



### Jangkhei ni suba numit

Acts 2:1-13, Exod. 15:1-18. Pentecost numit ta Jerualem so hor asi mi pumthal thalli. Makhoigi kumhei ama oina uhali (Acts 2:9-10). Taibang pal papna kupsillaga, Iswar ga taibang miga yam laapnaramba adu, Pentecost na amuk samnahali. Adam ga Eve na pap chellambagi maramna, asengba Iswar ga laapna khibani.

Pap leitaba Jesuna taibangda poklaga, taibang migi pap koknaba lambi pibiba aduna, Iswarga taibang miga amuk tinnahali (John 3:16). Jesu na magi papki damak sibire, haiba thajaba mi khudinggi pap kokpiba yare. Pentecost numitta thajaba singgi mathakta tonglakpa Iswargi asengba Thawai aduna, pap kokpi khraba mi singda adum leibiba ngamlabani (Acts 2:3).

Thajaba mi amagi mathakta Thawai asina changbiba kanda, mi aduna Messiah kanano haiba khang gani, chingnararoi, aduga Jesu amuk lakkhigani, haibasu thajagani. Old Testament da Jesugi waram pallam ba khuding loina thunglak-i, haibasu

thajagani. Jesuna mabu thajaba sing khomba lakpa kanda, makhoibu pu khatlaga siraroidaba, hingdu nata lei ragadaba swargada leiminnara gani, haibasu thajagani. Pap chenba sing na swargada hingba ngamnaba Jesu na laklaga, lambi loina eikhoida tak pikhrabani (2 Cor.5:19-20).

Jew singna “Feast of the harvest” numit oina sijinnarami. Adu bu numit asimaktada Thawai Asengbana Jerusalem da tinnaba thajaba singgi mathakta hek tonglaktuna ma dudagi, makhoina numit asibu ‘Pentecost’ numit haina tholle. Christian gi jug hek lakpadagi Pentecost numit oina christian singna khangnare, adu ga palon toure (Acts 2). Jew singna di mahei marong anouba lokpa numit oina ngaktuna numit asida harao kum mei tourami (Numbers 28:26).

Eikhoi christian singna numit asi Pentecost numit haina khangnare. Kumsi 2018 ki May 20 numit asi Pentecost ni. Numit asida thajaba mi singgi mathakta Thawai Asengbana thabak surakpa adu ningsingi. Jesu thajaba mi khudingda Thawai Aseng

ba asina tongbi duna, makhoibu lam jingbi. Thajaba mi amabu Thawai asi na panggal aduga khudon (gift) makhal kaya pibi. Jesuna sibadagi amuk hing gatpa numittagi numit 50 ni adubu eikhoina Pentecost haina khangnei. Adu ga Pentecost haibagi arthadi ‘numit yangkheini’ hainabani. Jesu amuk hing gatpa matung numit 40 chupna magi sebok singga amuk tinnei. Adugi tung da hingna swarga kai. Swarga kaba tung numit tarani subada, ‘Pentecost’ oi. Numit sida Thawai Asengbana ngai duna leiba sebok singgi mathakta Jesu na tharakpa Thawai Asengba asi tong lak-i.

Thawai Asengbana sebok sing bu panggal thouna pibiba tungda ma khoi siba kidre, ichang thouna Jesugi pao sandokpa ngamle. Pentecost numit asimak tada Peter na tilliba misingda Jesugi pao sandok-i. Numit asida mi 3000 na pukning hongkhi (Acts 2:41). Thawai Asengba asina ngasi phaoba Jesu thajaba singbu panggal pibiduna leiri.

### Mother’s Day, May 13

Mama oibi singbu ningsingba numit, Mamagi Numit (Mother’s Day) asi America da leiba nupi Anna Jarvis na houdok lambani. Anna Jarvis ki ma mana, matam amada misingna mamagi numit haiba ama touraklabadi phagani, hairamba adu macha nupina mapung phahanbani. May 8, 1914 numitta USA President na chahi khuding May thagi anisuba Sunday asi Mother’s Day oina paalon tounaba laothokle. Prithibi ma pham ayambana palon toure.

Numit asida mama sikhraba singna, makhoigi mamagi mongpham da chat tuna lei angouba thami. Adu ga mama hingliba singna makhoigi mamabu lei angangba pi. Chak insang ahaoba mamada pijei. Church nasu mama singbu khudon pot pi. Mama amana magi macha nungsibasi tha-tha nate. Maram asina imabu harao handu na, ikai khumnasi.

