

# Christian Neivah

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Lhani seh thuso



Private Circulation

## Christa ana thiden talou

Bible in kidang tah-a asei khat hi Jesu thilong lhan agohkeo ana hichu ahi. Lk.24:5-6 a kisun, Sunday nikho jingkah matah-a numei phabep Jesu thilong kikoina lhan aacheu leh agohkeo ana muvin, chule vantil mi nin ahenguva, idia mi thi ho lah-a mihing naholu ham, ama athoudoh tai, tin ana sei lhone.

1. *Jesun, athodoh ding aseisa* : Jesun, "Hiche hou-in hi sumang un, nithumin tung doh inge" anati chu ama thinaa kona nithum nia athodoh ding joh aseina anahi (John 2:19). Avela athusei ngaiho chun ipi atina ahi anahe pouve. Jesu chu hou-in hia ama mihem tahsa chu anaseina joh ahi. Mat. 12:39 a, Jesun, "Nga pi oi sunga Jonah nithum le janthur athamden banga Mihem Chapa jong leiset lailunga nithum le janthur tham den ding ahi" anati. Pathen ahi jeh a, ama khonung ding phatea ana ki het ahi. Vannoi a mi koiman, akho nung ding hitia kicheh tah-a aseikhah loulai ahi.

2. *Jesu thokit hin kikhelna apei* : Thinaa kona athokit gajadoh numei ho chu ahindanu kikhel hel ahi. Lhan gohkeo sunga vantil in numeite ho

henga chun, "Che loi-un sejuite jah a, Ama thinaa konin athou doh in, Galilee gama nangho sangin amasa jotai, hikoma chu nakimupi diu ahi, tin gasei un" tin ana seipeh tai (Mt. 28:7). Hiche thu hi sejuiten ajah-u chun, Galilee a Jesun aseipeh sau mol a chunacheuvin, Jesu akimu piuvin, ahou tauve. Jesu hinkit ding sejui ho chun ana tahsan pouvin ahi. Ahinla athodoh jou in ni 40 amaho akivop pin ahi (Acts 1:1-3).

3. *Lhagao hinkho chothouna* : Jesu athodoh chun, ama Pathen ahidan aphong doh-e. Ahinkit jouvin sejui ho chu atoh diu asei peh in, "Vannoi gam tina cheuvin, kipana thupha gasei phong un, atahsana baptise chang jouse huhingga um ding" ahi, atitai (Mark 16:15-16). Chuin, Pentecost nikho chun, Peter in, thingpela kithat Jesu hinkit thudol miho anahile (Acts 2:23-24). Sejui ten thu alhangsap tengule, Jesu tho doh kit kamit tah in kamuve, tin ngam tah in anasei ui (Acts 2:32).

4. *Paul hinkho kikhel* : Solchah ho lah-a thoukit Jesu mu nukhah pen Paul anahi (Acts 9:3-5). Jesun thina ajoa athodoh kit banga, Jesu tahsan te jong thoukit tei ding ahi dan Paul

in kicheh tah in 1 Cor. 15 a anasune. Jesu athodoh kit louva ahile athu kilhangsam leh ama kitahsan hi pan na bei ahi ati (1 Cor.15:14). Atah san mithi ho kaithouva umlou ahile Christa jong kaithouva umlou ahi, tin ngam tah in asei-e. Christa atho kit banga ama tahsan jouse thi jongle kaithouva aum diu asei ahi. Thina gal jou chu Christa ahin, ama tahsan jousen jong thina gal hi ajo diu ahi.

5. *Eiho kin ding* : Mithengte hin kho hi Jesu thodoh kit in akikhel sah ahi. Jesu thina itahsan ule ahinna jong itahsan diu ahi (Rom.6:5). Hijeh a chu, Jesu thi, Jesu kivui, chule Jesu hinkit itahsanu ahi. Jesu tahsan jeh a Baptise chang ho khu, twi-a aki sotlut tengule Jesu kivui ahetsah-u ahi (Col.2:12). Christa toh hing khom jousen, chunglam thil ho agel khoh diu angai-e (Col.3:1). Paul le Peter in Jesu ahechen lhonin, ama min in thoh genthei athoh ngam lhone (1 Pet.1:3-4). Hijeh chun Jesu hin kit hi tahsan lou thei ahipon, ama ahin kit banga mihem atahsan ho jong thipai louva hing diu ahi tihi aki cheh tai.

## Chan-vou gou kisubei

Judas Iscariot hinkho akivet leh achonset nan agoulo ding ama chan vou, midang khat chansah dia houbung mi lhagao nei hon Judas khel ding mi aholu aume (Ps.109:1-8, Acts 1:12-26). Tulai christian tam tah jong hi Pathen cha ahitah jeh a

2 Pathen in ama dia akioppeh chan-vou kisuhmo umtei inte. Hijeh a hi christian khat akihi tah a ahile Pathen lunglam holjinga hinkho man ngai ahi.

