

Christian Meivah

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Anai-a nai, agama gamla

Christmas masa pen nikho geldoh temun ! Judah thempuho dia anai-a nai, agama gamla anahi. Mt. 2 ah Jesu naosena Bethlehem khoa ahung pen thu imuve. Ahsi chung chang hethem (ahsi lekha them) ho Jesu kimupia ahung thu aume. Eihon ahsi lekha themho hindol akihe poi. Koiho hiuva, mi ijat hiuva, hoi-a ko na hung konuva, leng pen thu iti aki jah uva, ahsi umchan iti aheth uva ham tiho ihepouve. Ahinla Bible akisim le amaho hi Jesu houva gamla tah-a kona hung kalson ahiuve, tivang aki hei (Mt.2:2).

Ahung hungun, Jerusalem khopia ahung lut un, Judahte Lengpa penna mun hoilai ham, tin adong leuve. Herod lengpan athudoh-u chu ajan atijan, ama ma Pathen ging mi ahipon, leng pen ding thu kimasei chu ahekhapon, ama khel ding dan in atahsanin akichan, apen ding dol hethem dia aheth Judah thempu pipu hole danthu lekha hethem ho akou in, ana dong tai. Amahon, “Judea gam sung Bethlehem a peng ding ahi” atipeh tauve (Mt.2:5-6). Hitia ajah phat chun, apenga naosen Jesu chu thadoh loi ding alunga akontai.

1) Thempu pipu holeh hou thudol hethem (danthu lam them) ho chun, Judahte lengpa Jesu, pen ding phat le mun ho chu ahe nauvin, idia thip beh a umuva, gahola gahou ding jong anati louvu hintem ! Leng ahila atiuva, kimupi ding jong gellou hel ana hiuve. Tulai a eiho phabep in Jesu hi huhhingpu, van gama eipui lut dingpa ahi, ti inop uva, phatea ihou louvu toh akibange. Bethlehem a lengpa apeng tai, tia mihon thu athe thangu jong anaja nauvinte. Ajeh chu ahsi lekha them ho Herod lengpa koma ahung chu, Jesu pen jou sang peh ahi. Leng Jesu holdoh ding ati pouve.

Bethlehem chu Km. 8 vel bou ahin, kengin cheule pung ni a lhung ding ahiuve. Kinaicha umu ahivanga kigamlat tah ahidoh tauve. Bethlehem chu kho neo ahin, holdoh hah louhel ding jong ahi.

2) Ahsi lekha them ho chun, ahou diu leng apenge, ti aheuin, leng penna ding mun thu hi phaten jong ahechen pouve. Ahinla miching ahi jeh-un, lengpa hi chibai boh ding le hou ding, ti ngaitonan, ahsi nung ahin jui un, km. 300 vel lampi ahinjot ui. Thempu pipu holeh danthu them ho

chun vang, apeng ding lengpa chu ahsi lekha themho sanga ahethma ma -u ahin, a-Pakaipau adon tapouve. 3) Amaho lah-a mi khat beh in jong, gam helou ahsi lekha themho chu Bethlehem khoa pui ding jong agel pha pouve. Alengpau Jesu a kona km. 8 bou gamla hijongleu, anahsah pouve. Ahsi lekha themho chun km. 300 vel lampia Jesu ahung holu ahin, Judah thempu ho vang chu, km. 8 a jong chenom lou ahi. Anai a nai, agama gamla ahiuve.

Oimona thei thil thum aume. *Khat* a chun, Jesu pen ajah jah chun leng Herod chu, lunganna le vetda na in ana dime. *Ninaa*, Jesu pen chu Herod din lung linglaona ahin, athu neina kilahpeh ding ham, aloupina a kona kidomlha ding ham, apanmun a-ot ding hitam, ti kichatna ho anei lo tai. Tulai hin jong mi phabep hi, aning anop-a aumnom jeh un, Jesu adeipoi. *Athumnaa*, hiche lai Judah te chun, leng Jesu donin aseppoi. Ama ho hou chu asahlut jeh un, Messiah hung pen ding jajong leu anahsah pouve. Tulai hin jong mi phabep lunga Jesu imacha ahipoi.

Ahsi lekha themho hi achih nau achombep in, Pathen jong atah san un ahi. *Khatnaa*, hetna thepna kiti hi, mi jousen phabep bep vang anei-e. Hetna thepna in mi Jesu atah san sah ahipoi. *Ninaa*, boltheina le phatpha neina in mi Jesu atahsan sah joupoi. Boltheina le phatpha hi Jesu houna din kibang chet in akimui.

