

Christian Meivah

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Lhani seh thuso

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Chamlhatna dihtah

August 15 nikho hi India dia Independence Day ahin, kum sottah British te khut noi-a ana um naa kona India chamlhat nikho ahin, suh mil thei hoi ahipoi. Hiti bangma hin, Jesu hung pen masang chun, vannoi hi chonset khut noi-a ana umin, satan in achonsete chu Damun a ana sonlut lut jengin ahi. Pathenin ama lim le mela ana sem mihem chutia Damun meikouva amanthai jeng chu athoh jou pon, chamlhat sahna din, Damun jonta ding michonse ho huhdohna din achapa Jesu vannoi a apensah in, Jesu tahsan jouse huh hing achang in, Damun ajon tapoi. Hichu Pathen milungsetna vetsahna ahitai (John 3:16).

Mihemin Damun ajot tah louna ding chamlhatna lampi Pathen in achai tah vangin, tunin vannoi lei set-a, mi tampin Jesu tahsan ding ago hih lai in ahi. Sopi, nangla Jesu tahsan vanga chamlhatna hi nanei tah em? Leiset a peng mihem jousen chamlhatna chomchom akimun ama ama dei-in hinkho amange. Tahsa mihem chamlhatna leh chenna gam chamlhatna sanga chungnungjo chamlhatna khat jong aume. Hichu

Christa a kona kimu chamlhatna ahi. Pathenin Christa vanga mihem apen chamlhatna hi lhagaova chamlhatna chu ahi (Gal.5:1). Jesua kona kimu chamlhatna neiho hi John in 'jalen tahbeh' neiho ahi, ati (John 8:36). Ahile tunia mi ijat in, hiche chamlhatna tahbeh hi anei-a hitam, geltem in! Jalen tah-a chele vahle mi aum nan, amaho lah-a atamjon chonset kiti hi ajenle nalai uve. Chonset in achung uva thu anei nalai-e. Amaho hi chonset in amanchah ho ahi. Alungthim ule alhagao-u chonset in atuhchah un, asuminsin jingui.

Amaho hi chonset in achom khen jeh un, Pathen toh akinai jou pouve. Amahon la chonset anungsun nom hih un, Pathenin amoh vet tho tauve. Leiset a ahinkhou hi agenthei in, khonung teng alhunna diu Damun in kipah tah in angah jingui. Amaho hi tonsot-a themmo chang ding ahi tauve. Rome 6:17-18 in, hitia gen theina hoa kona chamlhatna thu asei in ahi.

1. *Chamlhatna kitep peh* : Bible a chonset a kona chamlhatna hi (jalenna) eikitep peh (promise) uve. Chonsetna nendeh duh jouse chu buhbang banga kangset-a eilha diu akisune (Isa.1:18). Pakai in ichonset

nau jouse twikhnglen lilai-a alelut soh hel ding ahi (Micah 7:19). Jeremiah seidanin Pathenin achonset nau agel doh kit lou ding ahi (Jer.31:34). Mihem jouse michonse ahin, hijong le ama tahsan ho chu Pathenin achon setnau ageldoh tah lou ding ahitai (Rom.3:23). Kama kisei, lunga ki gel, toh-a kibol doh chonsetna jouse chulmanga aum ding hi nadei lou ham? Jesu tahsanin, ase jousea kona jalenna napeh ding ahi.

2. *Chamlhatna man peh ngai in tem?* Chamlhatna neina dia peh dia lom aman hi lhom lou ahi. Alhom poi tina chu, Jesu thisanin achoh ahi. Jesu Pathen chapa thisanin eichoh peh-u ahi. Jesu vanga chamlhat jou ihuive (Gal.5:1). Jesun athisana eilhat doh-u ahi (1 Pet.1:18-19). Jesu dihna chun eiho jong idih sah u ahi (2 Cor. 5:21). Eiho suhthenga iumna diuva ama kiphal doh ahi (Titus 2:13-14). Hijeh chun, lhat damna hi Jesu jeh-a ichanu ahi (Gal.1:4). Hiche chamlhatna hi mi tin chang thei ahi. Nachan hitam? (John 3:16).

3. *Chamlhat thilgon* : Chamlhatna hi mijouse din akigonge (Titus 2:11-12). Ahinla mi tampin akilah naipoi. Amu theina ding thilgon Pathen in achai ahitai. Pathen thu phatea ngai a jui ho changa ahi (Acts 3:23). Jesu natahsan angai-e (John 8:24). Nahin dan nakhel angai-e (Lk. 13:3). Mi hem ho koma Jesu koiham naphon doh ngai ahi (Rom.10:10). Tahsan umtah nahi angai-e (Rev.2:10).

