

Jesuna Kouri

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Private Circulation

Tha Ani Anida Phongba

Anouba chahi 2019

Anouba chahi amana lakpa kanda eikhoi yam harao-i. Kupna yengba kanda, ariba chahina phaba gum tou-i. Chahi anouba lakpa khu ding, eikhoibu henna wahalli. Thawai gi punsidiadi kari thoidokpa henna phabasu leite. Haggai 1:7 na, “Na khoigi nachat natou adu munna khal lu” hai. Pukningna khanbaga, munna wakhal touraga yengbaga mannade. Punsi jat ani lei, amana harao thokpa punsini, anisubana, Iswar thiba punsi ni. Houjik kan nungaithokpa pamba misingdi kuina punsiba ngamde. Mi amagi punsida Iswar ga Satan gi muk naba lei. Satan na mi adugi mateng na magi phattaba thabak touningi.

1. *Cheksinna punsi lenba* : Punsgigi mapu Iswar oibagi damak Iswar kao roidabani (1 Pet.1:13). Iswar na sao raga nang eigi punsi kakthat-piba ngami. Punsgigi mapu mani, satanna nate. Maram asina christian singna satan bu kide, Iswarbu ki.

2. *Punsida kaoroidaba* : Punsi asi Iswargi mit-yengda mapung phahan

ge hairabadi, ima ipa, ithak thongba singbu ikai khumnaba heiga dabani. (Eph.6:11). Maramdi ima ipana ei ngonda phattaba warep louhallo. Khun gi Pastor nasu punsi lambi tak piba yai.

Punsi asida ihan hanbada, Iswar gi pennaba thigadabani, adu touba tungda Iswarna eigi darkar pi bigani. Eina Iswargi aningba thabak touraga, mana eigi awat apa yengsilli. Mt. 6:33 na hai, “Nakhoina ahanba da Iswagi ningthou leibak amasung mahakki dharma chenba thiyu, adu ga pot pumnamak asi nakhoida hap chin-bigani.” Ngaosinna daba mi, maram chadana miga pangjet jetna ba, wakhal munna khandaba mi oiroi dabani (2 Tim.2:14). Thabakta puk ning changba, aphaba thabak touba da tandaba, achumbadu karino thiba mi oigadabani (2 Tim.2:15).

3. *Prathana gi punsi* : Iswar da hai jaba kanba mi oigadabani. Eikhoi gi darkar oiba pot adu Iswarna khanglabasu nidrabadi pide. Ning thou Solomon na Iswarda lousing nirami, Iswarna magi wakhal aseng badu uduna, lousing amasung inak khunba oinaba bor pirami. Punsgigi

lambi chumna chat hanningba khuding prathanada tanba yaro(1 Kg.3:12). Iswargi maphamda aphaba pot loina lei. Mabu ningduna nijaba kanda, ma ram chaba pot niba oiragana hekta pi bigani. Prathana gi matengna Thawai Asengbana eikhoida angakpa thabak su suhalli.

5. *Bible toina paba* : Bible paba kan da madu thajaba tai. Pukning changna paba tai. Asum touba kanda pariba mi adugi mathakta Iswarna thabak surak kani. Pao sandokpa nupa amasigi ma ma kanna naare. Mana suti louraga ma ma yengba yumda hek thungba kanda, magi mamadu kanna narami. Marup amana ngasi makhoigi church ta pao sandokpa lakenba koure. Mahakna Iswargi thabak tokpa yade, thajaduna khudakta Iswarda asumna prathana tou-i, “He Iswar, ei nahakki thabakta chatlagani, nangna eigi thabak subiba tare” haikhi.