1. *Peter thusei hi Bible a kon* : Pakai Jesu sejui ho leh midang abon uva, jakhat leh somni jen Jesu sei banga, Jerusalem a Lhagao ahung kipeh diu nganan, indan chung nunga ana umui. Judas vang chu ama chonset jeh-a pullhaa, ana tohna muna pang ding sejui khat lhenbe din Peter in asei-e. Alhen diu chu - khatnaa, Jesu leiset hinkho hethem mi, ninaa, Jesu lah touva aum chan gei hetoh mi, athumnaa, Jesu thinaa kona atho thu sejui te toh seikhom thei ding mi, khat hi Judas Iscariot muna pansah dia aholu ahi. Judas muna pang ding chu mihon alhen diu hilouva, Pathen joh in alhen din ana taovui.

2. *Pathenin alhen* : Jesu tahsan houbung mi 120 chun, Judas khela pang ding lhengdoh din Pathen kom a atao tai. Houbung miho chun mi ni, Joseph le Matthias Pathen in alhen kah din, atung doh tauve. Koi joh Pathen in alhen ham ti hetna din vang asanun, vang asannau chu Matthias chunga achun, Matthias chu Judas Iscariot khelin Pathenin alheng doh tai.

3. *Judas Iscariot kisih* : Judas chu akisih in, asumlo apai in, ama le ama akithat tai. Acts 1:18 a hin, sum chun leimun achon chule asumguh neh chu akiphong jal tan, aleimun chu 'Thisan Leimun' akitin chuleh

Judas Iscariot chu akikhai lih in akisei-e. Hitia Judas achon, Jesu ajoh doh le akitha thu hi Pathen gontohsa banga umdoh in akisei-e. Judas chu midih ahile michom khat in Jesu ajohdoh thei ahi. Judas aki sih a, akithalo vangin aphachom ta pon, achan ding gou chu midang khat Matthias joh chu achan lon, Matthias jong hi sejui, leh solchah khat in akism tai.

Acts 1:12-26 akism leh asunga kisei ho hi vannoi thusima umdoh, koiman aseilep mohel, ahe toh chu sejui ho leh Matthias chule houbung mipi ahiuvin, abon chauva Pakai Jesu thina a kona athodoh thu ahinsei panuva, tuni gei-a houbung min kisei jompeh ahitai. Tulai christian ho Judas Iscariot banga hinkho mang ihi louna diuvin kihong phaute.

(Dr. T. Lunkim)

### Cross a thi Jesu veuvin

Lei-a Jesu alen lai-in, nga ni leh changlhah pheng nga akhut in alan, phatthei aboh jouvin, mipi 5000 avah van anahi (Mk.6:30-44). Mitchopa mit akhoileh kho amun, miphah akhoi leh adam jengin, el-bai khat akhut-a akai thoule lam ajot jengin ahi. Hitobanga damna khut chu, Rome sepai engse, michonse ten lungsetna beihelin atuh chah beh un, thingkil lentah bol-sesu in akhut teni chu thingah akilbeh tauve. Damna khut phaanga chun thisan ahung long doh in, akhut chu chat thei lou

vin alha tauve. Jesu hi akhut bongla ahipon, akeng bong, amitcho, pao mo la ahipon, iti hitam ? Thing leh a akhai tauve. Pathen Kelngoi-nou chu, gikel dangchah thoh in, jan imu man louvin, sun nisa noi-a akhai un, Pathen chapa hilouva hitam ? Mipin anuisat un, amanla imacha abol thei tapon, mipi ho chun Pathen chapa nahile thingleh-a konin hung kum lhan chutile keihon natahsan tau vinge, pou anati tauve. Abangin, aman midang ahuhhing thei-in, ama la akiuhhing theipoi, atiuvin a-eng engin ahouvun, tot nopnan amangun, chule athat tauve.

Imacha bol thei loupa, ama kihuhhing thei loupa, vannoi nusiat thei beppa, ahidoh tai. Iti hitam, nangin iti nangaitom ? Abanin akeng veuvin, til chun akengin lam ajot jin chule twipi chunga akengin lam ajot in, asejuite heng ana jonin ahi. Jerusalem a pat Galilee gam gei in kengin avahle len, kipana thupha ahil lhanglen ahi. Chulai sakol chunga jong atoupon, sakol kaang chunga jong atou khapon, akengin bou gam tutepi chu anachone.

