

Christian Meivah

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Lhani seh thuso

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Dih nasah chu dih jilou

Mihem hi apu, apa nei, tah sa nei, lungthim nei, chule midang lah-a lhanom Pathen thilsem khat ahi. Lung gelthei, chamlhatna nei, apha le ase het khenna thei nei jong ahi. Adei tah-a chule acham tah-a kisanom jong ahi. Hijeh hin mihem hi ganhing, gancha ho sangin achung nung joi. Ahinlah Pathen noilam peh-a hing ahi. David in, “Mihem hi ipi hi-a nangin hibanga nagel khoha, mihem chapa hi ipi ham hibanga nakhohsah?” tin Pathen ana donge (Ps.8:4).

Mihem in Pathenin ipi hidia asem ham tihi hehen hehijongle Pathenin mihem dia athilgon akhel deh poi. Themgao Isaiah in Pathenin hitin aseie, “Leiset sanga van asan joh bang hin, keima lampi ho chu nangho lampi ho sang in asang jon, chule kalung gel ho jong chu nangho lunggel ho sangin asang joi” ati (Isa. 55:9). Hijeh chun, mihem in ama sanga lenjo Pathen aume, ti atahsan a, Pathen lung ahol ngai ahi.

Masang lai in, themgao Jeremiah in jong Pathen loupina ana hen, “O Pakai, mihem hinkho hi ama khut-a um ahipoi, keiman kahe

tai ... neisu dih tan, nalunghan pum in talen neipe hih un, achuti loule manlou neiso ding ahi” anati (Jer. 10:23-24). Miching pan jong hitin eina gihsal uve, “Mihem khat din lampi khat chu lamdih bangin aki mun, ahivangin hiche lampi chu atop na thina ahi” (Prov. 14:12). Mihem in dih a agel thil tampi, Pathen mit mun adih jipoi.

1. *Samuel leh David* : Leng Saul khela lenga pang din, Pathenin Samuel henga, Jesse chapate lah-a khat chu thao anu din ana sei tai (1 Sam. 16). Samuel chu themgao khat ahin, mihem khat ahi jeh in, mihem khat bangin lung agel in chule mihem khat bangin thil hetna anei-e. Hijeh chun Jesse chapa alenpen amu chun, “ka angunga dingpa hi hitei inte” tin agele (1 Sam. 16:6). Ahinla Pathenin, “Pakai in mihem thilvet tobanga avet ji ahipoi, mihemin vang apolam mel put avet ahin, Pakai in alungthim sung joh avet ahi” tin Samuel henga ana sei tai (1 Sam. 16:7).

Chuin Jesse in, achapa gup jen chu aban banin Samuel angung a asol lut in, Samuel in, “Amaho hi Pakai in alheng poi” ati. Chuin acha pa asaginapa, alhumpen David akou

sah tan, Pathenin Samuel henga ama chu leng din thao nun atin, thao ana nutai (1 Sam. 16:12-13). Jesse chun Pathenin leng dia David alhen ding ana tahsan pon, Samuel ang-ah kou jong ana koupoi. Ahinla mihem sung lam ve Pathenin in, Jesse chapa aneo pen kelngoi chinga apansah pau chu leng din ana lhenge. Mihem lungdei leh Pathen lungdei akibang poi.

2. *Nadab leh Abihu* : Mihemin dih asah atamjo Pathen mitmun adihpoi. Aaron chapa teni Nadab le Abihu chun thempu hina kin abol lhon vangin Pathen lungdei anahol lhon poi. Pathen maichama haalnam haalna ding mei chu Mose in anasei bangin amang lhon pon, hijeh chun Pathena konin meikou ahungin ama ni chu ahal lih lhon tai (Levi. 10:1-3). Amani gel dana chu haalnam haal theina ding mei chu ipi mei hijongle asepoi, tia analah lhon ahi. Pathen sanga ching kisakha lhon ahi, athilo lhontai.

3. *Uzzah* : 2 Samuel 6:1-8 akisim leh Uzzah in Pathen thingkong ana tham jeh in athiloi. Uzzah chun thil pha kabol ahi, Pathen in pha sante tia anagel vangin, achunga Pathen alung hangin apet pet in atah tan ahi. Ahinla Pathenin aseisa akhel ji poi. “Thil teng se chu (Levi hilou ten) khat a khat cha jong atoh khah louhel diu ahi, achuti louleh athilo jeng diu ahi” (Number 4:15), ti hi Pathenin anaseisa ahi. Pathen in aseie ngaite alungset-e. Uzzah in Pathen thu anit lou jeh in athilo tai. Mi tam

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pin houlam napha katonge tinante, ahinla amaho chu Pathen sei ngailou, juilou ahiule kipampai ding ahi, tin Jesun anasei-e (Mat. 7:21-22).