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Amavang ngaichat pipen chu lungthim ahi. Thu kija, thil kihe ho, thu kisei ho chung a thunei pen hi lungthim leh lungchang ahi. Iti san ding, iti ngaito ding tiho hi mihem lung in agelkhen ji ahi. John 3 a kison Nicodemus chu, Pharisee mi, Judah te vaipopa, Judahte hou-ina luboh khat ahin, khovah pet a Jesu hol ding ana kichai. Ajeh chu ama jong hou thu he mi khat ahin, min amu ding ana jahchai. Jesu hi koi ham ahechen nomin, janlai in gamla tah-a ahungin Jesu akimupin ahi. Mihem lungin bol tange atile, muthim lah ajot ding hi jongle khoh asapoi. Ahinla Mt. 2 a thempu pipu hole danthu them ho chun, km. 8 bou chea leng Jesu pen photchen ding jong anago pouve.

Tulai hin jong, hou-in kai jinga, Pathen la sajinga, Jesu ahuh hingpu dia kisan loulai uma ahi. Ama ho hi Pakai Jesun, “Pathen lenggam komchaa naume” tia aseipeh lah-a pang ahi (Mk.12:34). Jesu leh them pu ho kigamlat chu km. 8 bou ahin, kinaicha anahiue. Ahinla Jesu toh kimuto din anache pouve. Nangle kei jong kikhoh hite, Jesu komchaa iuma ama ihol nomlou ham ? Ajeh chu nikhat teng mihem jouse Jesu anga dinga, Jesun achungthu atan ding aume (Rom.14:11).

Aw Kipana Christmas

La khat hin, “Aw kipana christmas kavahchoi lai hin” ati. Na kipana thei christmas a ipi umham ?

Golle pai toh noma lenle, vohsa ah sa neh, von thah kichoh tiho hi ikipa piu ham ? Hiche ho kipapi sanga, 'keidia huhhingpu penni ahi' tia kipa thanopna nei ijat ihi diuven ? Ikipa pi penu chu Jesu pen hi ahin, ahinla hichu phaten igeldohji pouve. Hiche jeh-a hi christian te hi midang mit-a ichoma ikilan doh louvu ahi jie. La thah bua, "Kakipah tangei-e tu vang in, lhandampu chonem tah le mi lungset chun, kalhagao ahuhhing kit tai" ti la sempa'n akipapi pen hi Jesu ahi.

Christmas tengle neh le chah naha geldoh pen em ? Achutile alha sam nahitai. Jesu joh hagel doh jon. Christmas a Jesu kipapi louho chu, Pathen oilou hon christmas aman jiu toh kibang bep seu ahi. Christmas a Jesu deilou ho lah-a Herod lengpa jong khat ahi. Ajou jou ase in, akam a Jesu lemnom akisan, alunga Jesu that nom mi anahi (Mt. 2). Ahinla solam miching ho chun Herod sangin Pathen ana kilhen jouvin, Herod koma Jesu pen thu analhut tapouve.

Ima jouse sanga Pathen ki lhen joh, Pathen gin joh hi lolhinna ahi. Pathen thu ngaiho chu Pathenin akithopin, lhepna in lhem jogle ajou pon ahi. Solam miching hon, Herod umna lampi apel uva, lam chom joh a ainuva akileu chu Herod in aheta ahin deluva lamkah-a atha gam thei-u anahi. Pathenin apui jeh un hichu anasoh poi. Pathen thang vah ute. Sopi, tuchung christmas a hin lei mihem nakilhen sangin Pathen

joh kilhenin, phatthei boh nachan ding, chule nakisih louhel ding ahi. Pathenin nachonset asoptheng ding ahi. Pathen thu ngai hi chonset ahi poi. Pathen thu toh kikal louva hin kho mangho henga chamna aume. Solam miching ho henga Pathenin Herod henga kile kit dauvin, tia ana hil chun solam miching hon, "Idinam Pathen" tin anale doh kit pouve. Pathen thu chu anajui jengui. Eihon jong Pathenin, "bol hih in, ne hih in, che hih in" atiho nit angai-e. Pathen in ima jouse aheta ahi.

Christmas hi Pathen lung lhaina din mang ute. Jesu nu Mary henga Gabriel vantil in, "Nagai-a cha pa khat nahin ding" ati chun kanom poi tisangin, 'Pakai nalha chanu kei chung a nasei bangin guilhung hen' anati jon ahi (Lk. 2:26-38). Mary Pathen tahsan danhi eihon kihilnan nei ute. Numei jouse Mary banga Pathen tahsan jeng dinga umu hileh avangpha nadinguve ! Pathen sei angai jeh-a Pathenin Mary adop sanga huhhingpu Jesu nu ahisah-a, akhang akhanga christian ten asuh mil lou ahitai. Pathenin nadomsang nome.

