

# Christian Meivah

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Lhani seh thuso

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## Nekhom nukhah pen

Pakai Jesu leh aseijuite chu Jerusalem khopia nomin ana lha thei poi. Khopia hin mi ahung le apot atamin, amaho hiche khopia ageh nomji pouve. Ahinla khopia mi tam tah in Palm Sunday nikho chun, Jesu le aseijuite chu analemun, Jesu lam pia thingna, thingbah neo ho chule pon ho anathaap uve. Chule adouho chu jong atam thou un ahi. Avetda mi atam jeh chun, thempu pipui ho leh upa hon Jesu anathei dana chung a, phaje asauvin, tha loina ding lam pi ana holui.

Judas Iscariot amang chauvin, jankhang lai in Jesu amanun ahi. A-Pakai athisahna man chu dangka somthum Judas in ana kilah-e. Tila Jesun hou-ina thu anasei lai-a chu, mipi hon avop jeh un, aman ngam pouve. Athusei jou nilhah seh in Jesu'n Jerusalem adalha loi jin, Kidron phaicham lama anache jin, chule Olive Mol panga anageh jie.

1. *Aseijui ho availhah* : Amat diu nilhah in, aseijuite toh Anneh Nukhah pen, eihon 'Pakai Anjon' itiu hi ana nekhomun ahi. Hichu kivai lhahna ankong ahitai. Hiche hi Kalchuh Kut phat lai ahin, Palestine mi

ho chun, Pharaoh lengpa khut a kona, Mose in kintah a Egypt a kona apui doh-u anagel doh juive.

2. *Jesun seijuite keng asil* : Indan chungnunga hiche nilhah a seijui ho toh akikhop pet chun, Jesun thu seh in ana vailhah pouvin, soh tobanga hinkho aman diu jong anahile. Min eijen sanga eijoh in mi jen ding tihi anahil ahin, aponsil aladoh in, akhong-ah (thigh) kithehna pon (towel) ajep in, twi alan aseijuite keng chu aban banin asiltan ahi. Peter in, athilbol chu soh khat natoahibouve tin ana jadan ahile Jesun ama chu aphoh thip tai (John 13:12-15). Hiti hin aseijuite chu kineoseh leh kiletsah lou ding thudol muthei in anahile.

3. *Apedoh a pang* : Anekhom pet un, Jesun seijui ho henga, "Nalah uva khat eipedoh-a pang ding ahi" ahin titai. Judas Iscariot chu alung linglao pon, adang ho vang aling lao gamui. Jesun angailut John chu Jesu koma ana touve. Peter in John na bengah, koipen hiding ham, dongin anati. Hitia akidoh phat chun Jesun ching thei tah in, "Changlhah hi lheng a kadekot a kapeh penpa chu ahi" atin adekotsa changlhah chu Judas Iscariot chu apetai (John 13:26).

Peter le John in adatmo jep lhone. Judas chun aneh khomu chu anuse tai. Judas chu amaho sum chingpa ahijeh in, miho chun thil khat tou choa che hinte, tin anagel uve. Amavang hiche nilhah a Jesu ki matna ding thu seitoh-a chejoh ana hi. Judas apot doh phat in Jesun amatahsan seijui somle khat ho chu ana vegol in ahi. Amaho sechu Jesu toh kum thum vel ana kivop ahi, (27-28 A. D. a kona Kalchuh Kut 30 A. D. gei hinte).

4. *Kingailut to ding* : Seijui teho chu akingailu lleh uve. Nidang lai chun Jesun amaho henga, midang ho ngailut ding thu anahil jinge. Tunilhah vang hin aseijuite khat le khat aki ngailut to chehna diuvin ana seipeh tai (John 13:34-35). Eima ding kivet jeh a khat le khat kingailut chu hita louva, Jesun aseijuite angailut banga seijui ho jong akingailut to chehna diuva ahil ahi. Hichu ngailut theng tah, akapte kapia avaichate kitho pina ngailut thudol ahi (Jn.3:16).

5. *Hiche hi katahsa* : Amongin, mihem ama thahat nan, akihuhhing joupoi, tin Jesun anahile. Ajeh chu mihem thaneina hi lhomcha ahi. Mi hemin thil phabep abol thei in ahinla mihemin ima jouse abol theipoi. Hi jeh chun, mihem din Pathen ngaichat ahi. Mihem hi Pathenin angaidam ngai ahi jeh in, John henga baptise chang din mihem Jesu chu, akoma ana chen ahi (Mt.26: 26-29). Jesun khon alah a seijui ho don dia ahinpeh chun koiman imacha ana seipoi.

