

# Jesuna Kouri

May - June, 2017

Private Circulation

Tha Ani Anida Phongba

## Oithoktaba ama oithok-hanba

Jesuna misingdu phamhalu, haiba tungda miyamdu naapi ma thakta phamhalle. Nupa macha ama na masagi damak pujarakpa nga ani aduga tal mangadu Jesuna louraga Iswargi bor nirami. Aduga tilliba mi 5000 adubu yenbinaba yathang pire. Miyamduna nga aniduga tal mangadu yennaraduna chai, aduga laina puk thanna charaba tungda arembadu khomjil-hankhi. Arembadu thumuk 12 oikhi (John 6:1-15). Egypt tha namlaga Canaan taanna, Israel sing na lakpa matamdasa Iswar na ma khoigi chanaba Manna kouba chin jak pi. Iswar na macha singbu chaak laamna, chara henna thamde. Adu oi raba di, ngasi Jesu ningba khudingsu Iswar na makhoigi chanaba soidana sinbigani.

1. *Jesuna Philip ta* mi 5000 dugi chanaba kadaidagi phanggadra, hangkhi (John 6:5). Matam asi nung dangwai ni. Oiroidaba ama Philip ta hangbani. Lamhaangda miyamdugi chanaba karam phanggadra ! Tai-bang mi amagi wakhalna laamba phangdaba wa ama hangbani.

Christian oiriba eikhoidasu asigumba tanja lakpa matam lei. Ei khoibu sijinnaraga Iswana angakpa thabak ama touningba, adubu nang eigi thajabana laamba phangdaduna toubu ngamkhidaba yam lei. Eidi lai rik heite, eidi pao sandokpa heite, atoppa mi thi-u haibagumba, Jesuna pangbigani haiba kaoba mi yam lei. Philip nasu karigi Jesuna oithokpa yadaba ama hairibra, khallamgani. Adubu Jesugi wakhaldadi, madugi paokhum chap chana leiraba jatni.

2004 chahida, Pastor ama na Kolkata da Jesugi pao sandok lami. Bengali marolsu khangde, kiba thadoktuna, masagi chana thaknaba yengdaduna, lairaba singbu pija pi thakpasu tou-i. Asumna wana, sen watna Jesugi seba changlingei-sida, nongma ayuk nganta mi amana magi thong thillami. Thong haangdoktuna kana lakpra yengbada, Burma rom gi mi karbar toubu amana, nanggi khorcha oiyyu haiduna lupa lakh ani piraga hankhre. Yengbiyu, thajaba da kanba Pastor asi, Iswar na yeng sinbi. Oiroidaba amabu oihanbiba Iswar si thajadaba toubiganu.

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2. *Nang eigi thajaba* kayamuk kan bra haiba Iswar na marak marakta chang yengi (John 6:6). Wari asida Jesuna Philip pu chang yengi. Mi 5000 dugi chinjak leinaba sendu sebok sing na puthokpa tarabadi, ngamsu ngam moi. Maram asina Philip na, chinjak pijaba ngamloi, haibagi paokhum piba ni (John 6:7).

3. *Philipna wari ngeida* Andrew na upai macha ama phangi (John 6:8-9). Angang amana masagi damak pujarak pa chinjak, nga aniga tal manga urure. Jesuna madu tabada, madudagi angak pa thabak ama miyambu uhankhi. Ka ramna nga aniduga tal manga adudagi chinjak aremba thumuk 12 oikhibage. Masisu pumngak ngakningai ama oi. Miyamduna puk thanna charaba tungda lembani. Iswargi naakta aruba karisu leite.

Elijah na lamlakta chara henba yana matam lellingeida, karamna kwak amabu Iswana sijinnaduna, Elijah gi chinjak pihali. Lon thoktaba kwak pusu Iswana sijinnei (1 Kgs. 17). Iswargi thabakki damak sen pibasisu inak khun ba singdagi lairaba singna henna pi. Lairaba misingna leijaba khajik khajik piba du Iswana bor piduna, thabak yam yam suhalli.