Mama oibina macha nungsi bagi wari, eikhoina miraang mama gi punsidagi tamba yai. Mi (spider) ma ma amana magi laang saraga, mayai makta mahum thui. Mahum adu mana phajana konsillaga lei. Macha mayam poklakpa kanda, macha sing aduna mamagi hakchangdu charaga hingi. Aduga makhoina kallakpa kanda ma magi hakchangdu thanamlaga mapal da chinjak thiba chatli. Matam aduda migi mamagi hakchangdu matong leitre, saru sajang ngakta oi. Asumna mamadu sidok-i, macha sing hingna ba thawai thai.

### Father’s Day, June 17

Mapa oiba singbu ningsingba numit, kumsi 2018 gi oina June 17, 2018 numitta thok-i. Numit asida church singna, mapa oiba singbu ning singbagi thouram pangthok-i. Mapa leitaba singna, magi mongphamda lei thamlui. Mapa leiriba singna, mapagi haraonaba pot leibi, khudon pibi. Ma khoina mapagi damak prathana toubi, aduga mapa singnasu macha singgi damak prathana toubi, bor pibi.

3

Imungda mapa haibasi leira badi, mama oibi singgi khudong chai. Mapa hingliba imung sing yam harao na leiminnaba oiraga imungdu shanti lei. Imunggi mapa ngaosin naba, ju thakpa, kuwa churup thakpa oiraba di macha sing pukning harao de. Yum dasu leiningba pokte. Maram asina mapa oiba singna imungda shanti lei naba hotnaba phei. Taibang da kaya kuina hingmin nagadra, haiba ngam de.

Maram asina hingmin nari ngeida, haraona leimin naba yanaba mapa oiba singna imung da shanti leinaba kanna hotnabana phagani. Imungda saonadaba, imung da Jesu ga leiminnaba, Iswar kaodaba, Jesu thajaba mi loina oiba, leimin nariba keiroi leikaigasu nungaina panmin na ba yanaba hotnaba yam darkar oi.

Mapa leitraba imung singdi yam wana hingi. Nupagi thabak ayam ba makhoigi mamana pangthok pa tai. Mama oibi singna imunggi thabak mayam, nupagi thabaksu yaona yeng sinba kanda, makhoi yamna wai. Asi gumba imungda macha oiba singna makhoigi mamabu yam mateng pang ba tai.

Imung ama haibasi, mapa ma ma amasung machana semi. Ahum asigi mathakta Iswar su darkar oi. Iswar yaodaba imungda, haraoba, ingthaba leite. Imungda nungsinaba, maral ngakpiba, saonadaba, cheina daba asi yam darkarni. Khatna chei naba imungda ingthaba leite.

### Dharma chenba papi

Dharmasu chenba, pap su touba haibasi angakpani. Oiroidaba ani samjinnaba malli. Adubu masi oi thokpa matam lei. Asengba mi, dharma bu ngakpa mi, Iswar kiba mi amasi eikhoina dharma chenba mi kou-i. Lamchet bebahar soiba, wa ngangbada achumba ngakta ngang daba, dharmagi niti ni-om thousada ba mi adu pap touba mi haina khang nei. Animak asina church ta Jesubu khurumi. Asumna Jesu bu khurumba mida Jesuna, “Mi-oibagi yathang singbu, sastragi tambiba sing gumna tambiduna, makhoina eibu aremba da khurumi” hai (Mt.15:9). Dharma chenba papi oiba yaba mising asi kanglup mari thokna khaiba yai. Ma khei adudi :-

1. *Chumdaba Iswar ningba* : Israel singda Iswarna, ei nattaba na khoina lai atei khurumganu, murti iratkanu, haina yathang pikhi (Exod. 20:24). Paul nasu, taibangda lai ka ya, guru kaya lei, eikhoigi damakti Iswar amata aduga Prabhu Jesu ama ta lei, hairami (1 Cor.8:5-6). Hairiba chumdaba lai ningba midu, eikhoina, dharma chenba papi haina khangna ba tai.

2. *Achumba Iswarbu, aranba ma onгна khurumba* : Mi kayana Iswar bu kang, ki-i, adubu makhoi na khurumbagi ma-ongdi lalle. Cain haiba nupana, Iswar bu lanna khurumi (Gen.4:1-16). Ngasi christian

4

### Asengba nungsit karino ?

Houjik matamda nungsit asi asengba leigande. Chinggi khun singda leigani, town, city dadi gari yambana, asengba nungsit phangba yam wai. Kitchen exhaust, cigarette smoke, burning things, carbone dioxide, chemicals, furniture varnish, room freshner, asina chingba singgi meikhu honjinba kanda eikhoigi hakchang sok-i. Kaang sinaba hidak mei thaba kanda meikhu imungda lei ba asisu, kuihalloi dabani. Haibadi mei thadunata thamdaba na phei.

