur.
- 7) Rev. Seikholen, Medziphema, Nagld.
- 8) Mr. Seikhulun Singsit, Kohima.

Hetsah nom ho

* Chasan (Green Tea) a Lemon / Orange tui akimeh lut a akidon le atui chomin, anti-oxidant atam sah in, tahsa din apha.

* Neem na (Neem leaves) them khat akihona, atui chu kisilna aki man le vun-a dammona ho asu mang thei-e. Ichate neem na tui-a silji ji apha.

* Diabetes nat neihon an-angol louhel diu ahi. An jong nehva beh seh lou ding, aphot cha-cha neh ding ahi. Achuti loule asunga alhum apunbe in, anat apongse cheh-e.

* Haithei (mango) akineh jou teng amu sunga umpa khu aatneova phougot a suhdi-a, thihkhe khat khat tui to halla nikhat le nivei idon leh oisung nat, ulcer ho asu mang thei-e.

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