

Jesuna Kouri

September - October, 2019 Private Circulation

Tha Ani Anida Phongba

Tunglom gi wakhal

“Eina tungda leihouba adu kaothokлага, maangda leiba adu taan jei” (Phil. 3:13). Lamjen chenba da oisanu, natraga karigumba ama ngam naba oisanu, parikha pass oinaba oi sanu, panthungpham ama youge khal labadi, tunglomgi wathok ka thou dok makhei kaothok laga mang lom da wakhal thamba asi tounei. Ma thakki Bible saruk asida Paul na ‘Kaothok laga’ haiba waheiga, “Taan jei” haiba wahei anisi yam maru oina hai.

Eikhoi christian punsida hing ba singgi damakti, houkhraba pot ta gi, henna maanglomgi pot adu kanna taanba darkarni. Christian amagi maanglomda, ‘Matol lomba punsi’ aduga Iswarga panminna raga harao nungaina hingba, anisi maanglomda lei. Masi eikhoina taanjei. Adubu ei khoida tattana naptuna leiriba satan na madu thugainaba, kanna hotnei. Satanna tunglomda eikhoibu chingi (1 Cor.9:24-25). Achumba punsi len ba christian khuding asi, Iswarna yam chaoba mana (prize) pinaba ngaiduna lei. Maangda leiba panthungpham asi maru oina tunggi nungaiba punsi adu

ni. Taibang migi thawai side haiba eikhoina Bible dagi phangi. Prabhu Jesuna amuk lakpa kanda, mi khu dinggi hakchang amasung thawai du amuk hinggani. Amuk hinggadaba thawaiga hakchang asi Iswarna wa yen-gani. Taibangda Jesu phajana thajahouba midu swarga kahan-gani aduga Jesu thaja houdaba khuding norok ta hoijin-gani. Swargada leina bagi damak eikhoina hingli ngeida Jesubu chetna thaja houba tai. Masi bu takpinaba prabhu Jesu taibangda poklakpani.

Kanagumba mi amana Jesu thajaduna christian oiba houbada mahak adu anouba khutsem, anouba mi ama oire. Haanna phattaba tou ramba khuding thanamduna, kao thoktuna, anouba asengba, aphaba punsida hingba oibani (2 Cor.5:17). Thanam lagadaba pot sing asi phana yami. Ahanbada, phattaba thabak touramba khuding, aduga pap khu ding amuk toura roidabani. Toukhi ba pap khuding Jesuna kokpirabani (Acts 2:38, Heb.8:12). Tunggi thabak loina kaothopa haiba asina, Jesu gi aningba matung inna hingba, phat taba khuding tung oina thamba hai bani (Lk.9:62, Col.3:1-2).

Maanglomgi pot taanba, hai badi khoidaba, asina punsi aphaba romda onba aduni. Hannadi phataba tou ramgani, minamba nganglamgani, mibu yengthi ramgani, adusingdu loina tokpa, Jesugi apamba punsi lenba aduni (2 Cor.13:5, Gal.6:4). Masida Pratha na, aduga Bible paba asisu yaorabani (Mt.28:20, Acts 17:11, Rom. 15:4). Maram asina, achumba christian oina ba hotnasi (Heb.12:1).

Thomas India da laklami

Jesuna sibadagi amuk hingdu na, magi sebok singda prithibi sinba thungna, eigi pao asi sandok-u, haina makhoida tambirami (Mt.28:19). Madu gi phol oina, Thomas asi 52 A.D. da India da laklami. India asi haanna dagi lalon itikta Middle East ga Europe ta mari leinei. India ga atoppa lamga phao naba yanaba upai di, isingga lambi aduga kangphalgi lambi ani asi oirami. Touba di Thomas asi, Egypt ki hithangpham dagi lallonba mi kharaga India da lak pa oiramba yai. Ningthou Solomon gi matam dasu nongpoklom gi lallonba singga mari leinaduna magi hi-singna maru marang sing purakpa oirami (1 Kings 10:10).