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6. *Kitepna thisan* : Jesun aseijui somle khat ho don ding apeh chun, "Hiche hi nangho dia killhoh lha, ka thisana kitem doh kitepna thah ahi" anati (Lk. 22:20). Changlhah aneh khomuva khona kona adonkhomu chun amaho lah a kipunkhomna aum in chule Jesu ngailute ahiuvin, ngai dam chang ding ahiuve, ti aphondoh ahi. Pathen thu aloupi, seijui hon Jesu thiding tun ahechen mong tau ve. Pathenin, kathu chu natong louva hung kile lou ding ahi, tia anasei chu adih tai (Isai. 55:11).

7. *Neigeldoh jingna diu* : Indan chungnunga kikhom lah-a anapang lou numei, chapang, pasal, upa ho jouse dia jong Jesun ahinna aphal ahitai. Jesun Paul henga, "Neihet jingna diuvin bolun" tin anasei-e (1 Cor. 11:24). Hijeh a hi Jesu mi jouse dia athi geldohna a, Antheng Jon kibol seh-a, vannot leiset kichaini gei-a, hiche thu hi kiseipoh jing ding ahi (John 15:13).

8. *Lhagao Theng* : Jesun aseijuite adalha kon ahi. Ahinla Jesun lei hi dalha ta jongleh seijui ho chu lei a sottah hing nalai diu ahin, satan toh akisat jouna diuva, Jesun aumpi diu angaito peh a, Pathena kona "Kithopi khat" athumpeh ahi (John 14:15-17). Lhagao Theng chu seijui ho kithopi ding seh hilouva ahiluva jong pang ahi (John 14:26). Jesun seijui te chu thu tampi aseipeh poi, ajeh chu amahon alahje aheth lou diu ahi. Asei bangkhai ho sese chu Lhagao Theng in aseipeh diuva anganse ahi

Sejuite tahsan chu Lhagao Thengin ahetebe sah diuva kinganse ahitai (John 16:12-15). Tunia eiho christian dihtah ho jong Lhagao Theng in eiumpiu leh ima jouse ihet thei diu ahin, tahsanna a lhasam poute (John 16:7). Lhagao Theng hi mihem tobanga tahsa nei ahipoi, Pathenin ahinsol Lhagao ahin, mit a kimu theilou ahi. Tahsan naa bou kimu thei a chule kihe thei ahi. Jan an nukhah pen aneh jouvun, seijui somle khat chun la asaavin, indan chungnung chu adalha tauve.

### Kalchuh Kut

Israel chu nampi lhing ahi jou uva aman jiu Kut tampi lah a Egypt a kona akitol dohna diuva Pathen thupeh a abol masat pennu chu Kalchuh Kut hi ahin, Kalchuh Kut abol doh nauva kon ni 50 lhin nia, Thusom alah niuva, aman-u Kut chu Pentecost Kut anahin, chule abana Kut abol doh-u chu Lham buh Kut ahi. Hicheng Kut thupi cheh hi tonsot-a aman jing diuva Pathenin thu anapeh ahi. Kut thupi cheh thum ho hin, akibol lona jeh anei cheh ui. Kalchuh Kut kibol dohna phabep gelkhomu te.

1. *Kalchuh Kut kibol lona*: Egypt miten Israel nam hi soh-a ahen nauva kona Pathenin ajalena sahna diu Kut a melchih jinga akhang khanga soh-a kona, ajalena nau geldohna Kut chu Kalchuh Kut kiti, akhang khanga aman diu, kut chu ahi. Soh hinaa kona jalenna thei di Israel ten

imacha abol thei louvu ahin, Pathen in ajalenna diu abol peh-a, Egypt mite chapa peng masa jouse le gan cha peng masa jouse vantil in atha gam phat-a chu Egypt lengpa le ami ten Israelte ajalena sah-u anahi.

Jalen ahinau phondohna a, Israel ten, kum khat lhingsa nolna bei kelngoi ham, kelcha ham, aki thauva, asa ago mindeh-u tuitah-a aneh diu chu Pathen in anchekha toh ame diuvin aseipeh in, anchekha toh ameuve.

2. *Canaan gam* : Egypt adalaha uva Canaan Gam alhun kah seuva athoh nau iheuve. Jalenna kelngoi, ahiloule kelcha asa tuitah anchekha toh ame uva banga, Egypt a pat Canaan Gam alo kah seuva, jalen akipa nau gal le tol adou uva chule achon set jeh uva, thi le man, kel le chah, an le twi ngaicha geova hinkho mang ana hiuve. Ajalena sah-u Pathen, angai chat jouseu lhasam lou hela pethei Pathen chu adalha jiuvin, achonset nau ga athoh un, anchekha tobang hinkhoa thilse in ajuj jingun, agapui doh pau Mose le akilhonpiu Aaron angoh un, Aaron jeng jong achon set sah tauvin, sana'n bong lim asem sah un, chule anahou tauve.