4. *Ananias leh Sapphira* : Pathen hou ho Jerusalem a akikhop tillai chun, Ananias le Sapphira alepche lhonin, Pathenin ani lhonin athisah in ahi (Acts 5:1-11). Mi phabep in idia kithisah ham, agam lhon amania ahin sum apehnom jat ahinto lhon ahi, tin nelnante. Mi abangin, achonsetna lhon chu neocha ahi, thina kham ahi poi, tin jong sei inte. Ahinla jou sei na dia alung lhona Satan akoulut lho na, Lhagao Theng henga ajou aseie lhon chu Pathen ajou lhez lhon chu chonset lentah ahi.

5. *Pathen seiho ngai ding* : Leng dia thao nuding ati chun, Samuel in Jesse chapate khat pou pou phanan te tin anagel poi. Pathenin adei chu bou ana holin, Pathen thu ana ngai in ahi (1 Sam. 16). Mihem hi Pathen sanga chingjo lou ahi. Mi tamtah hi ama ngaito dihsa, Nadab, Abihu le Uzzah tobang ahi. Thulhem hilou thu tah le lhagao a Pathen hou ding ahi (Jn. 4:24).

Pathen deilam hilouva mi hem deilama Pathen hou atame (Mt. 15:9). Ama lungdei a Pathen houho mangthai diu ahi. Hijeh chun kituh gah jingutin, kitim themute. “Achai na kei in, Pathen gingin, athupeh chengse nit soh kei in, ... guhthima kitong jouse pum a, thutanna muna ahin lhut sohkei ding ahi” tihi melchih ute (Eccles. 12:13-14).

Lekha bu chu akhup tai

Jesun, ahung khandohna kho Nazareth a Pathen ni-in, hou-in kaina ana nei in, abol ngai bangin hou lekhabu sim din ana ding tai. Ama hon Isaiah lekhabu ana peuve. Aman, Isaiah 61:1-2 chu aphongin, chule ana simin, asim joup hat in, *le khabu chu akhup in* ana toutai (Lk. 4:16-20). Pathen na ahin tohpat til ahin, a-ina hunga, hitia thutheng ana sim chu akhoa aloi agol hon asang thei pouvin, chuin aman, “Themgao koima ama gam sungah min ajop ngai poi” tin ana sei-e (Lk.4:24).

Lk.4:20 ah, “Chuin aman *lekhabu chu akhup in*, lhachale khut a apen, atoutan ahi” tin akisune. Jesun asim chu themgao Isaiah lekha bu ahin, asim jouvin akhup in ahi, kiti thu hi isimleh thusim danin akisim theinan, ahinla asung thu thuh tah uma ahi. Hichu Jesu hung pen lona leh ahung tohdoh ding akin chu ahi.

1. *Jesun, Kitepna Lui (O.T.) a themgao thusei ho akhup ahitai* : Kitepna Lui in, Pathen thao nusa, Messiah khat ahung pen ding anasei in ahi. Ama numei chilhah hiding ti akisei-e (Gen.3:15), Abraham son le chilhah hiding (Gen.22:18), chule David son le chilhah hiding (Ps. 89:3-4) ahi. Pathenin Mose henga anasei banga, hiche Messiah hi Pathen khela thusei a pang ding ahi (Jer. 23:5-6). Themgao in thu ama sei ho chu Jesua akisu bulhit tai.

Themgao thu masei a chun ama chu nungah thenga kona peng ding (Isa.7:14), Bethlehem a peng ding (Micah 5:2), Pathen Chapa hi ding (Isa.9:6), tihi ahi. Ahinkho man ding dan, mihon adeimo diu, thia chule kivui ding tiho jong aki masei soh-e (Isa.53). Calvary mola athoh na ding jong, apen masang peh in ana kiphong doh tai (Ps.22). Hiche hon aseina hi, Jesun keima Messiah chu kahi, koima dang Messiah ahi tia nga ding ahitapoi, atia lekhabu chu akhup ahitai.

2. *Kitepna Lui a thu kimasei ho kisubukip ahitai, tia lekhabu chu akhup ahitai* : Pathen lunggel ipi ham ti Mose in miho henga aseithe na din, Pathenin Mose hi danthu ana pei. Ahinla tunin, Pathenin miho ko ma Jesua konin thu aseitai (Heb.1:1-2). Akikhehna chu, “Danthu chu Mosea hung kipe ahin, lungsetna le thudih vang Jesu Christa jeh a hung umdoh ahi” tihi ahi (John 1:17).

Jesun danthu lui chungaki phin un, tin koima atil poi. Miho chun danthu ajuina diuvin ana hiljon, cross a athi gei in danthu lui ana kijui-e (Heb.9:15-17). Hitin anasei-e, “Kei hi Mose danthu le themgao ho thuhil sumang dia hung in neigel hih hel un, asumang ding hilouva amolso ding joh-a hung kahi bouve” (Mt.5:17). Pathenin Kitepna Thah khat asem ding ahi, tin themgao hon ana sei ui (Jer.31:31-34). Hiche Kitepna Thah thudol hi, Heb. 8:8-12 in aseichene. Hichu Jesua kona hithei ahi.