Hitobang ngailutna keng chu, michonse ho keng bangin, ngailutna beihelin thingtuma thih kilin akilchah beh tauve. Ngailutna kenga kon chun, thisan joh ahung long doh tan ahi. Amala achat thei tapon, iti vetlel uma hitam ? Phaten gel temin, nalungset lou ham ? Akeng bongla ahipon, Pathen chapa keng thingto

akil beh tauve. “Oh, ana ngei-e ka Pakai thohna chu, akhut akeng alu veuvin, chonset jalin athisan theng tah chu along doh tai, lungset um ngei pa chu” tin la’ n isauve. Anu Mary le asejui te din, iti vetlel aum tadem, iti lainat umtam tem, thing leh a akhai ui, Pathen kelngoi-nou chu gikel dang chah thoh in chule anu’ n galkanga akapi pi jenge.

Abanin, Pakai Jesu lu chu veu hite. Alu ahin, amit, akam, ana kol aume. Hihoa chu van leh vannoi leiset asema, amit a amusoh hela, akola ajah soh hela, akama thil jou se asema, athu atanji hilou ham ? Ngailutna luchang loupi tah chu, michonse pen lu bangin asem tau ve. Rome sepai te leh michonse ten isah lou tah in, linga kisem lukhuh alua asonlut un, michonse pen ki bolna sanga nasa jon, engbolna ling lukhuh akhuh peh tauvin ahi. Iti hitam, amala amitcho, ana ngong, akam beila ahipon, ipi jeh a thip beh-a hitam, amai jong vetngam lou helin thisan adim tan, ahivangin apao doh poi. Mihon atai tomnan, vo, Judahte lengpa thing pela konin hung kum lhan, atiuvin asap khu mun, labol pan, aponan la abolin,

“Ling lukhuh nakhuh, keidia lal-lukhuh, nathina keidia hinna ahi” ati. Hitobang hin lhagao mihon alachoi choi jengun ahi.

Pakai Jesun, ‘Akichai tai’ atin akaikun, alhagao alha tai. Thim pi aijin, songpi apoh keh in, hou-in pondal lentah chu achunga pat

anoいgei-in akeh doh tai. Thilsem hon Pakai Jesu thi athoh lel danu hi ki dong leh hitin sei tei unte :

1. Vo pondal len tah, iti dana nake lhah hitam, tin kidong leh, aman ka Pakai van le lei thempu chung nung pa thitaa, kei ibola kaki khai nahlai ding ham, kei tun panna bei kahi tai, timai inte.

2. Vo songpi, ibola nake jenga ham, kitile aman, kei semtila pat atah pen kahin, leiset tuhchah-a pang kahin, kemtih neilou abang bang kahi vang in eisempa ka Pakai athi nin atahpen kahi thei tapoi, hijeh a chu kake jeng ahi, hintin te.

3. Vo thimpi, ibola kho jinga nahim, tin kidongleh aman, ei-sempa ka Pakai kibolna hi keiho nile lha ahsii hon kave jou tapo vin, kamit-u ka kisip jengu ahitai, eisempau mai-a thisan chu kave jou tapouvin, ka mit-u kasin jeh uva thim jinga ahitai, hin tiuvin te.

4. Vo lingpi, ibola kihot hot nahim, tin kidongle aman, Ohe, ka Pakai pa thisan kachunga ahung lon lhah jeng hi, thoh jou ahi tapon, kakaho ho jeng ahitai, leiset pumpin akithoh joulou phat-a, kihot gamah akihi tai, hin tint.

Sopi, nangin hitia hi achet achai-a nagel thuh khah tah em ? Nadia thipa hi, nangailut hitam ? Ana vetan, Pathen in phat khat leh Jesu thi thohlel van le vannoi leiset asuh mang ding ahi. Koima chengden thei taponte (Rev. 20:11). Chunileh hoi a naum ding hitam, kigel phan.

(Rev. Seikholen)

## HIV / AIDS ipi ham ?

Tillai chun HIV & AIDS tin ana kisun jin, tulai hin HIV / AIDS tin akisun tai. Ajeh chu amani hi achom chom ahi vangin seimat thei ahi thouve. Mi khat HIV a anat leh phatea lou aneh-a, akisin sah jouleh kum sottah ahing nalai thei in, acha jong hiche nat vei lou thei ahi jie. Ahinla, kitim them lou jeh-a, HIV hin AIDS ahin phah tngle mi chu hing sot joulou ahi. Hijeh hin eiho gama AIDS in mi tampi athat tai. Mi alim amel kisuhsel ahivanga nat pi hi neisa aumin, amaho atamjon hiche nat anei-u ahedoh pouvin, ahin la mi akitimatpi ho natpi hi apeh son jiu ahi.

Akilah son theina lampi hi lou kikap (injection) a kona, thisan a kona, natpi nei khat toh kitimat (nupa hinaa) kona kilason thei, chule naovop nu in avop acha apeh son, kitih hi ahi jie. Hijeh a hi moh jinei nei jong kichat umtah ahitai. Hiche nat matdoh-a ahung umna hi 1981 kum ahivangin, mihon hiche kum masanga ana neisau hitante, tin atahsanui.