Hairiba khun aduda church ta wa nganglure, hallakлага magi mama yam kanna narambadu, phaduna chak thonglami. Asigumba angakpa thabak asi, Iswar thajaba mida thok-i. Thaja ba kandaba, prathana touba kaanda, aduga Bible paba kanda madu ching naba mi oiraga Iswarna thabak subide. Maram asina thajaba kanba mi Iswarna pangbi haibasi kaoganusi. Iswargi wa hei asi thangsang nakal animakta maya leiba dagisu henna thouwi, hai (Heb. 4:12). Thawaigi chinjak chabada tan daba, thawaigi punsi phananaba sem dunata leiba mi aduda Iswar na thabak sui. Iswarna sijinnaba mina, angakpa thabak kayamarum touba ngami.

Nakhoisu chatningbra ?

Jesu ga mi atei mayam pao sandoknaba hek hek chatminnei. Nongmadi makhoi ayambana Jesu thanamkhi. Matam asida Jesuna magi sebok 12 aduda, ‘Nakhoi su chatning bra ?’ hangkhi (John 6:67). Madu tabada Jesugi sebok Simon Peter na, “Eikhoina kanagi manakta chatka dage. Nangonda lomba naidaba hing bagi wahei sing lei” haina khumi. Jesu gi tung inba ateina Jesubu thanam la basu, magi sebok 12 adunadi mabu thanam khide. Masi gumna houjik ma tamdasu, mi kaya christian oi, church kai, adubu magi thamoida Jesu tha nami. Makhoina Jesugi tung inningde.

Jesugi tung innadunata leiram ba mising aduna karigi mabu thadok pano ? Jesuna, magi misingna magi hakchang chaba tai aduga magi eesu thakpa tai, haikhi. Madu toudaba mi khuding asibani, hai. Wa asi tabada, matung injaba sing aduna bhap taba ngamkhide. Jesugi tung haraona illiba singduna, “Masi aruba wani. Kanana masi khangba ngamgani” haina ma khoi murum murum ngangnaba hour. Masigi tungda makhoi mayum mayum da handuna, Jesugi tung inba tokle (Jn.6:66).

Jesuna makhoigi murum murum sonnaba adu khangi, aduga ma khoida henna luba waphamsu haikhi (Jn.6:60-66). Masi tabada makhoi henna makok ngaoraduna, Jesubu tha namkhibani. Aduga, sebok 12 aduna di, bhap kaya tadrabasu, Jesuda lom

ba naidaba punsi lei, haiba makhoi na sengna khangi. Maram aduna ma khoina Jesubu thanamkhide. Peter na Jesuda matol lomba punsi lei haiba khangi. Madu mi atei kana dasu leite haiba khangle. Sebok 12 gi manung da mi ateinasu, Jesugi wahei sing loinabha ngamba lomba naidaba punsi adu manata piba ngami, haiba ma khoina khangi. Masina takpadi, eikhoi sebok 12 nadi Jesu nangbu hannahadagi khangi, aduga houjiksu khangi, nahakpu thanamloi haibani.

Jesudi ahingba Iswargi ma chanipani, haiba sebok 12 na khangi (John 6:69). Jesu kanano ? Swarga dagi pirakpa tal aduni (bread of heaven). Mahak asi chumdaba prabhu ama oibra ? Mahak Iswargi macha nupa adura ? Wahang sing asigi paokhum nahakna piba kanda, nang nasagi phirep karino adum takpigani. Mana tambiba sing Bible da lei. Adu oirabadi Bible gi wahei asi thajaba yaba wara ?

Ngasi Jesuna nangonda, na haknasu eibu thanam gadra, haina hanglabadi kari paokhum pigani ? Christian ama oina nahakna chap chana Jesu thajarabra ? Jesuna amuk laktringeida mabu thaja houdaba, mi adu Jesuna norokta hunjin-gani, hai ba asi soidre. Iswargi macha nupa Jesu thaja daba mi khuding Jesuna nongmadi norokta thamgani. Norok haiba mapham asi tattana meina chak pa maphamni. Wakhala toubiyu !