Bol genthei thoh christian

Jesun, keima jala min nabolset uva, thujou nasei khum ule anun nom nahiuve, themgao ho jong ana bolset sau ahi, kipah un, vana nasan diu tampi aume, anati (Mat.5:11-12). Jesu natahsan jeh-a bol genthei a naum nom hinam ? Jesun ana sei bei, “Ohe, danthu them hole Phari-see mipha lhemho nadau ahi ... Vo gulse son, gulsete, damun a talen na mat diu chu iti otdoh thei-ing natiu ham ?” (Mat.23:29-33). Sabbath nia thilpha anabol jeh chun, Jesu jong Judah ten thadoh ding ana dei uve (John 5:16).

Amahon kei eibolset uleh nangho jong nabolset diu ahi, tin Jesu anasei tai (John 15:20). Peter le John jong chu hou lamkai ten ana phoh un, ahinla amani adeosa poi (Acts 4:1-4). Hitobang thusim hoa kona ihetdoh-u chu ahile, Jesu min a thoh genthei le bolsetna ho hin, Jesu tahsan ho ahansah jep jin, Jesu tahsan mi apunsah joi, tihi ahi. Christian ten suh gentheina, bol setna, jepna ho ato tengule apung jouve (Acts 8). Paul jong chun, Jesu minin bolsetna tampi ana thoh-e.

Peter in, Jesu thohna nathoh khompui ahi jeh in kipah un, Pathen thangvah un, ati (2 Pet. 4:12-16). Bible lunglut in sim jingin, tahsanin, chule kholchil in, nakisih lou ding ahi (2 Tim. 2:15, John 5:39). Christian te bolsea pang chu christian ahung hie. Paul jong chuti ahi (Acts 9).

Danthu Lui chu kilamanga Kitepna Thah a kikhel ding ahi (Heb. 10:9-10). Hiche hi Christa thina chun ahisah thei ahi (Heb. 9:16-7). Jesun Kitepna Lui chungah Kitepna Thah eipeuve.

3. *Thupi tan nikho jouleh, kho nung thudol lekhabu Jesun khup tante* : Hiche leiset dalhaa, Jesu apa kom jona lahtouva aum pet in, vantil nin aveho henga, “Jesu na komuva kona vana kilatou hi, akal tou namu bang banguva, hung kit ding ahi” ati lhone (Acts 1:11). Jesun ana seitai, “Hung kit ing ting keima umna naum theina diuva, ka hung pui ding nahiuve” (Jn. 14:3). Leiset hinkho achaina hilou, aban um ahi. Mihem tahsa hi chola, teh a, lhasama, chule thi ding ahi. Paul in aseie, “Pon in tobang kaleiset inu hi kiphe lha jongle, khut a sah lou Pathena kon tonsot in, vana ka nei-u kahe nauve” (2 Cor. 5:1).

Hiche kinepna chu Christa jala bulhing ding bou ahi. Pathen goulou ding ho bou chun kinepna hi anei diu ahi (Eph. 1:3-14). Jesu thupi tan nikho jouva, vanmun noma cheng dia kilheng doh ho Pathen to cheng khom diu ahi (2 Cor.5:10, Rom.14:12). Thupi kitan jouva Pathen to chenglou diho chu tonsot a gim gentheina Damun a peng peng diu, thila thilou diu ahi (Mat. 25:46). Akalse mihem khonung thu kisei lou ding, akiseina lekhabu chu Jesun akhup ding ahitai.

Nathi jou teng

Tupet hin nangma nahingin nahai in, navah len, na natongin ahi. Nomsa tah-a nahin pet himai thei, ahiloule genthei tah a nahin jong himai thei ahi. Niseh in ni asoh in chule alhume. Hoilai hama chapang apengin, hoilai hama mi athi. Niseh in apeng le athi vannoi a atame. Ahi leh mihem hinkho hi chomkah-a dia lei-a hing ahi. Leiset nahinkho aki chai teng hoilam najon dem? Naki het hitam? Nathi jou teng hoi-a na um dem? Eccles. 12:5.