Hiche nat hi thisan a kona kiman doh theiji ahi. Atil abulin natpi hi nei jongle kihe doh vahji lou ahin, natpi hi ahung pun pun teng, hichu lha gup jou ahiloule abang kum khat jou le thisan aki-check teng kihe thei bepji ahi. Nat hin mi chu ahin habol tngle buhse vei tobang ahi jin (flu), atha lhasama, khosih titho anei-a, janle ulsa anei, oilhei ehkho kiti ho

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anei matchet ji ahi. Hijeh a hi jinei jong hi kichih thei ngai ahitai. Iki chenpi ding mi chu iginmoa ahile hiche nat hi ki check a pha ahitai. Khonunga ikisih sanga phajo ahi.

Insunga mi khat tou hiche nat vei akihet doh le ama chu lung set tah-a bola, Pathen lamle talsa lama counselling phatea bol peh ngai ahi. Hospital abang bangin amaho hi ajen nom pouve. Hiche nat neikha ho hi, ama jeh ahiloule mi jeh hithei ahin, lungset umtah ahiuve. Pathen lama phatea pui ngai ahi. Milung thenglou abangin, nat hi anei vanga sei doh jilouva ji akihola aji apehson thu jong akija thouve. Hichu chonset ahi kitile kiseival ponte. Thinglhlang kho khat a Pastor pa hi hiche nat vei mi khat taopeh a achele, akicha behseh in, adamlou umna indan kom a konin agal taopeh in ahi.

U.P. a Doctor tahbeh hilou khat in, mi damlou ho injection akap na manchah chu athah thah mang louva, injection khat seh a mi tamtah akap kap jeh in, HIV nat vei mi 46 hi hiche jeh hiding hitam, tin ginmo aumin, akholchil pan tauve, ti thu jong tu naicha chun aki jai. Damna ngaichat jeh-a kijen ho dammo cheh na veilo thei ahi. Hiche nat neihohenga simpeh thei Bible chang pha bep chu : Job 3:25-26, Job 7:3-16, Job 6:2-11, Job 19:19-20, Ps. 103:13-14, Ps. 145: 8-18, John 3:16, Mark 1:40-42, Luke 4:38-39, John 11:33-36. Hicheng tilou Bible chang dang ho jong aume.

## Lingpi kihot (Earthquake)

“Ling nasatah kihot-a, mun tina gamma hise langa kel lha ding” ahi (Lk.21:11). Tulai hin gam chom choma ling akihot jinge. Jesu hung kit ding konle hiti ho soh dia, Bible in ana seisa ahi. Bible in ‘Ling nasa tah’ ati hi ling alen loi atina ahin, iki ginuhinam? Mihem in ling hung kihokon ihe thei ji pouvin, ganhing, gan cha hon mahetna anei ui. Ling kihokonle ganhing, gancha ho aning aki tel jin, aumthim thei ji pouve.

Greece, Italy, China, Japan hoa malai sangpeh thusim (history) ana kisun hoa amahon gancha ho ning kitel thu ana sunui. B.C. 373 a historian Thucidides kitipan ana sut naa kona kihe chu ahile Greece a lingpi kihokih masang chun, jucha, gul, chinglim, kitihoh chu aumhel un, chule achipmang gamui, anati. Japan hi ling lampia cheng ahiuvin, agamuva ling akihot matchet in ahi. Amaho thusim lui-a atahsan danuvin, twi noi a ngapi lentah (giant catfish) chaling jeh ahisah ui. Tulai, thepna chihna akhantou nungin jong chuche ngapi chun amei asuhling ji danin atahsan nalai ui.

China ten jong, ling kihoh jeh hi aha hol un, hijeh chun 1975 a agamuva linglen kihokih ding chu ana mahet un ahi. Hiche kum chun ling kihokonin, agam uva gul ho akoa konin ahung doh un, jucha ho jong akouva konin leichunga ahung doh ui, atiuvin ahi.

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Eiho chenna gam ho hijong seismic zone 5 ahi tin scientist hon asei-ui. Zone-5 hi linglen kihona ding laitah tina ahin, ling kihoh teng iti kihuhhing ding ham, ti ahethem ho kidoh toh utin kihong phaute. Kigin ding dan, phaten nit utin, insang beh seh a chen lou ding, indet louva jong chen lou ding, in-a mei le twi chule khao, nehthei ho kikoi jing ngai ahitai. Hiche chung chona Pathena kihah pehlut jong angai-e.

## Pathen hou ding dan

Tulai houbung mite hi Pathen ahouna ding dola houlou atamtai. Judges bung 10-11 sunga Israel ten Pathen ahoukhel danu aki sune. Hou-in sunga akitou teng Pathen bou gela, thil dang boipi ngailou ahi. Hou-in sunga atou teng houlim ho, Mobile pou khoile leho acha mohka kasah, mi hou-in kai pet-a acha hou-in sunga vale lesah ho hi alulna subei ahi. Minu mipa ten nachate phate chan, hou-in sunga a kivonna ding dolin kilom selin hin kivon sah un. Pathen houna in chu, ‘fashion show’ in, solou nadin ching thei ute. Pathen lunglhaina dola ki von ding ahi.