2

Christian khat hinkho

Leiset mihem khat hindan leh christian khat hindan akibang poi (Col.3:1-4). Christian khat hinkho in mihem khat hinkho hi alo ding Jesun adei ahi. Colossae christian te chu chunglam thil bou angailut uva chunglam thil joh alungsetna diuvin akihile. Christa toh aki khutjop diu bou akidei peh uve. Atahsan jouse Christa toh thoudoh ahitah jeh chun chunglam thil bou agelkhoh ngai-a ahitai (Col.3:1). "Leiset chungla thil ho hilouvin chunglam thil ho jeng gel uvin" ati (Col.3:2). Hijeh a hi Jesu tahsan hon agel khoh ding pen chu, Pakai lungdei ahol masat-uva, leiset hinkho agel nukhah diu ahi.

Jesu lungdei hol masa ho chun, amaho chonset thoidamna din Jesu athitai, tihi ahet chet-u ahi. Hi jeh chun Colossae mite henga Paul in, "Nangho athisa nahi tauvin, na hinnau chu Pathen sung gila Christa toh kiseltha ahitai" anati (Col.3:3). Atahsan hon alung sung uva huh hingpu akisan tengule Christa toh thitha ahinau ahetchet sah-u ahitai. Christian ho chu chunglam thil ngailu ho ahi phat un, amaho leiset a din ima ahitapouve, tin mihon ana sei ui. Christian ho chu chonset-a hin dan nungsun ho ahitauve. Ahinkho lui-u adalhah-u ahitan, hinkho thah a hing ahi tauve. Pathen cha ahitah jeh-u chun, "mihem lui chu achonna jouse puma, ponse lelah banga na lelah sau ahitai" tin Paul in asei-e

(Col.3:9). Mihem jouse hi “mihem lui” hina puma peng ahi cheh in, Christaa akihia Christa loupinaa aki kivon tengleh chonset toh hin khom na leh chonset bol nomna jouse chu kipai doh jia ahitai (1 John 3:1-2). Christian hinkho kimanna toh kitoh thei louhel tahsa lam thil ho jong Paul in ana sei in, hichu Jesu tahsan hon adon tah lou diuvin ana hile (Col.3:8-9). Lunghan leh taitom hijong apantahi. Ilung ahan behseh tengle taitomna ahung pot jin ahi. Jousei kiti jong hi Pathen miten apai diuvin aseie. “Mihem lui” chu aki pai-a mihem thah (mithah) a aki kivon tengle christian hina kivetshah ahidan Paul in aphonduh ahi.

Hiche hi Jesu akitahsan san a kona hijeng ji ahi. Amilui dalha lou christian chu Paul in christian in asimpoi. Limthah a kivon ho chu Paul in, amihem lim dalha ho ati ahi (Col.3:10). Amaho hin Christaa sochatna anei nei uva kona mihem lui apai uva mihem thah limthah anei pan-u ahitai. Mihem thah-a hi ikivon jou tengle jat le nam kithetna, ham le pao ngaisangna hon kiloikhomna asuhset joulou ahitai (Col.3:11). Atahsan jouse chu Pathen lhentuma kigel uva, Pathen mihepina akhoh sah uva tahsa lam thil ho apai jiu ahitai (Col. 3:12). Ajeh chu hiho chu chunglam ngaichat ahipoi, ti aheth doh-u ahitai. Mihemte lah-a alhatle tengle Christa lungdei bou chu agel khoh jiu ahi (Col.3:13). Christa to hingkhom jouse mithah ahitai.

Thoh hahsa thoh ding

Tulai vannoi leiset a thilsoh ho akivet leh christian ho suh genthei a aumnau leh hou-ina kikhop pet-a kithat ho thu akija jingin ahitai. Bible in vang christian khat hijeh a bol genthei-a akium tengle jachatnaa lah sanga, Pathen joh thangvah din a hil in ahi. Thilse bol jeh-a, guchath jeh a, toltha jeh-a min eibolsetna aumle bou jachat ding ahijoi. Jesu nungjui hijeh-a suh genthei-a akium tengle jachatpi angaipoi, tin eikihil uve (Mark 3:38, Rom.1:16, 2 Tim. 1:8,12).

Jesu jeh-a bolsetna ato teng leh abolse ho chu Pakai loupina avet sah joh ngai ahi. Tina chu lung lhai sela mai lhaisela, kipah tah-a thoh ding ahi jenge (Acts 5:41). First century lai-a christian suh genthei-a um ho henga solchah Peter in, “Christa min jala houset nachanu le anunnom nahiuve, ajeh chu loupina leh Pathen Lhagao nachung uva hung chua ahi tai” ati (1 Pet. 4:14-16). Christian khat hijeh-a gentheina bolsetna toding ahileh ipi christian kihi khoh khoh ding ham, tia gel jong umthei ahi.