Lhankhuh a nakivui nante, ahinla hikoma chu tonsot a nalhagao umdeh lou ding ahi. Lhagao hi thi theilou ahin, tahsa vang thithei ahi. Mei-in nakah lih hihen twi-a lhalut a thi hijongle chun, natahsa thin tin nalhagao thideh lou ding ahi. Mihem lhagao hi Pathenin tonsot a dia ana semsa ahi. Nahin pet-a natoh doh aga chun nathi jou nalhagao chenna mun asem ding ahi. Thijouva jong kihing nalai ahi, kitina ahi (Heb. 9:27). Bible in thi jouva lhunna ding mun niseh aume, khat chu Damun, hichu tonsot-a genthei tah-a hinna mun ahi ati. Chule khat kit chu Van Gam ahin, tonsot-a kipah-a Pathen toh chenkhomna mun ahi. Jesu tah san ho, Pathen sei ngai ho chu Van Gama lhung diu ahi. Aselam bola Satan thu thua chonho chu Damun a lhung diu ahi. Hoijoh chu nadei em, nahin pet in kilhenin! Mat.25:30-41. Nahin pet in kigel phan!

Christa tahsan mi hin

Acts 11:26 ah, “Antioch khoa hi seijuite chu ‘Christian’ ahi sah masah penu ahi” akitin, Christa tahsan ho, aseijuitea pat Pentecost nikhoa Jesu tahsan jouse aminu chu Christian kitihi atahsan hon akisem doh-u ha, ahiloule atahsan louhon aminsah-u ham, tih akisei chenthei poi. Geltoh dia lomtah chu, Acts 5:12-42 sunga atahsan ho hindana kona hi Christa tobanga hing ahi jeh uva, Christian min hi kisah hidinga kilom tah ahi. Ajuh chu :

1. *Atahsante hindan* Acts 5:12-16, solchah ten melchihna leh thil kidang abol jouseu chu Pakai Jesu bol to banga abol-u ahi. Abon chauva lung khat tah-a ‘Solomon Hongcha’ a um khom soh kei-u ahi. Ahindanu chu thempu hole vaipote mit thip-a aum jeh uva, genthei hahsa ging lou-a aumu chu midang koiman alungjo poi. Ahinla, mipi seiphat ahangun, atahsan tahbeh hon abe jingun, chu le Peter a konin Pakai Jesu mi dam sahna achal jing tai.

2. *Solchahte kibolгим*, Acts 5:17-32 : Thempu chungnung ho leh Sadducee hon Peter le solchah dang ho aman un songkula ahen tauve. Ahinla Pakai vantil in songkul kot ahong doh in solchahte chu hou-ina thu sei din asolin, amahon jong aga sei tauve. Hou-ina solchah ho thusei pet agamuvin, chu in thempu chungnung leh Sadducee hon thu atan-ui.

Mi thum kimuto

Dantuh-pa van gam jona achele sao thimtah ache jouvin, *Tahsan*-pa toh akitoh in, Tahsan pan ‘Golpa hoi-a che nahim?’ atile Dantuh pan, vam gam jona che kahi ahinti. Tahsan pan, ‘Gol, dan chu huhhingna ahipoi, dana mi koima them changlou ahi. Bible a Gal.2:16 a akisei-e. Golpa, Tahsan bou huh hingna ahi. Pathen tahsana chu huh hinga um ding ahi’ tin aseipeh tai (Acts 16:31, Eph.2:8).

Dantuh pan, ‘Dan bei-a iti nasochat thei ding ham, katahsane tin lang dan chu juida tale chun, iti them nachan ding ham, dan najui loule sohcha deh pon nate’ tia kinel pumin ache che lhone. Lampama *Ngailut*-pa anatouvin, ‘Gol teni ipi thu hitam nakinel nel lhon’ atile Dantuh pa’n, ‘Kagolpa hin, natahsan loule sohcha pon nate, eiti jeh-a ki nel kahi lhone’ ahinti.

Ngailut pan, ‘Dan le tah sana nakinel lhon chu panna bei ahi, ngailutna bei in huhhingna aumpoi. Pathen chu ngailut ahi (1 John 4:16). Ngailutna bei-a Dan le Tahsan chu panna bei ahi. Ngailutna kanei lou leh tahsan le dan chu sum-eng kivo ging tobang bou ahi’ ati (1 Cor. 13:13). Hiche pettah hin *Mipengthah* pa ahung lhungin, ‘Sopite, ipi thu hitam, nakinel boi lhez jengun ahi’ atile amahon akinel lonau thu chu ana seipeh tauve.

Jesu mina thu aseida diuva ahilu chu anit pouvin, Jerusalem sungah Jesu hindoh kit thu aseithangsoh tauvin ahi. Chule Jesu ana thau phu achung uva chuhsah agot danun aseiu, themmo achan tauve.

3. *Pathen thua nun ding*, Acts 5:29: Thempu ho leh Sadducee hon atil set jeh un, ajapha chun alung hangun, solchah ho chu thadoh jeng din akilol lha tauve (Acts 5:33). Pa thenin Gamaliel chu vantil in amang in, aman thempu ho leh akilol lhahojah-a, “Hiche miho chungna hi ipi bol ding natu ham, kichih thei-un” tin ana phoh tang tan ahi (Acts 5:35).