First Century gi matamda India ga Rome asi lallon itikta yam mari leina rami. Thomas asina Jesu gi pao sandok naba, jahaj da tonglaga India gi ma kharom da (South India) yourakpa oigani. Mahak Kerala da lakpa oigani. Mana Kerala youba kanda Kerala da Jew gi mising taramle aduga makhoigi Synagogue (ningnasang) su leiramle.

Jesuna amuk hingbagi tung chahi 20 aduwaida, India da Thomas na 52 A.D. da yourak lambani. Maram asina Thomas na India da lak lami, haibasi sakhi oinaba che chang leiram drabasu, mahak laklami haiba asi sengna khangle. Kerala da Saint Thomas ki church leikhiba asina ma dugi sakhi oire.

Eihak karam naanthok khi

Ithak Yam wangba ama ei ngonda hot chillakpa eina ukhi. Madu na eigi hidu yeiba kanda, hidu khara hore. Hida ising changba hourakle. Eina madu mensinnaba kanna hotnei. Ngamdre, eigi hidu ising loppa heure. Thunamak eigi hi achoubadu thanam laga, hi macha aduda changduna hi du honba heure. Yengkhibada eigi hi achoubadu isingda lupsinba ukhi.

Matam asida, eina Iswarda eibu kanbiyu, eibu hinghalu, haina pra thana toukhi. Eihak asumna sikhiga dra, haina khanba heure. Amukka Iswarda, eibu kanbiyu, eibu kanbiyu, haina prathana toubada, Iswarna tabi bagi khudam phangkhi. Masidagi eibu Iswarna soidana kanbigani, haibagi asha eingonda phao-i. Mathang gi nu mit 17 aduda, hinao aduda pham ladu na, karamna hinggadra, haina Pacific Ocean adugi mayaida ei koitao taore. Numit khuding, eigi wakhalna, eibu Iswarna kanbigani sihal loi, haina ei khalli. Eigi leijariba chin jak adusu, yamna chadre, khara kha rata chara ga, ayambada nonggi ising thakлага

yam wana matam lenba houre. Marak marak khudingda, yam wang ba ithakna eingonda hot chilli, matam asida, eigi punsi loiragadra, haina hek hek khallami. Kibana thak thak nikla basu, Iswarna kanbigani, haiba asha ama eingonda hek hek lak-i. Nong madi, eigi hi macha asigi makha rom da ahoba ama leire, ising kapsillakpa houre. Ahing nunghil hi manunggi ising atungbadu, eina hundok hundok tuna leirakle.

Eingonda awaba taraba mina atiyada kapkhatnaba rocket ani lei. Amadu eina mathaklomda kappada, ichik chik-i, kana nasu khangbidre. Khara leiraga, eina rocket amadu amuk kaple. Athappa da, Japan gi hi-jao honba singna ure. Eina asum ngaiba kanda, Japan gi hijao amasi eigi rom paangna lakpa ure. Makhoi na laktuna eibu hijao aduda ching khat le, eibu kanbire, ei hingle. Eisu yam harao manduna, Iswar thagat pa gi prathana toukhi.

(Tinker, Costa Rica)

Senna leiba ngamdaba

“Peter na khumkhi, ‘Iswargi khudon asi senna leiba yai haina na hakna khanba maramna, nahakki sen adu nahakka loinana mangsanu” hai (Acts 8:20). Acts ta maming chatpa nupa ama lei. Magi mingdi Philip haina kou-i. Mahak asi Evangelist Philip hainasu khangnei. Atoppa Philip ama su lei, madi paokhon chatpa Philip

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haina khangnei. Evangelist Philip asi, church ki deacon taret khandokpagi manungda amani. Mahak asi Jew di oiraga, Greek ki lon ngangba lukhra bi singda Jesugi thabak sui. Philip asi Jew ama oirabasu mahak Greek ki lol ngang-i. Philip asi Samaria da changduna pao sandok lami. Iswar na mabu angakpa touba ngamnaba khudonsu pirami. Kanagumba mi Simon (Simon Magus kouba) ama sina Jesugi wapaodu tabada, puk ning change. Mana Jesu thajare, adu ga baptise su loure. Simon asidi, haan nadi yamna Magic heiba, maduna sen taanba nupa amani.