Adonbutna hi, kei christian kahina ajeh pipen hi van gam kalut nom jeh ahi, ti ding ahi. Van gam kalhun lou dia ahile ka tonsot gam hoilai hitan tem? Ahiloule hiche leiset hinkho kichai teng hinkho aban aumpoi tia katahsan ding hitam? Ahinla tonsot gam hi thijou teng aume, tih kinelna ding aumpoi. Hou

len jousen, tonsot gam aum nalai-e ti anom ui. Hiche tonsot gam kiti hi eiho din, ni ahin, khat chu Van Gam ahin, hia chu Pathen toh kicheng khom ding ahi. Chule tonsot gam khat chu ahileh Damun ahin, hia chun Pathen aumpoi. Mihem hi Pathenin ama lim le mela asem ahin, Pathen chu amel mutheilou Lhagao ahi. Mim jong hi athi tengle atahsa hi leinoi a junmanga alhagao chu thi louva hing nalai ding, Pathen lhagao ahi jeh-a chu, hiche lhagao hinkho chu thi theilou ahi jeh-a, ahin nahlai na ding mun ni kisespeh lah a khat joh atu ding ngai ahitai (Gen. 3:19).

Thijou mihem lhagao chun mun ni lah-a khat pen ajot ngai ahitai (Luke 16:19-25). Vannoi a ni seh in mi asang sang athi jenge, ama ho chun hoilai pen chu ajon tadiu vem? Amaho hin van gam ahiloule Damun ajot jiu ahi. Hijeh a hi hinpet a ijotna ding mun kisespeh ngai-a ahitai. Jesun, “Keima hi Lampi le Atah chule Hinna chu kahi, kei-a kona chelou chu koima Pa kom alhung theipoi” anati (John 14:6). Christa bou seh in hitin ana sei ngame.

Idia aseie ngam ham? Ajeh chu ama van a kona ahung jeh ahi. Bible in “Thu (Jesu) chu tahsaphe ahung soh in, ilah uva ahung cheng in” tin aseie (John 1:1, 14). Lhep na tintang in alhep pa, ahiala lhep nan ajolou Jesu bou ahi (Heb.4:15). Lhepnan ajolou chonse lou ahi. Ei ho vang lhepna neo in ei jou jiuve.

Thina toh dia kigel lou

Vannoi leiset a hing mi abang vang ivetleh thi din akigel hih beh-e. “Jing teng nahinkhou ito banga aum ding bon helou heluva, ajeh chu nangho hi twimeie (vapour) chomcha khat hung kilahjia mangkit loiji tobang bou nahiuve” (Jacob 4:13-14). Mihem in nikhat athi ding ahaimil jie. Pathenin nikhat thi tei dia asem ahi, akihet ngai ahi. Imelchih uva pha phabep aume.

1. *Amasa penin* : Jing nikhoa ki hing nalai ding hinam akihepoi. Jing din thilgon tampi inei jiuve. Jan imut konin jing jingkala ikitho jou tenga itoh ding itham ding ho akigel toh dep in, chu in akilum jie. Jing nikho kimu mong ding hinam? Kihing na lai ding danin aki-kigel jie. Lunglut tah a akigel leh kihing lou mai thei in aki-kitahsane. Ahinla kihingle kithi leh ihinkho tuhpa Pathen chung a ki ngap phapen ahi. Chomcha khat lei hinkho man jouva, tonsot gam kijon ji ahi (Eccles. 12:5).

2. *Aninaa* : Leiset a ihinkhou hi chomcha ahi. Hinkho hi tahbah in, meikou chung a kitung mebel a kon a twihu hung doh (twimeie) tobang ahi monge. Chomkhat joule mang del ahi. Job in, “Keima hinkho hi hai khat bou ahi ti geldoh jingin, ka mit tenia hi kipana kamu kit louhel ding ahitai” anati (Job 7:7). Job in mi khat hinkho achom dan hi hai khat to atekah ahin, adih thouve.

Labol pan, “Kahin khou kum 70 bep bou ahin, adam thei tah jong kum 80 bou ahing jie” tin la anaseme (Ps.90:10). Hijeh a hi leiset a hing jing ding banga kigel lou aphaï. Ihin kah-a Pathen hola, golle pai, insung mite toh kihou thei na ding hinkho man aphaï.