Jesu kiti min hi Gabriel vantil in Mary koma nacha min hiding ahi anatin, chule Joseph koma jong amin Jesu nasah ding ahi, anati. Van a kona kiminsah ahin, akidange. Koi tobang in hiche min hi kadeipoi, ka ngainom poi, atileh amachu themmo changsa ahi. Pathen minsah dema chu, themmo chang tei inte.

Jesu hungpen ding thu

Pakai Jesu mihema apen hi, Israelte nga jing leng Messiah a panga, leiset a vaipo dia ana kisei lona chu, Isaiah themgao lekhabu 9:1-7 lai-a kisei hileh Micah themgao lekhabu 5:2 lai-a kisei hi, Pakai Jesu ahi tia Christa tahsan christian jousen apom ahi. Ajeh chu Mary koma Gabriel vantil in ase hitoh kibang chet-a kila ahi (Lk.1:26-38).

Vantil in Mary koma, Jesu pen ding ase, "Nunom in sah chungnung nu Pakai in naumpi jinge. Nagai-a chapa khat nahin ding amin Jesu nasah ding ahi. Chungnung pen chapa kitia, Pakai Pathen in apu David touna atousah ding ahi" (Lk. 1:28-32) tin ana sei-e. Chuin Mary in vantil chu adong chenin, "Iti cha kanei thei ding ham, keila pasal toh kaki timat kapon" atin ahile, vantil in, "Lhagao Theng nachunga hung chun tin, chungnung pen thanei nan nalekhu ding, hijeh a hi apeng ding naosen theng chu Pathen Chapa kiti ding ahi" atipeh tai. "Nanulam nu Elizabeth in jong teh nungin chapa khat avop in, achinga kiseinu agai in lha gup alhing tai, ajeh chu Pathen dingin imacha ahimo poi" ati (Lk. 1:34-37).

Chuin vantil Gabriel thusei chu Mary in atahsan in akisan tai. Hitin anati, "Ven, Pakai, nalha chanu kei, nasei bangin kachunga guilhung hen" anati (Lk.1:38). Mary anop

Pakai Jesu huhhingna kin ahung chai-a, alampi ima jouse ei hung hilu ahitan, tua hi nangle kei in anung ijui ding bou ahi. Jesu atoh ding ahung chai tan, eini toh ding bou tua ibat ahi. Phaten kigel in, nakin nahet tah em, natoh pat hitam ? Leiset mihemte hi lekha ijat kithem hen lang, chihna thepna ijat kinei jong le, michonse akihi (Rom. 3). Chonset a kona huhhingna ki ngaicha cheh ahi. Hichu Jesu koma aume. Lei mihemten Pathen akimu doh sung seuvin, lung olna anei pouvin, kinepna bei hinkhoa aumui.

Jesu vanga minen chonset a dim chu mitheng soh thei ahi. Lampi dang aumpoi. Lhamonna na dei em, Jesu belin. Kinepna nadei em, Jesu belin. Chamna nadei em, Jesu belin. Lampi dang aumpoi. Tukum christmas ah Jesu phaten kibelin. Jesu kisan leh kisan lou nangma thu-thu ahi. Aphatcha na kisan leh ngaidam nachan ding, vana chengthei dia lhen nahi ding ahi. Bible in, "Ven, tuhi lah phat ahi" ati (2 Cor.6:2, Mt. 11:28-30).

Nathi teng nakivuina lhan khuh chun nalhagao tuhchah lou ding, nathi teng natahsa pumpi mei in kalha jogle nalhagao kathei deh lou, twi khanglen a lhalut in twi in in nathat jogle na lhagao thiden deh lou ding, Pathen thutanna mai a nikhat nalhagao chung thu kitan ding aume (Mt. 25:32-33). Jesu mingailutna thuhi sumil poute.

phat chun Gabriel in adalha tai. Ihet diu chu, Isaiah themgao in asei nao sen, alenggam beiti neilou ding chule apenna ding mun Bethlehem khopi ahi tia Micah themgao in asei leh adang akisei masa ho, Israelte hon anga jingu leng Messiah chu Pakai Jesu hi ahitai. Hiche hi eihon jong itahsan uva, khonunga ikisih louna diuva, Jesu ikisan cheh diu ngai ahitai.

(Dr. T. Lunkim)

Gospel tinga napan em ?

Pathen thusei jaho, Pathen dei in hingneu akidei-e. “Kipana Thu pha imachaa kasuhmo louna diuvin ijakai-a kathoh ham ham jouve” (1 Cor.9:12). Houbung mite jong Pathen thu sutanga ipan louna diuva chihthei ngai ahi. Pathen thu adihlou lama mi hil jong hi Gospel ting akihi.