Imungda asigumba meikhu leirbasu thuna mapal thoknaba, yum da nungsit changpham (ventilator) thamba phei. Angang chenba nupi, ahal hanuba hanubi, angang macha, asthma laina leiba mida, phattaba mei khu sing asina laina kaya pibiba nga mi. Imungda uphun waiphun leita na ba marak marak wai sitpa, wai teiba na chingba toina toubiyu.

Air Purifier haina kouba, yum manunggi nungsit sengdokpiba machine lei ninglaga, nakhoigi room gi size dagi chaoba room gi machine leibiyu. Machine asi thuhallaga ma khon yam thok-i. Achouba machine leiraga tapna unghallabadi makhonsu nemi. Masigi Filter adusu matam cha na sengdokpiyu. Electric yam chada ba leibiyu. Nungsit senglaga hak chang phaba heli. Maram asina imung gi nungsit senghansi.

mi kaya church ta kai. Adubu mi kharadi Lord’s Supper da yaoning de (Acts 20:7). Asigumba mi asi christian mapung phaba haina kou ba yade. Christian di oiba, dharma ateigi laisu khurumba adusu chum de. Matoudi manba, achumba makti nattaba asi Bible gi christian oiba yaroi.

3. *Iswar di khurumba* : adubu Jesu di thajadaba misu lei. Cornelius na Gospel gi Jesu thajade (Acts 11:14). Ethiopia gi mi ama (Acts 8:26-39), aduga Lydia (Acts 16:14-15) makhoi ani aphaba mi ngaktani, makhoina Iswarbu khurumi, adubu makhoina Gospel gi Jesu bu thaja ramde. Ngasi eikhoigi church singda christian gi mingda mi kaya kai. Yam phajana church ta tattana kai, adubu makhoina Jesu thajabadi mapung phade. Asumna Iswar budi khangba, Jesu di thajadaba misu lei. Jesu thajabasu mathou tabani.

4. *Iswarbu khurumlaga, Gospel na pambagum ningdaba* : Masigi kangbu asida, Ananias ga Sapphira yaoba tai (Acts 5:1-10). Corinth gi mi kharadi dharma chenbagum ura basu, pap tou-i (1 Cor.3:13). Christian singgi punsidi mi atoppaga manade (Gal.2:20). Eikhoi christian singdi, prithibi dagi tonganba tai (2 Peter 1:5-11). Christa da hinglaga khumang chaosinba khuding Iswar na magi yum swargada leihan-gani. Tunggi punsi semhou rasi. Siraga loi ba nate, punsi mathang leiri.

## Nokpasu kanei (Prov. 17:22)

\* Lupa cha amagi *note* ka lupa lising anigi *note* yam channaba marup oi. Nongma makhoi ani sorokta chatli ngei da, gari amana animak taklaga sire. Ma khoi gi thawai adu atiyada kakhatle. Swargagi thongjao hek youbada, swarga dutna lupa cha-magi note ki thawai adu chang halle. Lupa lising anigi note ki thawai adudi changhan-khide.

Lising anigi thawai aduna, “Pra bhu, lupa chama dagi lupa lising anina saruk kun henna chaoba natra, eibudi changhan-daba karigino, haina hangle. Swarga dutna, ‘Nangdi party, hotel, dukan singda hek hek changi, adubu lupa chamadi church ta hek hek chang ba maramna mabu swargada changhan bani, adubu nangdi church ta changde, maram aduna nang changba yaroi, han khro’ haina tanthokle.

\* Kumsigi *Palm Sunday* numit adu Manipur chinggi khun amana kaothok tuna, makhoi Monday numitta toure. Khun akoibada miyam khongna isei saklaga, chatpa matamda ahal kharana ‘Hosanna’ haina hek laoba kanda, mi kharana, ‘Ngarang lakpa nupadu yai phabani’ haina hek hek laosillaga, ha raona Palm Sunday adu Monday da pangthok-khi.

\* Angang amana mamada, “Ima, karigi Mahatma Gandhi gi kokta sam leita bano?” hangbada mamana, “Mahakna achumba ta ngangba gini” haina khumbada, angang aduna, “Ei khangle, eina

6

karigi damak nupi singgi kokta sam yambra, ei khangle” haikhi.