3

Sibagi lambi ani

Jesuna misingda hai, “Eina chatpa mapham aduda nakhoi lakpa ngamloi” (John 8:21-24). Jew sing na, Jesugi chatphamda mi atei chatpa yaroidaba haibasi, mahakna ma sa mathantabu hatkadaba oigadra, haina-rami. Madu khangduna Jesuna makhoida amuk hai, “Nakhoi di makhromgini, eina mathaklom dagini. Nakhoi taibangpal asidagi ni, eina taibangpal asidagi nate. Na khoina nakhoi papta sijagani, haina eina nakhoiha hairibani. Eidi mahak aduni haiba thaja-drabadi, na khoina na khoi papta sijagani” (Jn. 8:23-24).

Jesuna, “Eina chat thokkani” hairiba asigi artha khanglabra ? Jesu na eibu tharakpa adugi maphamda ei chatkani (Jn.4:34) hainasu haikhi. Ipagi maphamda ei chatkani, su hai. Jesugi damak siba haibasi, ‘chatpa’ ga chap manei. Prithibi asi thanam laga chatpa oigani. Mahakna chatpa kanda, mapagi maphamda mahak thunggani. Eikhoina yum thadokлага langphei chatle, aduga amuk yumda hallakpa aduga manei.

Mabu tharakpa nupa adugi manakta amuk han-gani. Mapagi yumda adum leiruragani. Cross ta Jesuna siramdaida, ‘Ipa nahakki khutta eigi thawai sinnajari’ hai (Lk. 23:46). Siba haiba asi, mapada tha wai sinnaba aduni. Maram asina Jesu na siba kiramde. Leipham hongbagaa

amahani. Masigi maramna Jesuna ei chatthok kani, haibani. Mapham amadagi atoppa amada chatpa adu bu haibani. Jesugi damakti siba asi, mayumda hanbani, mayumda chatpa aduni.

Anisubada, siba haibasi ki ningaini. Mina masagi papta siba aduni. “Iswar ningdaba mi adu ma sagi ayol aranda sigani” (Ezek. 3:18). Papna siba thok-halli. Pap lei ba mina thunamak Jesu dagi ngak piba nihoudraga, magi papna mabu sihan-gani, haibani. Isagi pap isagi aranba singdagi ngakpiba nija hou daba khuding papta sigani. Masi Yam aruba wapham amani. Sidri ngeida pap tagi kanbiba phang hou bana phei. Masigi asiba asidi chat thokpa haiba aduga yam khetnei. Pap kokpiba phang hou daba mina siraga, mahak achouba wayen gi numitta yam wai. Aduga mabu Jesu na norokta thamgani.

Jesuna eigi chatphamda nakhoi lakpa ngamloi, haikhiba adu asini. Amotpa mina asengbagi lei phamda changba ngammoi, haibani. Adu oirabadi, hingliba nahakna siba kanda norok changda naba wakhala khal-houba phagani. Taibang mi khuding nongmadi sigani. Jesuna ha raona sibagum sinaba hotnaba phei. Jesu thajadaba mi khuding papta sigani. Papta siba khuding swarga karoi. Jesuna, ei lambi aduni, haikhi (John 14:6). Lambi asida chatlabadi norokta tarubagi wa leite.

4

Nouringei Iwar khangba

Old Testament ki Joseph hai na kouba naha asi, magi mayamba singna yonthok-i. Matam asida ma Yam nahani, chahi 17 kumba oiga ni. Isaac haina kouba nupa macha asi na chahi 13 aduwai oigani, mapana mabu Moria chingda Iwarda hingna katnaba hotnei. Mose na Joshua bu magi mateng pangnaba sijinnaba hou ba matamda Joshua asi pakhang ma cha ama oi ramgani. David na Goliath kouba mi hatpa aduga theng naba matam aduda David asi Yam naha oiri haiba ei khoina khangba ngami. Adup masa chaoba, laal heiba Goliath pu David na hatkhi.