1. *Midang henga Pathen thu seiphonga ipan loule ating akihi* : Ajeh chu Gospel hi mitin mitang ding ahi. Igol ipai henga Gospel thu lhut ngai ahi (Mk. 16:15-16). Lampi nia seiphong thei ahi. Kama seiphong khat ahin, iumchana seiphong jong khat ahi. Ani nia bolloi iumun, ahiloule khat seh seh bola iumun, chukitle khatcha jong bollou christian jong iumuve.

2. *Hou-in ikai thaset leh Gospel ting akihi* : Lhagao an nedia ikigot jing diu ahi. Lhagao an nelou chu Lhagao lam thua lhasam tei ahi. Hou-in kainom lou mi chun Pathen thu lhangsamle jongle min atahsan

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lou ding ahi. Asei le atoh kibang ahi angai-e. Midang jui thei, midang ki hilna thei ihu angai-e. “Doumah bol jouse bahgam hel dingle kavam hel ding, meikong le thutanna ngah-a kicha jinga um ding ihi tauve” (Heb. 10: 23-27).

3. *Christian dihtah khat hinkho imanlou tengule Gospel ting ihuive*. Gospel a hin-a chule khantou ding hi christian khat in adoi ngai ahi. Mi Pathen thu seiphonga pang hon jong amaho henga Pathen thu hung sei peh ding angaicha jingui (Heb.5: 12-14). Hijeh a hi Pathen thu hi ala-a jong pan ding apedoh a jong pan ding ahi. Akilah masat loule pehdoh ding kitam neilou ahi. Bible, Pathen thu hi hasima sim ding, chule apedoh a jong pan ding ahi.

4. *Christian khat hindung dol aki jui loule Gospel ting (asumo) akihi*: Christian khat la kihia, Pathen dei dola hinkho akiman louva ahile hin lo umlou akihi. Van gama lut loudia umho chun, Damun a lut louding ngaito dahan. Pathen sujuma pan lou ding ahi. Midih mipha ho kipal na thei semlou ding ahi. “Ijakai nabol jouseu thulam ahin, natoh lam ahin, abonchan Pakai Jesu min in boluvin” tin Paul in anasei-e (Col. 3:17).

5. *Christian khat hina ding dol inahsah daule Gospel ting ihuive* : “Thu chu moh ngai mai-mai hilouvin atongjoh hiuvin” tin Jacob in anasei tai (Jacob 1:22). Mit-a vet dia phat christian tampi, Pathen mit-a thol lou uminte, chingthei utin, eima leh

eima kisutup jingute. Ajeh chu ito bang mi nahim, nangma bouvin na kihet-e. Mitin sochatna thei, chonset ngaidamna thei, van gam lhunna thei thu loupitah hi donda poute (Heb. 2:1-3).

6. *Nathepna, nachihna, nabol theina* ho Pathen loupina naman loule Gospel ting nahi : Houbung khat chejom sah hi asunga miho ahi. Houbung mihon houbung chu kal asonsah-uva, amachal sah-u ahi. Hi chena dia chu apeh ding dolu sum le pai kitah tah a Pathen apeh jomu angai-e. Hichu Pathen lenggam keh letbe theina lampi ahi. Pathen gam kehbe houbung chu Pathenin phung vuh tei ahi. Peh a hat houbung chu ahing ahin, ahatlou chu Pathen chom ahi. “Na hopsom tolou jeh-u le thil to ding natolou jeh uva nei chomu ahiye” tin Pathenin asei-e (Malachi 3:8). Houbung mi atolom toh lou jouse chun Pathen achomu ahitai.

Atolom tohlou mi khat tou aum leh ama chun Pathen thu lhang sam ho kipe ding suma chan aneilou ahin, Pathenin themmo achan ding ahi. Ama jeh-a mi khat tou henga Pathen thu kisei peh manlou ahijie (1 Cor. 16:2). Hitia bol ho chun, “Khutgoh keova kache ding ham, eilhatpa lamto dinga” kiti lahi kisah tauhen. Amang ding ho huhdoh-a pan-a, athi dinga umho chu ngaitoa, ama ho lhagao an pedia Pathenin einganseu ahi. Nang le kei in leng gam hi ikehbe loule Pathen chu atah sa tah-a hunga abol ding ahipoi.

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Ngaman lense thulem

Peter in, keima ngaman in chetange atile aloi hon keiho toh ki lhon ute atiuve. Kong khat a atouvun jan khovah kei in len asepu un imacha aman tapouve. Lung thase tah in aum un, khovah lhah phat in, Jesu vao kama adin chu amuvin, Jesun “Gol lhang nga matsa nanei louvu ham” atile amahon kanei pouve ati tauvin, chu in Jesun na kong sih jet lama len sep un, namat dingu ahi atin, hilama chu len chu aseu leh nga atam mat val un, alenu akaidoh jou tapouvun ahi (John 21:3-13).