Achonset nau athoh lel beh seh phat in, Mose chu Pathen henga ataovin, "Lungset tah in achonset nau ngaidamin, nangaidam jou louhel dingle namite min nasutna lekhabua konin kamin noimang tan" tin anatao doh jeng tai (Exod. 32:32).

### Palm Sunday kiman dan

Jesun Palm Sunday ahung lhun ding phat in, aseijui mi ni asolin sangan nou mi touna khah lou khat gakai un, tin asole. Sangan nou chu amanin, Jesun ahilna bangin aholdoh lhonin, ahinkai lhon tai. Sangan nou in avetsah chu :

1. Kineo sah leh nunnemna,
2. Anou ahin, chonset neilou lai,
3. Mi touna loulai hin, chonset beh lou lai ahina,
4. A-uhpoh lou hin, thu ngai le sei ngai ahina avetsah-e.

Jesun sangan nou akilhena konin, eiho jong sangan nou banga chonset neilou mi nunnem ihi khah ule ichung uva Jesu tounom ding ahi. Ohe, nangma tah in tuni hin, lung monna thu hi kihet tave le chun, tunla nahet thei louna diuva ki-ima ahitai, tin jong anasei-e (Lk. 19:42).

Jesu chu sangan nou chungu touva khopi theng Jerusalem ahung nai chun, avet leh khopi theng chu mithi long dapsa bangin, anamun ahi. Mipi ten alampia pon aphauvin, tumkau akicho i un, Hosanna Pakai mina hungpa chu nunnom hen, chungnung pena Pathen loupi hen, atiuvin, hasap sap in asam sam jeng tauvin, ahinla Pakai Jesu la lungthem tah in Jerusalem khopi theng chu, aven ahinka cham tan anahi. Vo, Jerusalem, Jerusalem, ada nahi, ahpin anoute alha noi-a a-opkhum banga, nacha teu ijatvei opkhum ding kati hitam, tunla nangho nanom

3. *Jesu ankonga kimolso* : Israel te Kalchuh Kut an-kong chu Pakai Jesu ankongin akimolso tai. Mihem jouse chonset in ahen nauva kona jalen sah dinga, Pakai Jesun Israel te Kalchuh Kut ankong chu, ama tahsan mihem koi hileh chonset a kona jalen sahna dia atahsa chu kel ngoi tahsa banga afeh doh-a, chule athisan chu lengpi twi banga adon sah ahi.

Atahsa chu anneh bangin apen, athisan jong lengpi twi bangin adonsah in, chujongle abon chauva adon diuvin aseipeh in, ajah uva, "Hiche hi nangho dia kilhoh lha, kathisana kitem doh Kitepna Thah ahi" tin kichen tah in anaphong doh tai (Lk.22:20). Israel te sohchang sa jalen sahna dia Kalchuh Kut ana bol sah Pathenin achapa Jesun chonset a sohchang mihem ama tahsan jouse, jalen sah dia agonsa amol sona Jesu Ankong phunga kimolso hi atahsan jousen, ahung kit kahsea, man jing dinga Paul in anasei ahitai (Eph. 1:4, 1 Co. 11:26).

Exod. 22:1-28 sunga abol jouseu chu Pakai Jesun atah beh-a chonset-a sohchan naa kona Jesu tahsan jouse jalenna ding abol mol sosa hi leiset khang kichai gei-a bol a, aheto louho henga chonset a sohchan naa kona jalenna thusim seinna iman jing diuva solchah Paul in anasei ahi. Hiche thu ho hi Paul in ama chama aseipeh ahipon, Jesu kona amu thu ahin, eihon ijom jing diu angai-e. (Dr. T. Lunkim)

tapouvin ahi, na-inu akam hela kida lhah peh ding nahi tauve. Veuvin, suhchim louva song khat chung a khat kiset hom louhel ding ahitai, tin lunghem tah in akap tai (Mt. 23:37-38). Mipi ho vang chun themgao ho sei bangin, Hosanna, David chapa Pakai mina hungpa chu nunnom hen, chung nung pena Hosanna, tin asam samun ahi. Lungna pum pum in, Jerusalem hou-ina alutleh sum lheng ho, vapal joh ho, kivei ho anamu phat in, khaokol akipat in, ajep in, dokhang ho alekhup peh tan, chule ka-in chu taona in kiti ding hilou ham, ibola nanghon, gucha mi chom kokhuh a nasemu hitam, anati (Mt.21:12).

Chujouvin, Jesun hou-ina adamlou ho, mitcho ho, abol damin ahi. Thempu hole Pharisee hon, cha pang hon kholhang asap-u khu na jah lou ham, atiuvin ahile Jesun ka janai, hiteho khu thip jong leu hiche song ho hi hung ao-doh dingu ahi, anati (Lk.19:4). Song hon kho ahin sap diu hi kidang kasan chule kipa nan jong kanei-e. Song hi Pathen thilsem ho lah-a thilthi tahbeh ahi. Khang theilou chule mon jong mon lou ahi. Song thil atahpen teho hin Hosanna ahinsap diu vang thil ki dang ahimonge.