3. *Pathen lungdei hol* : Jacob in Pathen geldoh seh hilouva Pathen lunglam bol dia pan lah jing ding jong eihil un ahi. Mi tampin kiveina ding thilgon anei un, mi tampin chele vale na ding ho thilgon anei jiuve. Hiche ho dia chu phat anei hinam jong agel thuh jipoi. Jacob in thilgon inei jou sea Pathen toh geltha ji ding angai dan eiseipeh ui. Ihinkhou hi Pathena aume, ti suhmil lou ding ahi. Lunga Pathen koi-a gelluhna (decision) ki sem ji ding ahi, atina ahi. Hijeh hin ihina leh ibol theina chung a kiltsah na ding aumpoi, ati ahi.

Iphat jouseu hi Pathen khut a um ahin, iti man ding ham tibou chu eiho khut-a um ahi. Jacob in na gelluhna chu ‘apha’ hithei ‘ase’ hi thei ahin, ching thei un, eitiu ahi. Ei hon ihet diu chu, Pathen deilouva lung gelluhna nei louhel ding, tipa hi ahi. Chonset a ilah louna diuva, Pathen lungdei ipi ham ti ihet hou chu Pathen dei-a suh bulhit ding ahi tihi Jacob in eihilu ahi. Pathen helou ho lungggel luhna hi, leiset a tonsot a hing jing dia kigelna lunggel avop u chu ahi. Pathen um geh guh-a, um lou banga ngaito chu ngolthu ahi.

Thoukang kipe sah hih un

Thoukang in eipe louna dia hatah a ikigin ji vangun, kho thim tengle eipet tei jiuve. Kipe sah louna dia kihabol ngai ahitai. Nat phalou apokha jiuve. India sunga thoukang jatli aumin, amahon eipe tengle ki dammo thei ahi. Amaho hi Aedes, Anopheles, Culex, chule Mansonia ahivu. Thoukang achalin (pasalin) mi apet ngai poi, amahon thingna louna twi joh achop jiuve. Thoukang anu hon thisan aneh-u angai in, nini nithuma thisan khatvei beh achop ji louvu leh cha anei thei pouve.

Thoukang khat tahsa thum in akihom thei-e. Amasa chu alu, anina chu a-om, athumna chu a-oi ahi. Thoukang tui (egg) hi ni sagia konin nisom sungin aleng thei jie. Thou kang khat hi niget a konin ni 34 sung ahing jie. Achal hi angaina mongin ahing sotpoi. Thoukang gam la tah tah-a pole thei hi gari holeh lenna ho ahi.

Thoukang in gancha adam lou, ahiloule mihem adamlou khat thi ajop-a, hichu mihem ham sa-ham adam khat apea, adamlou natpi chu akhum peh jia, hitia chu nat apunsah ahi. Anopheles thoukang in Malaria le Filaria nat apen, Culex thoukang in Japanese encephalitis, West Nile fever, viral arthritis, Bancroftian filariasis nat mi apen, chule Aedes thoukang in Dengue, Dengue haemorrhagic fever, Yellow fever, Chikungunya haemorrhagic fever,

Rift Valley fever, Filaria nat ho apeï. Mansonia thoukang in Malayan filariasis nat apeï. Thoukang nou so na mun ho umсах lou ding, invel tui vei hoa Diesel, Kerosene, leh lou dang ho the ding, pukhri twi hoa thoukang ne nga vah ding, kangkel, sangkhol toka phatea manchah ding tiho chule adang dang ho manna thoukang a kona kidal doh na ding ngaito aphaï.

Lepche lou ding

Lepche hi Pathen douna ahi, Joshua 7:1-26, Acts 5:1-11. Leiset a Pathen insung hia houbung umdol, ding hi mihem lunggila hetna aum vangin, mihem chonset nan lei set alo jeh in, lepche nan akhujol in, chonse ten adih kitipa sangin, lep che theinan aneijo jitai. Acts 5 ahin mihem geltoh hilou houbung sunga thilsoh ahina bang banga kisun doh akimui.

1. *Pathenin Peter le solchah ho amanchah* : Pakai Jesu tahsan jala Pathenin Lhagao apéh solchah hon, Pathen thahat kengin, thil kidang abolun, mitin lunga tijat kichat adim tai. Solchah hon thil kidang abolu aboncha, kisun doh lou mai thei ahin, akisun pen elbaipa damdoh seh jong hin Jerusalem khopi akilin sah anahi. Solchah hon thil abolu chu amaho bolin aseipovin, Pakai Jesu bol joh in aseï un ahi.