Peter in aloiho to jan khovah a len ase vangun ima aman pouve. Pathen lhagao bei-a houbung in acham chama missionary asol to kibang ahi. Pathen pang louva icham chama ibol jouseu alolhing poi. Min missionary asol doh-e, tia en jong ibol vangin, Pathen thu apan loule kum thum kum li kigoi jongle lhagao mangthai khat jong Jesu anga hinpui lut lou ahijie. Jesun, gollhang ho neh ding nanei um, tin ana dongin, ama hon kanei pouve, atiuve.

Jesu neh thei ding chu nanging nanei hinam ? Jesu neh thei ding chu, Lhagao le Thutah ahin, hi chu nanei hinam ? Tahsan thei, man chah thei nahia hinam ? Nahetna le nachihna, nathepna chu amantehi dia napeh hinam ? Kongsih jet lama na len chu sep in tin Jesu ana sei-e. Len hin ipi avetsah hintem ? Pathen thu

avetsah ahin, van gam chu len khat twikhanglena kisp a ngatin ngatang huikhom tobang ahi (Mt. 13:47). Hiche len chu ama thupeh a bou se ding ahi. Kongsih jet lama bou se ding ahi. Ajetlam mong monga bou seding hinte. Ajet lam hin ipi avetsah ham? Athupeh nit le athungaina chu avetsah ahi. Ahile aveilam in ipi avet sah em? Athupeh nitlou, athupeh ngailou avetsah ahi. Aveilama jong nga chu umda ponte. Ahinla athupeh loulam ahin, aveilama hin ijatvei len kisp jogle nga kiman ponte. Eiho missionary loi khat hin, athupeh lou lama len asep sep jiuve. Hijeh chun imacha aman pouve.

Kongsih jet lama len aseu chun, nga atama tam aman un, alenu akai doh jou tapouve. Pakai thu peh-a ase phat uva nga atama tam amat bangun, eihon jong ama thu peh-a ise tengule nga imat diu ahi. Abanin, Jesu to kimuto kiti hi peng thah Jesu nei tina ahi. Missionary in kum thum kumli na tong jogle lha gao khat jong amatlou tengle ama chu asakhao bei len, seppa ahi. Nga kikholna ding bei len ahi.

Ithil bol hou adih tapoi. Samaria khopama miphah lihon, ithil bolu adih tapoi, umthim thim leuhen talen imatlo diu ahi, cheu hitin lengte insung gasei peh uhite, anatiu hin ipi eivet sah-u ham? (2 Lengte 7:3-10). Amahon kisel pumin dangka le sana atama tam achom doh ui. Eiho hi miphah ho sangin ikhohjo tauve.

Pathen houbung sumle pon ikikhol kholun, hou-in len tah le hoitah isau vin, natong hon car hoitah tah bei-in kon Pathen na tong hih inte, ati ji tauve. Miphah lihon, umthim thim leuhen talen imatlo diu ahi, akiti thei uhi Pathen lung lhaina tah hinte. Ei hon vang Pathen lung lhaina hol lou vin, eiho kilung lhaina bou ihol tauve.

Talen imatlo diu ahi, akiti uve. Houva ikikhen tel uva, khat in khat ngailutna kipethei talou hi, talen imat jeh-u hitam? Ngaiton, Christian khat in christian chomkhat kithe hi dihnan tem? Christian jouse Pathen cha ahi cheh ui. Kihepi, ki ngailut to angai-e. Miphah lihon, cheu hitin lengte insung gasei peh ute, ana tiuve. Eiho jong cheu hitin, amangkon lhagao ho gaseipeh uhite. Hoilai-a um hi jong leuhen, iveluva Jesu helou lai aume. Amaho toh huh hing hikhom ute. Miphah liho thusei hi, eihon jong kitil khounan mangu hite. La khat in, *'tong jingin chim louvin tongin, lhagao mang ding in lei aloi, vannot gam tina vah len lang, lhagao mangte chu pui khom in'* ati. (Rev. Seikholen)

Blood Group in ase

- = A+ Lamkai them.
- = A- Mipontho.
- = B+ Midang dia kipe.
Athoh hat, doi le tup sang tah nei.
- = B- Ama ding hagel, alung khel nomlou.

- = O+ Midang kithopi nom.
- = O- Milung neo.
- = AB+ Amihina kihedoh joulou.
- = AB- Alhoh pha, thil hethei.