\* Nongma Yaima na Office hek youbada, magi Boss na, “Yaima, siba tungda punsi leiri, haiba nahak tha jabra?” hangi. Yaimana, “Sir, ei thaja de” khumle. Boss na, “Eidi yam tha jei. Maramdi, ngarang nahakna nang gi marup Thoiba sire, haina suti loura ga yum hanba kanda, Thoiba Office ta laktuna nahakpu thirami” khum khi.

\* Church Pastor na magi sermon da, “Peter na hei-jit pambida kakhat laga, Jesu lakpa ngairami” haibada, church ki chairman na, “Hei-jit pam bida kabadi Peter nate, Zacchaeus nani” haibada Pastor na, “Madugi tungda Jesu laktuna Peter da, Peter nahak thuna kummu, heijit pambida kaga dabadi, Zacchaeus ni hai. Nga si lakliba khudingna karoidabadi, eikhoina karoidaba uda kaba matam leikhibra, isana isabu chek toub dar kar oi” haikhi.

\* Pastor na sermon da, “Eigi punsi da yam nungaijaba matamdi, eina atoppa nupagi nupiga pham minna ringei aduni” haiba kanda mising du ingak ngakna tumin leirami. Ngai hakki tungda, “Nupi adudi eigi ima aduni” haibada. miyamdu nokkhi.

Tahouba nupa amana magi nupina chak thonglingeida laklaga, “Eigi punsida yam nungaiba matam di, eina atoppa nupa amagi nupiga phammina ringeini” haibada, nupina makokta khabeina yeire. Mamit pangthokpa kanda hospital oiramle

5

## Swarga Dut kanano

Bible da swarga dut haibasi Iswarga leiba Iswargi phambal bu koina sangbiba, Iswargi dut singni. Makhoi asi Iswarna semkhibani. Adu bu swarga dut asi makhal ani sure. Amana, Iswargi sebada changba dut sing aduni. Aduga atoppa swarga dut aduna, swargadagi intharakpa, taan thorakpa swarga dut aduni. Intha rakpa swarga dut sing asina satan gi aningba tou-i (fallen angels). Iswargi swarga dut sing asidi, Iswargi haiba yathang sing illaga, makhoi na taibang miga Iswargi marakta pau koipu pu duna chatli (Exod. 3, John 8).

Iswargi aningba toudaba swarga dut sing asi nongmadi Iswar na, nakhoi inaktagi thok-u, satan ama sung magi matung inba sing gi damak semba Norokta chatlo, haina laosin gani (Mat. 25:40-42). Swarga dut ahaba sing asi Iswargi seba toub singni. Jesu thajaba mi ama siba kanda. dut sing asina laktuna siga douraba midu koisilli, magi thawaidu prithibi dagi swarga taanna pukhat-li (Luke 16:22).

Satan asisu matam amada Iswar gi swarga dut singgi lamjingba ama oirami. Mana Iswargi wa illak taba maramna Iswarna mabu swarga dagi taibangda intha-rakpani (Isa. 14: 12-15, Mat. 25:4). Ahaba dut sing di Iswargi pao swargadagi taibang mida hek hek purak-i (Gen.31:11).

## Phattaba wakhal leiba

Nupi ama huina chik-i. Mana hospital da hidak kapnaba phamli ngeida, akhang ahei saba nupa ama na mangonda hui angaobana chiklaga mi siba yabagi wari libire. Nupi asina siba yabagi wari adu taraduna tu jung ba heure. Nupa asina mabu thanam le. Matam khara leiraga nupa asi nupi asida amuk lak-i. Nupi asina yam pukning changna che amada kari karino iba ure. Nupi asina amuk amuk wakhal touraga iba ure.

Manakta changlaga, nahak kari iribano, hangba kanda, nupi asi na, “Karigumba ei asi laina chenba tarabadi, siramdaida eina chiklaga sihan-gadaba eigi yeknaba mising gi maming eina ithok-libani” haina mabu khumi. Puknungda asaoba thamba asi Iswargi aningba nate. Bible na migi maral ngakpiyu, haina eikhoida tam biduna lei. Paul nasu eikhoigi asaoba asi kuihanba phatte, numit tadri ngei da phahalu haikhi (Eph.4:26).

Jacob na, nakhoi amaga ama ga saonaganu, haina warak-i (Jacob 5:9). Nupi anisi yam kanna khat na khi. Nupi amaduna, “Nangna siba numitta, nangbu phumbada ei sukyao yaoroi” khumlami. Matam asida atop pa nupi duna, “Eidi nangna siba numit ta, nanggi mongphamda chattuna, mi singna nanggi upuda leikhom hun jin ba adu pukning changna urugani” hai na khumlami.