4. *Iswarna ngamdaba leitri* : Jesuna mi 5000 du phamnaba yathang pire. Makhoina yathangdu ngak-i. Phamu, haikhiba kanda phamdaba oirabadi, angakpa thabaktu touramloi. Iswargi haiba inba yam kanei (John 6:10-13). Police officer amana Genesis 22 asida gi sermon pirami. Abraham na Iswargi

wa thajei. Nungsijaba macha nipadu katnaba pamukhide, hai. Adubu ei khoi police ki niyom matung innadi Abraham asi pharaga jail da happa tai, mana machanipa hatnaba hotnei, haikhi. Jesuna nga aniga tal mangadugi mathakta Iswarbu thagat charaga, Iswargi bor niba tungda angakpa tha baktu thok-i. Eikhoinasu, thabak khu dingda Iswargi bor niba kaoganusi. Iswana bor piba kanda eikhoi pang gal lei.

Amaromda amuk khallabadi, nupa macha asina, mayum hanba kan da mamada, tal mangaga nga anina mi 5000 gi puk thal-hanbadu tamba matamda, mamadu yam haraogani. "Eina ichagi chanaba sembiba aduna miyambu chaba phanghanbi" haina yam harao-rangani. Nupa macha asi nasu oiroidaba ama oikhibadu ubada, Jesubu henna thajaramgani. Asigum ba Iswar asi eikhoisu thajadaba toura ganusi !

## Paul bu kanana kanbi

Tarsus ki mi Saul haiba nupa asina Christian singbu yamna yengthi. Jesuna nongma Damascus ki lambida Saul asibu unaduna, nangna karigi ei bu yetlibano, hairaga mamit tanghan khi. Mit taangna taangna Damascus youre. Numit humni mamit pumtaang tangle. Adubu Iswar na Ananias bu Saul gi naakta thaduna, mamit amuk uhankhi. Masigi tungda Saul na Jesu bu pumtha thajaduna, Jesu ningbagi pao sandokpa heure (Acts 9). Jesu gi tung inba singbu aduk yengthiba ot

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neiba miduna, ikhang khang houdana pukning honglakpa adu, akhangba singna ingak ngakle, aduga thasu thajakhide. Iswar na phaarage khalla badi, thingba ngamba leite. Saul asi tungda christian oirakanda, eikhoina Paul haina khangnare. Mana pukning honglaba tungda Damascus ki Jew singgi tinnaphamda ichang thouna, Jesu asi Iswargi macha nipani haina pao sandokpa hourami (Acts 9:20). Adubu Jew singna magi ahongbadu uraduna, mabu thajade. Mabu haat naba sinba heure. Sohor gi thongsing du lotna ngakpa heure. Adubu Jesu thajaba singna, Paul haatnaba thou rang touribadu khangladuna, ahing amada yumgi phaklang ahoba ama dagi, mabu thumuk amada phamhan duna lotna mapallomda yantharaga chel-hankhre (Acts 9:25).

Mi kayana mabu thumukna yanthabano haiba Bible na ide. Kana kanana yanthabano haibasus ide. Paul bu thumukna yantharaga hing-han khiba mising asina, a-uba singna ma khoibu phaba yai, haibasi khangna khangna, Jesu nouna thajaba nupasi gi mathawai kanbikhi. Paul bu kanbi khiba asi taraga nahak haraodra ? Paul na pukning hongba tungda (A.D. 36) kayamuk pukning changna ichang thouna Jesugi pao sandokkhi bage, eikhoina khangi. Yam thouna leina pao sandokpa tungda (A.D. 67) mahak sikhi (2 Tim. 4:6-8). Paul bu Jesu thajaba singna Damascus tagi ahing da chenthok hal-lam-drabadi,

lamdam kayada Jesugi pao youram loi. Maran asina mabu ahingda thu muktagi yanthaba singdu thagat taba ngam de. Anaba mi amabu Jesu gi nakta youhannaba haiduna mi marina, yum amagi mathak hohallaga, anabadu yumgi manungda phamba Jesu gi hek mamaangda yanthakhi (Mk 2:1-12). Makhoigi ming Bible da ide. Adubu makhoina toubapha ba thabaksi yuk khudingda mang laroi. Jesugi damak aphaba toubasi, aruba thabak oirabasu, kaobagi wa di leite.

