

Christian Meivah

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Lhani seh thuso

Private Circulation

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Khangdongten kum thah khat ahung ding hi kipana leh kinep nan anei ui. Upa jep hon, kum thah hi i-atina dem, tin lung boina anei ui. Tehse lampang hon kathina ding anai cheh cheh jenge, tin chung gihna anei ui. Miching hon, kum thah chu achuti thanoppi pouvin, kumlui sang a vannoi-a thu khohjo cheh dingin aging chauve. Nangma hoiche pen chu nahi em ?

India sunga cheng hon kum thah nikho hi achom chom anei ui. Maharashtra ten Chaitra lhaa ni ma sani kumthah in anit un, hiche nikho hi 'Gudi Padva' tin aminsah uve. Tamil Nadu ten April 13 nikho hi amaho kumtah nin anit jiuve. Hiche ni hi 'Vashaparapu' (kumthah kipat ni) tin aminsah ui. Christian hon kum thah nikho hi January lhaa ni masani hi anit ui. Christian phabep in mihem lim tehsepu khat asem jiuvin, hichun kum lui-a lungthim phat louna, chon chan phat louna, mi vetdana, kinah na, kitiho ahetsah ahin, hichu lamlen pama adinsah un, akoma chun bel khat akoi un, achele vahle ten hiche bela chun sum alehlha jiuvin, chule December 31, jankim pung 12 leh

kum lui leh asetna jouse mang soh a kum thah hung lut melchihnan, hiche tehsepu lim chu, sum kikoina bel chu alahdoh jouvun, mei-in ahalvam un, kum thah lemna kipa la asauvin chu le akhut abengun, alaamnom alaam jiuve.

Hingle dama 2016 kum thah a lutte jousen, "Nathilo pai ding hita jongle tahsan lama hat jing in. Napan det jinga ahileh hinna lal lukhuh kapeh ding nahi" tia Pakai in asehi hi sumil poute (Rev. 2:10). Hikoma 'hinna lallukhuh' kiti hi 'Tonsot Hinkemlou' chu kiseina ahi. Tonsot hinkem lou umna muna lhungse se-chu, a-itih-a jong thita lou ding, kana umta lou ding, thoh gimna bei ding, natna, lunggimna, gilkel dangchah umta lou ding ahi (Rev. 21:4). Akhonni gei-a thoh lhum kei-a Jesu tahsana pangdet jou se chu vana tonsot hinkem lou hichu hinna lallukhuh chang diu ahi (Mat. 24:13).

New Testament kichaina lekhabu 'Thuphon' hi Rome te lal lai-a, First Century A.D. lai-a, ana um christian masaho bol genthei-a umho sim dia ana kisun doh ahi. Hi che lai chun Houbung jong hi akipat kum sot behseh loulai ahin, dongsit

set nalai anahi. Gam vaipote hon christian ho chu bolsetna hahsatna ana peuve. Jesu tahsan jala christian kiti ho chu, danthu dihloou houho dan a ana het laitah-u ahi. Hijeh chun christian ho chu asu genthei un, ajep un, atah un, golseh kichepna muna christian ho chu sa-hang ho alha khumun, sa hon aneh-u chu laamvet in ana veuvin, akipa pi lleh un ahi. Rome lengte chun Christian hou hi suhmit tei ana got-u ahi. Thuphon lekhabu hi Rome lenglen Domitian vaipoh lai-a ana kisun ahi.

Christian te suhmangna thei din, lenglen pa hin, ama lim chu mi jousen ahouna din thulhahna ana nei tan ahi. Alim hi mun tina anatah in, ahoulou chu gotna chang dingu anahi. Mi hon ama hi pakai atiuva, ahou diu atup ahi. 'Caesar hi Pakai ahi' tia asap uva, alim noi-a bohkhup uva halnam jong ahal diu, thupeh ana nei-e. Christian ten hichu abol ngap lou jeh un, abol lou ho chu ajep un, aman un, songkula akhum un, saho anehsah jiuve. Hiti lah-a thoh genthei thoh christian ho hangtah-a apan jingna diuva, Pakai Jesun asolchah John ana manchah-a 'Thuphon' lekhabu hi amaho tilkhouna dia ana sudoh sah ahi. Hiche lai christian ho het thei dia melchihna leh thil kidang ho hiche lai christian masaho paova, paolhema asut doh sah ahi. Rome gam vaipote hetthei pao in sun tale vang vaipote lungchang lleh diu abolset cheh diu anahi. Tulai khang a Thuphon lekhabu simten hiche hi

2

het them ngai ahi. Thuphon lekhabu a hi 'hou-in' akitile Pathen umpina kiseina ahin, 'vantil' akitile Pathen mite chule Pathen natoh aseina ahin, chule sumkon, mohor kinam khum, kelngoi nou lungsatna, kitiho hin mi bolsete chungga thutanna hung lhung ding ho aseidoh ahi. 'Kelngoi nou' kiti hin Jesu aseina ahi. Hiti ho hin apha ho aseidohna ahi.