Paul in, ‘Ijakai nabol jouseu thulam ahin, natoh lam ahin, abon chan Pakai Jesu minin boluvin, ama jalin Pa Pathen thangvah jingun’ ati (Col.3:17). Jesu mina ibol chu ama thuneina noi-a ibolu ngai ahi. Jesun adei banga ama hi akihou lou teng

moh seh, panna bei ahi (Mt. 15:9). Ahile Pathen hou kit ihi ipi ham? Pathen hou kit ihi Pathen jabol tina ahi. Pathen chu sahlut a, ahenga ki-insung sea, aloupi dan leh athupi dan lunga vopna chu ahi. John 4:23-24 a, Jesun Samaria numei nu henga, “Pa chu ahou tahbeh hon, lhagao le thutah-a ahouna diu phat ahung lhung tan, tun hikoma aume ... Pathen chu Lhagao ahin, ahouten ama hina Lhagaova ahou mong diu ahi” tin anahil tai.

Hia Jesun ‘ahou tahbeh’ ati hin, ahou tahbeh lou jong aumtai ti eihetsah-u ahi. Ahile, nangma hoijoh chu nahim, kikhon in. Eihon ihouvu hi Pathen ahi. Ahou dih hinaa hin thil ni aume. Hichu, lhagao chule thutah ahi. Ilhagao pumpia hou ding chule tahbeh-a hou ding tina ahi. Mi bol vanga bol ding tina ahipoi. Pathen koi hiya keima koi kahim, ti hethem puma Pathen hou ding angai-e (Col. 1:16). Pathen dih tah ama bou ahi, ti jong hettha angai-e (Exod. 20:2-3).

Ahile, nang koi nahim? Sol-chah Paul in Ps. 14:1-3 leh 53:1-3 akaigomin, Rom. 3:10-12 sunga hin, “Midih khatcha jong aumpon, ahe khen thema leh Pathen hola khat cha aumpoi. Abonchan akihei mang soh tauvin, lam hilouva ache soh kei tauve. Thildih bola la aum tapon, khat-a khatcha jong aumpoi” ati tai. Job in kaki kidah-e atin (Job 42:6), Isaiah in, kamtheng lou kahi, ati (Is. 6:5). Pathen akihou teng, imitmona kikihet dohjia ahi. Iphat louna hole

ichonsetna ho kigel dohji ahi (Lk. 5:8). Hijeh a hi, Pathen ihou tengle kineo sah ding, Pathena kingai ding, thilpha bolthei ding khat-a isem jeh a Pathen vahchoi a thangyah ding, Pathena kipaje het ding, kipeh lut ding, chule hinkho thenga hin ding tiho hi Pathen dihtah-a hou theina chu ahi (Phil.4:4, Rom. 15:3). Ihina khel louva, ihina bang banga Pathen hou chu panna bei ahi. Kikhel ngai ahi.

Hijeh a hi, Pathen hou kit ihi ipi mong ham, idia kihouva ham, tiho helouva hou chu adih poi. Inop sahna dia Pathen kihou ahipoi. Ei-sempa geldohna ding le jabolna dia kihou ahi. Ajeh chu van le leiset sem pa ahin, ejong eisempa, eihinsahpa ama ahi, tih sumil louva hou ding ahi. Antheng jonnaa ipan tengule Jesu kipeh doh le ahung thi jeh he puma ijonjiu ahi. Hichu suhmil lou hel ding ahi. Pathen koi ahi hen lang, nangma koi nahim kihet le chun lamjang jing tan nate.

### Christian khat insung

“Pasal in apa le anu alha kanga, ajinu akolchah joh ding, chutengle amani chu phe khat vou khat hilhon ding ahi” (Gen.2:24). Mi pa minu le achate thudol hi Bible a mun phabep pia akisune. Gen. 2:24 hi mihem chonset a alhah masanga ana kisei ahitai. New Testament a hiche Gen.2:24 hi thumvei akiphah poh kit-e (Mt. 19, Mk. 10, Eph.5). Pathenin Adam le Eve in cha anei

masanga hitia anasei masahsa ahitai. Cha leh nule pa kikah thudol hi leiset a chapang um masanga anasei sa ahitai. Lhakang leh kolchah chule jabol kit ihi Pathenin insunga dia ei hilnau ahi (Eph.6:1). Gen.2:24 hin chapate ho henga, nanu napa lha kang unlang najinua beh in, hichu in sung lhouna ahi, tia kihilna ahi. Aji nei jouvin insung phaten kisem lhon hen tina ahi. Minu mipaten acha aji nei jou teng acha alhkang louleh ni leh mou kitomona akhange.