Jesugi damak aphaba thabak toubasi, taibang mina khangbi drabasu, Iswargi ahingba lairikta, mapu ibungo Iswarna soidana isillamgani (Rev. 20:15). Aphaba thabak toukhiba sing Iswarna louna khangi (Mt. 7:13-14). Ngamba makhei Jesugi seba tousi.

### **Bible da 40 darkar oi**

Masing thibada sijinnaba 40 haibasi christian singgi damak yam maru oi. Bible irak-khiba mi asisus mi 40 ni. Bible da 40 haibasi 159 lak palli. Number 40 asi mi themba da, chang jengbada, mapung phaba khang-hanbada, kihanbada, laan ngambada, wayenba da sijinnei. Jerusalem gi mandir thugairak-kani, haina Jesuna hairamba dusu, Jesuna siba tung chahi 40 da oirakkhi (70 A.D.). Lamhaangda numit niphuni chupna Jesu bu satanna themkhi, adubu ngamkhide (Mt.4:1-11).

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### **Imunggi aphaba mapa**

Imung amada mapa haibasi leitrabadi, awatpa ama lei. Aduga leiriba mapa asina, imung nungsiba mapa oiraga amuk henna phe. Mapa amana imunggi tunggi punsi semi. Nupa amana yum palladuna, macha leiraba, adubu imungdu semdaba oirabadi, mana ahal oiba kanda magi pi tagani.

1. *Iswar khangba mapa* : Mapa amana Iswar kiba, khangba tai. Bible da imung ihan hanna semkhiba asi Iswar nani (Genesis 2). Mapa amana Iswar khanglaga, magi machanasu Iswar khanglak-i. Taibangda satan na thabak kanna sui. Maram asina icha singbu Iswar khanghanba yam darkar oi. Mama mapana ahal oirakpa kanda, makhoibu yok thakpinaba macha sing phajana semja houdaba oiragana, ahal oirakpada sontharakpa matamda, laina kayana thon-gani, seba toubinaba leiroi, pi tagani, kari su kanaroi.

2. *Macha takpi tambiba mapa* : Matam chana machabu Iswargi wa tamba houdaba miduna macha apha ba semba ngamloi (Deut. 6:7). Iswar na pamba lambida machabu chingbi ba tai. Iswar kihandrabadi, satanna makhoibu themkhigani. Iswargi wa ram tattana tambiba tai. Bible numit khuding paba icha oigadabani. Tatta na Bible paba angangdi, lairik heigani, lamchat phagani, Iswargi bor phang gani. Angangbu matam chana chum thokpa mama mapa oigadabani.

Sibadagi amuk hinglakpa matungda numit 40 ni chupna sebok singga leiminnaduna, makhoibu thanam lamdaida, aphaba wapao sandoknaba taklam laga, numit 40 gi tungda hingna Jesu swarga ka khi (Acts 1:3-5). Old Testament ki Goliath haina kouba masha chaoba, pangan kanba Philistine singgi da mak laan ngambiba nupa asina, Israel gi misingbu numit 40 ni, sing nakhi. Adugi tungda pakhang naha David na mabu laamba touduna, Iswargi mingda hattokkhi (1 Sam. 17:16-50).

Old Testament gi Moses na Sinai chingda, numit 40 ni chupna chaba thakpa kaothokna, Iswarda prathana kanna touduna, Ten Commandment (yathang tara) haibasi Iswarna mangonda pirakkhi (Exod. 24:18, 34:1-28, Deut. 10:10). Old Testament gi Elijah kouba maichou (prophet) adu numit 40 ni khongna chatpa ngamnaba, Iswar na chingbi, aduga chanaba pi (1 Kings 19).