2. *Ananias le Sapphira lepche* : Lepchena hi, thudih chu kile hei-a

6 thil dih adih louva kibol ahin, Kitepna Lui-a Achan in Jericho khopia thil alah a akisel chule Kitepna Thah a Ananias le Sapphira in athil lhon ajoh-a aman jat kehkhath seh apéh lhona lepche lhon ahi. Lepchena hi Pathen douna ahi. Ananias le Sapphira lepchena Pathenin ahen, chule Peter jong chu Pathen Lhagao dim ahijeh in alepchena lhon ahei. Peter in Ananias jah-a, “Mihem hilouva Pathen najou lhép ahi bouve” tin haphon aphoh in chu in Ananias chu alhun athitai.

3. *Ananias le Sapphira lepche* : naa kona kihilna ding chu ahile, lep chena, joubolna hi Pathen douna ahidol Ananias le ajinu lepchena konin akihe doh tai. Pathen peh bol theina manglou chu, Pathen douna ahi. Amanin anei lhon athu thua bol theina lungthim anei lhona, Pathen thildei ipi ham tijong kholtou louva aum lhon chu dihluo ahitai. Adih su manga jou abol lhon chu Pathen dou na ahin, athu thua achon lhona, jou abol doh lhon chu Pathenin adei lou ahi.

Peter in ama thaneina hi louva, amani jah-a, “Lhagao Theng najou lhép ahi” tia aseï chule “Ibola Lhagao Theng patep dia nagot lhon ham?” tia aseï theina hi Pathen Lhagao asunga cheng chun aseï sah ahi. Hia hin Pathenin lepche joubol ahotna akihen, Ananias le Sapphira athilo bang a hitobanga lepchena bol jouse thilo ding hi Achan chonsetna a kona jong kihilna dia lhingset ahi.

(Dr. T. Lunkim)

Sochatna kong tol

7

Mat. 24:26-44, “Kiging jingin umun, nakigin lou pet tah uva Mihem Chapa hung ding ahi” (Mt. 24:44). Noah nikho banga Mihem Chapa hungkit nijong hiding ahi. Tulai hinkho jong Noah nikho toh bang kit ahitai. Ajeh chu Noah nikho lai chun mihem ahung pung tan, Pathen chapa ten mihem chanute adei dei akilhenun, jin anei un ahi. Pathenin leiset chung a mihem apuna agitlou ho chu amutan, ama lung sugenthei gunset-a pang ahi tauvin, hijeh chun Pathenin mihemte kana sem hi kakasih leheh tai ati (Gen. 6: 1-8).

Tulai vannoi mihemte khan tou dan hi akidange. Thepna chihna jong akhangtou leheh tai. Khopi len ho jong sun le jan kikhen louvin avah gam tai. Koiman kengin lam ajot behseh tapoi. Neh ding don ding atamin, koiman gilkel dangchah ahe tapoi. Sodom le Gomorrah tobang bang ahikit tai. Pathenin hinve kit leh ipi agel tadem ! Mihemte kana sem hi kakasih tai ati, kit dingin aume. Tulai mihemte atamjo hi ama lung suna gunset ihi tauve. Noah nikho lai bangin, tulai mihon aneuvin, adon un, akicheng un akichen sah un, nom asalheh tauve.

Noah khanglai miho chu twisang let in alloh mang kah seu vin, ima hephalou ana bangui. Mihem Chapa hungkit ni jong chuto bang ding ahi. Mihon ama ama nopsahna ding agel un, Pathen umlam

ageldoh tapoi. Pathen thu seiho aki be be nauvin, miho chonsetna jong akibe jing tai. Nisa meibolin akhu abang tai. Milip in Mobile phone anei in, nungah gollhang jong aina chea gahel ngaitalou khop in aum tai. Eiho thinglhang miho eisuse uva hi, Mobile, TV, neh le don, kivon dan, jumle ja hetlou, kitiho hi ahitai. Satan vang tulai hin kipah leheh inte. Jesun vang ama lungthim suna gunset ihi tauve, tinte.

Migucha khat in misum agun, police in, “Idia misum naguh ham” tia adohle aman, “Ken kagupoi kalah joh ahi, aman manlouva akoi chu kaman peh ahijoi” tin akisei thengin ahi. Guchapa akisei them bangin, tulai a sumguh neho jong aki seitheng gam tai. Hou lamkai abang bang hi gam vaipo minister ho nung del lelen apangun, ataopeh un, angai nom nom aseipeh un, sum holnan anei uve. Atuipen sum ahitai. Ahinla Bible in, sum ngailut hi chonset kipat na ahi ati (1 Tim.6:10). Hou natong tamtah in genthei athoh nom tapoi.

Genthei ding akichat jeh un, akitah jou tapouve. Paul in, Jesu thoh gimna thoh khom pia kahiuve, kati chung a Jesu melchihna pole a kahi, ati (Gal.6:17). Bible in, thoh hahsa chu thoh in, evangelist na chu tongin, nalhacha natoh chu subulhit in, molson, ati (2 Tim.4:2-5). Tulai mi ho hi, sochatna kong a tou sangin, vannoi leiset nopsahna kong a tou ding bou mi atha nome. Jesu kong a touchan chu, nikhat kaltou ding ahi.