Aseilona hi, thilsem ho lah a atahpen, thilthi ho lah a abang bang hijing jeng hin, kho ahinsap tahbeh le vang, aja jousen kidang sauvinte. Song in jong asempa koi ham ahe thei-e. Israel te adangchah lai chun, songpi a konin twi ahungput thei in,

chule Christa jong hi songpi tin akisei-e. Pathen chu tonsot songpi ahileh songin jong ahin sap thei vang ahi. Jesu thi-nin, songpi apohkeh gam tai, akiti leh songin jong asempa ahei, asempa thinin, athoh lel l'heh in ana pohkeh gam tan ahi.

Jesun hou-in asuh theng jou vin, Bethany a achen ahile lampia theichang phung khat amudoh in aga anahol leh ana-ho tilou, aga amudoh tapon, agilkel pet ahijeh chun alung hang doh in, lunghang tah in, tukal aga'n gakit tahih in, atileh apet pet in ago jeng tan ahi. Theichang phung le Judahte kitekah ahileh Judahte hung manthah ding vetsahnaa abol jong hithei vang ahi. Theichang hi aga dinga kiput ji ahi banga, Judah te jong Pakai dinga gaso dinga ki phut ahivu. ahinla amahon Jesu ana sang tapuve. Hiche theichang phung agaosap a agop hel banga hi aman Judahte agaosap ahin, Jerusalem ki suh mang ding asej banga hiche ni teng chule Judahte jong kisumang ding aseina hithei ahi.

Loupi tah a Jesu Jerusalem a alut hi ama lunghem kipatni ahitai. Hiche nikhoa kona hi Pakai lung hemna hapta kitia kimang ji ahitai (Passion Week) :

1. Sunday -- Loupi tah-a Jesu Jerusalem a alut ni.
2. Monday -- Theichang phung apholih nikho,
3. Tuesday -- Athusei achai ni,
4. Wednesday -- Bethany a thao

akinu nikho,

5. Thursday -- Pakai Anjon ni,
6. Friday -- Aki khetbeh ni,
7. Saturday -- Along lup ni,
8. Sunday -- Athodoh ni.

Palm Sunday nikhoa Jesu sangan nou chung a tou ahin, ahung kit niteng vang leh loupi chung nung tah-a, sakol kang chung a hung tou ding, vannoi in aloupina jeh-a avah choi dingu vetsahnaa kimang ahi. Ling lukhuh in apanin, ahung kit teng le lal lukhuh ahin khuh ding thih teng gola vai ahin hom ding, amai chil kiset na chu nisa banga vah ding ahitai. Tua ahung kit kah-a phate chaa hin kho mang jing ho hin hicheni teng chule kipaman amu diu ahi. Tua mitlhi long longa tuten jong ahang phal kipoh-a in-lam ahin jot diu ahi tai. Kinep aum ngei-e, Jesu Second Coming. (*Late Rev. Seikholen Lenthang*)

*{Rev. Seikholen hi, athini gei-a Pathen natong mi khat ahin, lungset umtah ahi. Nagaland a Medziphema (Ghaspani) a cheng ahin, athikonin ajinu hengah, kei kathi masat leh van kot a nangma kana nga ding, nang nathi masat leh van kot a nangin nei nanga ding ahi, atin ahi. Ama kum 89 alhin, January 29, 2019 ni nilhah 6 p.m. in, ajinu le achate dalhan, Dimapur a Hospital khat a ana haitan tai. Dec. 25, 1930 a peng ahi, ajinei kal kum 64 ahitai}.*

### Pathen mite -- Houbung

Houbung kiti hi kikou doh, ahiloule kouchom, kitina ahin, Jesu

tahsan ho kiseina ahi. Houbung aki tileh mi (Jesu tahsan mi) hetna ahi. Sappaova 'church' akiti leh atahsan mi tina ahin, chule 'hou-in' tina jong ahi. Pakai Jesu patdoh houbung hi khat ahin, vannoi leiset a houbung mi jouse ahopsah, houbung theng khat seh chu ahi. Hichu mit a muthei lou houbung chu ahitai. Mit a muthei houbung chu ahile mi Jesu atahsan khat chu kiseina jong ahi.