Tun Thuphon lekhabua thil se kihetna ho vekit ute. Dragon hin satan ahetsah ahin, Ganhing hin Rome a leng gilou ho aseina ahin, chule Number 2 hin thahatna ahetsah ahin, Number 3 hin Pathen khat ahina ahetsah ahin, Number 4 in, vannoi pumpi aseina ahin, chule van noi leiset ningli ahetsah in ahi. Hiche vannoi leiset ningli hileh Pathen khat chu thum ahina hi akigople sagi ahin sagi hin chamkimna, alhingset, leh abukim ahetsah ahi. Hiti kitekahna hohi hethem lou hon, Thuphon lekhabu thu hi alekhel nomun ahi.

Thuphon lekhabu hi Asia Minor a um gentheina leh suh genthei-a um christian houbung sagiho Christa mina athoh hatna diuva til khouna kisun doh ahin, tulai Christian hon jong thohhatna aneina diu tilkhouna ahi, thohhat jeh-a, galjona lallukhuh kisanna dia chouna ahi. 2016 kuma ihet diu chu, Pathen in ima jouse chungga tha anei-in, aseingailou ho chu gotna apeh tei ding ahi, tihi ahi (Rev.21: 1-8). Suh long joulou tahsanna in kivon jingute.

Melchih ding thum

Christian khat nahina hi kum ijat lhing tam ! Phatna ijat na nei tah em ? Christian phatah nahi nomle noi-a thil thum ho hin kivon jingjin :

1. *Hinthengna* (Rom. 12:1-2) : Hi che vannoi-a hin, christian ho satan toh akidou jinge. Vannoi hi Pathen toh akihou theipon, hichu chejom jing ding ahi. Vannoi in mihemte pui mang ago jinge. Vannoi chona chon ding hi mi tampin adei jinge. Hetna chihna, bol theina akhantou dung jui in christian te puimang thei akibe jing in ahi. Cross leh leiset nopsahna aki lhon theipoi.

Paul in Pathena kipelut din eitem jingui (Rom. 12:1). Tipumpi Pathena pehlut angai-e, tin akisune (Rom. 6:13). Thengtah-a ihinga ki pum pehdoh ding adei-e. Pathen thu thu dia ihinnau hi pehdoh ngai ahi. Vannoi toh kihou thei hih un, eitiuve (Rom. 12:2). Hichu Christa helou ho toh bang hih un, atina ahi. Lungthim lunggel apumpia khel ding adei ahi (Rom. 12:2). Lungput le lunggel ho khel phat ahitai. Chutile Pathen san thei dol kihi tante.

2. *Kineosahna* (Rom. 12:3-8) : Lung nemheo chan mi umhen, kilet sah dahan, nunnem hen, ati ahi. Tu lai mihemte hi midang het louvin ama le ama akithim letsah jie. Hichu Pathen dei nunnemna hi ahipoi. Paul in mihem tahsa hi tibah ten asemu ahin, tibah ho khat le khat akija them diu adei-e. Achang changa kiletsah

3

thei ahipouve, ati (Rom. 12:4-5). Mihem te jong thilpeh jatchom chom kipeuva ahin, lungnem tah-a apan khomu angai-e, tihi asehi ahi (Rom. 12:6-8). Pathenin apeh boltheina ho chu Pathen mina nunnem tah-a aman chah ngai ahi. Apepa geldoh lou, jabol louho chu Pathenin alahmang peh nikho um ding ahi. Kiletsahna pang louva nunnemna le chonnem na joh pansah joh ding ahi.

3. *Jathei dol hinkho* (Rom. 12:9-18): Adih dih le atheng thenga hin kho man ding Paul in adei-e. Lung setna jong hi bolthu bei-a, dih tah-a lungset ding ahi (Rom. 12:9). Apha chu tuhdet ding, ase jouse thet ding adei-e. Lungsetna tahbeh hi tulai hin akiholmo cheh cheh tan, setna apung jotai (Mat. 19:5). Ibolsete chu ngai lut a, ngaidama, lethuh lou ding gao sap lou ding, tin eihilui (Rom. 12:14). Ihouse, iseise mi khat phatbol ding hi thilbai vang ahipon, Paul in hichu Pakai jabolnaa aphalama manchah joh din eitel-uve.

Phulah hi Pathen kin ahi jeh in, mihem in bolda hen, Pathen ngan se hen, chule ase chu ase lethuh lou din jong Paul in eihilun, ase kijo sah hih un, ati (Rom. 12:17-18). Iki doupi te chu ahahsat agentheina a kithopi ding ahi, hitia akibol le kihe chen untin, amaho le amaho jahcha tauvinte ati (Rom. 12:20). Akisei jou se hin chamna semding dan ako ahi in, mi jouse toh kicham dela um theina ding lampi ahi (Rom. 12:18).