Solchah ho chu hou vaipo loi chun avouvin, Jesu mina thu aseikit louna diuvin, agihsal un alha doh tauve. Alha doh phat un, solchah ho apot un, Pakai Jesu min jala hesoh genthei athoh-u akipah ui. Niseh in hou-in leh in tinah tanglou helin thu ana hilun, Jesu chu Messiah ahi, tin Kipana Thupha aseiphong jinguve (Acts 5:40-42).

Solchah ho leh dih tah a Pakai Jesu tahsan ho hindan thu Acts 5:12-42 sunga kisun hi phatecha sima, hetoh jouse, Christa dih tah a hangtah-a tahsan ahi jeh uva, aminu ‘Christian’ a minvo ding hi kilom tah ahi (Acts 11:26). Hiche sima sopi, nangma chu ‘Christian’ nakiti leh dih nasana dem? Hiche min dihtah leh mintheng hi asuboh atamin atam tai. Ikichih thei-u angai lhez-e.

(Dr. T. Lunkim)

Pengthah pa'n, 'Sopite, thu hi ihetchet loule akinel ding chu ahinai, phaten ngai un, adihpa chu hiche ahi :

1. Nicodemus chu Danthu them, danjui ahin chule tahsan jala Them pu Chungnunga pang ahi. Pathen angailut jeh-a, jan'a Pakai koma guhthima chea ahi. Pakai Jesun ima jousea chonpha ahi ahen, nabat khat vang aume, chungu kona nathah penkit loule Pathen gam namu lou ding ahi, atipeh-e (John 3:5).

2. Hijeh chun tahsaa penga chu tah saa ahin, Lhagao-a nathah penkit ding ahi. Kasei hi ngai-in lang jui in tin Jesun Nicodemus henga anasei tai.

3. Tahbeh-a seidin, eiho hi ipenthah jou teng, dan thu phate cha jui ngai ahi. Ipentah teng itahsan chu hinna ahin chule itahsana dan ijui teng Pa then chu kingailu ding ahi.

4. Nahung kinel nau hi, mipengthah hon abona anei-u ahitai, pentah hi pang lou-a chu sochatna umthei lou hel ahi, atipeh tai.

5. Kanung hinjui un, thakhat ihuive. Mihem khat tahsa tobang ahin, mit le nakol, khut le keng, mihem tipuma ahibanga, dan le tahsan, ngailut leh kinep hi apan khom louleh huhhingna kimu jou lou ding ahi, ati.

Hiche jouvin amaho hi huh hingpu Jesun akimu piuvun, "Kei-a naum uva kei jong nanghoa kaum leh nagot chan thumun, kibol peh ding nahuive, mi kei-a umlou chu, thingbah banga kisat lhaa mei-a kileh

lut ding ahi" ati. Chuin, amaho hin pengthah louva thilpha bol chu huh hingna ahilou dan akihet chet tauvin, kipah tah in apang khom tauve.

(Hiche thusim hi adih-a dih, ahivanga keima semthu ahi). (Rev. *Seikholen*)

Henasaa chonset bol

Tulai hin numei tamtah in acha asubei in, Pathenin apeh acha hoitah chu atahat doh jie. Cha suhbei na ajeh hi tampi uminte. Cha suhbei hi English in 'Abortion' akiti. Icha thangam hi, chonset lentah hinte. Naobua umsa thadoh hi voujang nat na tah ahi. Hiche pap chun, numei abang in chadang jong avopji tapoi. Gam vaipoten gamsa tha, ajadauvun gamjang vacha, sa that-ho chu song kul gei in akikhum loi. Sa kithat sanga mi kithat chu khohjo tei ahi. Pathen in apeng dia asem khat kisutang ahi in, pap ahi.

Apen teng atahsa bukim lou ding, kisuh lou ding ahi, abortion bol doh in tia min eisei peh thei-u ahin, ahinla Pathen lekhabun, 'tibukima apen lou dingle that in' tin jong eihil kha pouve. Mi kithat chu chonset a simding hei, chonphat a sim ding ham, phatea gel angai-e. Anu naobu a naosen mona bei nomtah-a hai chu lou nehsah a, ahiloule abeh beh a lah doh chu, naosen chun ichanin athohlel tadem, gelun. Naobu sunga kisai saijongle ima ahinna ding kibol thei talou, themmona beihel naocha chu apennom vanga, kithat joh ahin Pathenin avetlel tei ding ahi.

Naosen chunla ahinna thei dia pao seithei lou, anu, apa, chule louthem hon athina ding abol uva, naocha chu athi gei-a kisai sai jeng, lainat aume. Herod lengpan Jesu tha doh na dinga, Bethlehem chapang kumnia lhah noilamse anatha sanga jong tulai ichonset nau hi khohjo dan in aumtai. Kikhol temun ! Abortion kibol naocha ho lah-a chu mi thupi mi loupi, lamkai pha ding ho jaotei ding ahi.