Lunggel chom chom, in chendan chom choma hung kon teni chu, kum khat beh akisem toh ngai-a ahin, hiche sunga chu anu apan asuhloh louva pha ahi. Hung ki kheng toh lhon tadi hen (Deut.24:5). Ajineisa achapa ahiloule achanu chu, tilla anu le apa’n athumop jinga aha vettup jingle amani insung thah kisemna chu asuhnoh peh ding ahi. Hijeh hin, akicheng thah teni chu suhnoh lou ding, tina chu, khut ha thol lut lou ding ahi. Amani kihei tohna ding kum khat vel alut jie.

Ainsung lhon chu, amanin pha asah dung jui-a akisuh tup lhon ngai ahi. Eidei-a akisem lhon ding ahipoi. Ajeh chu phat le nikho ki khel dung juia, insung jouse chonna le khanchan kibang chet lou ahitai. Amani dei dola kivaipoh lhon ding ngai ahi. Icha ahinai tia chapang bol jing lou ding, pilhing kikhan lhit ama kenga ding thei ahitai, tijoh-a lha kang ding ahi. Mi insung thah khat

sunga thumop, vaipoh ikin ahitapoi. Sumpa ima napeh nom tengle jong kicheh tah-a nakihou lhah masat ngai ahi. Insung chom khat ahitah jeh chu het them ngai ahi. Kacha ahi, kathu thu hinte, ti geltah lou ding ahi. Sum bat peh hi, sum kilah mi chu soh-a kisem tobang ahi. Ichana ichapa sumpa peh sangin, inei joule mohpeh apha joi. Nasum in nakinah sah lou na dia kisei ahi.

Nupa thah teni chu akinah tengle kikum behseh lou ding ahi. Na kikum leh khatpen pen mitmua langnei nahi ding ahitai. Ikikum tei ding jongle chingthei tah-a kikum ding ahi. Achuti loule akihet khel cheh lhonna nasosah ding ahi. Tulai insung hi tillai a tobang ahi tapoi. Ei kikum lut sanga michom khat joh kikum sah-a kichamna semsah pha jo ahi. Nacha leh aji henga lungset na pen, jalhai in, khton, kithopin hi chu adei-u ahi.

Golle pai kivop banga iki vop pile nom asauvin, pale cha, nule cha dana ikivop pile aning akitel bep jiuve. Pha hen se jongle mai lhaisela kivop pi ding ahi. Lhagao hinkhoa alunglutna diuva hahila hil jing vang angai-e. Muthim gama ama ama kipo pan ahi tauve. Ajinei thah tampin, muthim gama amachang lhah ding dan akihet doh ji pouvin, kho nunga akisih-u jongle anagei jitai. Pathen lama ahat pou pou uleh adang yang acham chamin akihei toh jie. Kingai lut leh kingaidam ding dan hethem lou nupa atam cheh cheh tai.

## Bihar gama Pathen natoh

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Bihar a 1835 kum langpeh in missionary ho ana luttau. Ahinla agamuva pao kithopen Bhojpuri le Maithili aman lou jeh un, munchom hou hunglut danin alauvin ana sang thei pouve. Hiche chung chonin jong India in British a kona chamlhatna anadel lai uchun, missionary ho chu mikang ahi jeh in, ana vetdauvin, hou akhel nompouvin ahi. Missionary ho ma chu chunglam Bihar a chen sangin noilam Bihar joh-a ana pan sat jeh un, chunglama christian hou thu ana hasei pouve. Noilam iti pau hi tun Jharkhand ahitai. Tuni gei in Bihar a christian lhomcha ahi.

Missionary masa ho chung lam Bihar a achen nomlou nau ajeh pipen chu asat laile hasat-a sa, adap laile hadap-a dap ahijeh chun, noi lam Bihar joh a ana kihanot ui. Bi har gama tu tua hou natong dia mi kisol lut ho missionary, evangelist, volunteer ho agomin mi 5,000 vel ahiuve. Pathen thu vang dei bangin achal poi.

Gamgo ahijeh in, mivaicha atamin, anche louhing jong phaten akeh joujipoi. Bihar hi linglen kihona ding mun ahi, tin ahethem hon asei kit ui. Zone -4 leh zone -5 in agam hi atoupha ahi. Ling lentah tah mi tamtah thina jong 1934 leh 1988 in ana ume. Gam hahsa ahi jeh hin, neh kiholin agam mi midang state hoa akithe thang un sum alo-uve. Numei ho amajinei un, akitkan lhit masang

un nao anei jiuvin, hijeh hin anu-u tahsa lhahsamna le hinkho chomna neilo atame. Pasal ho gamchoma sumhol a che atam jeh in, inmuna sum hola lou lhou, insung vetup hi numei ahi. Numei in na ahatoh-e.