Daniel ga magi marup singna Nebuchadnezar ningthou theng naba matam aduda makhoi pakhang ma chani. Babylon ningthougi maang da makhoi ahum Iswargi mingda leppa ngamkhi. Ruth na Naomi bu Bethlehem phaoba matung inkhiba matam aduda mahak ki chahi yam드리, haiba eikhoina khangi. Esther asisu ningthougi yumda mayum panba matam aduda aduk ahal oidri. Jesu gi mama oibi Mary da swarga dutna angang chen-gani haibiba matam aduda ma hak leisa phaba hourakli. Naaman (2 Kgs. 5) kouba nupana naaba phana ba magi minai nupina Iswargi migunaru, haikhiba, nupi macha asi chahi nouriba ama oigani. Nupi macha asi Syria singna phakhibani. Adubu nupi macha asina Iwar phajana thajei hai

ba eikhoina khangi. Mahak asi chahi 13 aduwai oigani. Prabhu Jesugi tung inba sebok singgi marakta Mark kou ba nupa asi chahi yamkhiroi. Paul na Timothy bu takpi khiba sing adu yeng labadi, Timothy asisu chahi yamlam loi haiba eikhoina khangi.

Iswar na chahi yamdriba mi bu sijinnaba pami, haiba eikhoina masidagi khangi. Naha sing asi tunggi yumbi oigadaba yamna lei. Maram asina thawaigi punsida makhoibu sougatpiba oisi. Makhoina Iswar khangla badi, makhoigi damak atong ba oi, makhoigi imung singdasu kana ba oi. Maram asina makhoina church kaba talloidabani. Bible toina paba, prathana toubada kanba oinaba tak pisi. Masina imung aduga samaj gi aphaba oirakkani.

Bible karamna paba tai

Iswar gi wahei asi mi-oiba gi damak yamna maru oi. Masi mei, thangsang, nungthang na chingbaga changdamnei (Jer. 23:29). Thajaba haiba asi wa taba dagi phangi, taga daba aduna Iswargi wahei buni (Rom. 10:17). Luke 8 da, maru hun ba nupagi wari lei. Mana hulliba ma ru adu Iswargi waheini. Phattaba ma ru hunba dagi eikhoi nouna pokpate, aphaba maru hunbagi oibani, haina Peter na hai (1 Pet.2:23). Jesu Christa bu thajaraga, Iswargi wahei sing aduna eikhoibu paptagi kanbiba ngami haiba thajasi (2 Tim. 3:15).

Lamhangda satan na Jesu bu ahumlak themba kanda Jesuna Iswargi wahei sijinnaduna satan bu ngam kha. Jesuna Iswargi wahei singgi ma tengna satan bu ngamba oirabadi, ei khoisu Iswar gi wahei chinpha pudu na athemba singbu ngamba tai. Numit khudinggi, Bible chapter mari mari paraga, chahi amada Bible loina pa thokpa ngami. Bible paba asi, thawai gi damak aduga christian gi thabak singda yam kanei. Ayukta chapter ani aduga nungdangda chapter ani, nutigi paba yai.

Paba khudingda, Jesu gi maramda, Iswargi maramda, aduga thawai asengbagi waramda kari kari haibage, haibusu thidokpa yai. Eigi araan khubam gi damakta kari hairi, haibusu khanthaba tai. Asumna Bible neinaraga, yam kanaba phangi. Bible gi wahei chinpha puba asisu yam ka naba amani. Karigumba mapham da awaba thengnaba kanda, chinpha puriba Bible saruk adu ningsing laga eikhoibu anouba panggal pirak-i. Mi yam maraktasu, chinphana Bible gi saruk ngangthokpa kanda ataba mi gi thamoi thong hangba ngami.

Iswargi waheina eikhoigi thajaba shakti hapkatli (John 8:36). Iswargi waheina thajaba mibu seng dokpi (John 15:3). Waheina eikhoibu sengdokpi (Ps.119:11). Iswargi waheina eikhoibu lambi aphaba takpi aduga thaomei su oi (Ps.119:105). Maram asina Bible tattana pasi.