Christian mai-mai nahim ?

4

Christa katahsane ti mi van noi-a hin atam vangin, Christian ahi na mong kimu doh vang atampoi. Alungsungu akivet leh mihem hou loi, houthu kihilna dih lou khat hou loi, kiloikhomna duhdah lou hou loi, Jesu hou louva nikho houloi aumui. Bible in hiche hohi adem in ahi. Christa tahsante chu ama thusei jui hiuva hichun amaho Christian kiti min hi apohsah diu dol ahi.

Pathen Bible a, huhhingna hi Christa a bou aume, tin iheuve. “Koima danga huhhingna aumpoi, ijeh inem itile vannoi-a mihem lah a, huhhinga iumna diuva kipea min dang him him aumpoi” (Acts 4:12) tin akisune. Hiche leiset a hin amin thang milen milal tampi aume. Len lleh-u hen lang, lal lleh-u jogle amin uva ikiminvu uva, van gam dia huhhinga iumna diu lampi abeihele. Lei mihem koiman van gam eilhut jou pove. Huhhingna lampi Christa bou ahi.

Christa in eihuhhingna dia, ama itahsanuva, athu ingai uva, chon setna hinkhoa kona kile hei-a, ichon setna jouse ahenga phondoh soh ding Christa’n adei ahi. Hitengle chun aman eisutheng uva, huhhinga ium sah diu ahi. “Atahsana baptise chang jouse huhhinga umding, atah san lou vang chu themmo changa kikoi ding ahi” (Mark 16:16). Atah san ho chu huhhingsa ahitai (Acts 2:47). Amaho hi Jesun athisana a

choh chaisa a-houbung mite ahitau ve (Acts 20:28). Ahile Christa in achohdohsa ho hi ama minpu ho ahii angaitai. Amaa hiloute chun ama min aput-u angai poi. Atep tenan, in khat kakisah-a ahile in chun kamin aput ding ahi. Kei in hiding ahi. Christa min pulou ho chu Christa ahipoi. Insunga kachate chu kei-a ahi. Christa min puho chu Christian ahi.

New Testament a Christian kiti thucheng hi thumvei akijih-e. Khatna, Christa tahsan ho Christian ana kitiuve (Acts 11:26). Christa tahsan ho amasapena akiminvonau ahi. Anina chu, Paul in leng Agrippa heng a tahsan thu ana houlim pia, Agrippa in “Hiche chomkah cha sunga hin Christian hisah neigoj” tia Paul koma asehi hi Christian min kiphah pohna anina ahi (Acts 26:28). Adan hi leng pan Paul toh akimuto maa Christian kiti thucheng hi ajahsa hinte.

Athumna, Peter in Christian khat hijeh-a thohna ho thudol asehi hi ahi, “Amavang Christian hijeh a thoh gima chun, jachatnan neida hen, Christian min chun Pathen choianjo hen” (1 Pet. 4:16). Peter in mi khat achonset jeh a athohna leh Christian ahijeh-a athohna hi ana tekah ahi. Thil phalou bol jeh-a thohna chu dihluo ahin, Christian khat hijeh-a thohna chu jachatpi lou ding ahi, anati ahi. Christian kiti mi khat chun Christa toh kilou hinkho anei angai-e. Hijeh chun Paul in, “Na bol jouseu thulam ahin, natoh lam ahin

abonchan Pakai Jesu minin bol uvin” (Col.3:17) anati. Eiho hi Bible ijui jeh uva christian kiti ihuive. Hijeh hin Christian ikiti tengle Christa a tina hetsahna ahitai. Christa nung jui ho chu Christian ahiuve. Amaho Christa in akouho ahi (Mat.11:28-30). Ama insung mi, a houbung mi ihi tauve (Eph. 3:4-15). Sunday nia kikhom lah-a pang ho ihuvin, niseh a Jesu juite ihuive (Acts 20:7, Luke 9:23).

Tua hi nangma Christian mai-mai nahi em ? Ahiloule Christa tahsan mi nahi hitam ? Mihem hou nahim, Christa hou nahim ? Mi tam pin Christian khat kahi atin, Christa ahoupoi, hilah-a chu napan em ? Christian duhdah lou nahi khah leh nachonset lungthim jouse pailhan, Christa kilhenin, nachonchan nalung thim abonchan Christa deilamin khel in, Jesu Christa hi nahuhhingpu din taovin, tahsan in, chutile van gama cheng lah-a napan ding ahi (Rom. 12:1-2, Acts 2:38, 47).