Iswar yam thajaba ningthou ahum, chahi 40 niphu ningthou oirami. David (1 Kgs. 2,2 Sam. 5), Solomon (1 Kgs. 11), aduga Joash (2 Chron. 24), makhoi ahumsini. Eikhoinasus chahi 40 asi, matam ayam bada maru oiba chahi oina thami. Mi amagi ahanba chahi 40 manungda, mi aduna magi tunggi lambi sem houdrabadi, kanadaba mi oigani. Ahanba chahi 40 manungda lairik tamhoudraga lairik heitaba mi oire.

### Yum pan-gadra, palloidra ?

Houjik kan asida, pakhang leisabi lairik yam tamnarakle. Nupi kharanadi tolopsu chai, nungaina lei. Nupi kharadi yum pallaga, nupa ama gi makha ponba pamdre. Matei ma nao kainaba, khainaba (divorce) asi su yam toire. Luhongba tungda kaina basi India da, 10% oire hai. USA da na 70% ni. India gi matei manao khai naba pambasi nupina helli, 90% ni hai. India gi di luhongba matung cha hi amasi matei manao amaga amaga pukning mannanaba kanna hotnaba chahini (adjustment). Prithibigi chao khatpa lam ateidana, luhongba tung chahi ahanbasi, haraoba, nungaiaba (enjoyment, honeymoon) gi matamni hai.

Matei manaona sen thumda pukning luppa, inak keirak khun ningba, nungaitokpa pamba puk ning chenba hellakpana, houjik ma tamda imung kaibasu yam hellakle. India gi oina Kerala asi lairik yam heiba state ni. Masida matei manao khainaba asi 35% oire. Chennai na 20% oi, Delhi na 40% ni. Luhongba tungda yam wabasi nupini. Luhongba tungda nupina mama mapa thanamba oibana, magi nupana mabu yamna nungsi-biba pami. Aduga luhongba tungda nupana, magi nupisi henna hei singba oiramlabadi haina ningi. Mi kharana luhongba tungda awa anang kaya thengna-raktuna, nupi romgisu nupa romgisu, matam aduda “Eisi yum pallamdraga phaganiko” haina

khallakpa matam yam lei. Yum pan khraba mi 90% di, mapukningda haraode, migi mit-yengdana haraoba gum utli. Houjik kansida pakhang ma ram okpa natraga leisabiga chanaba yaba thibasu yam wanare. Maram asina tolop chajaba leisabi kharadi yum panningdre. Mathanta nungaina hing ningle.

### Diabetes houjik kan-gi laina

Diabetes na naba mi kharagi makhong pomlak-i. Singli singda ee phajana chendaba oigali. Khong pomba khuding Diabetes oide. Laina asina khong pomhanba oirabadi, ma tam kuina leploidabani, marak marak ta phamu. Exercise touba, khong-up maning wangdaba tongba, marak marakta longna tumlaga, mon ama khong makhada thamduna khong adu wangkhat-hanba, thum hanthana cha ba, phamba kanda khong amagi ma thakta atoppa khong adu thamdaba (cross-legged), doctor hek hek taana basu phei.

Diabetes kharadi makhong soklabasu anaba khangde. Aduga Diabetes na naba mina, magi unsada asokpa leitanaba cheksinba darkar oi. Maramdi asokpa sing asi phahan bada matam yam changi. Churup thakpa mida khong pomgali, aduna churup, biri thakloidabani. Khong-up su khong chinba sijinna-roidabani. Khonggi singlida ee chenba khongup chinbana thingi. Diabetes singgi tha moi son-gali, cheksinba tai.

### Nok-ningba wa (Prov. 17:22)

\* *Ramu* : Nahakki ya naribra ?

*Madhu* : Ei khangde.

*Ramu* : Nahak Doctor yenghal luba natra ?