Samaria da mi kayana Jesu lousinba tabada, harao raduna Philip ki mateng pangnaba, Peter ga John su Samaria da lak-i. Misingna Thawai Asengba phangnaba makhoi anina kanna prathana toubi. Thawai Asengbagi matengna angakpa tha bak touba ngambadu Simon nasu ura duna, madugi panggal adu manasu phangnaba, senna leinaba hotnakhi. Matam asida Peter na mabu chei bi khi, masina mabu Iswar kihanbasu oikhi (Acts 8:20).

Simon na thawaigi punsiga taibanggi punsi ga tinnaba yade, hai ba khangde. Thawaigi punsi asi tai banggi punsidagi yam henna chao-i (Acts 8). Senna thawaigi punsi leiba ngamde (John 3:16). Inak khunba pakhang aduna senna, aduga aphaba thabakna, swarga leibak changnaba toukhi, adubu yade (Lk.18:18).

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Senna Jesu leiba yade. Sen na Iswargi leibak (swargada) chang hanbasu ngamde. Philip na Samaria da Jesugi pao sandokpa kanda, mi singna Jesu lou sinjakhi. Makhoi du yam haraojakhi (Acts 8:8, Gal. 5: 22). Haraoba, nungaiba, santi, apen ba haiba singsi senna leiba ngamde. Zaccheus haina kouba inak khunba nupa asina Jesu hek thengnaduna, magi pukning hongba kanda mahak yamna haraojakhi (Lk.19:6). Harao ba haibasi, thawaigi oiba khudonni. Senna leiba yade.

Senna Thawai Asengba lei ba ngamde (Acts 8:17-20). Jesu ga mapa Iswar na, taibanggi Jesu tha jaba singda, Thawai Asengba tha birak-khi. Pentecost numitta Jesu thajaba mi 120 da Thawai Asengba changbikhi. Makhoi haraobane, adu ga panggal thouna hapkatpane, oi khi. Masigi tungda Philip na Samaria misingga pao sandokpa houkhi. Matam adugi thajaba singna senna Thawai Asengbasi leiba oiramde. Iswarna makhoida khudon oina pi bani (Lk.11:13).

Peter nasu Iswargi khudon oina Thawai Asengba phangi, hai (Acts 8:20). Senna piba ngamdaba adu Jesuna eikhoida pibiba ngami. Nungsibana eikhoida Thawai Asengba asi, Iswargi khudon oina pibibani. Khudon asi phangge hairabadi, Jesu thajaba tai. Chumna sengna Jesu thajaba mi khudingda Thawai Asengba asi changlak-kani.

Solomon na kari nijakhi

Hebrew lonna Solomon hai ba wahei asigi arthadi ‘shanti’ haiba ni. Solomon asi Israel lamgi ahum suba ningthouni, aduga Israel ani thok tringeigi aroiba ningthouni. Mana hek pokpa kanda maming Jedian haina thollami (2 Sa.12:24-25). Ningthou David ka Bathsheba gi ani suba macha nupani. Bathsheba asi haanna Hittite ki nupa Uriah gi nupini. Solomon na ningthou hek oirakpa kanda mana Iswar bu phajana ninglami. Magi mapa David su yamna Iswar ningi.