Na Cross kiput in

Mark 8:34, “Koi hileh eijui noma chun, ama kingaitom hen lang, athingpel kiput hen lang, eijui hen.” Koi hileh athingpel kiput-a, kanung jui lou chu, ka seijui hithei lou ding ahi, Luke 14:27. Cross thudol hi sei tho anomnan, them jong akisei them thou-in, hou-in sunga baan jah-a sap sap jong akibol thei in, tuitah-a sei jong akithem in, mi hilnaa jong kineiji ahi. Ahinla cross put kiti hi thil bai

vang ahipoi. Seitho chu bainan tin, eiman iput tengle abai poi. Keiman jong cross kahin kiput tahtah phat chun, agih dandan chu, kasei them tho a ka penpen lai chu kangai choi choi jenge. Mi ngainom dia bou ka na seiji kahin gel tai. Kichatna dia kasei vang ahipon, cross kiput a Jesu nung jui ahahdan chu thum in kisei leh :

1. Eima kisuhmil hel ding, vannoi a thil jouse suhmila thisan ding hi ahi.
2. Iji icha ho, insung neile gou ho suhmila, thisan hel ding ahi.
3. Sum chule neile gou suhmila, thisan ding chule adang ipi hijongle leiset-a eikanden ding ho jouse thisan ding ahi.

Pakai Jesun asej juite abol na ho chu kahin geldoh tan anahi. Hitah chun keiman cross chu kaput jou ding hinam ti kahin geldoh-e. Ka ki ngaiton, kaki songjou mong mong tapon, ajeh chu keila thepna neilou, incheng joulou, mi genthei chule ji le cha nei kanahin, hijeh hin lungkham tah in kana taoleh kakap lha jengin, Pathen thu kasei tengle kakap jin ahile ka houbung hon ei chimchah phat in aphant domna ding in tin, Christmas nin ‘Kaane prize’ eina san sah un, sei ding kahet lou manin, keiman jong ‘kakupah-e, Hallelujah’ kanati jeng tan ahi.

Hichea kon chun, kalei ka kam ahung kihongin, tila chom cha khat anataopa chu, pung thum cheng katao thei in, thu sao seiji loupa chu, pung 3 val cheng kahin sei ji tan, chu

le thu kaseisao ding chu min eichim chah ding ginnan, gamthip-a ka changin thingle hampaho chu Pathen thu sot tahtah kana seipeh jie. Jule va, thing le pahcha hon angainom danin kahen, kakipah jie. Pathenin eimangin Revival (Halna) nasatah kahin pan in, demna le bolsetna mi hema kon le satana konin katoh in, mihon kakoma eipatep nan, nacha pa khat athitai tin, thijin kou ahinsol un, jou ahi Pathena konin hetna kana nei in, hijeh chun athile anavui tauvin kati.

Nivei jen jong, najinu adam pon hospital a aume hung loi in, tin Telegraph eihin thot uve. Ahinla ka thingpel kadalha nom ji pon, kaki nung hei tapoi. Abang le leiset dia hin-a chule abang komle Jesu dia hin hi anome. Cross ikiput tahtah tengleh, gov’t. a kona sum muna thei ahung umjin, hichu thisan jeng ding abai poi. Min eiseiset-a, ibol lou ibol a sei-a chule ihina louhel ihisah teng le thisan jeng jong abai poi. Kam tuh tang jiji jong ahah jie. Hahsa jong le Pakai dia thisan ji angai-e.

Pakai Jesun, anu apa aji achate dalhaa, athingpel kiput-a, ei jui lou chu kasei jui hithei lou ding ahi, atihingaito le solchah Paul le asej jui ho tailou in koiman jouponte tia nagel khah em ? Ahiloule solchah ho dia bou asej hinte natim ? Paul in Timothy henga, aphant aphant louvin jong tongin, thoh hahsa chu thoh in, evangelist na chu tongin, nanatoh chu bulhit molson ati (2 Tim. 4:5).

Thoh hahsa chu : bolsetna ho insunga kon le hou lamkai a kon, houbunga kon, kikaidoh, songa kise, gilkel dangchah leh pon bei-a um, natle sat thohna, ho hi ahi. Hitobang itoa mite nahsahmo, nungsun, akihi teng lhasetnan akidim jin, ahinla hia kona Pathen phatthei bohna kichang ji ahi. Kei jong kidang tah in Pathen in phatthei eiboh in, kongleng eipen, sum angainaa sum eipen, kalhasam khapoi. Von jong eipen, Pathen ka thangvah-e.

Ken ka cross put hahsa ka san, hijeh chun, “Keiman jong ka thingpel kiput ingting, ka Pakai kom kalhun tengle, jona lallukhuh toh ka lhet ding, chuteng ka gentheina sumil tange” (Lathah Bu No. 302), ti la hi kana bole. Sopite, mihangsan sol chah masaho ijui louleh akipang jou poi. Jesu nung juite chun, vannoi athi san un, cross akiput un vannoi ana jou tauve. “Cross chu injotna lampia kanei tei ding, chulou chu lamdang umlou, ... thisan bena lampi chu ka ho tei ding” (Hb. La No. 151. Hi che labol pan ajosa asej ahi.