*Madhu* : Hoi, hoi, yenghal lure.

*Ramu* : Adudi houjik ya naribra ?

*Madhu* : Ei yadu naba nadaba ei khangdre. Maramdi doctor na sattok laga, mangonda thamkhre.

\* Midi yam tinba yumgi kaa, adubu maduda phamliba nahakti, nathanta ngaibagum touba, kari maphamno ?

*Paokhum* : Parikha thaphamgi kaa.

\* Nupa kanasu makhada piriba 4 asi da penba ngamba leitri :

1) Mobile, 2) Car, 3) T.V.

4) Nupi (wife).

Maramdi, henna phajaba ugalli.

\* Matei manao nongma kanna khatnei. Nupina mayum hannaba, mapot sem ba uduna, magi nupana, “Nang kadaida chatkadouri ?” hangbada mana, “Ima da hallagani ?” hairak-i. Khara leiraga nupanasu mapot semjare, magi nupina hangi, “Nangna kadom chatnaba sem sari ?” Nupana hai, “Eisu imagi yumda hallage.”

*Nupina* : Adudi, angang sing kadaida leiba tare, kanana makhoibu chinjak pijaba tare ?

*Nupa* : Nangna namada hallaba, adu ga einasu imada hallaba oirabadi, icha singsu mamada hanba tarena ! Masi nattaba upai leitri. haina khumkhi.

\* *Lala* : Marup, vitamin C ga D asi matam amattada animak phang ge hairaga karam tougani ?

*Marup* : Ayukta nungsada phamu aduga komla mapum ama chao, animak phangani.

\* *Madhu* : Nacha nupidu chahi ka ya sure ?

*Pradip* : Mahak chahi 25 sure.

*Madhu* : Karamnano, nacha nupina di magi chahi 20 da ngairi, hai !

*Pradip* : Maramdi, mana mashing thiba heirakpasi magi chahi 5 matung da oibagini.

\* *Mapana machada* : Karigino, nangna nung mathakta phamlaga, ye rum charibadu ?

*Machana* : Paba, eibu yerum ma thakta phamlaga nungdum adu chao haibra ?

\* Nouna yum panba matei manaona ayuk chak chaba kanda, thangnaba da leiba mou aduna phi phourak-i. Chak chariba nupi asina yengbada phidu sengde. “Aadagi nupi asi phi suba heitabra, natraga magi sabon phattaba oibra, phi phouribadu imot motle” haibada, magi nupana phidu yenglaga tumin lei.

Asumna ayuk tara gumba phi motna phou-i, haina hek hek hai. Mathanggi numitta, phi amuk phou badu ui. “Yengu, yengu, houjikti ma phi suba heire. Phouriba phidu mot tre, yam sengle” haina magi nupada hai. Mapuroibana, “Ngasi ayuk ngan ta nangna hougattri ngeida, eikhoigi thongnao singgi mingsel mayam, eina lona sengdokkhi” haibire.

## ***Khangbada Kanaba***

\* 2017 *chahida* :

- Mother's Day ... May 14
- Pentecost ... June 4
- Father's Day ... June 18

\* Laphoi (Banana) asi nongmada ama natraga ani chao. Madusu puk haangba matamda chao, puk thalli ngeida chaganu. Laphoida vitamin B ga potassium yao-i. Maram asina cha ba tumhalli, puk noikhat hande, adu ga hakchang noikhatpa khami.

\* Houjik kan, luhongba numitta ei khoina Drone haina kouba, atiyada koipai paiba yaba, driver yaodaba Helicopter gumba pot asi, wairaga sijinnaba yare. Drone gi camera na photo ining touna loubasu yare. Mathak lomdagi kaaptharakpa oibana yamna wai sangi.

\* America gi private rocket company amana 2018 da tha (moon) gi manakta pairunaba rocket semba heure. Masina tourist mi ani puraga tha-da yam nakna pairuba tungda, prithibi da amuk hallakkani. Rocket asigi driver leiroi, prithibi dagi louna control tougani.