8

Pathen thu douva atame

Ps. 119 akisim leh David in Pathen atahsan dan kicheh tah in aume. Nangma douna kachonset louna din, chingthei tah in nathu hi kajil jinge, tin David in ana sune (Ps. 119:11). Pathen thu asim doh ho atahsan jengin anahi. Bible hi mun chom choma um mi 40 in, kum 1600 sunga ana sut-u ahin, athu hi kikal lou ahi. Ajeh chu Pathen lhagao in apuiyu anahin, kum 1600 lut a kisun ahi vangin, akikal aumpoi. Solchah Paul jong chu Pathen lhagaovin apui-a asut ahi jeh in, athu hi tuni gei in ahing jingin, phat dung jui-a hung kitoh mo aumpoi. Aman, “Pathenin ahai khum, Pathen lekhabu” ahi ati (2 Tim.3:16-17).

Mihem lekha them ahung tam dung jui in, Bible thupia gel lou akibe cheh cheh in, christian te chung a khut lha jong atam cheh cheh tai. Paul in, “Chidang namdangte huhhinga aum theina diuva thu kaseipeh diu gei in eisutang gouve, hichu achonset nau pilhin molsona ahitai. Hijeh chun akhon nan Pathen lung hanna achung uva achutan ahi” tin, abolsete hou thudol ana sei-e (1 Thess. 2:16). Pathen douna na ki tong chung a Pathen lunglhai louna thu ase i ahi. America a lekha them ojapu khat in, Jesu thusim kisun ho hi min ajahson ho kisun ahi bouve, dih jong dihponte, tin ana sei in ahi. Hitia mi puise go lamkai tulai hin aum jinge, amaho chung a Pathen lunghan

“Kaina sochatna kong chu cheleh, hung kile lou ding kou jong le chun, Zion gam nom emlam kaita ding, nang naka ding twikhanglen gala” kiti lahi geldoh ute.

Twikhanglen gala kap ding ho :

1. Chingthei tah-a limgeh a Pathen hou louho,
2. Jesua pen thahna angai poi, tiho,
3. Ahetna athepna le achihnaa Bible sutoh toh ho,
4. Leiset hinkho nom tah a mang nom ho, ahiuve.

Jesun tekah thum ana sei-e. Hichu, nungah som thulem (Mt. 25), changtah le chang lhem kikhen (Mt.13), chule kelngoi le kel tah kikhen ding (Mt.22), ahi. Akikou vang tamtah ahin, lhendoh vang alhome (Mt.22:14). Thulem kisei hihen, lhagao thu hijongle Pathen thu hi lhagao mihon bou ahe thei-e. Judah hihen Greek te hijongle akikou ho ding vangin Christa thina hi Pathen kilanna ahi (1 Cor.1:20-23). Ichihnan eipui manga twikhanglen gala ika ka sanga, Christa thuhila huhhing ihu chu aphajon ahi.

Hijeh chun sochatna kong itih-a hung kitol ding ham, aphot le anikho nahet lou jeh un, kiging jinga chule phasa dema umphat ahi mong mong tai. Isah jingu la khat chun, sochatna kong nikhat kaltou ding, Jesu sochatna kong tol ahi. Kong sunga chu namtin kimsah ding, apui lut ding van chung gam noma; chugama lut dingin, kong a chun hung kal un, ati.

-Rev. Seikholen

na achuh ding kichat aume. Pathen hi doulou ding ahi, eisempa dou ngam louhel ding ahi. Pathen lekhabu hi Pathen haikhum ahi, tia tahsan ho mivangpha ahiuve. John in eiho jouse ikichih theina diuvin hi tin ana sei tai, “Deitahte, Lhagao tapou tahsan dauvin, lhagao ho chu Pathena kon hinam patep masauvin ajeh chu vannoi leiset chungta Them gao lhem tampi asohdoh tai” ati (1 John 4:1). Tulai christiante kichih thei angai tai.

Nat le sat apunge

Tulai hin nat le satna jat chom chom aum jinge. Tulai tah-a India a Bah (Bat) a kona hungkon Nipah Virus tia kiminvu khat ahung kihasei lneh tai. Doctor hon alou (damdoi) jong ahedoh thei hih lai ui. Bah nehban thei ga neh lou ding, bahsa jong neh lou ding apha. Aki sei danin hiche nat hin mi khat ni 5 sunga athisah thei ahi.