Vannoi lampi ilhadoh uva achung ihokit lou diu angai-e. Lallukhuh san itup ule cross nitin in puu hite. Lallukhuh seh hilouva ahsi chon sah ding dei ute. Pathen thu kasei lelea kum ni vel in phatalouva kaum jouvin, ina kahungin jalkhuna kalup leh kachanun anu henga, “Henu, mal jinpa ilupnauva alume” atin, kaina jong, kache chena jong maljin kahi chu kanagel doh-e. (Rev. Seikholen)

Jipa khat nahi tengleh

Leng David in athi ding aki hetphat chun, achapa Solomon heng a, “Keima leiset a kona chemang ding koncha kahitai. Nangma hung thahat in lang, *pasal umchan* mong monga nahung um ding ahi, chule Pakai na Pathen in thu naseipeh chan chu nitjing jengin lang, ama lamlah jeng jui in, achon dan thu tapou nit peh in, athupeh chengse jong achon na dan jouse jong, aman hettosah na abol jouse gei-in, Mose danthu lekhabua kisun bang bangin, nit jing jengin, chuti hen hileh natohna chana khangtou in na tin, nakiheina lam lama naphat tou thei ding ahi” (1 Kgs. 2:1-3), tin vai lhahna thu ana sei-e.

Insung jipa khat mopohna itobang hintem ti ihet nomule hiche thu hin, kitilkhou-u hite. ‘*Pasal umchan mong monga nahung um ding ahi*’ tia asehi hi mipa jousen ki melchih a pha ahi. David in, Pathen dei mipa khat hin, tia availhahna ahi. Ipi pi chu anitleh Pathen lunglhaina mipa khat hithei intem, veute :

1) *Pathena hattah hi ding* : Mipa phatah hinom chu Pathena hat hen, ati ahi. Atha jea mi jep ding hilouva achon le akhan, Pathen atahsanna, mi kitup hina joh aseina ahi. Thudih a dinna, alung sunga Pathen chensah theina lampi ahol ding ahi. Paul in ima jouse Christa vanga boldoh thei ahi, ati chu ahi (Phil.4:13). David in Goliath atha chu athahat jeh anahi

7 pon, atahsan hat jeh ahi. Atahsa let jeh leh atha ahahat jeh ahipoi. Pathen a akisona, atahsan jeh ahi. David in achapa Solomon chu Pathena ahahat pou poule tha anei ding dan anahil ahi (Eph. 6:10).

2) *Pathen thu nit* : Pathen thu hi anit chan atha aume. Insung hihen polam hijongle Pathen thuhil mang cha jouse atose poi. Pathen thu nit thudol hi mi khat achapan leh a-upat a kingam ahipon, atahsana kingam joh ahi. David in Goliath atha chun achapange. Pathen ging pasal hi nam, Pathen thu anit nah em, tijoh hi thupi ahi.

3) *Pasal kitim them* : Jinei loulai hihen jineisa hijongle kitimje he mi chu Pathen dei pasal ahi. Kitim kiti hi aphilou jousea kona kitim ding, hia hi lunghan lungsat jong pantha ahitai. Ajinu lungsettah a bol, jabol, hepi, amihina hetpeh pasal ahi angai in ahi. Nupa kikah-a imihina (nature) kihetpeh lou jeh-a kinahna thei atam a tam ahi jie. Pasal hon numei hi lung lhom leh musaona neilou ahi ti hetpeh hen.

4) *Ching hoi, kaihoi* : Mipa hi in sung dia aching hoi le akaihoi, asung a te kingaina ahi angai-e. Tahsa lam le lhagao hinkho lama insung mi jouse ching hoi le kaihoipa ahi dan kihet hen. Ase khat chu insunga alut louna dia chingthei hihen. Thuchih 4:10-15 sunga hin mipa khat in ain sungte akaihoina ding thudol aume. Mipa pha’n insung khanggui saotah in achejom sah jouve. Mipa ching, mipa pha hinom chun Pathen hehen.

5) *Soh banga lamkai ding* : Mi soh hia chule mijong lamkai ding ki ti hi akitoth lou tobang in akihen, ahin la Bible in hichu adei-e. Eph.5:23 a “Christa houbung luchang ahi bang a chu, inneipu jong numei luchang ahi” tin Paul in asehi-e. ‘Inneipu numei luchang ahi’ tihen ngajeng leh insung mipaho kipah mama diu ahi. Hinla Paul in, ‘Christa houbung lu chang ahi banga’ kiti khat abesah in ahi. Atina chu, mipa hon najinu nanop nop in bolthei pouvin nate, atina ahi. Numei jong Pasal jong van gama ichom aumpoi, ti akona ahi. Jipa hon jinute noise bol hih un, atina ahitai. Christa’n a-houbung alungset lhez bangin, jipa’n ajinu lungset hen, akiti kit’e (Eph.5:25). Pakai Jesu mijenlea anapan banga jipa jong soh lungpu lamkaipu ahi angai-e (servant-leader).