Masang lai-in Solomon leng pan, themmona beiho that mi chu Pathenin akidah-e, anati (Prov.6:16-17). Old Testament leh New Testament a toltha adih ahipoi, tin imuve (Ex.20:13, Rom. 13:9). Bible in tol tha phat loudan avel velin ase tai. Paul in, tolthat chu Pathen gama lut ponte anati (1 Cor.6:9-10). Paul in toltha hi mihem tahsa thilbol ahin, Pathen gama lut theilou ahi, ati (Gal. 5:19-21). John in, tolthat lung sunga tonsot hinna aumpoi, ati (1 John 3:15). Amaho chu Damun mei kou sunga lut ding ahuive, ati (Rev.21:8).

Naovop nule atah a pang doctor, nurse tolthat-a akisim lou dia ahile naocha chu kon atha hintem ? Mihem khat in lhagao anei in, van noi leiset pumpi sangin mihem khat lhagao aman amam joi. Mihem hin kho hi naobua kipan ahitai (Jer.1:5). Mihem hinkho hi Pathen thilpeh ahi Pathen janaa suhset lou ding ahi (Acts 17:25). Koitobang in, athil bolkel jeh-a chu, alung ahin hei monga, akisih-a Pathen koma ngai-

dam akithum leh Pathenin ngaidam athum chu lungthenga athuma amu leh ngaidam changthei dia tahsan ahi, henasaa abol lou ahikhah le ngaidam hinte.

Kichen athupi dan

Kichen hi Pathenin Eden hon'a ana thenso ahitai (Gen.2:23-25). Pasal khat akiloipi thei ding numei khat toh kicheng ahi (Gen.2:18). Abana cha le nao ahin nei lhon ahi (Gen.1:26-28, Ps.127:3-5, 128; Malachi 2:14-15). Tulai hin Satan in insung ho suhboi ago jingin, nupa jong achoboi aumtai. Nupa abang vang kichengsa ahilhon jong sumila aume. Bible in kichen ipi ahi, atim tichu veu hite :

1. *Kichen hi Pathen patdoh ahi* : 'Amani pumni hitalouva, pumkhat hilhon ding ahi. Hijeh chun Pathen gopsa chu mihemin sukhen hih hen' (Mat. 19:6). Pathen phatsah louva, mi kicheng hon insung nom, kipana, chamna insung aneipoi.

2. *Kichen hi Pathen danthun anop peh ahi* : 'Ajipa ahin laisea numei chu akihen ahin, ajipa thi teng vangle a-onghol ahitan, Pakai lungdei adei dei to kicheng thei ahitai' (1 Cor. 7:39). Leng Herod in Herodias aki chenpi chu John Baptist in adihpoi ati jeh in, John chu akithat-e (Mat. 14:4). Leng Herod chu christian ahi lou vangin, Pathen danthu noi-a hing anahi. Christian hihen christian lou hijongle Pathen anga nikhat achung thu kikhol ding ahi.

Pakai Jesun mitoh jon jeh tilouva ji dalou ding anati. ‘Mito ajon jeh tilouva aji daa numei dang kichenpi chan chu mito jong ahi’ tin Jesun ana sei-e (Mat. 19:9, 5:32, Rom. 7:2-3).

3. *Pathen mina kichen hi atheng ahi* : ‘Kichen hi mi jousen jabol cheh hen, jalkhun jong kisuboh da hen, jon thanhoi bol leh mijito jonga chu Pathenin athu atan ding ahi’ (Heb. 13:4). Kichen hi Pathen le mi hem mitmu dia athenga koi ding ahi. Numei khat le pasal khat kichen chu Pathen dei kichen chu ahi. Anu khat le apa khat hitei ding ahi, hichu Pathenin malai peh-a ana gontoh sa chu ahitai.

4. *Nangle nasenji kikh-a aheto a pang Pathen ahi* : Nakichen nikhoa pat Pathenin nachina naum chan jouse aheto ahi (Mal. 2:14, Prov. 2:17-18). Kichen khat-a mi thum apang ji-e, Pathen le jinu le jipa ahivue. Amaho thum nopna kicheng chu kichen dih ahi. Pathen pang louva kichen chu alhouji poi.

5. *Kichen dihtah chu numei khat le pasal khat kigopna chu ahi* : ‘Pasalin apa le anu alha kanga ajinu akolchah joh ding, chutengle amani chu phe khat vou khat hilhon ding ahi’ (Gen. 2:24). Nu le nu, pa le pa kichen hi tulai gam vaipo phabep in aphal tan ahi. Ahinla Bible in hichu chonset in asime (Rom. 1:26-27). Thuchih 5:18-20, ‘Kachapa, ipi dinga numei chavai chu nangin na kideipi hiya’ tin jong akisei-e.