## Nahinkhoa vaihom koiham ?

Jingle khua cheng ting, hiche khuche tong inge, tin vai ikihop jiuve. Ima khat tohdoh ding itile thilgon kitup tah-a nei masat ngai ahi. Tohgon um masa louvin imacha aki molso thei poi. Ihinkhoa toh ding le bol ding ikisem hohi ise le igel banga kimolso ji hinam ? Ijat chu gel banga kitong doh-a, ijat a chu idei banga umji lou ham ? tihi kisim le asohdoh lou tamjo tei din ginchat ahi.

Ihinkho hi phate cha ivet leh eima khut-a aumpoi. Tunia ipahna le iumna mun eilhut hi Pathen hijo ahi. Ama khut-a um akihi. Ima jouse Pathenin asemin, a dejeh a um le ki sem ahi. Loupina le thaneina jouse ama vanga ahi. Aman adei chan adom sangin, anop chan ason lha thei-e. Nebuchadnezzar, Babylon lengpa chu Pathenin leng thupi tah ahi sah in, lengpa chun apepa geldoh talouva ama chang boldoh le tha neinaa akisim phat chun, gancha to bangin ahinkho ana umtai. Kum sagi thoh hahsa athoh jouvin Pathen ahin le jabolin, loupina ahin pen, chuin Pathenin alenggam le athaneina ahin lepeh-e (Daniel 4:34-37). Sopi, na Pathen hen. (*Mrs. Moi Khongsai, Delhi*)

## Nuitem in, damna ahi

\* Dangka jakhat *note* leh sangni *note* gol phatah ahilhone. Nikhat *accident* a anilhonin athitai. Alhagao lhon van gam jonin akijot tou lhone. Van kot aphah lhonin, kot ngah pan dangka jakhat lhagao chu kot ahon peh in, dangka sangni lhagao vang chu kot ahonpeh tapoi.

Dangka sangni ni chun kot ngah vantilpa henga chun, "Pakai, kei hi dangka jakhat sanga dan 20 a lenjo kahi lou ham, idia ama lut a kei neilut sah lou hitam ?" anati. Chuin kot ngahpa'n, "Nasei chu adih-e. Ahinla, dangka jakhat le ama chate dangka 50, 20, 10 ho hou-ina alut jingun, dangka sangni nang vang hi eltolna mun, kinop sahna mun, junom sanom nehna mun ho joh a nalut in ahi. Hijeh chun ka-anga konin che mangin, nalion jong kamunom poi" atin anomang tan ahi. *Hijeh hin tukal dangka sangni jong van gam alut theina din, hou-ina lutsah ji taute.*

\* Avom hi jem vom (colour) khat ahi. Chule akaang jong hi jem (colour) khat ahi. Ahinla, TV black & white khu koiman 'Colour TV' tin aminsah poi. Ajeh ipi ham ? Ngai to temin !

\* Itahsau hi twi leh savon a isop teng akitheng jie. Ahinla ithen jouva *towel* ikitheh ngimna khu chomkhat jouvin ahung nen jie. Iti dan ham, ajeh ipi ham ? Ngaito temin !

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\* Pastor pan gollhang khat twi-a thumvei asot lut-a Baptise achan sah jouvin ahenga, "Nanghi Baptise ka bol nahitai. Nangma hi mithah nahi tan, alui chengse chemanga, thilsem thah nahitai. Tukalse ju nadon lou ding ahitai, namin jong Peter kiti ding nahitai" tin alha doh tai.

Amapa jong hi aina kipah tah in akilen, Fridge a konin Beer hai khat aladoh in, twi sunga thum vei asonlut in ahenga, 'Nang hi tua kona atheng nahitai. Akisem thah chu nahitai. Alui chengse bei-a ahi tai. Namin jong tukal, cha-san nakiti ding ahi' atin adon thou-thou tai.

\* Pastor khat in, "Kahinkhoa nom kasah pen nikho chu, michom ji numei khat toh katoukhom chu ahi pene" ati. Hitia asei jouvin, angai mipi ho chu, alung kichi lah lah pumin thip beh in aumui. Chuin Pastor pu chun, "Amanu chu koima dang ahi pon, kanu ahi" ahinti leh mipi chu ahung nuilha jeng uve.

Hitia asei ngailha upapu khat in ain alhunin, ken jong tho ta dinge tin agelin, ajinu henga, "Kahinkhoa nom kasah pen nikho hi, mi jinu khat toh katou khom pet chu ahi" atile aban ajom kah in ajinun alujang bu bel in ahin khenin, aseiman tapoi. Kho ahin het chun, hospital sunga ana lumin ahi.