6) *Jipa ching hihen* : Chihna hoi a konin kilah intem ? Miho lah-a thu sei, midang toh kivopna hoa ching tah-a lunggel mipa ngaichat ahi. Set na kijo sah lou, thilsoh ho adih lam a thu tan mi angai-e. Psalm 1:1 ah David in, “Migiloute thumop banga chon lou” tin asune. Pathen thumop dung jui-a insung pui mipa chu boi louhel ahi. Solomon banga Pathen koma chihna akithum angai-e (1 Kgs.3:9-10).

7) *Ngaichat pea pang* : Jipa hin a-insunga ngaichat ho apeh loule Pathen alunghan sah ding ahi. Pasal hin insung ngaichat penange, tia aki gel jeh-a jinei ahi. Ajinei jouva ain kivetlou pasal ho chu themmo chang

8

ding ahivu. 1 Tim. 5:8 in, “Koi hijongle ama mite ding ngaito lou, ahidheh chu *ama insung mite* ding ngaito lou chun, tahsan chu aledoh ahitai, atahsan lou sanga chonse jo ahi” ati. Insung mipa mopohna hi atame. Insunga neh le chah, sille chen, chule insung mitin amitdohna ding tiho hi ama lungkhamna ding ahi. Bible nungjui mipa chu leiset umchan jui mipa toh kikhe lhez ahi. Jipa hin insung mi jouse akhantou sah angai-e. Hiche galjona ding hi lampi khat bou ahi. Hichu Christa kiphu ding leh dindet ding hi ahi.

Satan toh napan ding ham ?

Tulai hi, Pathen toh pan ding ha, Satan toh pan ding ham kilhen phat ahi. Bible a Genesis a kipat ki sei jomphe thusim hohi satan in mi hem amanchah a Pathen thutah dou naa pan ahin lahpeh thu ahi. 1 Kgs. 21:1-15 a Ahab lengpa jinu Jezebel umchan, Acts 17:1-15 a Judahte umchan, tukhanga ilah uva thudih douna ho abona satan natoh ahi.

1. *Israelte Canaan gam* : Israelte Canaan gam kihom uva, pugou pa gou-a anei-u ahi. Joshua lamkai-a Israel ten Canaan gam alah uva, aphung phunga gam akihopnau chu apu apau gou joh thei louva anei-u ahi. Israel lengpa Ahab chun Naboth pugam pagam chu lah peh din athum tai. Naboth in pugou pagou joh thei lou ahina thudih asehi peh-e. Ahivang in, lengpa Ahab jinu Jezebel chu

satan in amang chan khopi sung mi pannabei ho atildoh in, Naboth chu Pathen leh lengpa douvin angoh sah in, aseplih tauve.

2. *Paul leh aloite* : Solchah Paul in Thessalonica khoa Pakai Jesu chu Pathen thutepsa leng (Messiah) ahina chu kicheh tah a Judah ho ki khopna ina hapta thum choldo nikho jousea asehi ahi. Judah ho leh Greek mi Pathen tahsan hon Paul in Pathen thutheng ahilchet adihna chu atahsan un, Christa akisan tauve. Berea khoa jong Paul in asehi-in atahsan aumdoh tai. Satan in Judah miho, Thessalonica le Berea khoa mipiho gei-in atildoh in, Paul adousah un, hijeh chun Paul lungsetten, Athens a Paul chu ana thahdoh tauve.

3. *Pentecost nia pat satan* : Set na bolnom jing satan hin, Pentecost nia pat in Christa thupha ahin doudal nalai-e. Satan in Adam le Eve aman chah-a, Pathen thupeh apalkeh sah a, Pathen toh asuhkhen lhon anahi. Satan in Kitepna Lui khang lai-a mi tamtah, Saul lengpa gei-a aman chah, chule leng Ahab jinu Jezebel jong amanchah ahi.