Damtheina thudol ho

Insung chate ahin, eima aki hin niseh-a thei themkhat khat neh aphai. Tahsa sung lam suthengin apange. Chate hi inpolam a lhaile chople abolle adam chome. Eiho jong niseh a kenga Km. 3 bang aki jot teile akidam joi. Alhum lam thil ho haneh lou ding ahi. Theitui sem sa hai-a kikhom ho sanga, bazar a thei kichoh-a neh chu damna ahijoi. Sema theitui hoa khun chini atam pan behseh in, tahsa din aphapoi.

Jan teng malup a jingkah le kimatho ding, pung sagi beh lupji aphai. Chapang ho vang hiche sanga saojep lumleo aphai. Pung 8 beh lupsah un, hichu damtheina ahi. Sa le nga ho haneh sanga anche lou hing haneh damna ahi. Anche lou hinga damna thei thil atame. Tahsa dia phachom lou pou kiducha jogle ngol aphai. Thao haneh lou ding, vohthao haneh lou ding, alhum jong haneh lou ding ahi.

Nikhat a twi hi tamdon ji ding ahi. Damtheina lampi ahi. Cha te din nikhat in kho 5 beh donu hen lang, anu apa leh mi kikhon lhitsa ten khon 8 beh donu hen. Anneh masang jep a phabep don ding chule anneh jou teng pung makhai leh khon khat don ji hi damna ahi. Imut

kona twi khon khat dona lupji aphai, jan juntha hon, kitho seh in kamkhat kamni donjile aphai. Twi phatea aki don leh tahsa 'detoxify' abolin, chule vun jong ahoi chome. Anneh le twi don akikop le akine ho aminsah vahji poi, aphapoi.

Phatea lhai jouva neh le chah akival lut le oi-a aminbai chom in, akidam thei chome. Japan ten vang achateu pung makhai lut in an olchan, nomtah in anehsah jiuve. So da panna donthei le nehthei ngol hi damna ahin, chini (alhum) hapanna donthei nehthei jong ngol aphai. Mi khat chu akum 40 alhin kalse chi le chini tamneh dahan. Oi va val apha poi. Hapta khat a khatvei vei beh ankong khat ngolji damna ahi, ajeh chu oi kicholdo sahna ahi. Jah an oiva set a nea, alup teng avei lam sih-a lumji ho ana thiden nome. Ajeh chu agilpin, alungchang adel phaa haisam ji ahi.

An akineh tengle thildang toh koplou hel ding ahi. Nom tah-a lung mong sela olcha chaa neh ding ahi. An neh teng TV vet, Mobile khoile, chule lunghan kitho apha poi. Jing kal a 'breakfast' phatecha neh hi, nilhum kei dia tahsa gontupna ahin, damna le hatna tah ahi. Breakfast hai lou hel ding ahi. Sunga neh le chah minna (sungmin lou) kichoh-a neh matchet lou ding ahi. Lou hi akineh joma ahile sungtha (acham chama neh minna chu) alhahsam sah jin, oitha ahatmo jitai. Tahsa damtheina ding thil ho neh a don vala pha aum poi. Damna hi adeimo aumpoi.

Christian insung dia

Inchen kiti hi, malai a sangin tulai hin ahahsa lneh tai. Hijeh hin nungah abang vang jinei louva cha nei ding dei aumin, abangma chu ji pa thunoi-a um sanga ilo kineh a nomtah-a changa hin kilhen jong aume. Insung khat hi numei khat le pasal khat in asemin, hichu Pathen thensosa anahi. Kida kiti jong hi mi hem semthu ahin, Pathenin kida hi aphalpoi. Kihet themlou in inchen asuse jie. Kingailut tei ding, kingai dam tei ding, kilungset to tei ding Pathen lungdei ahi. Nupa akikhen leh acha te athomhau in, alolhing jou pouve.

1. *Kiphal theng tah-a* kilungset ngai ahi. Idei le ingaichat ho donda a iji dei le ngaichat suhbulhit peh ding got hin, kichen adomsang in, amasot joh jin ahi. Lo lhomcha cha sang nungah khat le gollhang khat hi, akichen jouvin, numeinu natoh ahai in insung na phaten atong in, pasalpa chun lo themcha asan chu ahithe theinan ana mangcha lhonin, lha kichai teng sum mia themkhat khat anaba ji lhone. Pathen tahsan tah nupa ahilhon jeh in, boina len tah atoh lhon poi. Ajeh chu Pathen in apui lhone.

2. *Pathen nganse ding* : Insung hi Pathen puisah ding ahi. Nupa vai cha tah, ahiala Pathena hattah khat in genthei tah in Pathen na atong lhone. Sum le pai alhahsam val jeh chun ajinu chu a-in ngai in, achangin alhi soh sohjin ahi. Nilhah khat ajipa

Pathen thu sei-a achenaa kon'a ina ahungle ajinu ana um tapon, inheng nu chun, najinu chu naosonat anei jeh-a hospital kanalhut peh ahitai, ati. Sum aneilou jeh in, akengin hi koma chun ana lhajiel in, jan khovah a polama nga leh Pathena tao ana kop in, jingkal in nao asoh tai.