Doctor hon mi khat in kum 40 ahin khokal tengle chi (Salt) atam neh hih-a, chini (sugar) jong alhom neh din ase ui. Kitim vala pha aumpoi. Blood Pressure jong kah vah vah-a vetji ji aphan, BP asan leh aphaon, alhom val jongle apha poi, atiuve. BP sang nei mi akibe jinge. BP hi chi-duho lah-a atame. Chi lhomneh ding ahi. Niseh-a minit 30 beh kenga che jihi damna ahi pene. Akeh-a BP neiho le Diabetes vei ho vang niseh-a kenga che abol

uva, nikhat a minit 30 beh ache jiu le adamjep tei ui. Kenga lamjot bol nom jingho hinkho asao jep tei-e. Damtheina tah ahi. Thao, sathao, same kitiho habol louhel ding ahi. Sa tamneh lou ding, ngol jong ngol lou ding, ajeh chu saa kona vitamin B-12 kimu ahi. Anche me, thei kiti ho hi neh ji ding damna ahi. Twi hi idang chah hih jongle nikhat a khon (twi khon) gup beh don damna ahi. Gastric neiho twi phatea adonle dam jeng ji ahiuve.

Bongnoi hi mihem tahsa din aphan, niseh ahiloule nini seh beh-a bongnoi khon khat khat donji dam na ahi. Mi koitobang khat tou vang bongnoi to kitoh theilou jong um jin, hichu doctor in bou hente. Mot (Banana) hi niseh-a khat khat neh damna ahin, ahinla Diabetes veihon aneh diu doctor in adeipoi. Mot alhum lou ho vang hapta khat a khat ahiloule akeh khat bou aneh diu adei peh ui. Neh ding thei (theiga) lah-a tahsa damna pen hi Sohlu (sohlhu, English a- gooseberry) ahi.

Tulai neh le chah atheng theng, twi jong atheng dona damna ding kihabol apha. Inat tenga ki jen hi sum lutna tah ahi. Itahsa to kitoh lou, ei dia Allergy ho chu kihet ngai ahi. Damdoi (lou) jong ajoh hon ‘side effect’ anei poi, ati vanga tahsan da apha. Lou jousen ‘side effect’ anei-e, tia sei-a jong aume. Sema neh thei ho, don ding hai-a kijoh ho jong chini atam jaosah un apha poi.

Nui-o, damna ahi (Prov.17:22)

* Ni khat go le mei chule kolphe kitho pet hin school akikhen tai. Chapang neo khat anu chu, school a acha laa che ahin, kolphe apha chun acha kichante tin agelin, halhai hai in ana lhaitai. Chapang chun anu amu chun adel lut jelin, “Henu, tunia Pathen apha dan ... inlama kahung leh ka photo avel velin ahinlai” ana tin ahi.

* Pastor khat in, loubolpa henga, ‘Sakol 100 nanei leh 50 kei neipe nadem’ tia adoh leh amapan, ‘Penance’ ati. Chuin Pastor pan, ‘Bong jakhat nei inlang hile chun kei 50 neipe nadem’ tia adoh leh ‘Penge’ ahinti kit-e. Chuin Pastor pan, ‘Voh cha ni neile chun kei khat neipe na dem’ atileh loubol pa chun, ‘Hiche vang chu seida to, ken vohcha nibou kanei nahet ahin, seida tate’ ahinti.

* Ni khat hou-ina kana luhun, ka koma toupan “thouvin, thouvin” ei hinti. Kakhah khah chun, Pastor pan “Lungset tah in, ding un” ahintile kei jong athu ala hechen tadi louvin ka ding jeng tai. Pastor pan, “Kakipah vale, Pakai, mi khat ading doh tai. Ahile hou-in semphatna dia lakh khat toh ding mi adangla, naum ule ding temun” ahinti nalai in ahi. Hichu ka jah jah in, kahaisam jeng tai.

* Nikhat Catholic khat le Baptist khat chule Revival khat athin, athum un van gam akaltou tauve. Van mun kom aphah phah un, Peter in Satan

akouvin, “Hiche mithum hohi nakom ah nithum lhunsah tadin, achenna diu akibol chai naipoi” atin ahile satan in kipah tah in amaho thum akipui tai. Nikhat achen sah jouvin satan chu Peter henga ahungin, “Nami 3 hohi hung kipui doh loi in, kakoibe lou ding ahitai” ahungti.

Peter in ajeh adoh leh Satan in, “Keikom Damun ah, Catholic pan mi ho aban banin angaidam damin, Baptist pan miho aban banin alhatdam in, chule Revival pan, miho a konin Air-Condition chohna ding tin sum tampi akidon doh tai, hung puidoh loi in” anatin ahi.