Nokpasu kanei (Prov. 17:22)

* Hui ama sire. Mapuna asiba hui adu makhoigi Pastor da, Iswargi mingda phumbiyu haikhi. Pastor aduna, eigi church na hui phumbagi thabak touba ngammoi, naknaba khun gi Pastor da khara haiyu, haikhi. Madu tabada, hui mapu aduna Pastor da, “Makhoi adu gi Pastor na hui phumbibagi damak ei gi khudon lupa lakh ama loubigadra ?” haina amuk hangba kanda, Pastor adu na khudakta asumna prathana tourami, “He Iswar, karigi damak hui adu christian amani haina eibu haibidabano” haikhi.

* State Bank gi Manager ama South India gi hotel amada changi. Hotel mapuda, kari kari phanggani, hangi. Mapuna, Idly, Vada, Dosa, Poori, Paratha semi, haire. Banker aduna, adu oirabadi Idly, Dosa, Poori purak-u hai. Hotel mapuna, nangna niriba sing adu loina yonkhre, leitre, hairak-i. Banker na, adu oirabadi karigi Idly, Dosa, Poori, semi haibano, haina hangba kanda, hotel mapuna,

Sir gi ATM da eina chatpa ma tamda, machine aduna, PIN, Account No. Amount, loina hangi. Loina piba tungda, “Sorry, No Cash” haina khum lak-i. Ei saode, yumda hallak-i, haina khumkhi.

* Macha nupana mapada, ‘Ipa eigi school bag asi lummalli’ hai. Mapana bag adu hangdoktuna yengbada note book ka text book ngakta lei. Matam asida mapana haipham khangda bagi damak, “Nanggi handwriting asi yam

chaoman bagi damak lumbani, khara pikna pikna iyu” haikhi.

* Mahatma Gandhi na London gi University da tamlingei da Peter kou ba professor aduna mabu yam yeng thi. Nongma hotel amada Gandhi changduna Peter na pham liba table adugi machi amada cha thak-i. Peter na, Mr. Gandhi, ok amaga uchek amaga chaminaba yaroi” haibada, Gandhi na, “Adu oirabadi uchek adu paithoklagani” haiduna hougatlagu atoppa table amada phamlure.

Paokhum aduna Peter bu yam nungaihande, nongma Gandhi bu ikaiba pige, khalle. Mathanggi nu mitta class ta, Peter na Gandhi da, “Nangna sorokta chatpa matamda khao macha ani thengnei. Amadugi manungda sen yao-i, aduga atoppa khaoda ‘lousing’ yao-i. Karambadu nangna lougadra” haina hangbada Gandhina, “Sen yaobadu lougani” khumle. Peter na, “Eisi nang oirabadi, lousing yaoba adu lougani” hai. Matam aduda Gandhi, “Mi khudingna magi damak leitaba pot adu khulli” haire. Masi tabada Peter adu puk ningda yam saoningle.

Nongma class test toubada, Gandhi gi exam. paper mathakta Peter na “IDIOT” haina iraga pire. Gandhi na, “Peter sir, nangna eigi test paper mathakta signature di touraga mark piramdre, haina Peter da magi Test Paper adu louthok laga amuk hanna pirure.

To :

Editor :

Rev. M. Haokhonthong, C/o, T. Manchong,
Nichols Higher Secondary School, Satribari,
P. O. Rehabari- 781008, Guwahati, Assam.

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Jesuna Kouri haiba chephong asi tha ani khuding phongjei. Thawaigi punsi lamjing-bi, aduga hakchang phanabagi waram tambi. Sen-thaang chahigi Rs. 50/- oirabasu, chahi anigi Rs. 100/- pibi-u, maramdi chephong taruk phang bada chahi oire. Thuna mak surak-i. M.O. thabiragana Form gi Editor na phang-gadaba che machet tuda, nasagi ming, address suna ibiyu, or Editor mobile No. 94355 -51080 da phone toubi-u. Senthang masida pibibusu ya gani :-

1. Miss Lhingjanem Haokip, Kuki Baptist Convention, Opp. D.M. College, Imphal, Manipur.
2. Mr. J. Manchong, Trulock Theological Seminary, Opp. D.M. College, Imphal.