3. *Taona hat nupa* : Pathen na tong nupa khat hi sum lhasam beh seh lhon ahi. Nilhah khat nao chep ding bongnoi chohna ding anei lhon tapoi. Thumna thei jong ahelhon poi. Naola adangchah jeh in akap kap jenge. Suhna ding aheth lhon lou phat in Pathen henga, 'Pathen, naohi don sah ding kanei lhon poi. Kachalhon hi nangin kilah tan' tin anatao lhone. Atao jou lhonin, acha chu akap ta pon, nom tah in alum khovah tai. Pathen thilbol kidang jeh hin Pathen ana thangvah lhone.

4. *Lungkhat a pangkhom* : Nupa hi insung khantouna dia, pankhoma, lungkhat tah-a chengkhom ding ahi. Kahvah vah le kinelna lung kito lou na umnante. Hijongle hiho chu sei toh ji ding ahi. Idin dinnaa din chang teh apha poi. Chaten nupa kihanel amu tengule alung hop jiuvin, insung a akihol thei pouve. Hijeh a hi nupa hi kitoa, kihet them tei ding angai-e.

Insung boina bei leh nupa kiphun lou umkha ponte. Ahinla Pathen mai vetah a, Pathen donga, avaihom nga hi damna tah ahi. Lo sam louna din Pathen na kingai ute.

Nuiji hi damna (Prov.17:22)

* Golnu Nengboi, na inthah-u chu nom nam ?

Nengboi : Heng, anavah lneh-e. Kei din indan khat, kanaopa din in dan khat kachang lhonin, ahinla mi genthei kanu vang chu, room mujou talou, kapa toh room khat akikop lhone.

* *Thudih* : Tulai khang in jinei khel sangin, kilungto pithei ji ikimu lou dingle ichanglhat aphajoi ... Tahsan inei cheng abona khat vei sukhel in adailhah sahji ahapon, athem them a lhez-a ilhah be bona hon, abancha ahin dailhah sah ahijoi ... Nangaichat namulou jeh in phun dan, amavang nachan dilom nachan lou teng kipaje hejon.

* Driver kilhenna pangpa, judon hatpa khat in, jun kivetnaa doctor pa henga ajinu jun joh ana pei. Aki phon ni in apachang jou tapoi. Jun ve doctor pa'n ahenga, "Mi vangse nahi, nalolhing jou tapoi, ajeh chu na-jun akivet le nao navop tan ahi" ati peh-e.

* Upa ju khamthim khat hi jankim lai in, inlam jonin ahung in lampia police in, "Tu jankhang lai-a hoi-a chea nahim ?" atile aman, "Judon phat louna thu kihilna um ding ahin, hia pang dia kache ahi" ati. Police chun, "Koi pen hia janlai a mi ahil kigot ham ?" tia adohleh "Kajinu ahi" anati.

* Tongpu hi apa toh chengkhom ahin, apa chu mihao tah ahi. Ahinla apa hi midammo ahi jeh in, ji nei-a

ajinu toh, gou lokhom ding agel tai. Nikhat kikhopna khat-a nungah hoi tah khat amun, anailut in, "Kei hi nei vele chun mi-maimai danin neimu in natin, ahinla kapa mihao ahin, kum khat sung ham le ahinkho bei ding danin aumin, gou lokhom din nang hi kalhenge" tin ase tai. Nungahnu chun, "Kipa aum nah-e, hiche thu neisei peh hi, achutile napa *phone* number chu neipen, athu kahet chet na din" atin apa number chu akilah tai. Hapta ni jouvin, nungahnu chu ama din, anuno ahung hidel jeng tai. (*Hijeh hin pasal hon tukal numei noise hih un, numei in nabung bun natung get unte*).

* Angka thempan (mathematician) in, "5 sunga 4 sunin" ati.

- *China pan*, atot nahim, anati.

- *Japan pan*, ahithe lou ding khat kisei ahi, ati.

- *America pan*, nathu doh chu dih lou ahi, ati.

- *British pan*, hiche vang chu kei man *internet* a kamu hih-e, ati.

- *India pan*, chubanga bai chu iki dong hih jongle pha ahi. Hitin bolle chun hijeng atin, F (IV) E, tia ajih le asoh tai.