Solomon na ningthou oiba tung aduga ahanba Iswar ningnasang (Temple) sadringei aduda, Jerusalem dagi Kms. 10 thapna leiba Gibeon kouba maphamda Iswar unaba chat lami. Iswargi yumda Solomonna jiba lising amarom maduda katkhi. Madu gi ahing aduda Solomon na Iswargi sang manakta tumli ngeida, Iswarna mabu unaduna, nahakna eingondagi niningba du niyu, haikhi (1 Kgs. 3:5). Angakpadi Solomon na inak khunba aduga lanthum leiba haiba sing asi ni ramde. Madugi mahutta sason phaja na painaba, lousing pibi-u haina nije kha. Madu tabada, Iswar pelle. Inak keirak khun ningbagi, ming chatpagi mahutta, Iswargi misingga ningthina sason tounaba gyan lousing najabani. Iswarna lousing, gyan, inak khunba, ming chatpagi bor pibikhi. Bible da lousinggi maramda mana iramba lai rik sing pabada eikhoidasu kanei.

Diabetes laina

Diabetes laina asi houjik kan yam sandok-i. Athumba chamanba dagi hourakpa, natraga imara ipara ama lainasi leiba singgi imungda lai na asi phanggali. Houjik matamda naapi singbigi hidak, lainasibu pha hanba ngamba oina yam yolli. Adu bu akhang ahei singnadi, allopathic hidak sijinnabana phagani hai. Adugi mathakta napi singbi asisu sijinnaba yai hai. Kari hidakpu charabasu hai riba Diabetes asi, khaamba ngamna ngai (control) chabani, phanaba cha ba natesu hairi. Blood Sugar nemtha naba chabada kanaba naapi singbi gi manungda :

1. *Jamun* (*Gymnema Sylvestre*) hai ba hei apikpa mutak touba, bazar da matam matamda yonba asinasu mateng piba ngami, hai. Jamun asi Hindi maronni. Diabetes nemhan na ba India da sijinnaba asi chahi 2000 rom oirakle, hai.

2. *Methi* (*Fenugreek*) asi insangda hapkanba maru marang oina sijin naba amani. Methi maru (seed) ta, amino-acid lei. Masina insulin sembi bada mateng pang, hai.

3. *Karela* (*Bitter Gourd*) asi mi khudingna chaba kanei. Diabetes singna toina chabana phei. Mahi oina, powder oina, natraga insang oina chaba yai. Akhaba pot asi, nupi angang chenbina charaga kok chik pa, puk naba oigani. Makhoina cha dabana makhoigi damak phei, hai.

Hakchang phanaba khara

Sen kaya paidaba asi khudon amani. Khongna chatpa yaba ma pham dasu garida tongba, Rickshaw tongba asi hakchang phanaba lambi nate. Nongmada pung makhai ama ama khongna chatpa asi hakchang phanaba lambini. Chingmi singdi ma khoigi hakchangna puba yam waba potlum adu kari gumba matamda pu galli. Masi phate. Hakchangna ngam ba ngambagi matik, pot arumbasu thaangba phei. Maramdi saru ama sung singli sok-hali. Thakpa chaba pot singsu, hakchang phaba yaba sing aduta chabana phei.

Athumba yam charunu, thum yam chaganu. Ising yam thaku. Ba-zar da yonba insang naapi singbi dagi henna eina thajaba ingkholgi chinjak na henna hakchang phanaba oi. Ba- zarda yonnabani haiduna mapuna hi-dak langthak kaya chaisinba insang napi, migi hakchang sok-i. Laphoi ga insang napi, aduga heina chingba jol lamdaida masak phajanaba natraga ahing amada munna haiduna phat taba hidak ahingda chaisillaga, hajeng jonba asina chingba leire.

Cold Drink makhal kaya lei re. Masi thakta bana phei. Hakchang soknabani. Ice-cream su aphaba na te. Sinus phangnabani. Ingmanba sa manba chaba kanda ya yamma sok-pani. Masala haiba

Nokpasu kanei (Prov. 17:22)

* Sardar na hai, "Doctor, eigi ahing mangda uchi sing cricket hek hek sa nei. Phanabagi hidak pibiyu."