\* Michingpa khat in, 'Jesu hungna ding ipi kigin gin ngaidi ham, ajeh chu Bible in, nakigin lou pettah le hung ding ahi, ati. Kigin panna bei ahi' tin aloipa koma asei-e.

*Editor :*

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*Christian Meivah* - sim te taona akiman peh jinge. Sumto kuma Rs. 100/- ahin, asim nom hon hin peuvin, sum napeh lhaa kona kum nakisim peh ahi. M.O. hin thot hon Editor kipe ding lekha beh a namin le address suntei un. Editor pu Mobile No.94355-51080 ah hin hetsah un. Manipur le Naga land a sumto peh na thei ho :-

- 1) Mrs. Neijathem Haokip, Haokip Veng
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- 9) Mr. Kapcha Singsit, Dimapur.

### ***Het-a phachom ho***

\* America scientist ho mudoh danin vannoi leiset in nisa avel dan hi, pung 24 nikhat akihi sah vang in, abang tengle seikham lou phat themcha khat, second khat sanga jong lhom jo in akikhe jie. Hitia akikhehna aum tengle ichennau leiset asunglam in athohlel ten jin, leiset hi aning akihal jie. Hijeh chun 2018 kuma hi ling alen loi kihot thei ahi, atiuve. Leiset kipei tohmo hin ling akiho sah jin asei ui.

M. Haokhonthong, Bank of India,  
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### **\* 2018 a nikho loup*i* ho :**

- Palm Sunday ... March 25
- Good Friday ... March 30
- Mother's Day ... May 13
- Pentecost Sunday ... May 20
- Father's Day ... June 17

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### ***Het-a phachom ho***

\* USA scientist hon paheha phung janle vahthei ding khat asemun, hi che thingphung anaa hi vah ding ahi. Tutadin lekha simna khamin avah doh polai in, ahavah jepna ding jong agel pan ui. Thingphung hi insunga akitun leh electric ngaita louva insung suvah dia agonu ahi.

\* Blood Pressure suhlhomna dia chi lhomneh ngai ahin, dukan a kimu chi hi hilouva *smart salt* kiti khat jong aumin, hichu neh thei ahi. Smart Salt a hin sodium atam pon, ahinla chi tahbeh kimang banga man thei ahi. Smart Salt (salt alternative) ah magnesium le potassium ajaovin, hiche chun jong Blood Pressure lhomna akithopi-e, tin asei uve.

\* *Kidney Stone* : Mihem kal a song aumkha jin, song tahbeh jong hideh lou anen ho kisugomuva hung tah doh ji ahi. Hiche anen ho hi twi ha don ho junna ache doh jin, hijeh a hi Kal-a song akisep louna dia niseh a twi hadon ngai ahi. Nikhat leh twi alhom penin khon gup beh don-in.

\* Igam sunguva Pastor le christian kisuh gentheina apung jinge. Kichih thei ngai inte. Kaikhomna suboi, hou natong ho kithat, missionary mol thoh thu akija jap jap jie. Kol gama hou natong ho chang vale louvin pha jonte.

\* Gammang sakhi tamna muna alhai tengle sakhi ho ajam mangna dingin, Japan ten sakhi tamna muna lhai ding Rail ho chu uicha mihap gin

tobang atho sah un, Rail chun uicha pen athoi. Ajeh chu, sakhi ho hi rail lampi thihi ahung lehnom jiuve, atiuve.

\* Russia mun khat adap-a dap ahi jin, hia chun khoneo khat aumin, mi 500 bep acheng ui. Agamuva hi kum khat a lha 8 vel hi adap-a dap ahi jin, adap behsah tengle school amei sunu khat chu akhah jiuve. Hadap a adapteng temperature hi -62 degree centigrade ahi jie. Hasat-a asat tengle temperature hi 18.7 centigrade ahi jie.

\* Manipur a Baptist hou lama ki loikhomna, Manipur Baptist Convention a, Association 29 aumin, houbung 1358, baptised member ho lakh ni valjep ahin, Bible college khat, school 2, hospital 1, nursing simna mun khat, missionary 45, amei ui.

\* America scientist ho mudoh danin vannoi leiset in nisa avel dan hi, pung 24 nikhat akihi sah vang in, abang tengle seikham lou phat themcha khat, second khat sanga jong lhom jo in akikhe jie. Hitia akikhehna aum tengle ichennau leiset asunglam in athohlel ten jin, leiset hi aning akihal jie. Hijeh chun 2018 kuma hi ling alen loi kihot thei ahi, atiuve. Leiset kipei tohmo hin ling akiho sah jin asei ui.

Mihem tahsaa vitamin B-12 hi alhahsam le akichol bai in, lhol tha alhomin, akithasei. Sa ngol ho lah a 50% vang B-12 lhasam ahi jiuve. Hiche vitamin hi alhahsam louna din Dahi, ahtui, sa, nga neji jiuvin, atiuve.