Dhaniya (phadikom)

Hindi paova ‘Dhaniya’ English paova ‘Coriander’ Manipur hon ‘phadikom’ atiu, menam atuina dia melah-a kilhahji hi mihem dam theina tah ahi. Atum beh-a twi lah a hona, metam banga atui hi nikhat a khon khat khat akidon le junthah anomin, kal’ a athenglou kikhol ho anolha thei-e. Vun le sam jong ahoi sah in, akineho i-oi-a um jong amin sah jie. Ana jong amu jong apha in ahi. Antiseptic, anti-bacterial, analgesic, anthelmintic, anti-inflammatory, expectorant, diuretic, aphrodisiac ho anei-e.

Arthritis leh rheumatism, blood cholestrol, blood sugar, indigestion, diarrhea, oisunga gas, ho jong adamsah thei-e. Chule adang dang aphantna atame.

Chini-san, kolju (kolchu)

Chini kang (sugar) sangin chini-san (kolju) a damtheina thil atam um joi. Ahivanga tamneh ji lou ding ahi. Buneh jouva chini-san themkhat akineh le oi-a thil ho amin sah thei-e. Chini-san (jaggery, gur) ah iron aumin, chule haemoglobin (thisan) jong akalsah thei-e. Bongnoi ahiloule tuisa themkhat le chini-san themkhat akihala, chapang akhu ho akidon sah le aphadome. Numei alha thiche teng oina hon, tuisa themkhat le chini-san themkhat ki hal adonle aphachome.

Nui hi damna (Prov. 17:22)

* Lamkai pu khat in thu aseipat ma sang seh in, “Idia hia um ihivem?” tin apan jie. Nikhat mingol ho hospital anavilin, alhoh kisuh louho atou sah nau indana chun thu ahin seipatan, aman athupat nan, “Sopite, idia hia um ihivem?” tia ahin patbep leh mingol khat ahung ding doh pai in, “Pu, eiho hi nang jong, mun dangaium lou jeh uva, hia um ihivue” ana tin ahi.

* Chapang khat in ojapu henga, “Ojapu, zero neipeh hi, keigelin hi che mudin kakingaito poi” anatin ahile ojapun, “Nasei chu dih nante. Ajeh chu zero sanga neojo kaholmo jeh ahi” ana tipeh-e.

* Ukil pa khat hin, themmo kichan pa huhdoh teina din, sakhipa (witness pa) chu sumgung tampi ana pen, thilpha lou abolpet kamupoi, ti sah anagoi. Court a atou phat un, Ukil pan, sakhipa chu anai in, “Hiche mipan, khuchepa bil apelhah pet kamupoi, tia nasei ham?” tin ana dongin ahile sakhipa in, “Abil ape lhah pet kamu hih hele. Ahinla akam sunga kona ahin setlhah pet vang ka namui” ahinti.

* Nikhat buneh pet in ajinun ajipa henga, “Ikichen tillai chun, melah a satum alen len kei nei pen, tuhinla satum alen ho nanen, kei aneo nei neh sah-e. Neilungset lou hitam?” atileh ajipan, “Na ngol nah-e. Tilla nahon ho tuilou ahin, tua tuitah tah a nahon thei jeh ahivue” ati.

* *Hiche hi ipi ham?*

- Asempan ama din adeipoi. Acho pan angaicha poi. Angaicha pan la ahepoi (athipan). Ipi ham?

- *Adonbutna* : Thikong (Coffin)

* Tehse thim ojapi khat in chapang ho henga, “Tunin English Grammar a Tense thu sei ute. Ken, ‘I am beautiful’ tileng ipi Tense hintem?” atin adong ui. Chapang khat in, “Ojapi hichu Past tense ahi, ajeh chu tun nang nateh tai” anati.

* Chapang khat in a-inuva Bible aputen ana manu khat ahin phongin ahile thingna gop khat ahung chom lhai. Aman anu henga, “Henu, henu vetemin, kathilmu hi!” ahintin ahile anun jong, “Ipi namudoh heimo?” tia adohleh chapang neo chun, “Hiche hi Adam *underpant* hitei inte” ahinti.

* Company khat a natong ho hi athase behseh uve, ti thu Officer thah kigo panbep pa’n anajai. Hijeh hin aman, mithase ho chu baanhai sah ding atitai. Vaaihaam khat-a hi adin doh-a natong ho avet lele leh pasal khat baanga akingai lele in, akoma, “Nao, nangin hapta khat a sum ijat nalodoh nah em?” tia adoh le aman, “Hepu, Rs. 2000 kalo doh jouve” ahinti. Officer pa chu atouna achen Rs. 4000 ahin choi in apen, “Hin. hiche hi kilah in, tukal hung kit tahih in” tin ana soldoh in ahile amapa chu akipah lleh-e. Natong dangho heng ah, “Amahin ipi abol ham?” atile, pasal khat in, “Pu, amahi inkengten thil thahlea akigoi-u ahi” ati.