Doctor : "Hidak asi ngasi ahing tumlam daidagi tablet amamam chao."

Sardar : "Hidak asi hayeng da gi chaba hourage. Ngasigi ahing asida makhoi cricket Final sanaga douri."

* Circus amada nupi amaga kei amaga chupnei. Circus ki Ring Master na, "Kanagumba nakhoi yengliba singgi marakta, asumhaina chupningba mi lei rabadi, chang birak-u" haina kourami. Pakhang masak phajaba ama changlak le. Pakhangna, "Eihak chuppagi thabak houragani, eibu disturb toudanaba kei asibu makonda thamnaba puthokpiro" haikhi.

* Lamtu yengba lakpa nupa amasi khun amada changlaga, "Nakhoigi khunsida, mi maming chatpa achouba poklamba leibra ?" hangbada, hanubi amana, "Eikhoigi khunsida mi achouba amatasu pokkhide. Yam naha oina pik na pokpa ngaktani" haina khumkhi.

* Ojana satra singda, "Karamna yen bi amasi, yerumdagai thorakpage ?" Angang amana, "Oja, nahakki wahang adu aruba nate. Arubadi, yenbina karam haina yerum manungda changlam bage, haibasini" haina khumkhi.

* Ojana : "Angangsa, prithibi da ihan hanna leiramba sadu karino ?" hangda, satra amana, "Ihan hanba sa asidi

6 Zebra ni. Maramdi, mina Colour gi pot puthoktri ngeida leiramle. Black & White na Zebra machuni" khumi.

* Ayuk amada Yaima Office karak pa kanda magi Boss na, "Yaima, mi siba tungda magi punsi leiri haiba thajabra ?" hangbada, Yaimana, "Sir, ei madu thajade" haina khumi. Boss na, "Eidi yam thajei. Maramdi nga rang nangna nanggi marup Thoiba sibagi, suti lou-i. Nunghilda Office ta Thoibana nangbu thiba lakkhi" hai re.

* Pastor na magi sermon da, "Peter na heijit pambida kakhat laga, Jesu lakpa ngairami" haibada, makhoigi Chairman na, "Heijit pambida kabadi Peter nate, Zaccheus ni" hai. Madu tabada Pastor na, "Madugi tungda, Jesu laktuna Peter da hai, Peter nang thuna kummu, heijit pam bida kagadabadi, Zaccheus nani, asumna, ngasi eikhoina khang gada badi, aranba uda kaba matam leikhi bra, isana isabu check touba darkar oi" haikhi.

* Pastor na sermon da, "Eigi pun sida, yam nungaiba adudi, eina atop pa mi amagi nupiga phammina-duna wari saba aduni" haibada, tariba sing tumin leire. Mathangda mana, "Nupi adudi eigi ima aduni" haibada miyamdu nokkhi. Tariba nupa ami mayum youraga magi nupina chak thongli ngeida, asumna hairubada, magi nupina khabei amana makokta pok laona yeikhi. Mikap thokpada mahak hospital da tumlami.

To :

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Jesuna Kouri haiba chephong asi tha ani khuding phongjei. Thawaigi punsi lamjing-bi, aduga hakchang phanabagi waram tambi. Sen-thaang chahigi Rs. 50/- oirabasu, chahi anigi Rs. 100/- pibi-u, maramdi chephong taruk phang bada chahi oire. Thuna mak surak-i. M.O. thabiragana Form gi Editor na phang-gadaba che machet tuda, nasagi ming, address suna ibiyu, or Editor mobile No. 94355 -51080 da phone toubi-u. Senthang masida pibibusu ya gani :-

1. Miss Lhingjanem Haokip, Kuki Baptist Convention, Opp. D.M. College, Imphal, Manipur.
2. Mr. J. Manchong, Trulock Theological Seminary, Opp. D.M. College, Imphal.