Mihem achonsetnaa kona ahinna diuva, hung thiheh Christa hi michonse ten atahsan uva ahile atahsan ho chu hinna Lhagao kipe kit a Pathen chatea kistem ahi. Hiche dou dalna dia satan in mihem aman chah a, houbung sung gei-a kinel baotam asemboh sah-a, kinah kivetdana leh kibungkhen, kikhenna asosah-a, tu

nia houbung loitum tamtah inei nei jingu ahitai. Pathen thutah jui-a Jesu tahsan a, Pathen chate hina dia, Pathen Lhagao kisana Pathen toh hin khom dei mi aume. Chuti louva, ase lama thanopna nei-a, satan nung jui a Pathen thudih douva panga, Jesu tahsan ho douva panga, akhon nileh Damun meikong mit theilou kikhah sah nom jong tuhin tampi aume. Hi jeh hin, tupet a hi Jesu tahsan naki lhen ding ham, satan tilsetna joh na tahsan dinga ham, khat joh joh ki lhen ding phat chu ahi. Pathen toh pan ding ham ahiloule satan toh pan ding ham, kilhen na ding phat-pha imu pet-u ahin, Jesu kilhen khah ho vang olle kishih louhel diu ahi.

(Dr. T. Lunkim)

Damna thei ho

* *Thingchangmai* (Papaya) : neh hi mihem damna thei tah ahi. Protein, carbohydrate, fibre, vitamin A, C, E, Calcium, potassium, oidamna, ehthah nopna, tha kibena ahi. Ana hi akihona atui chu Dengue nat vei ho akidonsah leh aphachome.

* *Ahlu* (Potato): a vitamin A,C, K,B6, potassium, calcium, iron ho aumin, tahsa damna thei atame. Diabetes, heart attack, cholestrol tam nei hon ngolle aphai.

* *Changnam* (Onion, Lasun) : ho hi melah a lhah jing damna ahi. Ahin la changnam hi atsaa koi khovah lou ding ahi. Atpet a mea lhah, ahiloule neh doh aphai. Aatsa aki koisot leh dammona thei (poison) ahiji tai.

Nui hi damna

* Golcha teni kingailutah chu kum tamtah kimuto talou, nikhat akimuto lhon tan ahile agolpan, ‘golpa nadam dam hinam’ atile ‘henge, kadam nai’ ahinti. ‘Ahile golpa tukuma neh le chah nanei-u hinam’ ati leh ‘henge gol, neh vang kanei nan, chah vang kanei poi’ ati.

Ahile gol, tukuma chang ijat nanei em?’ ati kitle ‘henge gol, ning kuma jat kanei-e’ ati. ‘Ning kuma chu ijat nanei ham’ atile agolpan, ‘tukuma jatma ahi’ anati. “Ahile gol, Christmas iti nanaman em’ ati kitle ‘ningkuma bang bangin kamang ui’ ahin tin, ‘ahile gol, ningkuma chu iti nanaman um’ ati kitleh, ‘tukuma bang bangin kamang uve’ ahinti kit chun agolpan, ‘golpa, kathudoh ho nadonbutna ho chu kahe thei mong mong poi’ atileh agolpan, ‘iti nahet theilou ham, sappao-a bon kisei lou va’ ahinti kit nalai set-e.

Hiteni kihouna bang hin, tu lai-a Pathen thu kasei-e tiho thusei jonghi akihe thei tapoi. Pathen thu asehi-u ham akitileh tahsa thu kisei joh abangin, tahsa lam thu ham itileh Pathen thu lleh lleh ahikit jie. Iti nagel em ?

Pasal khat in, ‘keivang lei set-a hin Bible a mihaopa kihi hen lang, ithi jou tengle Lazarus kitipa chu kihileh kati’ anati bep ahi.

* Pasal khat khola achen, kongga akitol in, mun khat alhun phat chun

vapama akong chu ahen in, in khat a ju agadonin, akham in, kho jong ahung jing tan, aman jong chetange tin akonga chun anatou in, akhao akihenna sut lham louvin, jan khovah in khongkhe chun akong anatol tan, kho ahungvah phat chun aumna ma maa um anahi.

Tulai houbung tamjo hi ivet leh ‘kakhang touve, kamachale’ tia kong jap jappa banga thachol tah-a na itoh-u jonghi Tonsot Kho hung vah hen hileh iumnau ikipat nau ma maa um ihi diu ham tihi kichat aume. Pathen natoh hi eima dei dei-a, eima lunglhai lhainaa, kitong kibol jong hi, Pathen natoh ahi itiu ahin, ahinla akihi sah tho bou kihimai thei ahi. Hijeh chun, Pathen deilam joh tichu Bible in eihilnau toh kitoh in na tong jou lehen pha ahi.

* Joh dia thil kistem ho vechilpa khat hi, tulai nungah khat toh akicheng in, phat atamjon alunggel lhon akitoth tapoi. Kumni hahsa tah-a athoh jou hin numeinu pa henga, ‘nathilsem doh hi keidei bang ahitapoi’ tin le kha anathot tan ahile numeinu pa chun, ‘*Guaranty expire, manufacturer not responsible*’ tin anadon but tai.