Het-a Phachom

* Independence Day hi kum seh in August 15 nileh imangu. Hiche nikhole hin Prime Minister in New Delhi a Red Fort ah, national flag (nampi pondal) akhai doh jie. Hiche nampi pondal hi office, school leh mun dang hoa jong akitah doh jin ahi. Eiho India chamlatna dia ahin kho ana phaldoh ho hiche nikhole hin akigel doh kit jie. India te cham lhatna dia pan anahalal ho lah-a, Mahatma Gandhi, Jawaharlal Nehru, le Subhas Chandra Bose, holo melchih thei ahi. Hiche nikhole hin National Anthem (nampi la) aki san chule nampi pondal akikhai doh jie.

* Japan gama school chapang hon jingkal seh leh amasapenin, minit 15 school akisutheng jiuve. Hia chun ojaho jong apang jie. Class VI chan a chonchan pha ipi ham ti akikilui. Japan hi vannoi a ahousa pen lah-a khat ahin, ahivangin amahon soh hi agoi pouvin, neijong anei pouve. Ima jouse amahon akibolun ahi. Chapang ho bu aneh sah tengule pung makhai (nidan kehkhath) phat ape uvin, olcha chan aneh sah jiuve, ajeh chu ol ola bu akineh leh oi-a phaten amine, tihi atahsanui.

* America a Alabama a, agitlou beh seh jeh ahiloule mi atha jeh a song kul a kikhum ho tilou adang ho chu Sunday nile sum (fine) apeh-a pot doh thei ahiloule hou-in akai nomle vang sum pelouva kikaisah ji ahi. Ahinla ama chun hapta seh-a police

ahiloule Pastor akimupi angai-e. Hou-in a kaiho chu kum khat akai jou tengle athemmo channa jouse ki ngaidama kilha dohji ahitai.

* Phalbi hihen nipi lai hijongle mi khat in nikhat-a twi liter 3 beh adon angai-e, hichu damsotna ahi. Adeh in, jingkal ikitho tholeh two khonni akithol lhah leh isunga natongho hi alip doh jie. Buneh masang pung makhai a, twi khon khat akidon jileh neh amin thei-e. Kisil masanga twi khon khat akidonle, *blood pressure* asunem jie. Imut masanga twi khon khat idonle *stroke* le *heart attack* adaldoh thei-e.

* Mi khat chung thu nakhol jingle ama nalungset manlou ding ahi ... Vannoi a boina jouse abona subei dia Pathenin eidei-u ahapon, boina semlou dia eidei-u joh ahi ... Van gam nahun tengle van gama lut dia nagel lou tampi jong namu ding ahi. Chule mi tampi jong nang van gama nalut chu kidang saa uminte.

* France a company khat in, vaipho (umbrella) jatchom beh khat asem doh in, hichun gojuh ding amasei thei in, vaipho kiken ding nahai jongle naseipeh ding, gel-in khehden jong le selou ahi. Amin hi “Oombrella” atiuve.

* Dumchep (smoking) meikhu hi mihem ‘lung cancer’ pea ahin, kum seh in mi tamtah athat jinge. Khatvei kijoplut meikhu sunga cancer sem ding thil 60 apang jie. Michep pet meikhu kijoplut jong aphapoi.

Christian Meivah - sim ho taona akiman peh jinge. Kum sumto Rs. 100/- ahin, asim nom jousen hin peuv, sum napeh lhaa kona kum nakisim peh ding ahi. M.O. hin thot hon Editor kipe ding lekha beh a namin le address suntei un. Editor pu Mobile No. 94355-51080. Manipur le Nagaland a sumto peh na thei ho :-

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- 8) Mr. Seikholun Singsit, Kohima.
- 9) Mr. Kapcha Singsit, Dimapur.

Het-a phachom ho

* Pasal sangin numei in amit atam saat jie (blinking) ... Khoiju hi kum tamtah kikoi jongle selou ahi.

* Planet Mars sunga mol sangpen hi ‘Mount Olympus’ ahin, 13.6 miles asaange. India sunga um Mount Everest hi vannoi-a asang pen ahin, miles 5.5 bou saang ahi.

* Tuni gei-a lha (moon) sunga lut a lam jot mi 12 alhingtai ... Mihem tamna pen khopi hi ‘Tokyo’ ahi.

* Blood Cancer damna lou aum tai akiti. Amin ‘Imitinef Mercilet’ ahi. Chennai a ‘Adyar Cancer Institute’ a dohthei thei ahi. Phone - 044-24910754044 -24910754, 044-24911526044 -24911526.

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