## *Khangbada Kanaba*

### \* **Kumsi 2018 gi oina :**

- Mother's Day ... May 13
- Pentecost Sunday ... May 20
- Father's Day ... June 17

\* Maharastra gi Wardha manakta Sevagram (village for service) haina kouba khun macha ama lei. Khun asi da Mahatma Gandhi ga magi nupi 1936 tagi mana siba 1948 phaobada leirami. Khun asida Gandhi taba ma tamda mi 1000 romta leirami. Khunsi jungle manungda ni, lambisu leite, post office su leiramde. Adubu India gi freedom struggle matamda, masida Gandhina meeting hek hek tourami. Mahatma Gandhi ga Magi nupi Kasturba gi yum adu mathak eena kuppi, phaklangna wa machet singda wai teisinba jat oirami.

\* Manipur da Jongchak pambi chahi 2010 dagi houana sithaba heure. Cha hi 2014 dagi siba henjillakle. Akhang ahei singna maram thijinbada, nungsa saba henjinba, ising watlakpa, til na mara sing chatatpa gi oigani hai. Jongchak pambi amana mapuda cha hida lupa lising kun lom taal-halli. Houjik kandi Assam gi jongchak yam na bazar da yolle.

\* Christian oiba sing, nakhoigi chat phom chatphomda, leiphom leiphom da, church amada soidana kabiyu. Iswar yaodaba punsi kanadre.

\* Houjik kansida, mathanta lamtu chatpa mising yam cheksin biyu. Rail

7

aduga Bus tongba sing henna chek sinbiyu. Mibu phattaba hidak thakhan, chahan duna, ngaori ngeida mi dugi sen, potchei loina hubiba yam leire. Nupi rail tongbada phattaba mina, makhoibu ot-neibasus henjil lak le. Nupi macha singbu thabak pigani, luhonggani, tolop yam chaba thabak lei haina themlaga, makhoibu yonthokpa misu yam leire. Themba kanda, nupi dugi khangnaba mising bu makhoina nekpani.

\* Cholestrol asi hakchangda yam laga phatte. Masina ee chennaba singli gi ahoba sing pik-handuna ee phajana chel-hande. Hakchanggi cholestrol hanthanaba upaidi, athum ba thakna chanaba pot yam chasin, thakchindaba, allu (potato) yam chadaba, chocolate yam chadaba, popcorn chadaba, thumsu yam chadaba asini.

\* Houjik matamgi student singna 'Career Guidance' yaoba yam dar kar oire. Loudrabasu yaba subject louduna, wana tamluraga, tungda tha bak phangnaba natabasu yam leire.

\* Kanagumba Bible School da tam ba pamba singna, nakhoigi degree adu recognise oiba Institute ta tam biyu. Degree phanglabasu mina thou oibidaba Bible school su yam leire.

\* 'Right handed person' oiba sing di, 'Left handed' sing dagi chahi 7 lom henna punsi hai ... Ostrich hai ba uchek asi, sagon dagi henna thu na chenba ngami, hai.

8

**Jesuna Kouri** haiba chephong asi tha ani khuding phongjei. Thawaigi punsi lamjing-bi, aduga hakchang phanabagi waram tambis. Sen-thaang chahigi Rs. 50/- oirabasu, chahi anigi Rs. 100/- pibi-u, maramdi chephong taruk phang bada chahi oire. Thuna mak surak-i. M.O. thabiragana Form gi Editor na phang-gadaba che machet tuda, nasagi ming, address suna ibiyu, **or** Editor mobile No. 94355 -51080 da phone toubi-u. Senthang masida pibibasus ya gani :-

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2. Mr. J. Manchong, Trulock Theological Seminary, Opp. D.M. College, Imphal.

## *Ee-Pau Khara*

\* Bruce Lee gi film semba matamda mahak thuman duna, makhut ki thabak sing film da uba ngamkhide. Maram asina, film loubas singna makhoigi machine adu taptha handuna film kappi.

\* Ahingda monkhaang makhada Mobile thamba, tumphamga yam nakna na Mobile thamlabadi, Mobile gi Radiation na hakchang sok-han-gani. Ma duna kok chikpa, saru sayang naba pi gani.

\* Nupina angang chelli-ngeida ising yam thakpa tai. Nongmada liter ani ma khai gumba soidana thakpi-u. Kalen thada masidagi henna thakpa kanei. Angang chenba nupina *Make-up* teiba toudaba pheis. Teiriba hidak aduna angang bu sok-hanba yai.

*Jesuna Kouri*  
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