Jesun Kitepna Thah (New Testament) houbung masa pen ana phutdoh in ahi. Aman hiche houbung chu iti hinna, ipi abola, amopohna ipi ham tiho ana gongtoh in, hiche ho chu amolsona din thuneina leh tha neina jong anapei. Caesarea Philippi a, Jesun seijui 12 henga, "Nang hon koiba neihi sah uvem" tia ana doh chun Peter in, "Pathen hing jing chapa Messiah chu nahi" tin anadon but tai. Chuin Jesun, "Peter, nangma songpi nahin, chule songpi inbul-a hi ka houbung kasah doh-a, mithi kul kotpin jong anan joulou ding ahi" ati (Mt. 16:13-19).

Houbung kiphu dohna songpi chu Peter chu ahipoi. Peter tahsan phondoh (testimony) jong chu ahipon chule Jesu nung jui ahina apen thahna jong chu ahidoh pon ahi. Songpi (song) chu Jesu chu ahi joi (1 Cor.3:11, 1 Peter 2:6). Jesu phudoh houbung chu Denomination ahipon, in kiseina jong ahipon, ama vang Jesu tahsa hiah atahsan mi chu kiseina ahi. Hijeh a hi 'kouchom' ahi

loule “kou doh” kiti ahi (Greek pao va *ekklesia* ahi). Pakai Jesun, “Kei man vana lenggam kot-heh kapeh ding ...” tia aseih ahin, ‘kot-heh’ hi imadang ahipon, ‘Kipana Thupha’ (Gospel) kiseina ahi (Mt.16:19, Rom. 1:16, 1 Cor.9:16). Ajeh chu Gospel hi ‘hemto chemjam jouse sanga hemjo ahi’ (Heb. 4:12). Hi che Gospel (Kipana Thupha) hin tha neina kidang tah anei in, chule Pathen mite chu thanei tah ahi kit-e.

Houbung thanei chule Gospel thanei tah ahina chungah Lhagao Thengin lolhinna ahin peh kit ahi. Gospel hi vannoi muntinna kilhun sah a hijou teng chule lhen chomte kipui khom ding ahitai (Mt. 24:14, 31). Pakai Jesun aoubung angailun, hijeh chun ana thilon ahi (Eph.5:25-27). Ahile tunia imuu christian kahi tioubung (mi) ho hi, nolna bei hicheh nauvem ?

### Neilungset hinam ?

Kelngoi chingah apansah kon in Jesun Peter hengah, ‘John chapha Simon, hiche ho sanga hi nei ngailut joh hinam ?’ (John 21:15) tin ana donge. Chuin, “John chapha Simon, nei ngailut em ?” tin adong kit in ahi. Athum veina in, “John chapha Simon, nei lungset em ?” tin adong kit-e. Eiho jong hiche thudoh a hi thumvei vei ikidoh-u ngai ahi. Jesu chu vetan, koiman imaa anagel lou ahi. Akithat in, akichai jenge. Ngailut thu chujat anasei vangin, koi

man iman anagel poi. Tunin christian jouse hengah Jesun, “Nei ngailut hi nam ?” tin adong. Nangma na dongle iti nadonbut dem ? Min ipin donbut jongle akhoh poi. Nangin iti nadonbut ding ham, tihi thupi ahi. Jesu lungthim heah mi ijat ihu vem. Ama lungah ngailutna, ngaidamna, damsahna, hepina, ho aume. Ngailutna mi pedoh nom lungthim anei jingin, chule mihoa konin ngailutna adei maman ahi.

Hitobang ngailutna hi John in “Ngailut masa” tia anasei chu ahi. “Aman eingailut masah jeh a eihon ingailut-u ahi bouve” (1 John 4:19). Leiset a eiho mihem ngailutna hin eidalha jiuvin ahi. Pathen mi ngailutna vang hi mi dalhah, lheplhah, donda neilou ngailut ahi. Vannoi in eipeh-u ngai lut hi ngailut masa hilouva ngailut anina joh ahi. “Koi hileh adangchah a chu kahengah hung hen lang don hen” anati (John 7:37). Chule “Tong gim te leh pohgih te kahengah hung un, keiman choldo sah unge” tin jong Jesun anasei-e. Hitia seipa hin, “Nei ngailut em ?” tia eidoh jingu ahi.

Nangma Pathenin nalung set nai, tihi tahsan lel hih in (Ps. 139:13). Thumvei jen, neilungset hinam tia Peter anadoh jouvin, Jesun ako ma, “Ka kelngoi te vah in” ana ti. Jesun Peter in alungset nai ti aheth jouvin, atoh ding anapei. Jesun sei jui 12 asoldoh chun, ni nia kiloi din thu anapei (Mark 6:7). Eiho jong ni nia eikisol doh-u ahidan ina sumil

loi jiuve. Pakai Jesun mi ni kiti hi adei mami. “Leiset a mini lung kitoh tah a nataovu le vana um kapan na bol peh tei diu ahi” tin jong aseih-e (Mat.18:19). Khat sangin ni hi aphachom joi. Adeh in tulai thi le man chule thoh gentheina punlai hin iche chena a mini kihileh kimachal intin, inung jong kihe ding ahi.