Ee-Pau Khara

* America gi White House saba loiba ga, ihan hanna leiramba President asi John Adams, 1800 A.D. chahi dani.

* Suez Canal sanggaba (sijinnaba hou ba) chahi asi 1869 ni.

* Abyssinia kouba ming asi Ethiopia gi ariba maming oirami.

* August 9, 1942 da Mahatma Gandhi na Quit India Movement hourami.

* Russia gi ningthou amasung rani gi ming asi makhoigi lonna, Tzar amasung Tzarina haina kou-i.

* August 15, numitta Independence Day palon touba lamdam atei amadi South Korea ni.

* Makhutta Bible paiduna pao koisan sandok labasu thawai amasu phaba ngamdaba mi asi sen yaodaba money bag puba amaga chap mannei.

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Khangbada Kanaba

* Houjik kan kinaba pot yamna leire. Gas stove na chak thongli ngeida, mi na Mobile tourakpa, eina migia Mobile da wari sanaba touba phatte. Mei houduna meina chakpa mi yam leire. Adugumna, petrol pump manaktasu migia Mobile na ngangnaba yam khu dong thiningai ni. Gas, natraga petrol pump manaktagi foot 15 thaappa mapham dagi oirabadi yai. Aduga, Microwave ki manaktasu Mobile na migia kounaba, ngangnaba touganu.

* Nahakna lambi chatli ngeida, natraga gari ngairi ngeida, natraga pot leinaba dukanda leiri ngeida, kana gumba amana perfume manam nung siba leiningbra haina hangduna, masi namu haina hidak pirakpra natraga che ama nammu haina pirakpa leira ga, madu suknam namlu ganu. Namlu ba midugi gyan mangba leire, Nupa oiraga senthum hubiba, nupi oiraga yonnaba phakhiba (kidnap) yam leire.

* Nakhoi gi yumda nupa ahum, mari gumba laktuna, electric semba singni, natraga gas connection check touna ba lakpani, eikhoina free da semnaba company na tharakpani, haira basu, thajaganu, thong hangganu. Makhoi adu changba kanda yumgi sen thum namphuda loubiba, huran chinthiba yam leire.

* Assam gi Guwahati sohor da anou ba Flyover ahum, Gurchuk, Lokhra, Basista da semnaba sarkar na phong dokpa houre. Mathangda Flyover

ahum, Nagaon, Bongaigaon, aduga Dibrugarh da semnabasu khannari.

* Eigi ming Israel Turkey ni. Eigi imung maming tagi christian ni. Ipa na ju yam thak-i. Eina class V you rakpada, eibu mission school gi hostel da thami. Ipana lairik phaja na tamu doctor ama oiyu, hai. Ei su doctor ama oige haina kanna lai rik pai. Ipadu yam kanna narakle, sen yam changna, hidak langthak leibile, ma phaba ngamdre. Nong madi evangelist ama thengnei. Ipa nabagi maram haibada maga eiga prathana touba tai, haiduna eikhoi ani, numit khu ding prathana tou rak-i, ipasu pharak-i.

Eina class X tamta kanda, parikha matamda ei yam kanna na re. Paper anigi parikha thaba loiba da, yumda layengnaba ei yumda lak le. Ipana doctor ama koure. Hidak yam pijare, naba phatre. Eigi pari kha mathanggi paper amuk thaba takhi. Adubu nabadi henjille. Chahi chupna tamlaga parikha thaba tok padi eina pamlamde. Ipana atoppa doctor amada yenghalle. Hidak yampi, naba phatre. Nongma khun da pastor ama lakpagi pao tarami. Ipada pastor du kouraga prathana touhalu, haibada, ipana doctor dagi henna Iswar thajabra hai. Pastor na prathana toubibada khudakta ei phaduna, parikha pha jana loisinha ngamkhi. Masidagi doctor oining dre, evangelist ama oinaba pukning leppa ga loinana lairik tamle.