* Nungah ching tah khat hin, akidei pipa miching hinam, tin ana patep in, ahenga, “Eini ikichen jou tengle napoh gih jouse abona pohhu dia kagel ahi’ atile pasal pan, “Ken poh gih kaneipoi?” ahinti le amanun, “Tua napohgih kasei bon hilouva, ‘ikichen jou teng’ kati chula !” anati.

Het dia Phachom

* Mongolia gama cheng mihi 2.8 million ahiuvin, akhapiu (capital) hi Ulaanbaatar ahi. Asunga cheng ho 90% hi Buddhism houho ahiuve. Kum 1272 A.D. chun Kublal Khan kiti alengpau chun, Jesu phatna thu hil din christian oja mi 100 gam pam a houbung hon ahin sollutna diuvin houbung ho henga thu anahille. Chu ti bangma chun Tibet a Buddhist Lama ho jong ana kouve. Lama ho chun thu ajah jah un Mongolia ana jon pai un, christian ho chun kum 10 jouvin bou, lekha themlou miho ana solui. Kum 10 jouva ahungu chun Buddhism ana machal lleh tan ahi. Tunin Mongolia a christian mi 20,000 vel bep ahi nalai-e.

* Nagaland leh Mizoram a christian ho khantou machal dan amu jeh in Tripura lengpan, 1947 masang chun, christian missionary ho Tripura a houthu phongjal din anakouve. Christian houbung hon akouna chu ana nahsah tapouve. Hijeh hin tunin Tripura a christian hi 2% bep ahitai. Ahinla Mizoram a Mizo ho 100%, chule Nagaland a 95% ahitai.

* Haryana a Hisar khoa a cheng Jacob Harmet in, January 1, 2013 nia kipat chun Bible a Old Testament hi akhut in anajih panin, kum khat leh lha ni chule ni 24 jouvin, April 24 ni chun anajih chai-e. April 25, 2015 ni chun New Testament ajih pan kit tan ahi.

* **Christian Meivah thudol :**
Christian Meivah thuso hi January 1986 kuma ana kiso pan ahin, kum khat lahman Rs. 50/- bou ahung hi peh in, 2014 a pat in Rs. 100/- ahi tai. *Kakipana chu ahile :*
 Pu Rev. M. Haokhothong, Editor in achang seh-a tanglou hela tuni chana, kum 30 bang hing jinga aso thei hi akidangin, Pathen phatthei boh changa ahi. Joint Editor, Manager, Publisher, Patron member, Memorial member, Life member, kiti ho umkhalou, lunglut tah a ahin so jinghi pachat louthei ahipoi.

Chule athuso hi mi jouse dinga phachom thei cheh ahin, bolsa tohsa ho kisei lou, chinpha thei ki hilna thei ho, insung dinga pha, dam theina ho, het-a phachom ho, akiso. Apatna pen chu asim jousen koima chaa hilouva amaa banga agelthei nahi ahi. Aneitum umlouva asim jousea ahithe i hi apatna pen ahi. Akiso patna kona kahin sim jing jeh-a, hitia kahin seingam ahi.

(Rev. Seikholen)

* Vana thil umho atamjo muna thei vannoi-a Telescope alenpen ding khat China ten asem laitah-u ahi. Diameter hi meter 500 hiding ahi. Van a gamla tah tah a ahsi ho jong mudoh theina ding ahi.

* Gari hihen, cycle hijongle khat cha lhai louna khopi (city) hi Italy gama Venice khopi ahi.

* Vannoi-a train (rail) lhai-a hatpen, Japan ah aumin, pung khat in km. 581 alhai jouve.

Christian Meivah - sim ho taona akiman peh jinge. Kum sumto Rs. 100/- ahin, asim nom jousen hin peuvin, sum napeh lhaa kona kum nakisim peh ding ahi. M.O. hin thot hon Editor kipe ding lekha beh a namin le address suntei un. Editor pu Mobile No. 94355-51080. Manipur le Nagaland a sumto peh na thei ho :-

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Hetsah nom ho

* Champra (Lemon) aneo ho loi, kehni soa akeh keh chu athal ngaa, koi-a, long (clove) tia kihe masala khu, champra chu 15 tobang itun (isot) lut-a, hichu insunga thoukang umna mun hoa akikoi le thoukang ten anam chu ajah dauva, jam jam uva umta lou diu ahi.

* India sunga Stadium lenpen hi Kolkata a Salt Lake Stadium ahi.

* Vannoi leiset-a, amun sang pena um khopi (highest city) Peru a, La Rinconada (16,728 ft.) khu ahi.

* India a mun sangpena um lenna kingahna (airport) hi Leh (Jammu & Kashmir) a um Kushok Bakula Rimpochhe tia kihe khu ahi.

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To :

Editor :
 Rev. M. Haokhothong,
 C/o, Tingjanem Manchong
 Nichols High School, Satrihari, K.C. Road,
 P. O. Rehahari -781008, Guwahati, Assam.