Ee-Pau Khara

* Khong amagi mathakta ama tham laga phamba, asina singlida asokpa pi, hai. *Crossing ankles, crossing legs, cause back pain and lack of circulation.*

* No. 5 na karigumba ama jennage hairaga, jenna-gadaba achouba majek adu ani na puriyu, aduga result adu gi decimal adu oiromda point ama chatlu, hai. *Dividing a large number by five, is actually very simple. All you do is multiply by two and move the decimal point.* (e.g., **195/5** . 195 x 2= 390. Then move decimal 39.0).

* Nanggi pukning sengna thamba kan da mina nangbu namthak tourak laba su, pukning adum sengna thamu, haina Mother Theresa na hai.

7

Khangbada Kanaba

* Nupi amana pap achouba ama toure. Court ta magi waram neinaba numitta, masu lakle aduga kaptuna leire. Mabu ubada magi nupa, imung gi mi ateisu loina court ta kaple. Jet naba hourakpa kanda, kana gumba yam nollukpa nupa amasu laktuna nupi adubu kanbire. Nupi asina ha raona nupadu khurumlami.

Nongma nupi asina amuk achouba pap ama toure. Court ta wa jetnaba numitta, nahan mabu kanbi khiba nupa asi Judge oina phamba nupi asina ui. Nupi asina nokmi touna, "Eihak court ta amuk lakle" hairui. Ngasidi nupa asina, "Nahandi eihak nanggi ukil oikhi. Nangbu kanbikhi. Ngasidi eihak Judge ama oire, eina chumna judge touba tare" haina khu mi. Nupi asi upai leitre.

Masigumna, ngasi phaoba Jesu asi eikhoigi ukil ama oi. Mana eikhoibu kanbiba ngammi. Nongma Jesu amuk lak-khigani. Numit aduda mi khudinggi mathakta mana chumna wayel-lakkani. Thunamak Jesu lakka douri, eikhoi sem sahousi.

* Houjik matamda Shillong lambida sorokta jotpi thamduna gari chakka nungsit chatpa kanda sembi-nanaba munnaba mi lei. Natraga sorokta ga ri gi thao heidokлага (mobile) gari accident thokpa kanda chingthok na ba, sen thibasu leire, hairi. Lambi asida gari thouba sing, gari kannthaouda bana phagani.

* *Kumsi 2019 chahi gi :*

- Palm Sunday ... April 14
- Good Friday ... April 19
- Mother's Day ... May 12
- Pentecost Sunday ... June 9
- Father's Day ... June 16

* *February 2019 si angakpani :* 4 sunday, 4 monday, 4 tuesday, 4 wednesday, 4 thursday, 4 friday, 4 saturday, lei.

* Manipuri Church Guwahati gi chahi 25 subagi Silver Jubilee adu, November 10, 2018 numitta yam phajana pangthok-khre. MCG asi haanna Manipuri Christian Fellowship haina kourami.

* Sagol (horse) asi ihaan haanbada North America da phangi. Makhoi dagi Asia aduga Europe singda yourak-i. Adubu, chahi 8,000 gum ba di America da sagol leiramdre. Madugi tungda Europe ki mising na America puthokpa tungda, makhoi na sagol asi America da amuk pusil lak-khi.

* Hui amasi sorok mataida pham duna gari lakpa khuding khong jil laga innlei. Nupa amana hui mapuda 'nanggi huina gari phaba ngamga dra' hangi. Huipu aduna, 'Natene, eidi maduda wakhal toude. Eina khallibadi, hui asina gari adu phaba thoklaga kari tounage, khanbagi oigadra ? haiba asina eibu wahalli' haina khumkhi.

* Marrying a rich guy does not guarantee a happy marriage, for your future life.