### Khonung hinkho thudol

Jesu tahsan ho chu huhhing hiding Jesu notthap ho chu themmo chang ding ahi, tihi ija jingui. Vannoi leiset khang kichai tengle Pathenin adou jouse ajoa chule ama tonsot lenggam chu atundoh ding ahi. Hia chu ase aphalou kiti jouse umta lou ding ahi. Bible a khonung thuding aumin, ahinla Pathenin kichen tah in eisei peh pouve. Hijeh chun tulai christian hon ama ama het dolin ale doh jiuvin ahi.

1. *Jesu hung kit ding* : Vana lahtou a aum masangin, Jesun avel velin ama hung kit ding thu anung jui te hengah anasei-e. Christian ten hiche nikho chu angah jingui. Lei a ahung masat chu mihemte sochatna ding anahi. Ahinla ama ahung kit tengle thutan-a hung ding, chule Pathen leng gam tungdoh ding ahi. Itih le na hung kit ding ham, tia solchah ten Jesu anadoh uchun, Pa Pathen bouvin aphet ahei, tin ana donbut-e. Chu le miho akigin jingna diuvin ahilchah in chule agellou pet tah a ahung ding thu jong anasei-e. Vantil ho toh loupi tah a hung ding, mit jousen amu diu

thudol jong ana sei-e. Christa lhem leh themgao lhem in eiki lheplhah lou na diuvin eina hil tauve. Christa ahungin hikom, khukoma aume, tia min aseileh tahsan lou ding ahi tin anasei tai. Ajeh chu ama hung kit ni leh mi jousen aheth jeng ding ahi. Ahingah vana akaltou muho hengah vantil in, “Van lama akaltou namu bang banguva, hungkit ding ahi” tin anasei-e (Acts 1:11).

Thinaa kona Jesu athodoh chun, van vou in ana thoudoh in, aum na nom noma aum thei in, mit a mu thei le mulou thei in jong lhagao tahsa chu anei tai. Hiche lhagao tahsaphe pu pum pum chun tuhin vana aume. Hiche tahsaphe puma chu hung kit ding ahi. Atahsan ho jouse ikigin jinguva, ahung kit tengle ilem diu ahi. Ahung kit tengle ase kiti jouse asuh manga, lei a chamna vai apoh ding ahi, tia seiloi aumin, chule abang in ahung kit tengle van lenggam aphudoh a vana lhenchom te toh cheng ding ahi, tin aseih ui. Hoijoh hi ding ahi, aphet teng kihechen tante. Hijeh a hi kigin jing ngai ahi.

2. *Thokitna thudol* : Jesun, “Lhan khuh dunga lum mithi hon a-ogin ajahna diu phat ahung lhunge. Mithi ho lhankhuh hoa kona hung potdoh uva, thilpha bol chengse kikai thouva hing diu, thilse bol chengse vang kikai thouva athuu kitan ding ahi” anati (John 5:28-29). Jesu amatah in, ahung masat a mithi akai thou bang banga, ahung kit ni tengle mi

athisa ho akaithou kit ding ahi. Thil mu khat lei-a akitu teng limchom beh-a ahung hindoh banga, mithisa ho ahung hindoh nikho leh thokitna vou leh mela kithou doh diu ahi. Amaho chu lei-a kichenna leh ki chen sahna lim tobang hita louva atahsan ho chu Pathen vantil mela hingdoh diu ahi, anati (Mt.22:30).

3. *Thupi kitan ding* : Christa in mi athisa ho athodoh seh hilouva amaho jouse chungu thu ahin tan ding ahi. Keltah le kelngoi kichom khen banga, mihem ho chu nia ahin khen ding ahi. Jesu phatea tahsan lou jouse chu Tonsot meidila asol ding ahi. Mi jouse Christa thupi tan na mai-a ding diu ahi (John 5:22, Acts 17:31, 2 Cor.5:10). Hiche ni le chun, Jesu phatea tahsan ho chun thupi tanna chu akichat lou diu ahi (Mt.25:14-30, 1 Cor.3:12-15).

4. *Van gam leh Damun* : “Kapa ina chenna mun tampi a-ong” tia Jesun anaseina muna chu atahsan jouse lut diu ahi (John 14:2-3). Hia chu atonsot a Pathen toh cheng khom diu ahitai. John in hiche mun chu itobang ham ti, Rev.21:1-7 a kichen tah in asune. Hikom hi Pathenin achate dia asem van gam chu ahitai. Igel sang uva loupia thupi ding ahi (1 Cor.2:9). Pathen tahsan lou ho vang chu meile kath kouna muna kileh lut diu ahitai (Rev.21:8). Pathena a kona kichom khenna mun chu Damun (Hell) hi ahi. Hia chu kaleh hagelna dimset ding ahi.