* Hou-in a mou gopna khat a hin Pastor pan, mougop apat konin, “Koi tobang amani kichenna chungta sei ding nei aumleh kakoma hung kal touvin, hung sei tan” ahinti. Miho chu phat chomkhat ana thipbeh jeng tauve. Chuin ol olin numei mel hoi tah khat hin acha apomin, pulpit lam chu ahin jontou tan ahileh, photlot in ajinei ding mounu ahung ding doh in, akichenpi ding gollhangpa beng phe ahin bengtai.

Hichun, gollhangpa nu chu ajahchan akun mang kei tan ahi. Chuin Pastor pan, nao hinpom nu koma chun, “Seinom ipi nanei em” tia adoh leh amanu chun, “Anung lama katou leh thu kisei ho kajah lou jeh a amalama tou dia kahung ahi” ahin tin ahile mipi chu ahung hainom doh tauvin ahi.

Het-a phachom ho

* Kerala muna 'Nipah Virus Infection' tia kihe nat thah khat ahung soh in, akholchil hon hiche nat hi Bah (Bat) a kon ahi atiuve. Titho, khosih, luchang nat, tahsa nachet chut, tha bei, lohsoh kiti hon akipan jin, ninga lamleh Coma nat ahin nei-in, mi chun kho aheji tapon chule ni sagi lamleh ahinkho abeiji tai. Hiche nat hi alou jong akimu doh hih lai in, nat hi vei dia ginmo ho chu Hospital lhut loi aphai atiuve. Hijeh hin, bah nehban theiga nehhi un atiuve.

* "Alzheimer's Disease" kiti nat hi mi khat akum atam teng thil melchih le geldoh lama gang talou (a-memory loss), thil geltoh chet thei talou (reasoning skill weak) natna ahin, kum atam tenga anei ji ahi. Tehse ho khu athil geldoh theina alhasam jin, alunga ima ching thei talou ahi, hiche ho chu Alzheimer nat kiti ahi.

* Numei ten sana (gold) a kisem chao, bilba, khi, khut theh kitih angaisang leh uve. Ahinla sana hi athen le athen lou hetna thei vang ahe jing hon bou ahe thei pene. Tu lai hin thih mai mai chungu sana lou alhah un, sana ahi tin mi alhemlha uvin, sum holna nei mi aumui.

Sana then le thenlou kihet na hi 'Karat' in ase thei-e. 24 karat hi atheng pen ahin, 22 karat, 18 karat athengmo jep in ahi. 24 karat hi sum semna leh gold bar semnan

akimangin, 22 karat le 18 karat hi kijepna thil ho, khimu, bilba, chao, khut theh ho semnan akimange. 18 karat hi 22 pa sanga thengmo jep ahin, alim jong amol jep in, aman jong alhom jep-e. Hiche ho sanga thengmo jep chu 14 karat, 10 karat, 6 karat jong aume. 14 karat a-hi sana 58% leh thih 42% ahitai. Chu le 6 karat ahin vang sana 25% bou apange. Ahiti jeh-a karat dung jui-a hethem tah-a sana thil ho kichoh ji ngai ahitai.

* China ten vatot len (Geese) hohi ina kivah cheh din mi ahil tauve. Hi che vatot hi anakol apha leh in, ki cha louhel ahiuvin, mi aheth khah lou ina ahung lut leh amahon avop pai un ahiuve. Khatte ina janin gucha alut in, vatot hohin apen uva avop uva, atom jeng phat un, guchapa chu ana mandoh tauve.

* Jan a aphatecha lup hi tahsa damna ahi. Jan teng le pung 6,7 imutji hin, mi alip sah in, lhoh ahah sah in, memory apha sah in, kitoh khahna ho jong amadam sah jie, tin scientist hon ase uve. Hijeh a hi jan haa bol louva pha ahi.

* Plastic thil ho, sakhao ho hi mihem seh hilouva gancha ho dia jong thina ahitai. France gama vapama ngalen athisa khat (Whale) ana umin, athi na ajeh holdoh din, doctor hon a-oi akhevin ahile a-oi-a chun plastic thil ho ana dimset in, hichun atha anahi. Bong khat jong amoh thi jengin, a-oi-a plastic ana dimset in ahi. Ajeh chu plastic hi jun theilou ahi.

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Het-a phachom ho

* Tulai hin chakang (bongnoi le chini jaona cha) sangin chasan joh hadon un, tin eikihil tauve. Chasan (Red tea, Black tea) hi damna ahi joi atiuve.

* Christian Meivah thuso lahna man Bank a hinthot nom hon hia hinthot un, chule namin le nasum thot jat chu Editor pa henga SMS or phone in hin hetsah tauvin :

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