\* California da mi amana yokchaba houdong asi mangkhre. Madu Ontario, Canada da chahi anigi tungda phangi. Houdong da leiba micro-chip adugi matung inna, houdong asi Kms. 3000 makhongna chattuna Canada yourubani. Micro-chip tagi California da leiba mapu adu thidoklaga houdong adu mapuda amuk youhalle.

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\* Tokyo, Japan da Robot ngaktana thabak touba Hotel ama leire. Ma duna English sengna ngangduna, lak pa singgi seba tou-i. Mi amana ma dugi hotel da hek changbada robot na wari sagani, aduga mana leiba ya ba room da robot na midugi pot thangduna room aduda thillugani. Room khuding sennaba robot su tha mi. Mangonda apamba pot, apamba chinjaksu niba yai.

\* Thum (salt) sukcha chadaba mi gi khunda, makhoi ahal oiraba kan dasu, B.P. laina sukpak pakte, hai. Maram asina B.P. dagi isabu ngak thoknaba thum khajik khajikta chasi.

\* Kerala Christian Reformation Movement kouba kangbuna, ma khoi gi Bishop ki sumangda Dharna touba houkhi. Makhoi Roman Catholic kangbuni. Makhoigi Nun sing gi Confession matamda, Father nipa amana, Nun gi Confession of sins toubadu tabi, aduga makhan ma khan-gi pap toubagi waramsu hangduna, Nun singdu khangdokpa ma tam lei, ikai-ningaini, maram asina Nun gi Confession of sins matamda nupi priests pibiyu, haire.

\* Catholic church ta makhoigi priest masing hantharakle. Maram asina Pope na, mayum pankhraba priest busu Father oihanba tarabra, haina khanba heure. Kanagumba Protestant mi ordain toukhraba ama Catholic oiraklabadi mayum pankhraba oirabasu Father oina happa yana bagi wakhallanba heure.

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**Jesuna Kouri** haiba chephong asi tha ani khuding phongjei. Thawaigi punsi lamjing-bi, aduga hakchang phanabagi waram tamba. Sen-thaang chahigi Rs. 50/- oirabasu, chahi anigi Rs. 100/- pibi-u, maramdi chephong taruk phang bada chahi oire. Thuna mak surak-i. M.O. thabiragana Form gi Editor na phang-gadaba che machet tuda, nasagi ming, address suna ibiyu, **or** Editor mobile No. 94355 -51080 da phone toubi-u. Senthang masida pibibasu ya gani :-

1. Miss Lhingjanem Haokip, Kuki Baptist Convention, Opp. D.M.College, Imphal, Manipur.
2. Mr. J. Manchong, Trulock Theological Seminary, Opp. D.M. College, Imphal.

## ***Ee-Pau Khara***

\* Nakhoi nakhoi gi chinjak asengba aphaba chanaba hotnabiyu. Sa chaman ba mida 'Liver' pomkhatpa oigali, hai. Sa tattana chabiganu. Nga asiba chaganu. Shikhraba nga asida pumdana ba, hidak kapsinba yam leire. Hidak asina eikhoigi hakchangda laina kaya thok-hali. Hanggam mana, gobi mana tinna chadanaba hidak chaisinbasu lei. Madu chaba kanda hidak manam khar a eikhoina khangi. Hidak asi hakchanggi damak phatte. Laphoi, apple, heinou nachingba su thuna munnaba hidak chaisinba leire, cheksinbiyu.

\* Kelen tha changlakle, laina makhal makhalsu leiragani. Uphun dagi cheksinbiyu, lok thunggani. Ising asengba thak-u, chinjaksu isagi yumda thongba na miyamgi thongbadagi sengba heli.

*Jesuna Kouri*

May - June, 2017

*Editor*

Rev. M. Haokhothong

C/o, Tingjanem Manchong

Nichols Higher Secondary School, Satrbari,

P.O. Rehabari-781008, Guwahati, Assam.

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