* Hou-in kikhenin member khat in Pastor pa henga, "Tunia na *sermon* chu apha lneh jenge, lekhabun tatdoh le chun kati" atileh, Pastor pan, "Na seikhai, ka sermon sese hi, thijou tenga lekhabua tadoh sah kagot ahi" ahin titai. Chuin member pa chun, "Kin gang tah in, hichu tatdoh le chun kati, kangah lel-e" ana tipeh-e.

Het-a phachom ho

* Leng Solomon in, alengchan kum lina 967 B.C. chun, Jerusalem hou in ana sapanin, kum 7 asah jouvin, asachai tan ahi. Hou-in chu Pathen henga ana katdoh nichun, hou-in chu Pathen loupinan ana dime (2 Chron. 7:1-3). Pathen sei bangin anasan, sana leh song mantam hon ana jem in ahi.

Hou-in asahna mun hi masanga Abraham in achapa Isaac pum go thiltoa atogotna mun lele Moriah mol chu anahi (Gen.22:2). Hiche mun laitah a hi David in pumgo thil to anabolsa jong ahi (1 Chron. 21).

* Hia sappao thucheng hoa hi, lekha jem masapen nalah doh-a thu cheng kichaina lama nabeh-a, thu cheng chu nanung simle akodoh chu kikhel lou ding ahi :

- Banana, Dresser, Grammar, Potato, Revive, Uneven, Assess.

* Chandigarh a cheng Mann Kaur kitinu hi akum 100 ahitan, khatve cha chun Canada a Vancouver golseh a ana pangin, meter 100 lhai kitetnaa meter 100 chu aman minit khat le second 21 sungin ana chai in, gold medal amui. Alo ho akitetpi akum 70, 80 ho chun kidang anasaove. Chule achapa akum 78 lhingpa chun jong adatmoi.

* China gama scientist hon, amaho gama um 'Ulan Buh Desert' tia kihe neldi gama chun, lou phabep alhah un, hon abolun, chang, kolbu, don-

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kho, dahdul thuh ho atuvn, pha te keichan ahingun, agaso tauve.

* Bong (gancha) khat hi ama lim toh kibang bong dang khat kistem peh thei ahitai. Hitia doctor hole scientist hon abol doh-u hi, sappao in, 'Clone' akiti. Alim kibang chet ahi. Atah hoiche alhem hoiche kihe theilou ahitai. Mihem jong hitia hi alim kibang chet sema, mitah chu akeng akhut akisuh lou khat tou aum leh milhem a kona akeng ham akhut ham, athin ham alung ham chu lah doh-a, mitah chu hinjom sah theina ding hithei tante, atiuve.

Nang toh kilou chet, ahilou le keitoh kilou chet asem hou chu, khonung phat khat leh khopi khat a kichen sah taleh, alhem le atah kihe mat tapon tin, khopia michom ahung lut teng koipen chutuh kimuto ding jong hemat tapou vinte, tih kichatna aum pan tai.

* Mi athisa khat min masanga sappao in 'late' kiti thucheng hi akisun jie. Ipi jeh a hiche thucheng hi hung kimang ham ti koiman aseichen jou pon, chule itih chan athisa khat chu 'late' kit ding ham tijong akisei poi. Ahinla tuni gei in, mithisa min masanga English a 'late' kiti hi akimang nalai-e.

* Mi asunga twi kikhoh ho, Diabetes, chule High Blood Pressure nei ho hi niseh-a akenga minit 20 beh lam ajot jiule amaho din aphai. Alhai ngap ule chomkhat jong lhai jiule aphai. Niseh-a kenga kilometer 3 vel lamjot tahsa din aphai.

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Christian Meivah - sim te taona akiman peh jinge. Sumto kuma Rs. 100/- ahin, asim nom hon hin peuvn, sum napeh lhaa kona kum nakisim peh ahi. M.O. hin thot hon Editor kipe ding lekha beh a namin le address suntei un. Editor pu Mobile No.94355-51080 ah hin hetsah un. Manipur le Naga land a sumto peh na thei ho :-

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Het-a phachom ho

* Chapang lhali lhing lou lai ho bong-noi donsah aphapoi. Aneo lai-a bongnoi hadon chapang ho abang vang ahung letdom teng bongnoi toh akitoh jipon, bong noi allergy aveilon, ahinkhoa bongnoi don theilou ahi jitai.

* Mumbai a christian hicheh nungah khat le gol lhang khat in kichennia ding sum akikhoh lhone. Tohmun lentah tah tong ahilhon in, ahinla sum leo behseh louvin aki cheng lhonin, chule sum tampi ana khol doh chu loubol mivaicha in sung 10 kithopina joh in ana hom peh lhon tai.

* Mi toh ikinah leh thudih aleng thei poi ... Min ahil ding janomlou mi chun hefbe lhomcha anei jie.

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