Christa tahsan hon thina hi aging poi. Thina kichat sangin angah lel jouve. Athi tengule Jesu toh athiho chu chengkhom diu ahi, tin Jesun anasei-e (2 Cor.5:8). Rome a thadia agot lai-u chun Paul in, “Kitel doh a Christa toh umkhom ding kadei lhez jenge. Hichu kei dinga gamchenga phajo ding ahi” tin anasei-e (Phil. 1:23). Abang leh christian thi lhah naa kipa la akisah khum jin ahi. Ajeh chu amaho chu athimong poi, ti aki hei. Christa toh chengkhom dia che ahi jeh chun kipapi aumjo jie.

### Jeera twi don ding

Jeera (English a *cummin*) kiti me anam tuina dia kilhah ji khu dukan a akijoh-e. Jeera thihkhe khat le twi khon khat akihala akihon souva (boil), hiche twi chu jingkal matah oikeyo pet a, akidon leh tahsa dia aphanatna get aume.

1. *Neh minna* : Oisunga neh amin sah in (digestion), diarrhoea, nausea, gas ho anomang jouve.
2. *Toxin asumange* : Antioxidant anei in, sunglam asuthengin, liver tha jong abelap-e.
3. *Anaemia dia pha* : Jeera a iron atamin, hijeh chun atahsaa iron lhom neiho din apha. Iron in red blood cells, asem ahi.
4. *Hai anopsah-e* : Op-a mihem haina sunoh phah ho asutheng jie.
5. Mihem vun asuhoi in ahi.
6. Imut anop sah-e.
7. Lhoh in thil amelchihna akalbe sah-e.
8. Vita-min A leh C jong aume.

### Nui-hi, damna (Prov.17:22)

\* Gollhang mi thum in Cricket ki chepna ana veuve. Amasang uva Catholic Nun (numei) thum adingun, akichem ho chu phaten ana muthei pouvin, khatpa chun, “Keima Utah kiti muna kacheng nome. Hia chun nun mi 100 bou aume atiuve” ahin ti. Chuphat in anina pa’n, “Keivang Montana kiti gama kacheng nome. Hia chun nun mi 50 bou aume” ati uve ahinti. Chuin athumna pa chun, “Kei hi Idaho kiti gama kacheng nome. Hia chun nun 25 bou aume, akiti” ahinti.

Amalam uva ding nungah nun ho chun, chomkhat ima sei louva aum jouvun, nun khatnu chun, “Ipi dia kangchaa kihou lou uva chubang a keiho jahthei dia peng nahiuvem? Nachuti genthei behseh ule Damun a gacheng tau, hia chu nun khat cha umlouva hichu” ahinti.

\* Kho khat a hin hou-in akai ule thupi seipa hin, kiging jingin umun, tia pulpit chu achup leh conductor pu pulpit noitah a touva ahin, a pulpit ahung ballin, ahal chun conductor pa luchang tah aseleh na asabeh seh in, alu achulin avet touleh thusei pan, eingaidamo ahinti. Conductor pu chun a pulpit jong chu lhou lou mong hichu, anati.

\* Kichenna khat a Reception a ka che leh, kot ni ana umin, lekha akitha teni chu kasimleh kot khat a chun, “Bride’s Guests”, chule kot choma

“Groom’s Guests” tin akisune. Kei jong Groom’s Guests kiti kot a chun kalut in ahile chomkhat jouvin kot nima anaum in, kot khat a chun, “Ladies” kitin akisunin chule kot choma chun “Gents” tin akisune. Kei jong Gents kitia chun kalut tan ahileh kot nima ana um kit in, khat a chun “Guests with gifts” kitin akisunin, chule kot chom khat a chun “Guests without gifts” tin akisun in ahi. Chuin ima thilpeh kachoi peh lou jeh chun ‘Guests without gifts’ a chun kalut tai. Kache chea ahile intom langa pot dohna lampi anahin ‘Gate’ a chun hitin lekha akitha-e,

“*Tulai sum hahlai tah-a, thilpeh hinchoi louva neh le don dia na hung ahin, kile kit tan, Bye bye*” tin akisune.

\* Indan khat a mithi gu ni akikhai in pasal nin ave lhone. Khatpa chun, “Gu alenpa hi koigu ahidem” tin ana dongin ahile aloipa chun, “Masanga lengpa khat a ahi” ahinti. Chuin gu aneojep pa chula koi-a hintem, tia adoh kit leh, amapa chun, “Hiche lengpa aneolai agu chu ahi” ahinti.

\* Gari accident nasatah khat ana ume. Akitongkha ho huhdoh a che ho lah a, mi khat henga chun, akhut bongpa khat in hitin anasame, “Vo sopi, ka khut khat hi aumtapoi, mivangse ka hi” ahintin ahile mi kithopia chepa chun, “Chuti pen pen hih-o, amelse vale, vetan hia khatpa khu alu bei ahin, amala chat louvin athip bih beh in, nang napeng penge” tin ana phoh in ahi.

### *Het-a phachom ho*

\* PHAT (Time) : Bank khat hin jingkal seh leh nangma Account ah sum dangka 86,400 nakoi peh in ahi tin ngaiton. Sum nakoi peh chu, hi che nikho kichai tengle naman moh ho chu beiji ahi, tin gelin. Ipi iti naman chah di ham ? Sum nakipe jouse chu niseh in Bank a kon chun ladoh ngimsel nomin nate. Leiset a mihem jousen hiche bank hi anei in, hichu eihon *Phat* tin iheuve.

Jingkal seh in mihem khat khat hi Second 86,400 Pathenin apei. Jan seh le phat nakipe chu abei hel jitai. Thilpha bolna nanei hihen thilse bolna nanei hijongle phat naki pe cheng chu jan teng amang jitai. Phat nikhat dinga kipe chu koiman amang val (no overdraft facility) theipoi. Jing nikho dia nakoi theilou ahi. Hiche *Phat* (Clock) chu a che jinge. Hi jeh chun phat nakipe chu mang them tei in.

\* India sunga Katra a missionary pa khat henga nikhat CID khat ana chen, kon nanghi sum napeh-a, kon nanghi navet-a navah ham, koi dia natoh ham, tiho ana donge. Keiho hi koiman eikithopi pouve, tahsan vanga natong kahiueve, tia adonbut leh ahethei tapoi. Missionary pa in a Testimony hitin ana seipeh tai: Ni khat hi neh ding chah ding kanei tapouvin, kachapa kum khat beppa chu agil kel in akap kap jenge. Kei le kajinu chun Pathen henga, 'Kei ni hi nelouva an ngol thei kihi jungle Pathen kachapa beh vah in, tin kana

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tao lhone. Katao jou lhonin, kaloinu insunga alut in, chini kang them cha khat um chu twitoh ahal in kachapa chu adonsah in, chule kakoma ahung in, koiham khat in insunga bu le me einatun peh uve, tin ahin seitai. Chuin kanupa lhonin Pathen khangvah lhonin, kane lhon tai. Hiti bangma chun, ajing nikhon jong bu le me kahet loukah un eina kikoi peh kit ui. Nithumni chun nehle chah thumna katao kit lhon leh insung bu bel ho ahung gingin, kajinu alhai lut a agavet leh ka-in kengte, hindu houva hattah nu chu anahi.

Christian kahi jeh-a amaho chun eina vetda tennu ahin, ahinla kaloinu ainuva achea ajeh ana doh leh, 'Ahinai, bu le me chu ken ni thum sunga kahin choipeh-u ahi. Ka lung sunga koi ham khat in, hitia kabolna ding chun eina tildoh jinge. Kachunga lunghang hih un,' ati, tia CID pa henga aseih leh amapa chun, 'Nang Jesu chun nahuh hingu ahi pon, nachenna munu hi keiho pathen tampi chenna mun ahin, ka-pathen houvin napeh-u ahi joi' ati nalai set in ahi.

Missionary pahin alungin, Pathenin sangan bon amanchah a ahileh mihem iti amanchah mo ding ham, tin Pathen ana tahsan lo cheh in ahi.

\* Shillong lampia gari natol teng ule olcha chan tolun. Lamlena thao sung lha leh jotpi (thingkil) min akoi jin, gari akisuhmo tengle sum holnaa ki thopi mi hijia atame, ti thu akijai.

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*Christian Meivah* - sim te taona akiman peh jinge. Sumto kuma Rs. 100/- ahin, asim nom hon hin peuvin, sum napeh lhaa kona kum nakisim peh ahi. M.O. hin thot hon Editor kipe ding lekha beh a namin le address suntei un. Editor pu Mobile No.94355-51080 ah hin hetsah un. Manipur le Naga land a sumto peh na thei ho :-

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- 8) Mr. Kapcha Singsit, Dimapur.
- 9) Mr. Hegin Lhungdim, Mizoram

### *Het-a phachom ho*

\* Chapang kum 6 alhin gei-a nikhat le khat vei seh bou Tooth paste manga aha akinot ule aphai. Ajeh chu halouva hin Floride atamin, chapang hadong ho ane heng thei-e.

\* Gari akitol teng, accident ahi maheuva achama brake kikham thei, man din akihou pan tauve.

\* *Christian Meivah thuso lahna man Bank a hinthot nom hon hia hinthot un, chule minho le nasum thot jat chu Editor pa henga SMS or phone in hin hetsah tauvin :*

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